**Cycling Ireland Selection Guidance for UEC European Road Championships 2023**

Please note the current selection policy is published on Cycling Ireland’s website. These guidance notes specific to the UEC European Road Championships 2023 form part of the policy in place for this event specifically and do not extend to any other event.

Selection will take place in accordance with the most recently published policy. All candidate athletes are invited to appraise themselves of this policy, and the current appeals policy also.

Expressions of Interest must be completed by all candidate athletes seeking selection for this event.

It’s important the athletes submitting an expression of interest have completed their forms fully so we possess all of their relevant performances and supporting information to hand when the panel meet.

Expressions of Interest are open from Tues 1st August to 5pm 14th August 2023. The Information gathering meeting and Selection panel meeting will take place that week. We will endeavour to contact all athletes within 24hrs of the selection panel meeting taking place with the outcomes from selection.

The Technical Guide and other Championship information from the UEC may be found here, and will be regularly updated by them: [UEC- Article](https://www.uec.ch/en/event/204/2023-uec-road-european-championships)

With regard to this specific event Cycling Ireland will not endeavour to automatically fulfil all quotas in accordance with 4.5 Cycling Ireland National Team Selection Policy.

**Completing the form**

Wherever possible complete the form in it’s Excel format and return in the same format.

The stipulated aims of the selection process is outlined in the top left of the form and is also part of the overall selection policy.

As you complete the form give consideration as to how the information you supply evidences your ability to fulfil one or other of those aims. The HPU consider the UEC European Rd Championships to be a landmark event would anticipate Elite and U23 riders submitting expressions of interest to be evidencing performances at a high professional level (see below).

Complete the blank columns B-M with the information requested. (Parent/Guardian information is only required from Jnr athletes.)

In column K ‘Coach if applicable’ if you have a Coach please enter their name here.

Column L – ‘Events to ride in’ Here, complete the disciplines you are submitting your interest in; road race AND/OR time trial. Before submitting interest in multiple events consider the practicality or your availability to do more than one event.

Column N – This is for HPU use. It allows the discipline lead to put forward their recommendations which are discussed by the Selection Panel.

Column O/Criteria 1 - Please enter your current UCI ranking if you have one.

Column P/Criteria 2 – recent competition Results. We are looking for your results here, but also consider your *performances* in the next column. They are not the same thing. The timeframe to add results is from the last UEC European Championships in your category to the 13th August 2023 incl.

Be thorough completing information, such as event name, date, race/course length, finish position, gap to winner if relevant (eg TT performances). This does not need to be an exhaustive list of all of your races or events. There should be no need to add more than 7-8 of your most significant results. For elite RR it may be easier to add a Pro Cycling Stats links to your season if you wish, but be aware not all results may be covered and we are not liable for any missing information in such links.

**Important:**

For RR and TT consider the relevance of parcours, distance etc in your submitted results. One day road race results from your season will be viewed with a higher priority than stage racing for this event, but we appreciate TT results will often come in a stage race. Performances in flat races will be more relevant for flat championship courses for example. GPX files for each category is available in the UEC link provided above.

Please note that depending on the discipline, your *performances* may not necessarily be reflected in your *results* you submit. We understand the complexities of team roles in road racing, so consider how you might use the next column to convey the nature of your performances, versus your results. Column S will also give you the opportunity to comment on team roles.

Column Q/Criteria 3 – your opportunity to support your expression of interest with any relevant information, such as progress, return from injury etc that we might not be aware of. Context is helpful!

We are very aware that a high performing team player may not be submitting the strongest results or UCI ranking. It’s equally important to take note that depending on the availability of riders, the nature of the course, we will have in mind a strategy that we wish to deploy on race day. Assembling riders with the best results may not result in the best team to support that strategy, so please comment on any notable aspects of your performances underlying the results you submit.

Column R/Criteria 4 - requires you to comment on your ability to double up (or more) than one event. This maybe that you wish to RR and TT. Check if your race results submitted in the previous column are in support of this claim.

Column S/Criteria 5 – N/A if solo event, but otherwise regards the team composition where relevant. Comment on your ability to fulfil a team role, or lead, eg as part of a road race team. Selectors will consider that the best road racing team may not be a collection of the best individual riders, but those that would be best at riding together towards a shared objective. Consider if you can offer evidence in support of your comments here.

Column T/Criteria 6 - asks you to declare your eligibility, eg that you have a current ‘IRL’ licence and are/would be compliant with anti-doping policy and code of conduct. Ref 7.0 in Cycling Ireland National Team Selection Policy. Anyone found not to be compliant will have their selection withdrawn immediately.

Column U/Criteria 7 - gives you the opportunity to add any further information you might feel pertinent to your expression of interest.

Once completed please send your excel form as an e-mail attachment to HPAdmin@cyclingireland.ie by 5pm on Monday 14th August. If you have any further questions regarding completing the form please also address these in good time to the same e-mail address and we can direct your enquiry to the appropriate staff member. Late submissions after the closing date will not be accepted.

By submitting this form you confirm that you meet all the eligibility criteria to be selected, and that all information contained is true to the best of your knowledge.

Ends.