# cyclingireland ANNUAL GENERAL MEETING

THE CANAL COURT HOTEL, NEWRY, CO DOWN 11<sup>TH</sup> NOVEMBER 2017















2017

#### **MEMBERSHIP**



**29,233** MEMBERS **483** CLUBS

#### COACHING

538 NEWLY TRAINED COACHES IN 2017

#### **EVENTS**



GREAT DUBLIN

6,000 CYCLISTS

NATIONAL CHAMPIONSHIPS:

91 EVENTS

ROAD: 27 OFF-ROAD: 25 TRACK: 36 BMX: 3

#### **PROGRAMMES**



CYCLE RIGHT

15,000 SCHOOL CHILDREN

SPROCKET ROCKET

SPROCKET ROCKET

1,400

CHILDREN



BIKE FOR LIFE

1,000 PARTICIPANTS

GEARING UP

GEARING UP OFF-ROAD

600
PARTICIPANTS

950

YOUNG PEOPLE BENEFITED FROM PROGRAMMES THROUGH DORMANT FUNDING

#### **HIGH PERFORMANCE**

22 MEDALS AT EUROPEAN AND WORLD LEVEL

53 RIDERS REPRESENTED IRELAND





# 99

TESTS WERE CONDUCTED IN 2017

ANTI-DOPING

#### **GOVERNMENT COMMITMENT**



€16M

CONFIRMED FUNDING FOR VELODROME

€30M

CONFIRMED FUNDS FOR GREENWAY PROJECTS

(This funding does not come through Cycling Ireland)





# AGM 2017

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Eugene Moriarty, Gillian McDarby, Jack Watson,

John Horgan & Michael Mannix

The Irish Cycling Federation trading as Cycling Ireland, an Irish registered company limited by guarantee.



SECTION

#### Standing Orders for 2017 Cycling Ireland AGM

- 1. Only club, commission or provincial executive delegates and persons invited by the Chairman may address the meeting.
- 2. A motion can only be moved by a representative of the member, as defined in the Articles of Association 2 (a) to (g) inclusive, who proposed the motion or by a Board member.
- 3. A motion or amendment shall be seconded immediately after the mover's speech and before any discussion is permitted.
- 4. A speaker shall not speak more than once in debate on any motion or amendment except in the following circumstances:
  - a. A seconder may reserve their speech until later in the discussion providing the seconding is purely formal;
  - b. The mover of the motion shall be entitled to reply to the debate on the motion;
  - c. The movers of any amendment and the original motion shall be entitled to reply in that order at the end of the discussion on each amendment and before voting takes place;
  - d. By permission of the Chairman where an explanation, information or correction is necessary.
- 5. In reply to debate the movers must confine themselves to answering previous speakers and must not introduce new matters into the discussion.
- 6. Speakers may be limited to three minutes for the mover of the motion, two minutes for the mover of the amendment and one minute for other speakers.
- 7. If more than one amendment is proposed to the original motion they shall be set against the motion in their order in the final agenda. If an amendment is carried, then the motion, as amended, shall become the substantive motion.
- 8. A decision shall not be rescinded or amended at the same meeting by any subsequent motion.
- 9. It shall be competent for any delegate, who has not taken part in the debate, to move formally:
  - a. That the question be put;
  - b. That the meeting proceed with the next business;
  - c. That the debate (or meeting) be adjourned;
  - d. The previous question
- 10. The vote on such motion shall be taken immediately without discussion if the motion that the question be now put is carried.
- 11. Any person ruled out of order by the Chairman will cease speaking and resume their seat.
- 12. Any person who, having been ruled out of order by the Chairman, refuses to comply with these Standing Orders will be expelled from the meeting.
- 13. The meeting shall, on a motion duly moved and seconded, and with the consent of not less than two-thirds of the delegates voting, suspend such provisions of these Standing Orders as shall be specified by the motion. In moving any such motion, the mover shall state the purpose for which the suspension is sought and the motion shall be put to the meeting without discussion.



SECTION

- 1. President's address
- 2. To adopt the attached standing orders for the orderly conduct of the AGM.
- 3. To consider the minutes of:
  - the AGM of 12st November 2016,
- 4. To:
  - receive and consider the Directors' report annexed to the 2016 annual accounts of the company;
  - receive and consider the certified audited financial statements of the company for the year ended 31st December 2016;

Mr. Michael Mannix, Honorary Treasurer, will present these.

- 5. To receive an update on changes to insurance cover for 2018
- 6. To fix membership fees for 2018, Mr. Michael Mannix, Honorary Treasurer, will present these. The following changes to the fees are proposed for 2018
  - Youth U8, U1O from €5 / £4 to €10 / £10
  - Youth U12, U14 from €10 / £10 to €20 / £20
  - Limited Competition License changes from €70 / £60 to €80 / £70
  - Family Membership from €75 / £64 to €85 / £74
  - Leisure Membership in regions (10% reduction for perpetual 5 year recurring Direct Debit)
    - Connacht, Leinster & Munster changes from €40 to €50 (includes €5 provincial levy)
    - Ulster from €45 / £38 to €55 / €48 (includes €10/£8 provincial levy)
  - Full Competition License changes from €125 / £106 to €135 / £116
- 7. To appoint Auditors for 2018 who will prepare the 2017 statutory accounts.
- 8. To consider the following reports:
  - Off-road Commission Report;
  - Track Commission Report;
  - Road Commission Report;
  - BMX Commission Report;
  - Women's Commission Report;
  - Paracycling Commission Report;
  - Youth Academy Report;
  - Anti-Doping Report;
  - Cyclist.ie Report
  - College of Commissaires Report.
- 9. Business update presented by Mr Geoff Liffey, CEO.
- 10. To consider the following motions:

  See the full list of motions at the end of the agenda

- 11. To elect a Board Director as Honorary President, the following have been nominated:
  - Mr Ciaran McKenna has been nominated by Team Bikeworx Cellbridge
  - Mr Carl Fullerton has been nominated by Saddle Rock CC
- 12. To elect a Board Director without executive post, the following have been nominated:
  - Mr Anthony Mitchell has been nominated by the Bike House CC.
- 13. To elect a Board Director without executive post, the following have been nominated:
  - Mr Ronan McLaughlin has been nominated by Aqua Blue Sport Academy
- 14. The following Appointed Director for confirmation is:
  - Ms. Gillian McDarby
  - Mr. Eugene Moriarty
- 15. Close of AGM

#### Motion 1

#### Proposed by Executive Cycling Munster

Chapter T4.4 add new section (f)

The winner of the u12/14/16 race at the youth national championships may, for the remainder of that year, wear a national champions jersey in races of that discipline. From the 1st of Jan, the winner of he u11/13/15 race at the national youth championship in the previous year may wear a national champions jersey in an u12/14/16 race of the same discipline. Rule to be the same for boys and girls but girls dropping down a grade would lose their entitlement to wear the champions jersey

#### Motion 2

#### **Proposed by Women's Commission**

Chapter T4.1.2 add red section to existing

In all Youth Races it will be mandatory to offer at a minimum 1st, 2nd and 3rd place prizes in respect of both youth men and youth women in each age category i.e. U12, U14 and U16. In addition an unplaced U11, U13 and U15 rider's prize may be offered.

#### **Proposed by Women's Commission**

Chapter T1.4.12 be replaced by section in red

12. In scratch races Youth riders may only compete with their own age group, save that youth and first year Junior girls may compete in a grade lower than that as shown on their licences, if they elect to do so but will be subject to the gear restrictions of the lower grade.

12. In races Youth riders may only compete with their own age group, save that first year Junior girls may compete in a grade lower than that as shown on their licences, if they elect to do so but will be subject to the gear restrictions of the lower grade.

#### Motion 4

#### Proposed by Fintona C C - westtyronevelo.com

Chapter G2.4 remove section in red

4. Notwithstanding rule G2.1 above a club member may transfer between clubs, provided both clubs are in agreement that such a transfer is acceptable. The application for a change of licence to Cycling Ireland should be accompanied with a letter of agreement from their most recent club, and a letter of acceptance from the proposed new club. Only one such transfer will be permitted in any calendar year. A rider granted permission to transfer will be ineligible to compete for a period of 14 days from date of transfer.

#### Motion 5

#### Proposed by Board Cycling Ireland

Chapter T1O add new point 3 to introduction.

3. A rider competing in Irish National Championships in any calendar year may only compete for a maximum of two clubs. Once the rider has competed in any National Championship for his second club he may not revert to competing in further National Championships for his initial or any other club. All riders using the Foreign Licence Login for National Championships must produce their current licence at sign on. Failure to do so will cause their entry to be rejected.

#### Motion 6

#### Proposed by Banbridge C C

Chapter G8.9 be replaced by section in red

9. There is no date limit on when the Road Racing season can start.

9. The Road Racing season can not start before the first Saturday in March.

#### Motion 7

#### Proposed by Road Commission Cycling Ireland

Chapter G8.9 be replaced by section in red

9. There is no date limit on when the Road Racing season can start.

9. The Road Racing season can not start before the last Saturday in February.

#### Motion 8

#### Proposed by Board Cycling Ireland

Chapter G8. 10 add section in red to current regulation

10. In preparing the road racing calendar dates will be reserved in advance of seeking general race applications for the following:

- All National Road Championships;
- National League dates;
- Established race dates, the protection of such a date is only relative to the Provence in which the race is promoted;
- All Provincial Road Race Championships, which should take place on the same weekend.

#### Motion 9

#### Proposed by Saddlerock C C

Chapter G8.11 reword original to new rule as shown in red

Non-open races may only be run on Mondays through to Thursdays. Notwithstanding non-open which are run as a series of races and known as a league may be run at any time subject to these being promoted for a defined group of riders e.g. Masters, women, time trialists etc. A club promoting an open race may run a non-open race on the day of their open promotion regardless of the day of the week in respect of riders of 50 years old and over and women.

Non open races may be run on Mondays through to Fridays subject to no Open Races being run in the Province on the Friday. Notwithstanding non open races which are are run as a series of races and known as a league may be run at any time subject to these being promoted for a defined group of riders e.g. Masters, women, time trialists etc . A club promoting an open race may run a non-open race on the day of their open promotion regardless of the day of the week in respect of riders of 50 years old and over and women.

#### **Proposed by Executive Cycling Ulster**

Chapter G8.11 split into 11a and 11b with added sentence shown in red

11. Non open races can only be run on Monday through to Thursday. Not withstanding non-open races which are run as a series of races and known as a league may be run at anytime subject to these being run for a defined group of riders eg Masters, Women, Time Trialists etc. A club promoting an open race may run a non-open race on the day of their open promotion regardless of the day of the week in respect of 50+ masters and women.

lla. Non - open races can only be run on Monday through to Thursday. Not withstanding non-open races which are run as a series of races and known as a league may be run at anytime subject to these being run for a defined group of riders eg. Masters, Women, Time Trialists etc

11.b A club promoting an open race may run a non-open race on the day of their open promotion regardless of the day of the week in respect of 50+ masters and women. Such an event does not have to be part of a league and prizes may be awarded at the club's discretion.

#### Motion 11

#### Proposed by Executive Cycling Ulster

Chapter T10.21 added sentence shown in red

1. The regulations regarding the control of Provincial Championships will be established by Provincial Federations but these should not be in conflict with Cycling Ireland's National Championship Regulations. Except in the area pertaining to numbers required to award medals or promote championships.

#### Chapter T10.2.2 following additional paragraphs added.

Minimum numbers for each Provincial Championship event will be decided by each province. There is no requirement to have minimum numbers to award medals.

Provinces may award provincial Championship medals and/or trophies.

Provinces may award a Champion's jersey for a provincial Championship. Winners of such a Provincial Champion's jersey will be permitted to wear it in competition in the discipline and category in which it was won up until the day prior to the following year's championship.

#### **Proposed by Board Cycling Ireland**

Chapter D1.2.4.1 add section in red

4.1 All complaints will be reviewed in the first instance by an Initial Screening Panel comprising of the CEO and two Board members. The Initial Screening Panel will decide if a complaint warrants the investigation of the complaints/disciplinary process, and whether it is to be dealt with by the National Federation or a Provincial Federation, reasons for the rejection of a complaint must be given. Members of an Initial Screening Panel may not sit as members of a Complaints Panel in relation to the same complaint.

#### Motion 13

#### Proposed by Board Cycling Ireland.

Chapter G1.2 replace original as new rule in red.

A club must have a minimum of 6 members, which shall include a Chairman, Secretary and Treasurer before acceptance by Cycling Ireland. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Children's Safeguarding Officer.

Replace with,

A club wishing to become an Affiliated Club of Cycling Ireland must apply to the Provincial Secretary of the Provence in which the club is based. The club must have a minimum of 6 members and must have a named Chairman, Secretary, Treasurer and Safety Person. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Safeguarding Officer. The Provincial Executive before forwarding the club's request to Cycling Ireland to become an Affiliated Club must ensure that the club satisfies the requirements of Article 6 of Cycling Ireland's Articles of Association.

#### Motion 14

#### **Proposed by Emyvale Cycling Club**

Chapter G1.2 replace original as new rule in red.

A club must have a minimum of 6 members, which shall include a Chairman, Secretary and Treasurer before acceptance by Cycling Ireland. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Children's Safeguarding Officer.

A club must have a minimum of 20 members, which shall include a Chairman, Secretary and Treasurer before acceptance by Cycling Ireland. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Children's Safeguarding Officer.

#### Proposed by Board Cycling Ireland.

Chapter G8.12 add the following table

Year	National	
	Cyclo Cross	
	Championship	
2018	Leinster	
2019	Munster	
2020	Connacht	
2021	Ulster	

#### Motion 16

#### **Proposed by Off Road Commission Cycling Ireland**

Chapter T10 .1.11

In table specifying number of riders to justify the holding of a National Championship, Senior Championships (Male and Female) be separated to Senior Championships (Male) 12 Entries and Senior Championships (Female) 6 Entries.

#### Motion 17

#### **Proposed by Board Cycling Ireland**

Chapter G1.15 Replace original as new rule in red

15. An appropriate Event Licence will permit the holder to participate as a rider in Cycling Ireland Events excluding

- · Criteriums,
- Stage Races
- All National Championships
- Open Massed Start or Open Handicapped Races between the 1st April and the 1st August each year.

However for Women's Beginners Closed Circuit Races and Women's Training Days, an Event Licence limited to one time per participant may be permitted.

Officials may take out an Event Licence at any time. Such Event Licence fulfils the requirements of rule T1. Such licence grants the holder membership of Cycling Ireland for insurance purposes only, in respect of that event only.

15. An appropriate Event Licence will permit the holder to participate as a rider in Cycling Ireland Events excluding all open Road Races.

However for Women's Beginners Closed Circuit Races and Women's Training Days, an Event Licence limited to one time per participant may be permitted.

Officials may take out an Event Licence referred to as Temporary Membership at any time. Such Temporary Membership fulfils the requirements of rule T1. Such licence grants the holder membership of Cycling Ireland for insurance purposes only, in respect of that event only.

#### Motion 18

#### **Proposed by College of Commissaires**

Chapter T7.1.14 add section in red

14. Team (service) vehicles must not exceed 1.66m in height. The driver or person deemed to be responsible for the vehicle during the race must be in possession of a licence issued by a UCI registered National Federation and be accompanied by another competent person. However at the commissaire's discretion, he may permit a vehicle in excess of this height,or a motorcycle acting as team service, to take up position at the rear of the official race cavalcade.

#### Motion 19

#### **Proposed by Road Commission Cycling Ireland**

Chapter T3.2(b) Replace original as new rule in red.

- (b) An A3 rider who has amassed 10 points in 2015 or in any following calendar year, this includes the points carried from the previous year, will be upgraded to A2 with zero points.
- (b) An A3 rider who has amassed 15 points in 2017 or in any following calendar year, this includes the points carried from the previous year, will be upgraded to A2 with zero points.

#### Motion 20

#### Proposed by Road Commission Cycling Ireland

Chapter T3.2(d) Replace original as new rule in red.

- (d) An A4 rider on amassing 15 points, cumulative across years will be upgraded to A3.
- (d) An A4 rider on amassing 13 points, cumulative across years will be upgraded to A3.

#### Motion 21

#### Proposed by Road Commission Cycling Ireland

Chapter T3.3(d) Replace original as new rule in red.

An A2 rider with less than 15 points at year end will carry all points earned through to the following year.

An A2 rider with less than 15 points at year end will carry 50% points earned through to the following year.

#### Motion 22

#### **Proposed by Road Commission Cycling Ireland**

Chapter T3.3(f) Replace original as new rule in red.

- (f) An A1 rider may apply to the National Grading Officer for a downgrade to A2 with 7 points if they fail to score 6 points in a full season at A1. Downgrades will be at the discretion of the National Grading Office (grading@cyclingireland.ie) taking account of the rider's known ability. Such requests must be made prior to the 28th February.
- (f) An A1 rider may apply to the National Grading Officer for a downgrade to A2 with 5 points if they fail to score 6 points in a full season at A1. Downgrades will be at the discretion of the National Grading Office (grading@cyclingireland.ie) taking account of the rider's known ability. Such requests must be made prior to the 28 th February.

#### Motion 23

#### **Proposed by Road Commission Cycling Ireland**

Chapter T3.1 Points Table

Race <20 riders to be Race 20 or less riders (in line with T3.1.(e))

#### Motion 24

#### **Proposed by Road Commission Cycling Ireland**

Chapter G8.12 Replace original championship bundles with red bundles

Senior Men (incorporatingU23s), Elite Women (incorporating over 40s)

Road Races

Para Cycling and Tandem Senior and U23 Men Elite and Over 40 Women

Time Trials

M4O, M5O and M6O Road Races

Roda Races

Senior Men (incorporating U23s), Elite Women (incorporating over 40s)

Junior Men Junior Women Road Races

Para Cycling and Tandem Senior and U23 Men Elite and Over 40 Women Junior Men Junior Women Junior Men Junior Women M4O, M5O and M6O Time Trials

Junior Men Junior Women A3 Senior Men Road Races

M4O, M5O and M6O A3 Senior Men Road Races

M4O, M5O and M6O Time Trials

#### Motion 25

Time Trials

#### **Proposed by Road Commission Cycling Ireland**

Chapter T3.2 (a) Replace original as new rule in red.

- (a) New comers to the sport will be granted an A4 licence. Holders of an A4 licence may only compete with other A4 licence holders with the exception of handicap races and the National Masters Road Race Championships. Notwithstanding in events restricted to Juniors, Masters or Women, A4 licence holders may compete with other category riders. Those returning to the sport after an absence will normally be granted an A3 licence, however this may be reviewed following an application to the National Grading Officer
- (a) Competitive newcomers to the sport will be granted a Limited Competition licence and may only be granted an A4 licence the year following. Holders of an A4 licence may only compete with other A4 licence holders with the exception of handicap races and the National Masters Road Race Championships. Notwithstanding in events restricted to Juniors, Masters or Women, A4 licence holders may compete with other category riders. Those returning to the sport after an absence will normally be granted an A3 licence, however this may be reviewed following an application to the National Grading Officer.

#### **Proposed by Road Commission Cycling Ireland**

Chapter T7.1.20 changes inserted in red

20. The minimum / maximum distance for one-day races shall be as follows: -

	Maximum	Minimum
Junior Men	40kms	
Senior Men	200kms	
Junior Women	80kms	
Elite Women	140kms	

A4 Riders 120kms 70kms

#### Motion 27

#### **Proposed by Road Commission Cycling Ireland**

Chapter T5.1.11 add section in red

11 (a) .In races open to senior category riders including A4s i.e. handicap races up to 120kms, maximum number of riders permitted to start shall be 140. Where promoters accept in excess of 140 entries than a separate race for A4s must be run. Both races may be on the same course at the same time. However the time gap between the start time for each event must be such that under normal circumstances the two races will not intermingle.

(b) Any event limited to A4 riders may only accept a maximum of 110 riders.

#### Motion 28

#### **Proposed by Road Commission Cycling Ireland**

Chapters affected T3.3(a); T3. 3(b); T4.2.2; T4.3.6 new proposals in red

T3.3 (a )A junior on reaching senior grade will be categorised as A3 unless they have amassed 30 points or more in their last year as a junior in which case they will be graded as an A2 rider. At the discretion of the National Development Coach a junior who has amassed 50 points or more in their last year as a junior may be graded A1 or a member of a UCI team A+.

T3.3 (a) A youth rider on becoming a junior will be graded as A3. However upon reaching 60 points as a 1st year junior he may be upgraded to A2 for the remainder of that season. As a 2nd year junior he will commence the season as an A3 on zero points. However on reaching 30 points he may be upgraded to A2 for the rest of that season. Such a junior will continue to ride the junior gearing as defined in Chapter T4 Art 2, be exempt from the junior maximum distance and will be entitled to ride junior only events.

T3.3 (b)No junior will be upgraded beyond A3 without written permission from the National Development Coach. See also T4.A2.2 and T4.A3.6.

T3.3 (b) A 2nd year junior on moving to senior will be graded as an A3 on zero points. However any junior who has amassed 50 points or more in their 2nd year as a junior may apply to the National Development Coach for grading to a higher grade.

T4.2.2 Youth riders on reaching Junior grade will be graded as A3. Riders of junior age on joining Cycling Ireland for the first time will be graded A4.

T4.2.2 Youth riders on reaching Junior grade will be graded as A3. Riders of Junior age on joining Cycling Ireland for the first time will be granted a Limited Competition Licence only for their first year.

T4.3.6 With written permission of the appropriate National Development Coach, youth and junior development squad riders may be allowed to compete in higher classification events from Good Friday. In the case of an A3 Junior being temporarily upgraded to A2 then the rider will be exempt from the maximum distance limit over which a Junior may compete. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

T4.3.6 With written permission of the appropriate National Development Coach, youth development squad riders and junior development squad riders who have not been upgraded under T3 3 (a) may be allowed to compete in higher classification events. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

#### Motion 29

#### **Proposed by Omagh Wheelers**

Chapters affected T3.3(a); T3. 3(b); T4.2.2; T4.3.6 new proposals in red.

T3.3 (a )A junior on reaching senior grade will be categorised as A3 unless they have amassed 30 points or more in their last year as a junior in which case they will be graded as an A2 rider. At the discretion of the National Development Coach a junior who has amassed 50 points or more in their last year as a junior may be graded A1 or a member of a UCI team A+.

T3.3 (a) A youth rider on becoming a junior will be graded as A3 and as such will be entitled to be awarded points and be upgraded in line with the A3 and A2 criteria. Such a junior will continue to ride the Junior gearing as defined in Chapter T4 Art 2, will be exempt from the maximum junior distance and will be entitled to ride Junior only events.

T3.3 (b)No junior will be upgraded beyond A3 without written permission from the National Development Coach. See also T4.A2.2 and T4.A3.6.

T3.3 (b) A junior rider on receiving an upgrade having obtained the relevant upgrade points, may request a downgrade, but will not be allowed to upgrade again within that calendar year

T4.2.2.Youth riders on reaching Junior grade will be graded as A3. Riders of junior age on joining Cycling Ireland for the first time will be graded A4

T4.2.2. Riders of junior age on joining Cycling Ireland for the first time will be graded A4. And as such will be entitled to be awarded points and be upgraded in line with the A4, A3 and A2 criteria.

(Note! There is a Road Commission proposal that all competitive members must take a Limited Competition licence for their first year and if accepted would impinge on this)

T4.3.6 With written permission of the appropriate National Development Coach, youth and junior development squad riders may be allowed to compete in higher classification events from Good Friday. In the case of an A3 Junior being temporarily upgraded to A2 then the rider will be exempt from the maximum distance limit over which a Junior may compete. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

T4.3.6 With written permission of the Junior National Development Coach, youth development squad riders may be allowed to compete in higher classification events. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

# The following items are recommendations which do not require specific technical rule changes

Motion 30 (Recommendation 1)

#### From Executive, Cycling Leinster

To implement a mandatory racing accreditation for all new A4 applicants. This must be completed before a licence is issued

Motion 31 (Recommendation 2)

#### From North Donegal C C

That the officials in charge of "High Performance" compile a list, in ranked order of domestic riders that could be called into play in the event of there being insufficient numbers of other suitable Irish riders to fill the available places in the World Championship Road Race or Time Trial.

#### Motion 32 (Recommendation 3)

#### From Lakeside Wheelers Mullingar.

That Cycling Ireland abide by the existing General Administrative Regulation G1.5 in respect of all licence holders.

5. Licences will be valid from the date of issue until the 31st December following, save in the case of licences issued in the months of November and December, which will be valid until the 31st December of the following year.

#### Motion 33 (Recommendation 4)

#### From Banbridge C C

That no Single Day events be "pencilled in" or drafted in the Cycling Ireland calendar for the upcoming season to "assist" race promoters ahead of the event submission window. This practice makes it extremely difficult for progressive scheduling or moving away from the status quo of a front heavy calendar.

The exception to this would be National and Provincial Championship events which are / should be on fixed dates.

#### Motion 34 (Recommendation 5)

#### From Drogheda Wheelers

That colour coded frame / bike numbers be part of the licence package together with the two existing back numbers. If necessary the cost of same to be added to licence fee.

#### Motion 35 (Recommendation 6)

#### From Off Road Commission Cycling Ireland

We propose the introduction of Cycling Ireland championship jerseys to the winner's of the youth categories in cross-country, downhill and cyclo-cross disciplines. This would be for boys and girls in the Under 12, Under 14 and Under 16 categories. This jersey award would only be given when the minimum number of entries into each of these categories is 6.

#### Motion 36 (Recommendation 7)

#### From College of Commissaires

That Cycling Ireland review the handling of In Case of Emergency (ICE) contact details at events to satisfy data protection legislation and create more efficient handling of such information.

#### Motion 37 (Recommendation 8)

#### From College of Commissaires

That a working group is established by Cycling Ireland consisting of relevant Road Racing Stakeholders to analyse and examine the impact of competitor numbers on cycle road race safety in Ireland. Recommendations should be made on what is classified as maximum safe competitor numbers for various scenarios.

Motion 38 (Recommendation 9)

#### From College of Commissaires

That one event licences are purchased and administered through the Cycling Ireland website or Smart Phone Application.

Motion 39 (Recommendation 10)

#### From College of Commissaires

To expand the target audience of the Cycling Ireland Social Media Policy to all federation members. Contravention of the policy to be addressed under Chapter D1-Discipline of the Cycling Ireland Technical and Administrative Regulations

Motion 40 (Recommendation 11)

#### From College of Commissaires

That the Board initiate a complete review on fees, analyseing the cost of licences relative to the level of risk involved when participating, i.e., a mass participation licence could be one fee irrespective of whether it is Full Competition or Limited Competition.

Motion 41 (Recommendation 12)

#### From College of Commissaires

That the Medical Commission create an awareness campaign surrounding concussion for Cycling Ireland to publicise across it's membership.

Motion 42 (Recommendation 13)

#### From College of Commissaires

That an Event Management Plan template is created for use by Cycling Ireland event organisers to develop consistency in organization quality as volunteer organisers may change from time to time.

#### Motion 43 (Recommendation 14)

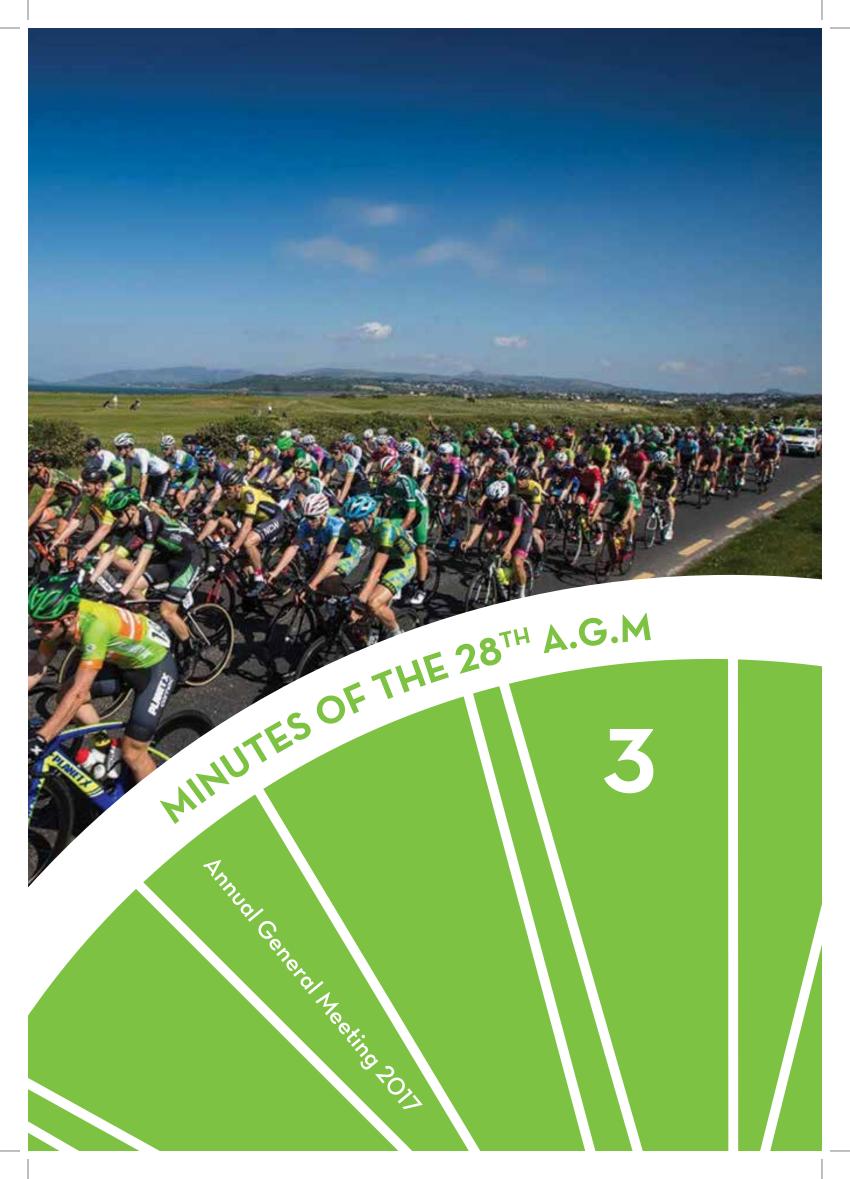
#### From College of Commissaires

That the findings of Event Support Officers are publicized for other organisers to learn from their recommendations

Motion 44 (Recommendation 15)

#### From College of Commissaires

That Cycling Ireland ensure that all Provincial Championships are promoted on the same day in accordance with G8 - 10.4.



#### Minutes of the 28th A.G.M. Saturday 12<sup>th</sup> November 2016 Castletroy Park Hotel, Limerick.

#### 1) President's address

President Ciaran McKenna declared the meeting open at 11:00 AM by welcoming the delegates from 35 clubs, commissions and the 4 Provinces with a voting representation of 85. He invited all those in attendance to stand for a minute's silence in acknowledgement of those members and friends who had died since the 2015 A.G.M.

The President commented on the following in his address:

- Updated the priorities he set himself on being elected President last year.
- Safety, and the introduction of a trial scheme of Safety Assessors (Event Support Officers)
- Thanked the Garda, PSNI and Local Authorities for their co-operation in all CI events.
- High Performance. Reviewing the Plan and increasing the road programme, prioritised the gaining of UCI points to ensure an U23 Irish team in the Worlds.
- New Grading System.
- New Road Commission.
- New High-Performance Committee
- New Medical Committee.
- Board member allocated to each of the 4 Provinces.
- Ongoing recruitment of two (Leinster and Ulster) staff members for Leisure Development.
- Appointment of FTI to review CI internal operations.
- Appointment of Ogilvy to recommend a new Marketing and Sponsorship Strategy
- Lapsed members survey.
- · Acknowledgement of work of Staff, Board members and those who assisted in any way.
- Thanks to retired Board member Siobhan O'Connor.
- Tribute to the commitment of the two Board members standing down (Treasurer Sam McArdle and Senan Turnbull).
- An expected reduction in SI funding from the government for 2017.

#### 2) Standing Orders

These were accepted on the proposal of Rory Wyley seconded by Martin O'Loughlin

#### 3) To consider the Minutes of the 2015 AGM

These were accepted on the proposal of Senan Turnbull seconded by Eddie Keogh. Michael Concannon voiced his concern that none of today's motions made any reference to the undertaken given at the meeting that the Governance subcommittee was to bring forward proposals in respect of the number of persons needed to form a club. Senan Turnbull on behalf of the sub committee explained that there were other items to be dealt with e.g. new Memos and Arts which impinged on this but this matter would be included in the next item for the sub comm to finalise.

#### 4) Financial Statements

The Honorary Treasurer Sam McArdle presented the Directors Report and this is contained within the AGM manual. This was accepted on the proposal of Rory Wyley seconded by Declan Byrne.

The Honorary Treasurer went on to present the Audited Financial Statements for 2015 which are contained within the AGM manual. These accounts were accepted on the proposal of Rory Wyley and seconded by Eddy Keogh.

Finally, the Honorary Treasurer presented the Income and Expenditure Account for the 9 months to September 30th 2016 and the 2017 Budget Principles.

#### 5) Membership fees for 2017

The Board proposals re the 2017 fees were presented by the Honorary Treasurer and the President indicated that as **Motions 8, 9, 10 and 13** were related to fees these would also be taken at this time. These all related to the Leisure Licence Fee.

A power point presentation was given by the proposer of **Motions 8, 9, and 10** Kieron Gardner on behalf of Carrighdoun C C as to why there should be no increase in the Leisure Licence Fee due to their claim that it was not value for money. The proposals were seconded by Pat O'Donnell and lost. **Motion 13** was then proposed by Pat O'Donnell seconded by Kieron Gardiner and was also lost.

The changes to the current Membership Fees as detailed below and elaborated on by the Treasurer were proposed by Rory Wyley seconded by Eddie Keogh and passed.

- Limited Competition licenses to increase from €60 to €70
- Youth licenses to increase from €5 to €10
- Event Licenses for Leisure Events for Non-Members to be set at €5

It was noted that the there was an error contained in the Proposed Membership Fees Structure for 2017 contained on page 45 in that the Leisure Membership fee was shown as €35 but in fact should read €40 with the appropriate sterling fee also inaccurate

#### 6) To appoint Auditors for 2017

After some discussion Grant Thornton were re appointed on the proposal of Sam McArdle seconded by Rory Wyley. And it was noted that as part of its ongoing best practice policy CI would be inviting bids for the role of auditors in 2017.

#### 7) Commission Reports

Off Road. Contained in the AGM manual.

Track. Contained in the AGM manual.

Contained in the AGM manual.

Womens Contained in the AGM manual.

Para Cycling Contained in the AGM manual.

Youth Academy Contained in the AGM manual.

Anti-Doping. Contained in the AGM manual. The Anti-Doping Officer, Declan Byrne, elaborated on the need for an increase in education to all riders in respect of anti-doping and he pointed out that C I had now Anti-Doping Accredited Tutors and as such he would hope to see an increase in education by the tutors being invited along to any coaching / training camps to give a presentation.

Cyclists.ie Contained in the AGM manual.

Commissaires. Contained in the AGM manual.

Gary McIlroy referred to the fact that the AGM Manual, containing all the reports, was only made available to the delegates on their arrival at the AGM venue and yet they were being invited to make comment on the contents. The CEO Geoff Liffey apologised for the oversight of not having on line copies of these made available in advance of the meeting.

Eddie Keogh spoke on the need for a regular re accreditation course for commissaires and this was replied to by Gary McIlroy who gave a short history of attempts to bring all the commissaires together and that the College had set October 2017 as a possible date for a meeting of all commissaires.

Medical Committee. There was no report from this recently formed committee but one of the members Eoghan Connolly gave a very detailed presentation on some of the items they will be working on going forward. The Secretary asked if they had considered embracing anti doping in their remit but Eoghan explained that it was currently not their intention but if medical advice was required at any stage some of the doctors on the committee would be available to give medical advice.

At this stage the meeting broke for lunch.

#### 8) Business Update

The CEO, Geoff Liffey, gave a very detailed power point presentation to complement the various items contained in the CEO's Report contained in the AGM manual. Any questions raised were all dealt with as appropriate. Liam Walker asked specifically if the Board could insure that as a matter of practice the Minister for Sport be invited each year to the National Road Race Championship and the CEO gave an undertaken that his would be actioned.

#### 9) To consider the following motions

# Chapter T4 Article 3 Youths and Juniors General. (Board of Cycling Ireland)

New point 9

Secretary Jack Watson indicated that in discussion with commissaires prior to the start of the meeting that an amendment to the motion would add more clarity to the motion and he asked permission to table an amendment which was agreed.

9) It is strictly forbidden for a Youth rider on crossing the finish line at the conclusion of a race to remove both hands from the handlebars. Failure to adhere to this will result in disqualification. However, if the winner is completely alone at the finish, he may remove one hand to acknowledge his win.

Amend to,

9) It is strictly forbidden for a Youth rider to remove both hands from the handlebars from 200 meters before until 100 meters after the finish line at the conclusion of the race. Failure to adhere to this will result in disqualification. However, if the winner is completely alone at the finish, he may remove one hand to acknowledge his win.

#### Proposed by Jack Watson seconded by Liam Walker and carried

Current point 6) to be amended.

6. With written permission of the appropriate National Development Coach, youth and junior development squad riders may be allowed to compete in higher classification events from the 1st April. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

Amend to.

With written permission of the appropriate National Development Coach, youth and junior development squad riders may be allowed to compete in higher classification events from Good Friday. In the case of an A3 Junior being temporarily upgraded to A2 then the rider will be exempt from the maximum distance over which a junior may compete. This written permission must be presented to the race Commissaire prior to the start of the event if requested. These riders will still be subject to their appropriate gear restriction.

#### Proposed by Jack Watson seconded by Rory Wyley and carried

#### 2) Chapter T1 Licences (Board of Cycling Ireland)

5. A rider may compete for an entity other than that displayed on his licence under the following conditions

- (a) A National, Provincial or County Team selection;
- (b) As a member of a Composite Team or as a guest rider;
- (c) In a stage race where the approved special race regulations allows for Composite Teams then such teams must be made up entirely of riders holding Cycling Ireland licences or a licence issued by any other National Federation but containing an IRL Code. With the permission of the Board, however, a composite team may contain riders with nationalities other than IRL.

Notwithstanding the above a rider whose team is entered in the event may only be included in a Composite Team where his club team has the maximum number of riders entered as allowed for under the Specific Race Regulations for the event

(d) In a stage race a Cycling Ireland Club or Club Team may include riders who are not members of that Club or Club Team but hold either a Cycling Ireland licence or a licence issued by another National Federation with an IRL Code. No more than 1 guest rider will be permitted on any team with a Maximum of 4 riders and 2 guest riders on a team of 5 or more riders.

Notwithstanding the above a rider whose team is entered in the event may only be included as a Guest Rider where his club team has the maximum number of riders entered as allowed for under the Specific Race Regulations for the event

(e) A rider being a member of a UCI Registered Team may not participate on either a Composite Team or as a Guest Rider as referred to in points (c) & (d) above.

#### Proposed by Jack Watson seconded by Rory Wyley and carried

#### 3) Chapter T10 Championships (Board of Cycling Ireland)

Add three new points

a) In respect of the Elite Women's Road Race Championship where the first rider placed is a rider in her 40th year or greater, then the National Champion's Jersey will be awarded to this rider and this will be the only Jersey awarded.

Where the first rider placed is in her 39th year or less then she will receive the National Champion's Jersey and the first rider in her 40th year or greater to finish will receive a National Champion's Jersey, (Masters design)

- b) In respect of the Elite Women's Road Race Championship there will be 2 sets of Individual Medals relative to the two age categories, 39 and under and 40 and over. In the situation where a rider in the age bracket 40th year or greater is one of the first three riders placed then she will receive two medals.
- c) In the Elite Women's Road Race Championship there will only be one set of Team Medals in accordance with rule T10.A1.20 below.

#### Proposed by Jack Watson seconded by Roisin Kennedy and carried.

#### 4) Rotation of Annual General Meetings (Board of Cycling Ireland)

With the rotation of Annual General Meetings around the four provinces, permission is sought to hold the AGMs in Northern Ireland when the meeting is due to be held in the province of Ulster.

#### Proposed by Rory Wyley seconded by Tony Campbell and carried.

#### 5) Hall of Fame (Ballbriggan C C)

That Cycling Ireland inducts five more people to its Hall of Fame, under the same criteria, to achieve its stated inaugural aim of having twenty-five members to commemorate its twenty fifth anniversary.

#### Proposed by Declan Halligan seconded by Pat O'Donnell and carried.

#### 6) Protocol for Running of Road Races (Ballbriggan C C)

That, as a matter of priority, Cycling Ireland produces a blueprint or protocol of environmental and other conditions required for the safe running of cycling road races on open roads, thereby, facilitating the achievement of the various goals of the Department of Transport, Tourism and Sport and allied Government Departments,

#### Proposed by Oliver McKenna seconded by Tony Mooney and lost.

#### 7) Leisure Commission (Carrighdoun C C)

The re-establishment of "Leisure Cycling Commission" is an immediate priority for the

Board of Cycling Ireland for 2017. This matches the first goal set out in the leisure section of the Strategic plan which was to be completed in 2015

#### Proposed by Kieron Gardiner seconded by Rory Wyley and carried.

#### 11) Strategic Plan (Carrighdoun C C)

The Board provide details to the AGM of the results of section 3.6 of the Strategic Plan i.e. annual review and measurement of the strategic plan fees to be considered.

Motion withdrawn by Carrighdoun C C delegate.

#### 12) Grading Points. (Square Wheels C C)

In combined handicapped A1, A2, A3 road races over 50km where all categories cover the same distance and race together, points to be awarded 3,2,1 to the first three A3 riders respectively.

No delegates in attendance and motion not put to the meeting.

# 14) Leisure Licence Holders in Provincial Championships. (Southside Wheely Wheelers)

Allow Cycling Ireland leisure licence holders to ride County championships and Provincial Hill climb championships.

#### Proposed by Pat O'Donnell seconded by Declan Halligan and lost.

#### 14 A) Start of Road Season. (Cycling Ulster)

Restrict the start of the road season until 1st March.

Motion withdrawn by Cycling Ulster Delegate.

# 15) Resolutions in respect of new Memorandum and Articles of Association. (Board of Cycling Ireland)

Gavin Blueitt from the solicitors retained by Cycling Ireland to advise on the wording etc.of the revised Memorandum and Articles of Association appraised the meeting on the initial reason for the update due to changes in Company law and the Board had taken the opportunity to introduce changes in line with good governance. He went on to confirm that if the delegates were to approve the resolutions these will be subject to acceptance by the Revenue Commissioners.

#### **Resolution 1**

The members of Cycling Ireland adopt the object set forth in clauses 2 and 3 of the revised Memorandum of Association (the Memorandum) in the Constitution issued in full in the AGM papers circulated to the members on 14 October 2016 and produced again at this meeting, and for the purposes of identification signed by the chairman hereof, be approved and adopted as the objects of Cycling Ireland, in substitution for, and to the exclusion of all existing objects thereof, and that clause 8 of the same Memorandum be amended by updating the Statutory references in that clause to reflect the updated statutory references set out in the Companies Act 2014.

#### Proposed by Martin O'Loughlin seconded by Denis Gleeson and carried.

#### **Resolution 2**

The members of Cycling Ireland adopt the regulations set forth in the Articles of Association (the Articles) in the Constitution issued in full in the AGM papers circulated to the members on 14 October 2016, and produced again at this meeting, and for the purposes of identification signed by the chairman hereof, be approved and adopted as the Articles of Cycling Ireland, in substitution for, and to the exclusion of, all existing articles thereof.

Proposed by Aidan Reid seconded by Rory Wyley and carried.

#### **Resolution 3**

The members of Cycling Ireland adopt any amendments requested by the Revenue Commissioners and / or the Companies Registration Office (the CRO) to the Memorandum or Articles of Association (together the Constitution) under mandatory approval procedure in order for Cycling Ireland to be approved by the Revenue Commissioners to preserve its sporting status with the Revenue Commissioners and in order for the revised Constitution to be filed in the CRO.

#### Proposed by Rory Wyley seconded by Denis Gleeson and carried.

The new Memorandum and Articles of Association are attached to these minutes.

#### 10) Election of Honorary Secretary

Jack Watson and Carl Fullerton had both been nominated but prior to the election Carl Fullerton withdrew his nomination and Jack Watson was re elected by acclaim.

#### 11) Election of Honorary Treasurer

Michael Mannix and Carl Fullerton had both been nominated but prior to the election Carl Fullerton withdrew his nomination and Michael Mannix was elected by acclaim.

#### 12) Election of Board Director

Jack Watson and Carl Fullerton had both been nominated but as Jack Watson had been elected Honorary Secretary he withdrew his nomination and Carl Fullerton was elected by acclaim.

#### 13) Confirmation of Appointed Director

As required by the Memos and Arts each Appointed Director has to be confirmed by the membership at the AGM and as such the President requested a proposer and seconder for the confirmation on Liam Twomey.

#### Proposed by Michael O'Loughlin seconded by Rory Wyley and confirmed by acclaim.

#### 14) Close of AGM

In closing the AGM the President acknowledged the 75th birthday of Tony Mooney which was greeted by a round of applause. The President thanked the delegates for their attendance wishing everyone a safe journey home and a successful 2017.





# Proposed Membership Fees Structure for 2018

1. Membership Fees:		€uro	Stg£
A: Life Membership.		€2,500	£2,252
B: Cycling Supporter Mem	bership (existing members only)	€20	£18
C: Leisure Membership (10	0% reduction for Perpetual 5 year recurring Direct Debit)		
	Connacht, Leinster & Munster (incl €5 Provincial Levy)	€50	£45
	Ulster (incl €11/£10 Provincial fee) (Note 1)	€56	£52
	Family Membership (2 adult & 2 youths U14 or younger, 2 members must be new)	€85	£77
D: Limited Competition: (Note 2)		€80	£72
	Youth U10/U8 (born on or after 1st January 2008/2010)	€10	£9
	Junior (born in 2000 or 2001)	€35	£32
E: Full Competition: (Note 3)		€135	£122
	Youth U12, U14 (born in 2004, 2005, 2006 or 2007)	€20	£18
	Youth U16 (born in 2002 or 2003)	€35	£32
	Junior (born in 2000 or 2001)	€50	£45
F: Supplementary Fees:			
	Unattached Fee (Applies to Limited and Full Competition over 14's)	€30	£27
	Cycling Ulster Levy (applied to Limited, Full Competition and All Leisure renewals over 18)	€11	£10

<sup>1.</sup> Excluding under 18's
2. Limited Competition also includes Track, Off-Road, BMX or TT specific domestic licences.
3. Students (over 18) holding a Full Competition Licence can avail of a 50% discount, They must upload suitable ID to be eligible.

Exchange Rate				€1.11	= £1.00	€1.00 =	£0.90	
2. Club Affiliation Fees								
New Clubs:	€100	£90	Cycle Promotions (		ions Group:	€100	£90	
Existing Clubs:	Pre 31st Dec	ember 2017	Pre 31st January 2018		Pre 28 <sup>th</sup> February 2018		Post 28 <sup>th</sup> February 2018	
	€150	£135	€200	£180	€250	£205	€300	£270
3. Provincial Fee - per	Club							
	Cycling Connacht		Cycling Leinster		Cycling Munster			
	€140		€130		€150			
4. Event Licence / Temporary Membership: (ODL's)  Cycling Ireland (Leisure) Members							Non-Cycling Ireland Members	
Competitive - Senior and Masters				€10	£9	€20	£18	
Competitive - Junior				€10	£9	€10	£9	
Leisure - Youth (Non-licence Holders All Year)						€2	£2	
Leisure - Senior (Non-licence Holders All Year)					€5	£5		
5. Miscellaneous Fees:								
Letter of Indemnity	(Fixed-based youth training applications free of charge)				€60	£54		
International Authorisation	(Required, incl passport style photo if competing in UCI races abroad)			€20	£18			
Hire of Photo Finish (Operator's costs to be borne separately by the organiser)				€30	£27			
Equipment	(For each additional day)					€15	£14	
All Replacement licences (With back No.)			€20	£18				
(Without back No.)			€10	£9				



# Appointment of Auditors

#### Proposal for the provision of Audit and related Services to the Irish Cycling Federation T/A Cycling Ireland

#### The Firm



#### Company history and description

OSK has been established since 1985 as a partnership and transferred to a Limited company in February 2012. OSK has 3 company directors and 39 staff members with 2 company directors and 27 staff members operating in audit.

As the first accountancy firm in Ireland to achieve the internationally recognised ISO 9001:2008 standard we appreciate the value of service excellence and we continually invest in maintaining our excellent service standard.

OSK are an authorised training practice of Chartered Accountants Ireland.

OSK use the unique Caseware paperless audit system which allows senior personnel access to the audit files remotely thus ensuring consistent achievement of audit deadlines and deliverables.

OSK are the Irish representatives for CPA Associates International, an international network of independent accounting firms located throughout the world. Our membership of the association allows us to draw on a pool of international expertise on business and taxation issues with the benefit of broadening the service to our clients.

OSK are the official audit and accounting partner of the Federation of Irish Sport.

OSK invests in quality control and engages the services of an external specialist training firm Mercia to continually update and maintain the high quality of its audit and accounts staff. This provides clients with the assurance that OSK is up-to-date with all changes to rules and regulations and how they may impact client businesses.

OSK has the capacity, proven capability and the breath of experience to enable it to provide external audit and related services to the Irish Cycling Federation.

#### General company experience

OSK are ranked in the top 20 firms in Ireland and provide the full range of financial and advisory services to clients in a broad range of sectors including medium and large companies, public companies, not for profit organisations and semi state bodies.

Our services include:

- · Internal and external audit
- Tax compliance and consultancy
- Company secretarial
- Business advisory
- Corporate finance

Some sectors where we offer specialisation include:

- Property and construction
- Property management companies
- Sporting organisations
- · Hotels, tourism and leisure
- IT Contracting
- Occupational pension schemes

OSK is a member of the following professional associations:

- Chartered Accountants Ireland (CAI)
- The Association of Chartered Certified Accountants (ACCA)
- The Institute of Certified Public Accountants (CPA)
- The Irish Taxation Institute (AITI)

#### **Experience of Auditing National Sports Governing Bodies**

OSK has gained extensive experience auditing National Sports Governing bodies and are the current auditors of Swim Ireland, Hockey Ireland, Basketball Ireland, Canoeing Ireland and Archery Ireland.

# A separate all-in fee for audit and related services to Irish Cycling Federation for the year 31st December 2017.

Our quote to include the Annual Audit, Annual Company Secretarial and Corporation tax return is €5,500 plus Vat at 23%. This quote includes a 20% discount which OSK offer to all sporting bodies affiliated to the Federation of Irish Sport.

#### Timing is everything

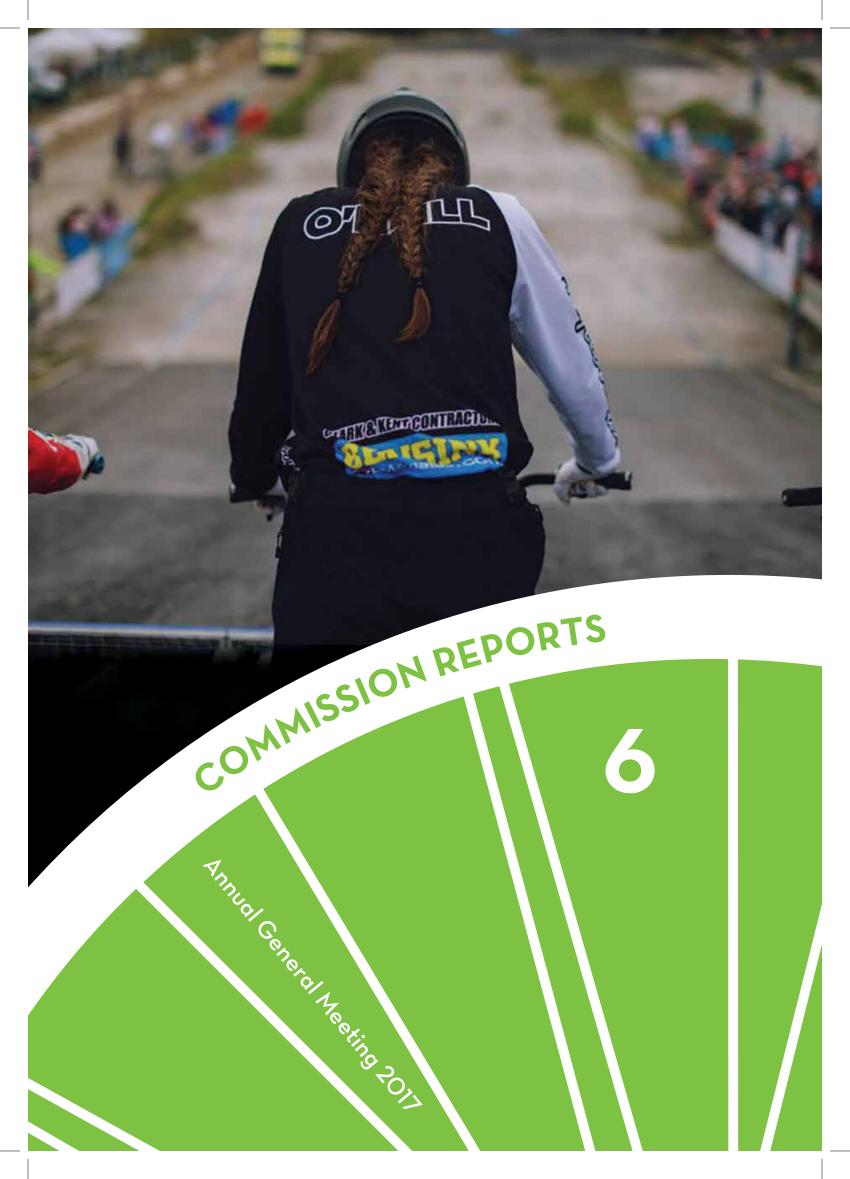
To deliver satisfactorily we must agree a timeframe, which works for all. This is why we want to illustrate the time planned for this project.

We will have the audit completed within three weeks of receiving all books and records.

I hope this provides you with a good indication of the service we will provide.

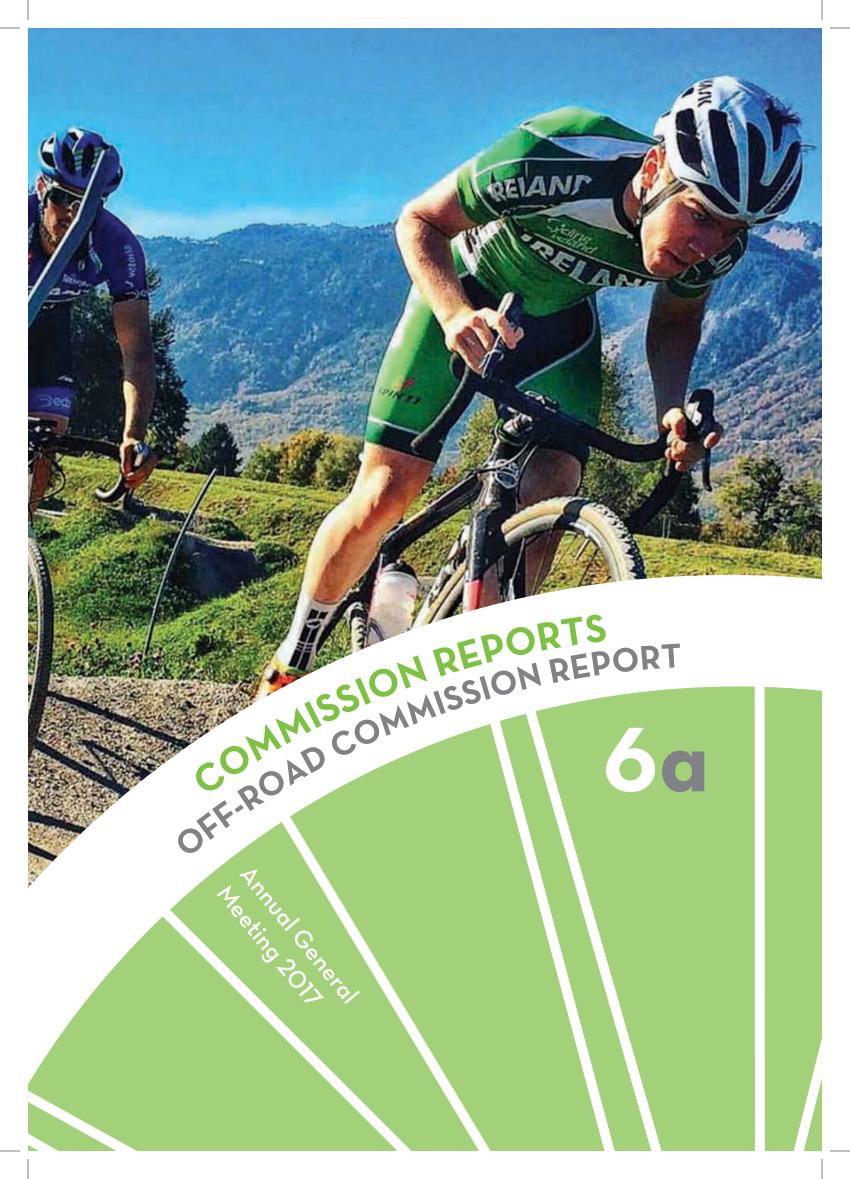
Working with OSK is a positive experience that will benefit your business. I welcome any queries or comments that you have on this proposal.

Signed: Brian Dignam Name : Brian Dignam Position: Director



# Commission Reports

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# Overview

The Cycling Ireland off-road commission aims to co-ordinate and promote the disciplines of cross-country, downhill, enduro, cyclo-cross and marathon MTB events within Ireland. We oversee the national championships as well as promote training opportunities for youth and adult beginners and improvers.

#### **Activities and Achievements for 2017**

2017 has been another busy year for off-road cycling. Details of results from overseas can be found on www.offroadcyclingireland.ie.

**Downhill** - We co-ordinated 4 rounds of the Irish Downhill Mountain bike Series (IDMS) with the National Championships taking place in Kilbroney Park, Rostrevor in July. Details can be found on www.irishdownhillseries.com. We also provided some financial support to riders who were competing internationally.

**Cross-country** - The National Point Series (NPS) was held over 5 rounds with the National Championships taking place in Djouce Woods, Wicklow in July. More details can be found on <a href="www.irishxcnps.ie">www.irishxcnps.ie</a>. We supported 3 riders to compete in the European XCO Championships in Italy. Regional cross-country series continuing.

**Marathon MTB Championships** – took place in Ballyhoura in September hosted by Team Ballyhoura.

**Enduro** - Another big year for enduro with Round 4 of the Enduro World Series taking place again at Carrick Mountain, Co. Wicklow. Killian Callaghan races all over the world this year and won the series overall in the Under 21 category. Leah Maunsell was on the podium at the races she attended and finished 4th overall. Both riders received funding from the commission. We held a test event for the Enduro National Championships at Carrick Mountain which was a successful event. Regional series continue to do well. Inclusion of the 12-14-year age group with evaluation days. Enduro training days took place.

**Cyclo-cross** - The National Championships took place in Tollymore Forest in January 2017. A Youth National Cyclo-cross Championships took place at Corkagh Park, Dublin in February. Regional series are taking place across the island with a busy calendar and increased attendance. A development squad has been set up with an increase in coaching opportunities this year. Two riders attended a UCI training course in Switzerland.

#### Committee Members 2016/7

The Off-road Commission's AGM took place in October 2017.

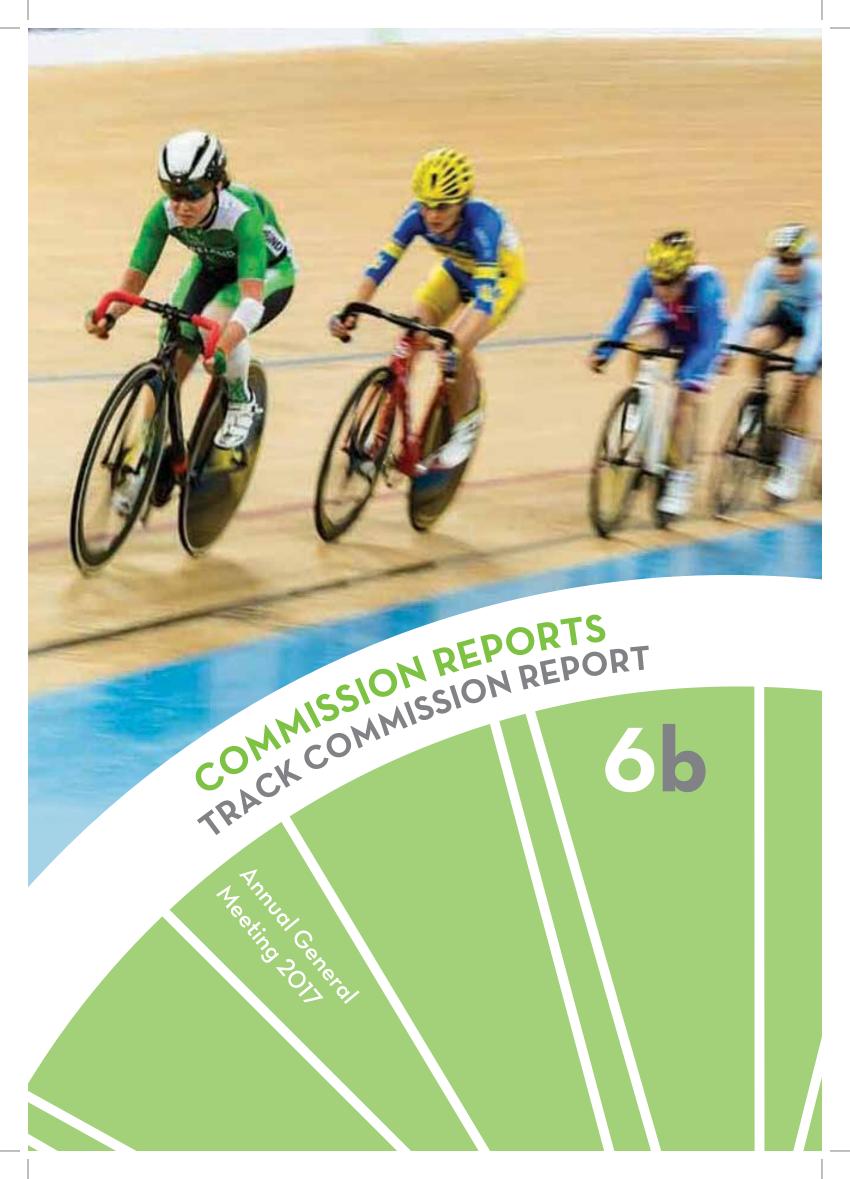
Chair: Damien Duggan	DH: Derek Cowan		
Secretary: Martin Grimley	XC: vacant		
Treasurer: Iain Smith	CX: Andy Layhe		
Youth Dev: vacant	Enduro: Stephen McDonald		
Women's Rep: Silvia Gallagher			

#### Planned Activities and Goals for 2018

- Ensure we have a strong domestic series for all disciplines
- · Have a transparent communication plan for international events
- · Target events, development squads, Expression of Interest, Rider criteria
- Equal budget management across disciplines domestic and High Performance
- A greater focus on youth development
- Develop a closer working relationship with Cycling Ireland
- Looking ahead
  - 3-year plan
  - Objectives and goals

#### **Summary**

2017 was a good year for the commission with lots of work done. Many thanks to all the clubs and volunteers for supporting the disciplines. There are challenges around attendance figures at cross-country and downhill events. There are also challenges with access to venues, host clubs and volunteers. We do have great athletes. Ireland continues to prove that it can develop top international riders with champions like Killian Callaghan in the Enduro World Series and Robin Seymour who has won back-to-back titles in the XCO UCI Mountain Bike Masters World Championships, providing inspiration for the upcoming riders.



### Track Commission Report

It has been a long year with many successes and lots learned. I want to say straight away that all that has happened here at the track would not be possible without the incredible amount of work and effort that goes into running everything. There is a small but strong core group of people who work tirelessly and it often feels thanklessly to keep things going, to every one of these, you know who you are, sincerely, thank you.

This year we as a commission have run a huge number of events in Sundrive Velodrome;

- Open training 45 sessions.
- Youth training 42 sessions.
- Derney training 28 sessions.
- Private training 94 sessions.
- · Accreditations 10 sessions.
- National championships 6 days.
- International racing 2 days
- Duane Delaney, Ivca Champs, Scott Orwell wheeler Champs, we have facilitated various school groups and training camps through the year.
- Summer and Autumn leagues 18 days.
- Sprinters league 7 days.

There has also been involvement in schools, us going to them and them coming to us all to further the message that cycling is for everyone.

In Kanturk they were quite active on their track too with a total of 230 hours of training.

Orangefield has also had a great year, they hosted in excess of 20 sessions, with over 90 different riders participating, including some club specific sessions.

Hosting the Interprovincial Sean O Aggain event, they once again took the honors, multiple national medals were also earned by the Ulster riders. A full squad of 4 boys and 4 girls was sent to the UK Inter regional Youth Champs in Glasgow, with a very high standard of riding throughout.

There has also been a reintroduction of the Ulster track league and Ulster championships across all categories, which gives a solid base to build on going forward.

Regarding the facility at Orangefield itself, it continues to be a concern as the condition of a neglected 60 year old sports facility is guaranteed to deteriorate if no action is taken.

They have met with City Council officials over the past few months, and they confirm that there are no funds available, internally or via Sport NI and Lottery funding to enable any large scale refurbishment programme.

There had also been the suggestion of a total relocation, possibly to Ormeau Park. However this is likely to cost in the region of 1-1.5 million, there is little likelihood of this in the short term. The

Council have undertaken to address some remedial work over the winter so hopefully that will halt any further deterioration in the tracks condition.

There were new events brought in this year, the womens team pursuit saw more womens teams entered than mens. The Madison was brought in as a demonstration event for both mens and womens teams, we hope to build on this next year as a full event. This is only possible by our volunteers giving a little more, trying a little harder, putting on more specialized training, filling in more paperwork, driving up and down to and from the track. Even down to identifying the need for the lines to be repainted on the track, sourcing the paint and then organizing a team of people to come and put in huge hours to paint the lines you see on that track today. Every success you we see here is the result of volunteers working away in the background to bring these things to fruition for all our riders.

In the majority of our national events there have been more female riders competing than men, this is an exciting and positive development, long may it continue.

We have also worked closely with Neill Delahaye to help with the Talent Transfer, bringing them on to the track and getting them accredited and ready to race.

Internationally there has been fantastic success too, with our juniors winning medals in both the European champs and the world champs, a silver each for JB Murphy and Xeno Young in the Europeans in the elimination and individual pursuit respectively. Followed by a silver for Xeno in the individual pursuit and bronze for JB in the points race in the worlds.

Mark Downey has a long list of results this season.

- Gold in the points race in Nov 16 in Appeldoorn in the world cup.
- Gold in the points race in Cali.
- Silver with Felix English in the Madison in Cali.
- Gold with Felix English in the Madison in LA.
- Bronze in the points in the u23 european Championships.
- Lydia Boylan was 6th in the omnium in Cali in the world cup.
- Lydia Gurley collected a bronze in the scratch race in the world cup in Cali and was 4th in the scratch in Glasgow.

There are possibly more that I have inadvertently left out, if so apologies.

We need a roof! In recognizing the fantastic results our athletes have had internationally it brings us back to the need for an indoor velodrome more than ever. Geoff Liffey and Liam Walker have been working away in the background to this end and it is they who will have more information than me.

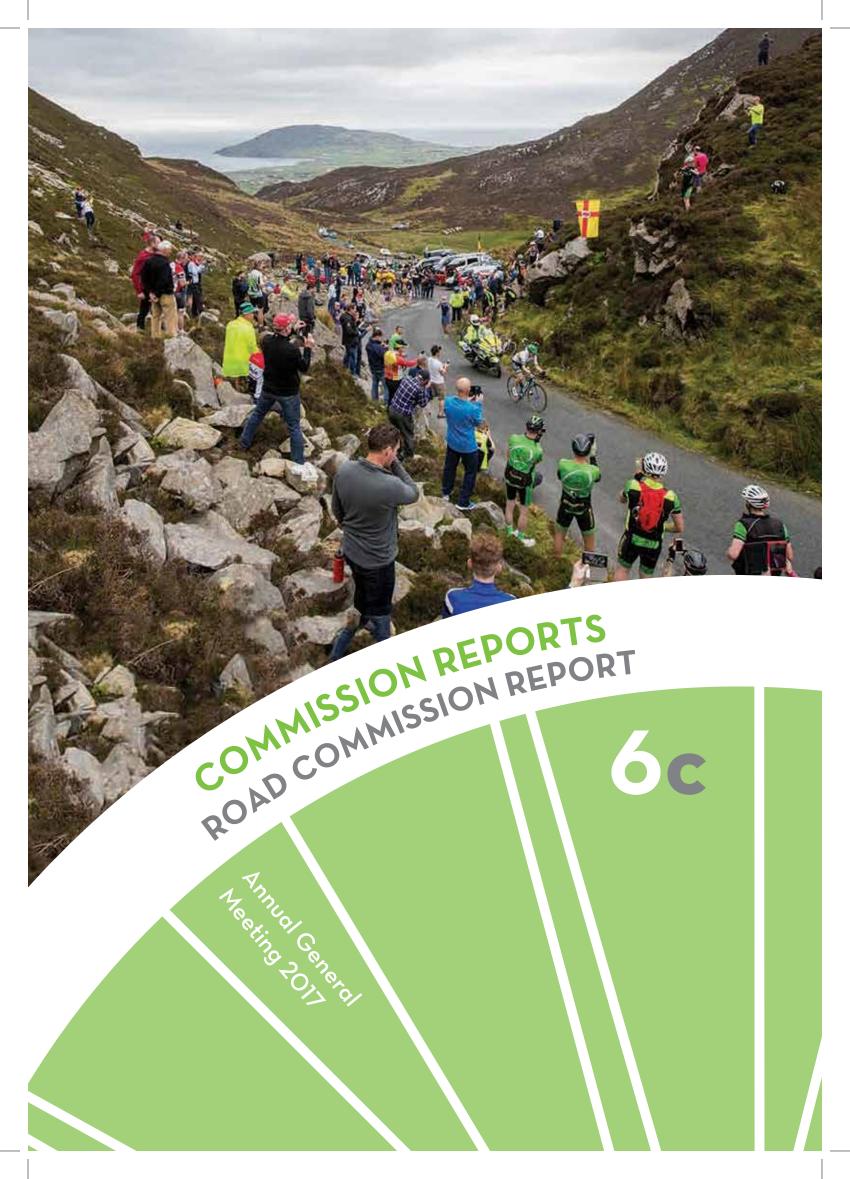
With this in mind one of our jobs for next year is to upskill our coaches so we can rise to the occasion and meet it head on.

Two of the derneys have been over to the Netherlands to be refurbed and serviced, the start gates

have been serviced and overhauled. There have been hours and hours of maintenance, prep before events and tidying up after events, with huge efforts put in by all involved.

Again a thank you to all the commissaires who come to judge/referee our events and help with the smooth running of same, without which we could not run the events.

Finally to all the riders who come to train and compete, who come with positivity for a sporting competition, again you are an important component of what we do here!



### Road Commission Report

This year we started to make plans to cut back on the early season start and extend the racing calendar into late September. We had a number of early season races moved and extended the National Series into September with other races continuing till the 3rd week in September. We have a motion in this year to officially start the season in the last weekend in February. We are proposing this to stop racing to early in February and we think this is a good balance rather than March with the likes of Easter and the Rás looming. We will work closely with the calendar co-ordinators over the next few weeks and identify the events for the 2018 national series, regional and national championships.

We are aware that the 3 big stage races for 2018 are without major sponsorship and we will make ourselves available in any way to assist the race promoters over the coming weeks find sponsors to allow the 2018 events continue.

There were a number of well publicised crashes in A4 events this year, these incidents cannot go unnoticed and we have proposed some changes to alleviate against these incidents in the future, they may not stop them completely but we do need to educate A4 riders on safe riding and racing etiquette for their fellow competitor.

#### **Proposed Motions**

This year seen the dynamics in the bunches changing again, this we think will be an on-going issue which will always need constant monitoring and small changes to keep the correct balance. We have proposed changes in the grading to keep up with these changes and have a well-balanced grading system. Below is the reasoning for some of the proposals.

An A4 rider on amassing 13 points, cumulative across years will be upgraded to A3. <u>RC reasoning:</u> <u>This is to help reduce the sizes of the A4 bunches.</u>

Replace original championship bundles: <u>RC reasoning: This is to reduce the amount of events on National Championship weekend and give the Junior category events the privilege of racing on Championship weekend. The Elite, U23, Women and Junior events are all UCI events.</u>

An A3 rider who has amassed 15 points in 2017 or in any following calendar year, this includes the points carried from the previous year, will be upgraded to A2 with zero points. <u>RC reasoning: This was proposed 2 years ago due to big numbers in the A3 bunches, this has had its effect but we have noticed some A3 needing some more time at the A3 level.</u>

Competitive newcomers to the sport will be granted a Limited Competition licence and may only be granted an A4 licence the year following. <u>RC reasoning: This is to elevate new comers racing in large A4 bunches with no experience, we need to have some control on issuing racing licences, the number of high profile crashes in A4 events have proven this.</u>

Any event limited to A4 riders may only accept a maximum of 110 riders. RC reasoning: This again to reduce the risk of crashes in A4 events.

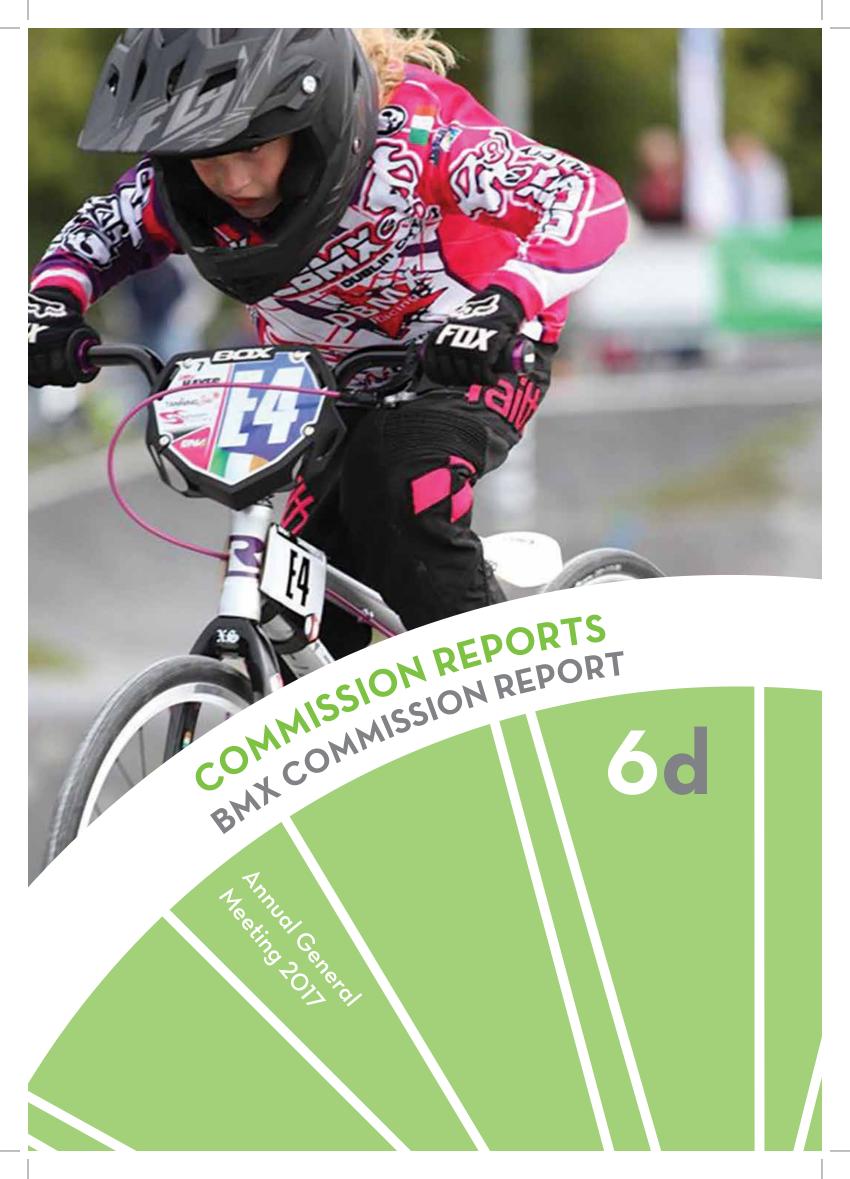
Junior grading changes. <u>RC reasoning: Folks, 1st year juniors to be upgraded to A2 after receiving</u> 60 points, this protects a 17 year old riding against a seasoned elite rider to early in the season. 2nd

year juniors to be upgraded to A2 after 30 points, this will protect a 18 year old from riding A2 races to early in the season but could be upgraded by the end of April, for most 2nd year juniors its exam year hence why they start off as A3 again, they need to concentrate on their exams rather than train for A1/A2 races in March. This could affect in total 30 junior riders going by this year's points, there was 49 riders in the junior championships. We have made these proposals with the protection of our youth riders in mind by giving them measured upgrades with the purpose of giving them harder racing while still letting them develop at athletes.

#### <u>Acknowledge</u>

Can we thank the provincial calendar co-ordinators and the grading officers Sean Bracken and Dave Mullen for their assistance during the year, we are delighted that the number of motions put forward this year show that the organisation is proactive in making positive changes where identified.

Tim Barry, Gerry Campbell, Daire Mooney, Frank Campbell



# **BMX Commission Report**

#### Overview

BMX Ireland, formed by former BMX racers, has been organising and promoting BMX Racing since 2011. In March 2014, BMX Ireland became the Cycling Ireland BMX Commission, a sub-committee of the Board of Cycling Ireland.

The BMX Commission continues to proactively engage in all operational, developmental, technical, promotional and governance of BMX Racing in Ireland. It operates under the auspices of the National Federation, Cycling Ireland, and is governed by its Procedures, Rules, Ethics and Codes of Conduct.

The 8 members of the Commission are drawn from the four provinces Leinster, Connacht, Munster and Ulster. The Commission continues to have co-opted members who provide invaluable services such as web and social media, graphic design & publications production, race reports, financial management, coaching and race day operations support. The Commission now also has a National BMX Development Coach.

#### 2017 Provincial Commission Members & Their Roles

Tom Campbell - Chairperson | Nathalie Lawlor - Treasurer & National Race Director
Eugene Jackson - Child Safety Officer | Kevin McShane - Ulster Provincial Member
Alison Murphy - Secretary & Leinster Provincial Member | Steven Bell - Development Support &
Ulster Provincial Member | Barry OKeefe - Munster Provincial Member
Eamonn Wyer - National Track Development & Leinster Provincial Member
Derek Jolly - Munster Provincial Member | Bill Mackness - Ulster Provincial Member
Richie Fields Commission Member | Amanda Stynes Commission Member

#### Co-opted Commission Members & Their Roles

Lar Massey - Media Design & Branding | Simon Murphy - Development Squad Manager Chad Gilmer - Commission Website & Email hosting and maintenance Shay McNally - Race registrar and Website Admin.

#### National BMX Development Coach

Jeremy Hayes

#### Activities and Achievements for 2017

The 2017 Irish National BMX Race Series.

Round 1: April Lucan BMX, Co. Dublin

Round 3: May - Lisburn BMX

Round 4: July - Cork BMX, Co. Cork

Round 5: April Lucan BMX

Round 6: April Lucan BMX

Round 7: April Lucan BMX

Round 8: April Lucan BMX

Roun

Round 5: August – Lucan BMX, Co. Dublin
Round 8: September – Ratoath BMX, Meath
Round 9: September – Ratoath BMX, Meath

#### **Event 2017 Total Entries**

Boys Girls

 Round 1 Luc 165 138 27
 Round 2 Rat 18O 149 31
 Round 3 Lis 146 117 29

 Round 4 Cork 135 113 22
 Round 5 Wex 144 115 29
 Round 6 Luc 142 111 31

 Round 7 Luc 143 112 31
 Round 8 Rat 13O 107 23
 Round 9 Rat 133 110 23

Total Unique Riders 2017 227

The 2017 Irish National BMX Race Series was a 9 Round series run from April to September. The National Race Series began with a bang with Round One at the country's premier track at Lucan BMX Club. The Ratoath BMX Track held Round 2 in fantastic weather conditions and achieved the largest entry of the series. Round 3 moved north to Lisburn BMX club with some exciting racing in damp conditions. Cork BMX Club hosted Round 4, the Cork National was another huge success this year in sunny warm conditions. Round 5 went to the newly established Courtown BMX club at Riverchapel in Wexford. Rounds 6 & 7 saw the National Series back in Lucan for a double header, The Series finished with another double header, Rounds 8 & 9 in Ratoath, Co. Meath. The National Series had a total of 227 riders racing in 2017 up 6% on last year. The Commission fully expects rider participation to continue to grow.

#### The 2017 All-Ireland National Championships

The 2017 All Ireland BMX National Championships took place in July in Lisburn NI. This was the first time in the history of the sport of BMX Racing in Ireland that this prestigious event travelled north of the border. This is in line with our policy of moving the National Championships around the provinces and run on our best tracks.

The All Ireland Championships is the single biggest one day race in Irish BMX and the National Champion Title is the next most coveted title after the No.1 Plate of the National Series.

The racing was fast and furious, as always, with a record number of both male and female categories racing for the glory of All Ireland Champion. The main event of the day was the Junior Men, Ireland's fastest crop of riders. The race was tight with Matthew Malone leading the charge all day to win the coveted title and jersey for 2017.

The Cycling Ireland BMX Commission would like to thank the fantastic volunteers of Lisburn BMX club for their tireless work to organise and host such a top class event. A fantastic day was had by all who attended.

#### 2017 Highlights

In 2017, BMX licence holders grew year-on-year by 40% with 130+ riders competing at National events. The BMX Commission also works closely with clubs to encourage local participation, coaching, Commissar training and race days. BMX clubs are now established as far apart as Cork and Larne in Co Antrim. Track development is ongoing, a national BMX race Senior team and Junior development squad has been established, With high performance goals, and Irish riders now compete regularly at international events.

BMX Club membership 2016(end Sept 2016)

BMX Club membership 2017(end sept 2017)

Belfast City BMX Club 34 | Belfast City BMX Club 57 | Cork BMX Club 61 | Cork BMX Club 111 | Riverchapel BMX Club 60 | Courtown BMX Club 163 | DC BMX 17 | DC BMX 15 | East Coast Raiders BMX Club 11 | East Coast Raiders BMX Club 9 | Lagan Village BMX Club 18 | Lagan Village BMX Club 8 | Lisburn BMX Club 63 | Lisburn BMX Club 67 | Lucan BMX Club 92 | Lucan BMX Club 80 | Newry & Mourne BMX Club 6 | Newry & Mourne BMX Club 6 | Ratoath BMX Club 43 | Ratoath BMX Club 55 | St. Annes BMX Co-op 6 | St. Annes BMX Co-op 8 | Total BMX Licence holders 411 | Total BMX License holders 579 | BMX license holders Increased by 40% in 2017

Without a doubt the international highlights of the year were the BMX European championships in Bordeaux France and the BMX World Championships in Rockhill SC USA.

37 riders competed in Bordeaux in July over 3 days of racing. Conditions were a big test for riders due to the 30+ deg heat with all riders taking it in their stride. Highlights of the weekend was Carly Hayes securing the E6 plate in the 8 year old Girls category and Sam Murphy and Matthew Malone racing at championship level in Junior Men category for the first time in our history and progressing through their heats into the 1/8 finals.

5 riders competed in Rockhill in July in even more testing weather conditions that included 35 deg of heat and 80% humidity and plenty of thunderstorms thrown in to make things interesting. All riders progressed out of their 3 qualifying heats with our USA based Derin Mertin making it to quarter finals in the 9 yearold Girls category. Derin was unlucky out of the gate and got tangled with another rider and crashed. Our international riders are improving year on year at this international level.

#### Planned Activities and Goals for 2018

Going forward into the 2018 season and beyond, the BMX Commission is committed to further promoting and developing BMX racing at club and national level, track building, encouraging local participation, and managing our national BMX squad to attain success at international level.

Coaching is the key word for 2018. With Level one coaching courses to be delivered by national coach Jeremy Hayes to all club coaches. Coaching programs to be rolled out at club level by club coaches.

There will be a significant number of talented riders representing Ireland at the British National series, European Championships in Sarrians France and the World Championships in Baku Azerbaijan, in 2018.

#### **Track Development**

There has been a progressive and sustained race track and pumptrack building programme in place. The Commissions' National Track Development officer, Eamonn Wyer, has a busy schedule of track development and proposals across all Provinces for 2018. In 2018 we envisage 2-3 more

tracks countrywide. It's a huge achievement to get these projects over the line, and to progress track development in 2018 and beyond. Big challenge for us is to assist in the development of clubs to manage these tracks.

National Squad and Rider Development The National BMX Squad is heading into its 3rd season being managed by Simon Murphy and coached by Jeremy Hayes. The Squad consists of 16 to 18 year olds: Sam Murphy, Matthew Malone, Aaron Edwards and with the Development Squad consisting of David Dorney, Matthew Campbell and freshly inducted for 2018, Marcus Bell from Lisburn BMX. We want to wish our new Junior development squad of 13-15 year old riders Ciara O'Gorman, Ryan Quinn, Calvin Dunne and Niall Davis, the best of luck in their new roles within the development programme.

This BMX Ireland Rider Development Programme is being run parallel to the National Race Programme and Track Development Programme.

Cycling Ireland BMX Members 2017/18

TBC at the BMX AGM on December 7th 2017

#### Conclusion

BMX Racing in Ireland has now successfully completed its sixth full season with a 6% growth in riders competing at the National Series year-on-year, and a 40% increase in BMX license holders. The BMX Commission continues to make steady progress in the development of BMX racing in Ireland. We are continually working to increase our 'promotional activity' for the 2018 National Race Series, which will be formulated over the winter. In the shorter term the Commission will work hard at canvassing for more top quality tracks to be built in the right places across the nation, more volunteers, more coaches to grow the sport at grass roots level.

Finally, we would like to acknowledge the invaluable support from our colleagues in Cycling Ireland. May we also offer our sincere thanks to all the volunteers who give up their spare time to assist at National Race events, Club events, Coaching, and BMX activities throughout the year.

Tom Campbell
Chairperson BMX Ireland





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# Women's Commission Report

#### Women's Commission Chairperson's Report

As another busy year for Women's Cycling comes to an end, this is a great opportunity to reflect on all that we have achieved during 2017, and to set new goals for the coming year. The Road Commission took over responsibility for the National Road Series, so we concentrated our efforts on Youth Development, Track Development, a new Women's League in Munster and the Corkagh Park Racing Series.

#### Youth and Juniors

Unfortunately, the Cycling Ireland Youth Coach position was not reinstated this year, but Orla Hendron continued to work tirelessly in this area on our behalf. Highlights include the Mid Term Training Camps, a Junior Team racing in Belgium, a Cyclocross Training Day, and the imminent Track Training Trip to Alkmaar. One disappointment was the cancellation of the Junior Women's Road Race and Time Trial National Championships due to a change of dates and insufficient entries. Next year these events will retain full National Championship status, assuming entry requirements are met..

#### **Track**

In my report this time last year, I noted that we were struggling for numbers in the Senior Women's National Track Championships, and that we intended to focus on the Team Pursuit to address this. I am delighted to report that following the Women's Commission racing trip to Newport; a Pursuit Masterclass with Cycling Ireland's HP Technical Director; and several Open Track Training Days, we saw a substantial increase in women's National Championship entries across all track disciplines. Particular thanks to Brendan Whelan, the Talent Team, Sundrive, Orwell, Arcane, Bray, Clontarf and TC Racing for all their efforts.

#### O'Sullivan Cycles Munster Women's League and Corkagh Park Racing Series

Our Muster Rep, Pauline Russell, organised our inaugural O'Sullivan Cycles Munster Women's League to encourage novice riders to race, and is currently working on plans to expand it in 2018. The Corkagh Park Racing Series provides a friendly and informal entry point to road racing and continued to be very popular with both novices and more experienced racers in Leinster. Many local clubs committed to hosting a race in this series and all abilities were catered for.

#### Other Events

The Women's Commission also organised a Senior Road Training Day at Finnstown Castle Hotel in the Spring, with a repeat event aimed at Beginners in early October. A training day for Advanced riders is scheduled in the coming weeks. We hosted an Introductory MTB Spin in February, and a Cyclocross event is planned for November. The Women's Commission also ran a very successful Bike for Life Series in Corkagh Park last Winter and several of these new riders raced regularly throughout the season.

#### Other Items

I was delighted to hear of the appointment of the very experienced Gillian McDarby to the Board of Cycling Ireland, and look forward to additional female Board Members in the coming months.

Despite some frustration with the introduction of the new online banking system, I would like to thank Cycling Ireland staff for their continued support throughout the year. I would especially like to mention their Safe-Guarding Officer who delivered a very engaging and informative workshop on Social Media to the young girls attending the Women's Commission Youth Camp in Kippure. I think that the Women's Commission and all Cycling Ireland members can do more to promote a safe and inclusive environment for everyone, and this will be a key area for our Commission next year.

Our Commission does not have an official role in HP, but I would like to acknowledge and congratulate some super performances and results from our women this year. In particular, congratulations to Lara Gillespie who took silver at the European Youth Olympic Festival, to Katie-George Dunlevy and her pilot Eve McCrystal on their double Gold at the Para-Cycling World Championships, and to Lydia Gurley and Lydia Boylan recently winning silver at the Madison European Track Championships.

To finish up, I would like to sincerely thank Orla Hendron who is finishing her term on the Women's Commission, for her dedication to the role over many years, and to wish our new Commission members every success. We have areas we know we could improve on, and areas we would like to continue to develop. We welcome all of your support and suggestions, and we look forward to another safe and successful year ahead.

#### Roisin Kennedy Chairperson

#### **Outgoing 2017 Committee Members:**

Roisin Kennedy (Chairperson)
Brendan Whelan (Secretary)
Niamh Stephens (Treasurer)
Orla Hendron (Youth)
Melanie Spath (PRO & assist. Treasurer)
Pauline Russell (Muster Rep)
and assisted by Aideen Keenan (Corkagh Park Co-ordinator)



## Para-cycling Commission Report

First off, I would like to thank all the Staff, volunteers and riders for all their hard work during the last 12 months.

Following on from a very successful Paralympic year it was great to see the hunger for more medals still in the air and with that brought in new faces to which we saw in the World Championships in South Africa where we had 3 development riders take part in both the TT and Road race.

We had 3 world cups in, Italy, Belgium and Holland followed by the world championships in South Africa to which we finished the year on - 12 Gold Medals and 2 Silvers.

Our Invacare league was had 8 events throughout the year and we had a great turn out at each one. I would like to thank all the clubs who put these on for us, it is essential for the development of our riders and sport that this continues, and I hope to see you all again next year. I would also like to thank Neil Harvey from Invacare for his continued support to which we are extremely grateful.

Next year we have a new circuit in Canada who are hosting a World Cup along with Belgium and Holland and Italy are hosting the World Championships.

I will look forward to next year's report with again more medals.

Yours Sincerely, Phelim Lynch



# Youth Academy Report

#### Overview

Report of the Youth Academy 2017

The AGM which was held on the 11th December 2016 proceeded to ratify the officers for the coming year with Dan Curtin as Chairman and Anthony Harrison as Secretary (elected as the only nomination) and Michael McKenna as Treasurer. The other members of the committee are Phil Holland, Phillip Wade, Mick Considine, Mick Reidy, Kevin Hayes, Orla Hendron and John Horgan representing Cycling Ireland and Brigid O Dea our Child Protection Officer.

The Youth Academy is open to Boys and Girls with Orla Hendron from the Women's Commission working as part of the Youth Academy resulting in more girls being selected on Teams travelling abroad and to organised camps. Female Coach's travel with Girls on away/overnight trips and Male Coach's travel with the boys as part of our Child Protection Policies. A huge thank you goes out to all the adults and coaches who give up their time to travel with squads and look after them.

#### Selection Criteria for Squads to Represent the National Youth Academy

#### **Purpose:**

The following document is to assist the National Youth Academy Board (NYA) in selecting the most suitable riders for the Academy to compete in youth events within Ireland & Europe in the discipline of road, TT & Track.

It is also intended to assist riders who wish to be considered for selection by giving them an insight into the criteria that is part of the decision making process of the board.

#### Target:

The National Youth Academy have a number of goals in selecting squads and teams: NYA can select up to 12 riders as part of an Academy squad.

- To select youth riders onto a National squad or team from or through a provincial Academy.
- To promote team work as the number 1 priority for each individual rider & learn that success is for the overall goal of the team.

#### Note:

• In certain instances, NYA may not send a full complement of riders to an event if funding is not available or it believes that there are not enough suitable riders available at the time.

#### Selection Criteria

- Commitment to the Cycling Ireland and the UCI anti-doping policies;
- Agreement to Cycling Ireland's Code of Conduct for riders;
- Hold a valid racing license;
- Must be a member of a provincial Cycling Club or Team;
- Riders must be registered to the provincial Academy for each season:
- A rider must come through their own Provincial Academy before been considered for the NYA.
- A rider may only be a member of one panel during a season: (A rider can only be upgraded or downgraded by the National Youth Academy & a Provincial Academy)

- Attend provincial training & National Youth camps if requested:
- Demonstrate good conduct to other riders & officials;
- The rider must be & needs to be seen as a team player;
- Attendance at Provincial Championships;
- Race results will be used as a guide in the consideration but may not be the deciding factor;
- Riders need to show aggressive riding during a race;
- The age and development potential of the rider;
- Tactical awareness and skill levels of the rider;
- The nature of the course of the upcoming event and the suitability of the rider for same;
- Be able to take instruction from the Team Manager/Coach & follow the team plan;
- Selected riders will be expected to make themselves available if requested;

#### **Other Notes:**

NYA have a number of other items that riders need to be aware of, if selected for squads and teams but also circumstances that could influence their selection.

- The selection panel will be made up of members from the National Youth Academy & members of one or more from a Provincial Academy.
- Riders can be added or dropped from squads at any time due to their performances and ability
  to meet the demands of the squad's objectives/criteria at the discretion of the selection panel;
- A rider will be expected to contribute to the cost of event if selected;
- A rider is responsible at all times for their team clothing whether loaned by the NYA or owned by the rider. (Riders may be offered the option to purchase team clothing if available during the season) Team kit must be treated with respect both on & off the bike.
- Riders bikes must be in very good mechanical order & fully serviced before attending any races for the NYA, all components must be in full working order & tyres to be in good condition
- All team categories may not be filled if suitable riders are not available.
- Parents or guardians cannot influence their rider if under the control of the NYA Team Manager/ Coach;
- Parents or guardians are not permitted to participate with the team at events or camps if they have not been invited or been given prior permission by the Team Manager/Coach;

#### **Activities and Achievements for 2017**

#### **Derby Veladrome**

Really the year starts for our Youth on the end of season trip to the track and the first trip organised by the Youth Academy was to the new Darby Indoor Arena Veladrome on the 26th and 27th of October and an excellent report and proposals for future trips was given by Kevin Hayes. The trip saw everyone meeting the buses in Dublin ferry port at 14.00 for the 15.10 sailing to Holyhead. The group was represented by the four provinces with a total number of 31 riders ranging in age from 13 to 16 years. After finalizing the numbers mid-week it broke down as follows, Munster 10, Leinster 8, Connacht 7 & Ulster 6.

#### **Summary:**

This was a great couple of days for all the young riders that attended this camp in regards to the experience they gained in many areas both on & off the track. This was true for riders that were away with the Academy in the past but especially true for the new riders that were not away before.

- This new track in Derby is an outstanding facility & it is one for the future.
- Blocks of track time were available when requested & these were not available in any other UK tracks during these dates.
- One on one coaching in the safe confines of the track, BC coach Phil Kilpatrick did an excellent job.
- Riding a track bike in a Veladrome. Many riders had not experienced this before.
- Improved bike skills & bike handling by all.
- Riding with riders from their own province but also riding with other provinces.
- Teaching riders the experience of travelling & sharing accommodation when away at cycling events.
- Team building amongst the riders & forming new friendships.
- The behaviour of the group was excellent this year with no issues to report, it was a pleasure to take this group of riders away on this trip.

#### National Youth Academy Camp in Castlebar Co Mayo.

1. 1st Youth Academy camp of 2017 in Castlebar.

We held our 1st National Youth Academy Camp on the 25th and 26th February 2017 in Lough Lannagh Village Castlebar Co Mayo with the following agenda set out.

#### Saturday 25th

- 1. Sign on at 5 pm in Lough Lannagh
- 2. Dinner at 6pm
- 3. Talks begin at 7pm with 1st one by Brigid O Dea from Cycling Ireland on Code of Conduct
- 4. Second talk on anti doping from Cycling Ireland.
- 5. Third talk on Nutrition and Physio done by Cycling Ulster.
- 6. 10pm bed.

#### Sunday 26th

- 1. Breakfast 8:30 to 9:30 am
- 2. On the road for a cycle at 10am with dedicated coach's
- 3. Back at 12:30 pm
- 4. Lunch at 1pm
- 5. Debriefing at 2pm
- 6. Finish at 3pm.

The Cost is €30 per Rider and accommodation with the balance funded by the Youth Academy.

There were U16's and U14's Boys and Girls only from each province. Riders had to have attended a provincial camp before selection.

The camp was a huge success with everything from the Venue ,food coaching and talks all being very well received by the cyclist's. A huge thank you to all who helped to make the weekend such a success. The weather was poor but this did not dampen the spirits at all.

Lough Lannagh was a brilliant venue and hopefully the Youth Academy will be back again soon. As a follow up to the camp Brigid O Dea gave out a questionnaire to the youths and got some very positive feedback.

#### Racing in the UK

Departure: Saturday, 13th May 2017, Irish Ferries assemble in Dublin Port at 8 pm. Return: Wednesday, 17th May 2017, Irish Ferries, Dublin Port at 7 am.

First race on Sunday morning in Darlymoore, Derbshine.
Next race is on Monday evening in Hayes.
Tuesday evening race in Kerkby Mulroy.
Time for races to be confirmed.
Accommodation: Premiere Inn, Milton Keyes.

All youth have been informed about the relevant forms for travelling and overnight stay and have been told to have the completed forms with them.

See above the Itinerary for the trip to England for 3 races where all the Irish Riders performed really well. This is a very important part of the Youth Academy where riders get the chance to race abroad. They learn about being part of a team and life in general and how to behave as part of a team. Again a huge thanks to all the Coach's who take time out to bring them.

#### International Youth Tour in Errigal

Again very strong U 14 and U16 teams represented the Youth Academy in Errigal which is the toughest youth race in Ireland with several teams from abroad taking part every year. The Youth academy again had both wins and podium finishes here which is a huge achievement for any rider. Over 250 riders tackled some of the toughest stage racing in Europe.

#### **Provincial Camps**

Each Province held a minimum of 2 camps throughout the year which focused on bike skills, mechanics of the bike, training techniques, nutrition, enjoyment, racing. Riders had to come through these camps and the provinces. It is felt that the pathway for a rider is Club to Province to Youth Academy to High Performance and we did aim to achieve this in 2017. A number of riders moved up to the HPU in 2017 under the guidance of Nicola McKiverigan and Martin O Loughlin. There is a very positive relationship between the HPU and the Youth Academy and this relationship is now producing some fantastic riders going into the Junior Ranks. All you have to do is look at the Junior Riders and U 23 riders racing both abroad and in Ireland (Junior Tour) at the moment and see how many of them have been part of both setup's and you will see the importance of the Pathway.

#### Planned Activities and Goals for 2018

A hugely successful year for the Youth Academy

In 2018 we also intend to continue with our international races and look forward to welcoming our French Counterparts from Normandy to Ireland. We are now going to these races expecting to get wins and podium finishes because of what we achieved in 2017.

A huge part of 2018 will also be the Provincial Camps which proved to be very successful in 2017.

#### Committee Members 2017

Dan Curtin , Chairman Anthony Harrison, Secretary "Michael McKenna Treasurer. The other members of the committee are Phil Holland, Phillip Wade, Mick Considine, Mick Reidy, Kevin Hayes, Orla Hendron and John Horgan representing Cycling Ireland and our Child Protection Officer Brigid O Dea.

#### **Summary**

Many thanks to Dan , Michael and all the committee who put in Trojan work in 2017. Also many thanks to Nicola McKiverigan and Martin O Loughlin from the High Performance squad who worked well with the committee. Thanks to the Women's Commission and also to Geoff Liffey Ciaran Mc Kenna and Cycling Ireland for their support.

Anthony Harrison Secretary



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Alectina Politi



### **Anti-Doping Report**

Firstly, I would like to thank all the Event Contact People for their assistance in providing facilities for testing at our National and International Events. I would also like to thank the Cycling Ireland Office for the continued co-operation regarding the procedure's we have in place for communication with the SI ADU and our Cycling Ireland Athletes. I believe of all the NGB's dealing with the SI ADU we have one of the most efficient systems in place.

#### Testing: Urine / Blood

From January to September 2017 there was a total of 99 Urine (Up 7) & 57 Blood (up 10) tests carried out through the National Anti-Doping Programme run by the Sport Ireland, Anti-Doping Unit. It is expected another 12 to 15 tests will be carried out in the fourth Quarter of 2017. The SI ADU have also expanded the Biological Passport significantly, with nearly all testing which includes

Cycling Ireland Athletes providing Blood as well as Urine Samples (67-57 OOC).

\*NOTE (2017 figures only available from January to September at time of submitting report, compared to 2015 figures which were from January to October)

It is a policy of the Programme to carry out more "Out of Competition Tests" (67 to date, 67 Urine & 57 Blood but actual samples have increased to 124) than" In Competition Tests" (32) (Same as last year).

It should be noted that in the 32 "In competition Tests" there would be some non CI athletes included. It is obvious from the figures above that Blood Testing is now nearly on a par with Urine testing for all Out of Competition testing.

The "Out of Competition Tests" would have been carried out on the CI athletes included in the Registered Testing Pool (RTP). These riders are nominated by the Performance Team. There are currently 34 Cycling Ireland athletes on the RTP. It should be noted that all the athletes on the RTP are not grant aided.

"Out of Competition Tests" may be carried out on RTP athletes outside of Ireland. However, CI are now obliged to inform the SI ADU of any squad sessions that occur across all cycling disciplines.

It is expected that several no notification tests will be carried out at squad sessions in the future including developing CI athletes.

#### Less Obvious Testing

It should also be noted that in consultation with the SI ADU it was decided that some of the In-Competition testing was becoming very predictable. This is largely unavoidable as Cycling has so many Championship disciplines. However the ADU has and will turn up to less obvious events in the future.

#### **ADRV**

No ADRV were recorded in the 2017 season.

#### **User Pays Programme:**

In 2017 8 of the 16 tests carried out on the Ras were carried out under the user pays programme.

#### SI ADU/Cycling Ireland Prosecution Policy

A reminder that as of the 1st January 2015 the SI ADU will now be responsible for prosecuting an ADRV and not the NGB as was previously the case.

#### Additional ADRV's (Worth Reminding CI Membership)

In the 2015 World Anti-Doping Code there are 10 Anti-Doping Rule Violations (ADRV). They consist of the following:

- The presence of a prohibited substance or its metabolites or markers in an athlete's sample
- Use or attempted use by an athlete of a prohibited substance or a prohibited method
- Evading, refusing, or failing to submit to sample collection
- Whereabouts failures: any combination of three missed tests and/or filing failures within a 12-month period by an athlete in a registered testing pool
- Tampering or attempted tampering with any part of doping control
- Possession of a prohibited substance or prohibited method
- · Trafficking or attempted trafficking in any prohibited substance or prohibited method
- Administration or attempted administration to any athlete in-competition of any prohibited method or prohibited substance, or administration or attempted administration to any athlete out-of-competition of any prohibited method or any prohibited substance that is prohibited out of-competition

Complicity: assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an ADRV or any attempted ADRV

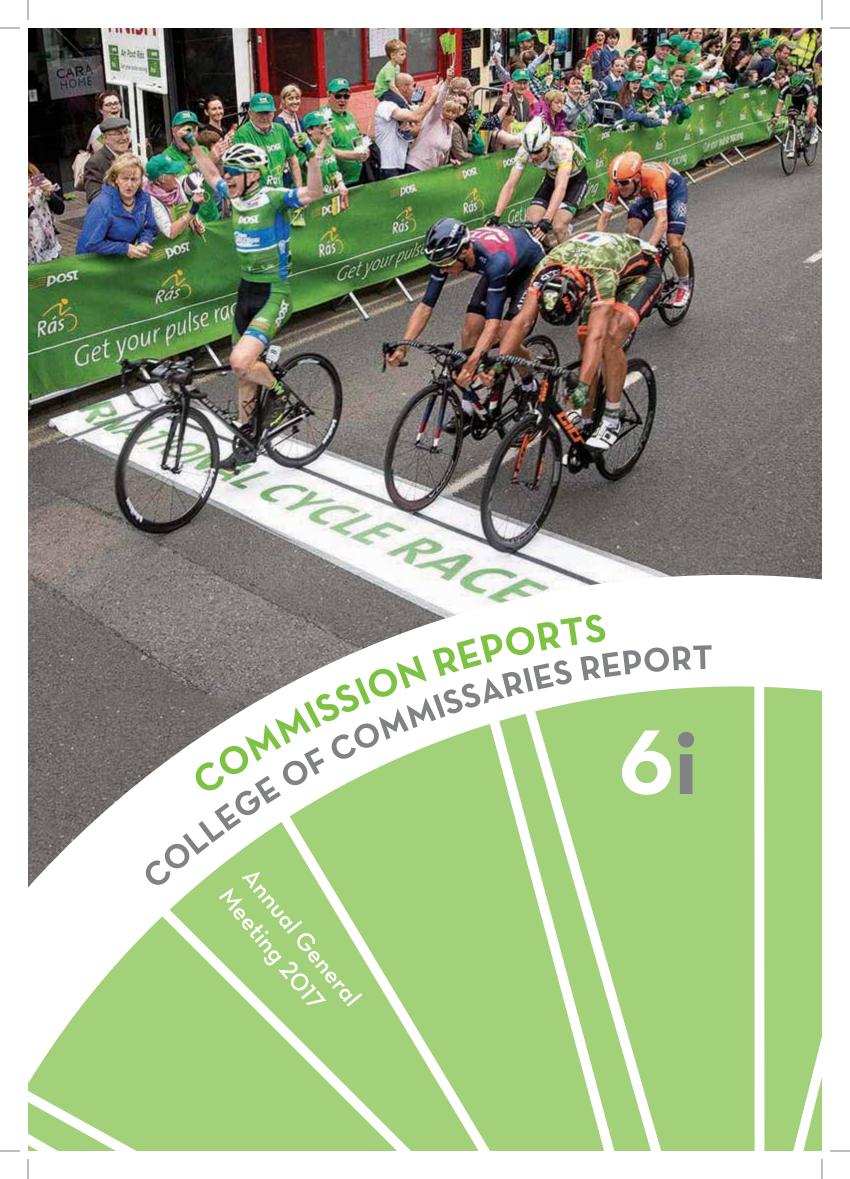
#### Conclusion

Unfortunately, because of the doping history in our sport and the amount of testing carried out at several levels, by the UCI, National Governing Bodies or NADO's, it is inevitable that CI athletes will be subject to no notification tests at home and abroad.

I feel that it is essential that any CI athlete being tested is aware of the testing procedures involved in providing a urine sample, so that they can satisfy themselves when being tested, that the Doping Control Officer is working in accordance with the regulations. As always if anyone is holding training camps and would like to include Anti-Doping Procedures, I would be happy to attend and go through the procedures and updated regulations.

Declan Byrne
Anti-Doping Officer Cycling Ireland

<sup>\*\*</sup>Six of these ten offences are now applicable to Athlete Support Personnel.



### College of Commissaries Report

#### **Technical and Administrative Regulations:**

The Technical and Administrative Regulations of Cycling Ireland were updated to incorporate any rule changes following the 2016 AGM and issued in mid January for 2017. Thanks to Jack and Paul Watson for continuing to monitor and update the regulations with the constant changes received from the UCI and Cycling Ireland. The Technical and Administrative Regulations are available to view on <a href="https://www.cyclingireland.ie">www.cyclingireland.ie</a>

#### **Commissaire Training and Development:**

In the 2016/2017 reporting year, the College of Commissaires have been focussing on the training and development of new and existing Commissaires at National Level across multiple disciplines. The College were successful in obtaining two places on UCI Elite National Courses this Winter, one in Poland and one in Germany. If successfully completed, such a qualification allows the individuals to be eligible for UCI international Commissaire training. Eligible interested candidates experience was evaluated and an order of merit established that allowed for the selection of two candidates. We wish both candidates the best in securing the endorsement of Elite National Commissaire.

A basic level Road Commissaires course took place in Ulster at the beginning of the year with three of the four provinces represented there with the majority completing their traineeship throughout the 2017 season. The College wish to express its gratitude to Cycling Ulster for the organisation and funding of the training course.

The College have continuously been liaising with the Track Commission and Off Road Commission to ascertain the demand for Commissaire Courses. The Off Road Commission are hosting a Basic Commissaire Course this winter while expressions of interest are currently being sought for a Track Commissaire course.

The College will continue to commit to training new commissaires to ensure all parts of the country are covered but that cannot take place unless people volunteer. The more Commissaires available the less chance of any individual experiencing burnout from too many events. We also work towards enhancing the current knowledge of current commissaires in order to keep abreast of an everchanging regulatory environment.

The College would also like to see current Commissaires gain experience in Judging/Timekeeping and results management. This process is left to the same crews with a wealth of knowledge in the area and so Commissaires should avail of the opportunity to develop their own experience in this area towards development.

The College would also like to see the introduction of newer Commissaires onto Commissaire Panels at stage races. This is to allow newer Commissaires gain the vital experience necessary to allow them to develop their skills.

While there has been an increase in the number of Motorcycle Commissaires in the last 2 years, there is still a requirement for further assistance in this area to allow better coverage of Road Races on what is quite often difficult terrain.

#### **Standardisation of Practices:**

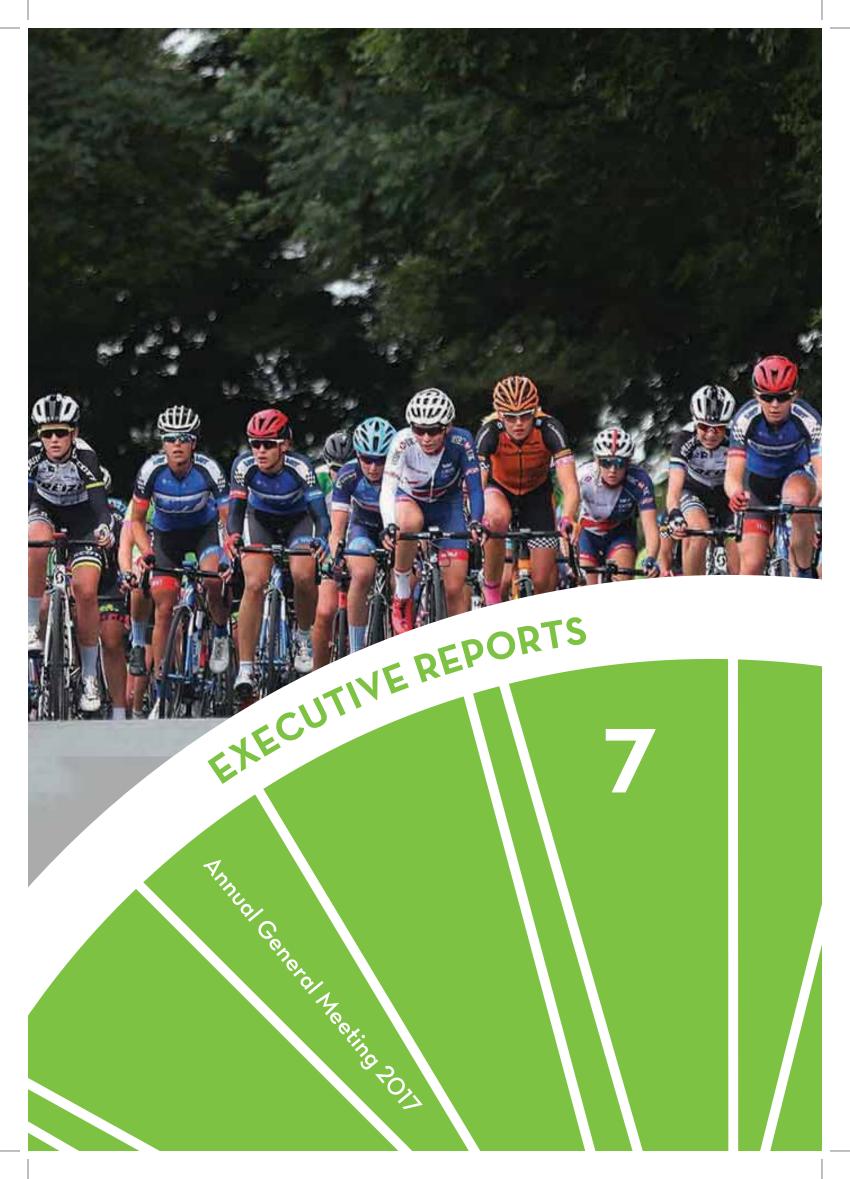
The College acknowledges that there is a variance in decisions being made by Commissaires across the four provinces. Commissaires are asked to continue to report on any issues experienced while officiating and the College will capture this information for clarification and dissemination through the Provincial Coordinators. It is our intention to meet the four Provincial Coordinators in early 2018 to address any conflicting decisions as we strive for standardisation across the four provinces.

#### **International Appointments:**

The College acknowledges the international appointments for two of our UCI International Commissaires, Paul Watson (Road, Track, Paracycling) and Gary McIlroy (Road). While Paul was appointed to the Commissaires Panel to the European Track Championships, Junior Track World Championships and Paracycling world championships, Gary was appointed to the Espoir Tour of Flanders which was won by Eddie Dunbar and Tour of Malopolska in Poland.

The College would like to thank all Commissaires and event organisers across Road, Track, Off-Road and BMX for their commitment throughout the year and representing the sport in a fair manner and providing a safe sporting arena for the enjoyment of all participants.

Gary McIlroy Secretary College of Commissaires



# **Executive Reports**

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### Chief Executive Officer's Report

2017 has been a progressive year for Cycling Ireland on several fronts. Membership rates, while levelling somewhat from previous years of enormous growth, reached an all-time high at just over 29,000 members. Cycling Ireland remains extremely well supported by the various partners and state agencies; this allows us to provide continued support and opportunities for all our members. There have been numerous highlights and outputs from our various activities and volunteers on whom we rely heavily. These are summarised below and detailed in the various following reports.

#### **Coaching & Programmes**

2017 has seen another busy year within the Coaching & Programmes team with a significant number of learning opportunities provided and a large increase on the number of coaches and leaders accredited this year. Full details of all the Coaching and Programmes activities are detailed in their departmental report below. One particular highlight has been the successful rollout of the Cycle Right Program which is the National standard for Cycle Training providing cycle safety and skills training to promote confident cyclists. This is on track to reach over 15,000 school children this year. The challenge not just for Cycling Ireland but the wider community is to see if this training can lead to behavioural change and more regular cycling amongst young people in our communities.

#### **Domestic Activities**

The domestic club and commission promotions across the various disciplines remains relatively healthy with a large number of promotions throughout the year. However, there are some gaps with certain groups not particularly well catered for. For example, without a regular youth program of promotion that needs to be fully inclusive, we will struggle to completely engage and grow this vitally important group. 2017 saw a drop in youth membership for the first time in several years. The number of female racing cyclists needs to be addressed in order to allow for forward development of this group. We are fortunate to have a number of volunteers working across the various commissions and clubs that deliver the domestic events including the large amount of National Championships that are promoted each year. Details of the range of events promoted are included in the Events report below.

#### **High Performance**

Irish riders have performed consistently very well on the international stage across the various categories and disciplines. There have been over 20 medals won this year with several notable highlights detailed in the performance report. We are now seeing riders secure results at levels that have not been achieved before or for a very long time. There has been confirmation of riders progressing through the system from Junior to U23 and on to Elite level; however further resourcing at youth/junior levels is urgently required to maintain a strong and clear pathway.

A new talent initiative successfully launched this year will provide some further confirmation and depth to our Elite Women's track in the coming years. The training base in Majorca continues to provide a stable and world class training centre that is used by various squads throughout this year. The arrival of a home based Velodrome in the next few years will significantly ease the pressure on all the riders and particularly help boost the future performance pipeline. Sport Ireland have recently assessed & reclassified all performance systems in Ireland. The results have rated the CI system as one of the best in the country which is something to be proud of and positions the organisation very well.

#### **Membership Services**

The membership numbers and profile are detailed in the Membership report and show a small increase in 2017. While the profile is relatively consistent from the last number of years there are some emerging trends which need to be addressed. There are a number of membership services initiatives being undertaken which are aimed at assisting the club officials during registration time and also with running events. We also want to provide certain information direct to members in a more accessible manner which will come via the mobile application and also via the various social media platforms. The communications report outlines the various methods used and the wide range of activities we promote during the course of the year.

#### **Staffing Changes**

There have been some welcome new additions to the staffing team in 2017. In particular having regional resources in Ulster and Leinster is helping to provide much needed local support. We are grateful to Cycling Leinster in their support for their regional role. The Ulster resource comes from the increased Sport NI investment and it is anticipated a further Ulster administrative resource will be recruited soon. Our intention is to ensure that there are sufficient staffing levels to adequately support the development of the sport. We also wish to provide direct support and help build capacity across the club and volunteer network.

#### Facilities & Infrastructure

The recent budget announcement of a future financial commitment of €16million towards an Indoor Velodrome at the National Sports Campus site in Dublin is greatly welcomed. This announcement removes any uncertainty around the projects feasibility or government commitment to this much needed facility which is due to start construction in 2020.

The BMX tracks around the country are now firmly up and running providing for some regional competitions and improved participation levels. It is also pleasing to see the establishment and success of several greenway projects around the country which will be boosted by the recent government announcement of a further €30 million towards this area. Overall however there is still a major shortfall in the level of state investment towards cycling facilities in the communities. The rate of journeys taken by bike nationally is only modestly increasing and currently at 2.6% is a long way of the objective of 2020 to be 10%. Only a major shift in political will backed by funding will change this. CI has an advocacy role to ensure there is a consistent and strong message for the needs of Cycling in Ireland.

#### Commercial & Funding Environment

Maintaining and developing new funding agreements with the various stakeholders and statutory agency is a key priority for Cycling Ireland while also recognising the value of not becoming overly reliant on external funding. This past year has seen a four-fold increase in funding from Sport Northern Ireland with a commitment of over £1million funding up towards 2021. The Sport Ireland funding remains very healthy with multiple funding streams for Core Administration, High Performance, Athlete Support and Participation initiatives which together comes to over €1million a year. As one might expect with significant investment comes justifiable expectations and conditions in the area of Corporate Governance. This is something that will require increased focus in the months ahead.

The Great Dublin Bike Ride received considerable investment from Dublin City Council, Healthy Ireland, and Fingal Council. This support has allowed this event to grow to a very sustainable level now and provides a valuable resource for the federation not to mention an enjoyable day out for the thousands of cyclists who take part.

Cycling Ireland would like to acknowledge the valuable partnership of An Post over the past number of years with their wide range support across several aspects of the sport. Their departure leaves a significant gap and provides a big challenge in recruiting a suitable sponsor for the organisation and its activities.

#### **Acknowledgements**

I would like to thank the Board of Cycling Ireland for their support during the year. Their activities are outlined in their Director's report.

I would also like to thank all the staff, volunteers and club officials who provide energy and goodwill in helping to run the sport. Their work provides enjoyment and a healthy outlet for all of our members and more.

**Appendix C License Summary** (Page 147)

2017 Figures as of 30th September

**Appendix D Organisation Structure** (Page 148)



## High Performance Report

2017 has been another hugely successful year with great performances right across the board securing 22 medals to date with 5 medals at European Championship levels in Junior, U23 and Elite categories on road and track and our first ever Junior Track World Championship medals along with 2 Para-cycling World Titles.

Eddie Dunbar kick started the road season winning the prestigious Tour of Flanders Nations Cup for U23 riders and in the process secured an invite for Team Ireland to the Tour de L'Avenir, the first time in many years. Known as the U23 Tour de France, the Team went on to secure a string of Top IO's and holding the Mountains jersey for most of the race.

Mark Downey and Felix English who competed with distinction at the recent famous London Six day event, won Ireland's first Madison World Cup Gold medal in LA in February. They started a flurry of track medals throughout the year including another U23 European Points race medal in the summer before Mark went on to finish 9th in the U23 World Road Race Champs in Bergen.





The tandem pairing of Katie-George Dunlevy and Eve McCrystal became Double World Champions in the Road Race and Time Trial with a phenomenal display in South Africa. To achieve this the year after the Paralympic Games in 2016 is further evidence of their dominance in the sport.

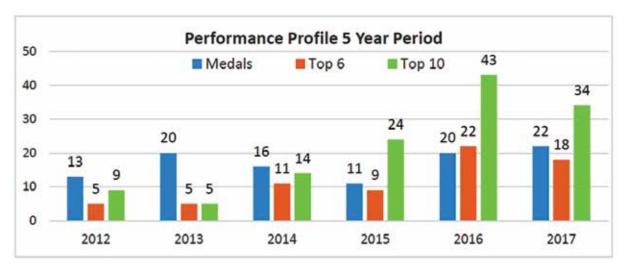


Ryan Mullen continued his progression with a medal in the Elite Men's Time Trial in Denmark narrowly missing out on Gold. Lydia Gurley and Lydia Boylan had a breakthrough in the Elite Women's Madison narrowly missing out on Gold in the Elite European Champs in Berlin in October. Very encouraging in an Olympic Event.



Xeno Young and JB Murphy won Ireland's first ever Junior World's Track medals with super performances in the Individual Pursuit and Points race as well as winning a medal each in the European Track champs a month previously.

The Progress over the last 12 months has been impressive from the team and leaves the programme on a stable footing going into 2018.



The strength in depth of the performances across the age, gender and discipline range is showing the emergence of a World Class Programme underpinned by strong beliefs and a committed performance team of staff. With three top 8 performances in the European Youth Olympics including Lara Gillespie's silver time trial medal, the future bodes well for the Cycling Ireland Long Term Athlete Development Pathway.

Funding for the program has reached a sustainable level with projected 4 year funding indicated by our funding agencies Sport Ireland and Sport NI allowing the team to plan progression with assurances. This is providing stability within the team and allowing progression year on year of the athletes. With increased external funding an investment in our structures and staffing capacity will be a focus in 2018 with the goal to create a sustainable Team over the coming cycles.

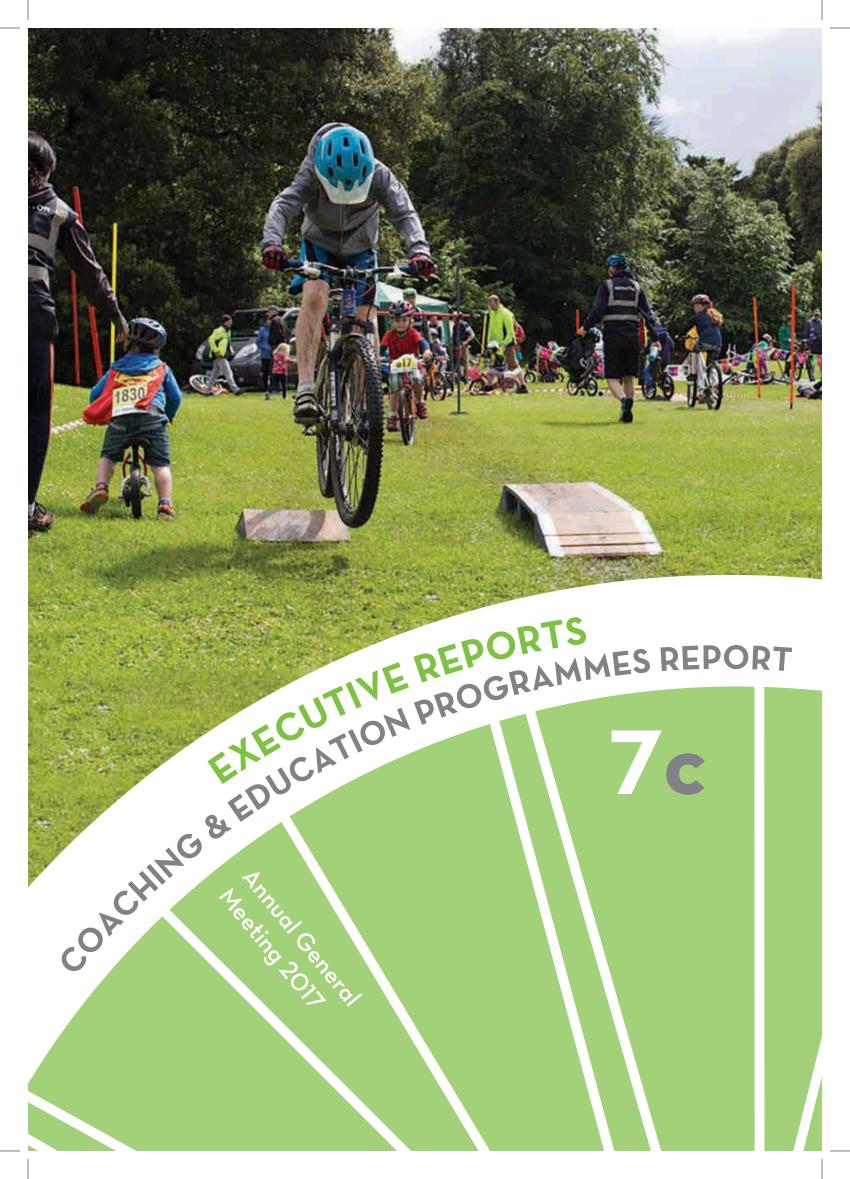


Our training base in Majorca has again been integral to our success while we have no home based training facilities. With the commitment of an indoor velodrome in 2021 this will significantly ease the pressure on the HP team in the next Olympic cycle.

2017 saw both BMX and Off Road invest in long term development programmes with the focus to build a performance Team for the future. Development riders travelled to training camps and events in the UK and around Europe and also attended the UCI school in Aigle. This kind of foresight will produce a stable future for the growth of both disciplines.

Finally, I would like to thank the staff, many volunteers and support personnel who have played their role in delivering a successful 2017.

Brian Nugent, Technical Director, Cycling Ireland

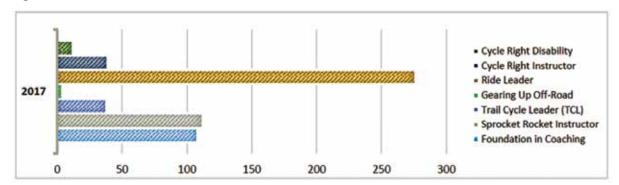


### Coaching and Education Programmes Report

#### **Coaching and Education Programmes**

2017 has been another phenomenal year for the Coaching, Education and Development Programmes with a lot of hard work put in by the Coaching, Education and Development staff and management. Over the course of the year we have had an increase of some 589 Coaches, Instructors and Leaders who have attended one of 58 individual courses to date with a further 10 courses planned before the end of the year. This will see the number increase significantly further.

Figure 1.0 Number of coaches and leaders trained in 2017 as of 24th October 2017



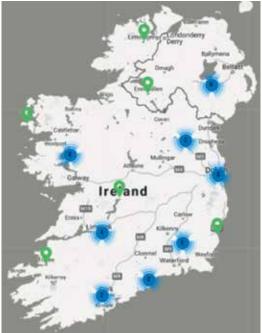


Figure 2.0 Geographical Spread of Foundation and Ride Leader Courses in 2017 as of 24th October 2017

Of particular note in 2017 is the success of our Ride Leader Award, a one-day course aimed at educating our clubs and members on the principles of group riding and managing a group of riders effectively and safely on the road.

A massive 29 courses have been run around the country, with an additional four more planned before the end of the year. Over 50 Cycling Ireland clubs have taken part in training along with 13 Sports Partnerships and Councils. So far in 2017, 276 participants have been trained up as Ride Leaders.

The year kicked off in similar fashion with Cycling Ireland and Triathlon Ireland joining forces once again in 2017 to see the return of the highly successful

coaching conference 'Foster the Future'. The conference gave Irish coaches, parents, managers and athletes the chance to interact with international leaders and learn about the latest practices and thinking on junior participation in sport. Following the success of this years event, planning for 2018 is under way.

In December 2016 Cycling Ireland set up a Coach Development Working Group. A new plan and the desire to have a strategic approach to coach development from Community through to High

Performance has initiated the formation of this group. The role of the Coach Development Working Group is to provide advice, information and best practice insights on coach development, and to assist with the development of a leading Coach Development Programme. Three meetings of the working group have taken place to date. The working group will assist in the development of a range of new coaching awards and related supporting resources.

Figure 2.0 Draft Proposed Coach Development Framework





2017 will also see the addition of a brand-new coaching resource as part of the Cycling Ireland Coach Development Programme. Gearing Up BMX is the name given to Cycling Ireland's discipline specific cycling skills programme required for cycling in a BMX environment. Gearing Up BMX will build on the basic cycling skills learned in by riders in the Sprocket

Rocket Programme. Gearing Up BMX will be delivered by a Cycling Ireland Level 1 Coach.

Figure 3.0 Summary of some areas of Coach Development in 2017



Roisin Hickey, Coach Education and Development Administrator and Rachel Ormrod, Coach Education and Programmes Manager, Cycling Ireland



#### **Cycling Ireland Programmes**

Cycling Ireland's Programmes continue to provide opportunities to develop skills and knowledge for both new and experienced cyclists across a range of ages, abilities and disciplines. The suite of programmes include:

**SPROCKET ROCKET** which is aimed at children aged 5 to 11 and focuses on the four key skills of cycling: balance, pedalling, cornering and braking. In 2017 nearly 1,400 children across a range of clubs, schools, local sports partnerships, other groups and events have taken part in the programme. This year Cycling Ireland have also trained 127 new Sprocket Rocket coaches from around the country.

**BIKE FOR LIFE** is a "sofa to saddle" cycling programme that caters for all cyclists, from the person who has just rediscovered their bike, to the more accomplished rider who wants to take on greater challenges. Just over 1,000 participants have taken part in the programme in 2017.

**GEARING UP OFF-ROAD** is a mountain bike skills specific programme designed to give riders the skills to competently and safely enjoy mountain biking. Just under 600 participants have taken part in mountain bike skills courses this year and the programme was also showcased at **Mountain Bike Fest 2017** held in Bike Park Ireland, Tipperary in July. Now in its second year the aim of the event is to give children and teenagers the opportunity to try mountain biking. 220

children and 7O adults travelled from all over the country to the purpose-built bike park in Roscrea, Tipperary for an action packed and fun day mountain biking. They were guided and coached by some of our certified Trail Cycle and Gearing Up Off Road leaders. Special thanks to everyone at Bike Park Ireland and all of those who volunteered on the day.

Cycling Ireland Bike Fest was once again held in St. Annes Park, Dublin on the 11th of June. Now in its seventh year, the park was transformed into a cycling haven for all the family taking part in the National Bike Week event. The 2017 event saw a fabulous new addition to the lineup in the form of cyclo-cross racing. We had cyclo-cross racing for kids from under 6 all the way to under 14. The kids and the parents loved it. Sincere thanks to the Off-Road Commission, BMX Commission, Track Commission and the many volunteers who played a significant role in this year's event.





In 2017 Cycling Ireland were successful in obtaining funding from three external sources to support cycling activity for specific groups. Utilising Cycling Ireland's programmes Bike for Life, Sprocket

Rocket and Gearing Up off Road, and linking in with a variety of clubs, coaches, local sports partnerships, community groups and other stakeholders, three significant projects were delivered this year:

**Healthy Ireland** (HSE) focused on non-active groups or individuals who were not involved in any form of physical activity. Over 25O adults took part in a variety of cycling programmes from 4 to 8 weeks in groups from Cork, Mayo, Tipperary, Waterford, Kildare, Limerick, Galway, Dublin, Meath and Clare. Many of these participants continued to take part in cycling events such as the Sport Ireland Cycle Series and the Great Dublin Bike Ride.

Women in Sport (Sport Ireland) is focused on increasing opportunities for females to participate in cycle sport and Cycling Ireland were able to support cycling programmes, courses and events for over 268 teenagers and adult women in 2017.

Dormant Accounts (Sport Ireland) Since April of this year Cycling Ireland have engaged with a variety of partners to deliver programmes and create access to cycling activity for children, teenagers and adults from socially, educationally or economically disadvantaged areas as well as disability groups.

Some 400 teenagers and adults have taken part in Bike for Life courses, with over 350 children in Sprocket Rocket and more than 200 teenagers and adults in Gearing Up Off Road programmes. These projects and programmes have taken place in Sligo, Cork, Monaghan, Cavan, Waterford, Dublin, Meath, Galway, Laois, Clare, Limerick, Tipperary and Donegal. They involved both engaging and working with project partners from schools, colleges, clubs, local sports partnerships, charities, cycle training providers as well as local community groups.

Lawrence Salonen, Programmes Officer, Cycling Ireland

#### Cycle Right - National Cycle Safety Standard

Following on from two years of development, CYCLE RIGHT, the national standard for cycle training, officially launched in January 2017.

Cycling Ireland has been appointed the managing and training body for CYCLE RIGHT, which has a commitment of substantial funding from the Department of

Transport, Tourism and Sport and the Road Safety Authority, as well as local funding from An Taisce and many local authorities/local sports partnerships.

Additionally, as of September 2017, Healthy Ireland has committed considerable funding to CYCLE RIGHT, which is a significant endorsement of the health benefits of the programme. In an extremely successful and highly-subscribed first year, CYCLE RIGHT will have reached an estimated 17,000 participants in primary schools around the country at Stage One level, which covers eight hours of training across theory, practical skills and on-road training.

As well as co-ordinating the approval, administration and funding process for the programme, Cycling Ireland has trained close to forty additional trainers who will add to those already active in delivery of training countrywide. Cycling Ireland will also oversee the ongoing quality assurance of both programme and trainers.



Moving forward, Cycling Ireland is currently working with the Road Safety Authority on

the rollout of adult training at Stages Two and Three of CYCLE RIGHT, which will focus on the development of the skills needed to develop cyclists who are confident and competent in the Irish road environment.

The CYCLE RIGHT Disabilities Trainer module also piloted recently, with the goal of giving trainers the skills to ensure that the programme is inclusive.

CYCLE RIGHT is widely promoted through the website, <u>www.cycleright.ie</u>, which went live early in the year and serves to inform about the programme as well as to disseminate a wide range of resources to both trainers and others. In the remaining months of 2017, the website offering will expand to include resources for parents and teachers. These are currently in development, and will offer aids to support the learning of children who are taking part in the programme in schools.

Barbara Connolly,
Cycle Right Development Officer,
Cycling Ireland

#### Safeguarding

The past year has seen safeguarding further embedded as a cornerstone in Cycling Ireland. The National Safeguarding Officer (NSO), Brigid O'Dea, has endeavoured to raise and increase understanding and awareness of safeguarding, its importance, and the rationale for its existence within the Irish cycling community. The profile of safeguarding and of Cycling Ireland's commitment is to ensure the best possible experience for young and vulnerable people in cycling. On behalf of Cycling Ireland, the NSO has sought to achieve this by a number of means.

#### Re-branding

A significant focus the past year has been the rebranding of safeguarding in the cycling community. Safeguarding is often seen as a synonym for 'child protection' and implies that the role of safeguarding is limited to eliminating child predators and abuse in cycling. While this is an extremely important aspect of safeguarding, limiting safeguarding to this narrow description can be off-putting, intimidating and even detrimental to developing a safeguarding-aware community in our clubs. At its most basic, safeguarding in a cycling context means ensuring that cycling is a fun, safe and inclusive activity for all its participants. It includes treating all our members in an equitable manner, nurturing a positive environment and facilitating young people's participation in cycling at a level that is appropriate and preferable to them.

This is achieved through the three Ps of Safeguarding; that is Promotion, Prevention and Protection. Promoting the welfare of children and young people, preventing harm through early identification of risk and undertaking appropriate, timely intervention and protecting children and young people from harm where this is required.

#### **Promotion**

#### Club Safeguarding Officer

With that in mind, the term 'Child Protection Officer' was renamed 'Club Safeguarding Officer' and a role description and web FAQ was designed to clarify the role. This followed a questionnaire which was designed by the NSO and sent out to all Club Safeguarding Officers. Completed by 90 CSOs, this survey recorded the position of safeguarding in our cycling clubs and captured the CSOs' understanding of their role in safeguarding young people in their club. It also highlighted areas for improvement and where further support was required. This helped to determine priorities for action in safeguarding.

#### Stakeholder Outreach

The National Safeguarding Officer has made it a priority to attend a number of underage races and events to raise the profile of safeguarding in youth racing. In attendance at these events our NSO has publicly addressed underage riders, their parents and coaches to explain safeguarding and start a dialogue among attendees. This introduction also creates a familiarity with the NSO and invites cycling members to make contact with the NSO in the future with any concerns that they may have. These events have included;

- Cycling Leinster Training Day, Wicklow, Nov 2016
- Junior and Talent Team Information Day, Dublin, Nov
- National Youth Academy Camp, Castlebar, Feb 2017
- Rás na nÓg, Louth, April 2017
- Girls Summer Camp 2017, Digital Safeguarding Workshop, Wicklow, July 2017
- Irish National Youth Championships, Carlow August 2017

#### Stakeholder Education

2016 saw three Cycling Ireland tutors trained in the delivery of Safeguarding Level 1, and in 2017 we saw one tutor trained in the delivery of Safeguarding Level 2 and 3. The Safeguarding Level 1 workshop has been adapted to include cycling-specific scenarios and has received very positive feedback from course participants. To date, two cycling-specific Safeguarding Level 1 workshops have been facilitated by CI tutors. There are plans to deliver more workshops later in 2017.

#### **Prevention**

#### **Garda Vetting**

Cycling Ireland continue to take part in the Garda eVetting system. The migration to eVetting has resulted in a much quicker and more efficient turn-around with vetting disclosures being returned in as soon as 24 hours. Cycling Ireland is compliant with the National Vetting Bureau Act 2012-2016 and undertakes both retrospective vetting of existing members, and the vetting of new Cycling Ireland members who will be engaging in 'relevant work' with children and/or vulnerable adults on a regular and ongoing basis.

#### **Access NI**

Cycling Ireland also continue to undertake Access NI checks on members who will be engaging in a 'regulated activity' with young people and/or adults at risk in the North of Ireland on a regular and on-going basis. Those engaging in a 'regulated activity' are asked to complete an 'enhanced check' which is free of charge for volunteers. Marian Lamb, the Lead Designated Signatory for Access NI, completed a Compliance Audit with Access NI this year. Following a few recommended changes, Cycling Ulster was issued with an Access NI Compliance Certificate.

#### **Code of Conduct**

Beginning January 2017, all members must now sign up to an updated Code of Conduct as part of the membership registration system. This lays down expected behaviour for members in our cycling club when engaging with young people and other adults. In addition, The Cycling Ireland Code of Practice and Safeguarding Procedures for Young and Vulnerable Adults has been updated and it is anticipated that this will be published by the end of 2017.

#### **Documentation**

In order to ensure that best practice is observed on trips away or overnight with young people, the NSO has designed a 'Travel Pack' for away trips with underage riders. This includes a number of forms and a new code of conduct for groups traveling under Cycling Ireland. This pack has been approved by the Youth Academy and has been published on the CI Safeguarding webpage.

#### Children First Act 2015

Minister Katherine Zappone, Minister at the Department of Children & Youth Affairs (DCYA), recently announced 11th December 2017 as the date of the full commencement of the Children First Act 2015. This will impact all organisations that carry out 'relevant work' in a number of ways, including the mandatory reporting of child welfare concerns (above a defined threshold) by the organisation's mandated person to the statutory authorities. It will also place an obligation on organisations, such as Cycling Ireland, to undertake a risk assessment in relation to the harm that may arise to young people while availing of their services. Organisations will be required to set out the policies and procedures in place to mitigate these risks in a Child Safeguarding Statement within three months of the Act's commencement.

#### **Protection**

A number of cases have been brought to the attention of the National Safeguarding Officer and have been dealt with in a timely and appropriate manner. These will not be discussed in the report for confidentiality reasons.

The National Safeguarding Officer would like to thank coaches, volunteers and parents for their commitment to ensuring the best possible experience for each and all of our young people in Cycling Ireland. The National Safeguarding Officer would also like to thank all our young riders for the energy, fun and passion that they bring to our organisation!

Brigid O'Dea, National Safeguarding Officer, Cycling Ireland

#### Thanks and Acknowledgement

Cycling Ireland would like to acknowledge the hugely valuable input into all our programmes and projects by tutors, clubs, local sport partnerships, coaches, volunteers, parents who contributed in 2017. The success of all our programmes would not have been achieved without the dedicated support of our growing network of coaches, leaders and volunteers and to you we say a very sincere "Thank You".

Rachel Ormrod, Coach Education and Programmes Manager, Cycling Ireland



### Membership Administration Report

#### **Membership**

2018 has been a year of consolidation regarding membership numbers with 29,250 registered at the end of October. This is marginally up on last year and while the years of double digit growth are probably behind us for a while, it is reassuring that we are still experiencing some growth.

The make-up of our membership has remained remarkably consistent over the past few years with roughly 1/3rd competitive and 2/3rd Leisure; 80% Male & 20 % female and most of our

members in the 30-50 age bracket. Having said that, our competitive membership has experienced a small reduction of 1% this year compensated by a 2% growth in Leisure membership. We continue to experience a relatively high churn rate among leisure members of



30% but down from over 40% in 2016. This is a still a concern and we need to ensure our leisure members are looked after better so that they remain as loyal and satisfied members. Retaining members should be much easier than recruiting new ones

#### **Club Administration**

Last year we upgraded our system significantly and such an upgrade inevitably caused some pain particularly to you the club volunteer, so we have keep the changes to a minimum this year and concentrated on fine tuning the process, particularly the Club Affiliation and the renewal process for your club members.

#### **Club Affiliation**

We have reviewed the Affiliation process and streamlined it for 2018 removing the need to download a physical form for signature. It is now all done on-line for your convenience. We thank all outgoing club officials for their contribution over the years and we would ask



that they reaffiliate the club for the coming year as their last task. This will enable all competitive licences to be distributed on time and relieve the incoming official of this task until they become familiar with their role (It is easy then to record a change of official after the club AGM)

#### Club Fees



We have also refined the online collection of club fees where by the appropriate fee will be presented to the member during the CI registration process removing any ambiguity of error which may occur here. There is also a facility to pay club fees independently of CI registration thereby facilitating the administration of the one-year(Anniversary) leisure licence. Monthly notification will now go out to the club secretary listing all leisure members whose club fees are up for renewal so that they can keep track of them.

For those clubs who don't collect their club fees on line, now is the time to consider it but note, to do so, you need to set up a stripe and/or gocardless account which is quite straightforward.

#### **Club Reporting**

We are introducing an easy to read membership summary report which will show you at a glance which of your club members have renewed their membership and paid their club fees. This should greatly reduce the headache of tracking your members status.

Summary CI & Club Membership Report						
Club\Cl Status	Registered	Lapsed	Inactive	Gross		
Adult	5000	50	-	€ 5,050		
Members	100	10	-	110		
Senior	-	-	-	€-		
Members	-	-	-	-		
Youth	-	-	-	€-		
Members	-	-	-	-		
Payments	5000	50	-	€ 5,050		
Total Members	100	10	-	110		

#### **Event Registration**

Our online event registration system was used extensively in 2017 and we would encourage all clubs to try it (for free!) in 2018. Again, we are introducing a new user-friendly interface so that the process of defining eligibility criteria is much more straight forward and requires less technical knowledge of the rules. As mentioned above regarding club fees you will need a stripe and or gocardless account to use it.

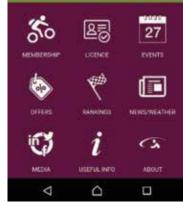
We are pleased to announce that we are partnering with Event Master to provide online registration facilities for the larger Sportives. Some of the advantages of this partnership are member verification to avail of cheaper entry fees and the promotion of CI Membership and scanning facilities at sign on stage.



#### **New Mobile App**







Cycling Ireland are pleased to announce the launch of our new Mobile App earlier in the year which provides easy accessible news and features about your membership and event related news.

One of the key features is the availability of your licence on the app which is dynamic and always up to date. The app will replace the traditional letter for Leisure members but a plastic credit card style is still an option. One of the nice features about the app is it keeps you informed of the various stages during the renewal process and displays the status of your club's affiliation.

During 2018 we will be bringing more features to the App and early in 2018 the GoMembeship system will be mobile enabled so you will be able to do most of your interaction with CI via the App.

Other very useful features are Rider ranking and event information.

#### Hot line for Club Officials

We are very conscious that during the peak renewal season getting through on the phone is not always easy. For 2018 we are introducing a dedicated hot line for the exclusive use of club officials. We will not be publishing this number, but it will be accessible via a tile on your App, and only calls from registered officials will get through on this number which will be open from 9am to 5pm each day and redirected to a mobile at weekends.



#### Licence distribution

#### Leisure Licences

For 2018 we are delivering Leisure licences via the mobile App. Leisure members will still receive .pdf of their licence and can opt for a traditional credit card style one for a small fee and there will no longer be an A4 letter issued. As mentioned above this APP version of your licence is dynamic and if you transfer clubs it will automatically update as soon as your transfer is approved

#### Competitive Licences

We will commence distribution of competitive licences very early (1st week) in the new year and we would encourage any member who intends to race in February to apply for their licence before the end of December and at least a month before racing from then on. We would also advise riders to keep in contact with their club to ensure it has affiliated in time as we cannot distribute licences to members of an unaffiliated club. This year we will not be issuing .pdf to competitive members, but you will be able to display your licence status on our new App. This will show the date of renewal and your clubs affiliation status. If both are up to date and you still have not received your back no then you can request one on payment of a refundable deposit. If you or your club are not registered/Affiliated unfortunately you cannot enter the race.

Note: one of the motions to be discussed at this year's AGM is the requirement for Leisure Members to firstly upgrade to a limited competition licence before taking out a full competition licence. This is for safety reasons and to ensure members have an acceptable level of ability and experience to take part at the higher level.







#### What's happening

In the interest of good communication and keeping members up to date we will be utilising the What's Happening section of our web site to keep you up to date of various things happening in relation to membership and events throughout the year and particularly during the busy renewal period around the new year. Watch out for regular updates.

#### Year book and wrist bands

These items will continue to be available during your renewal process. Yearbooks while stocks last and wristbands can be bought separately at any time during the year. For 2018 we will be distributing the wristbands direct to the member rather than via your club.

#### **Event Licence Fee (One-day licences)**

This licence is primarily aimed at the leisure cyclist and is there to allow non-members to participate safely on our approved events. The cost is set to not only cover them for insurance but also to encourage regular cyclists to upgrade to full membership.

We have also made the process of downloading sign on sheets more streamlined for the promoter which they can now do from the portal and, from 2018, cyclists will be able to buy an event licence via our App.

#### Insurance Claims



The increased popularity of cycling unfortunately results in an increased number of claims and resulting insurance premiums which is the largest single cost item for the federation. In order to control the ever-rising insurance premium, We had to make some changes to the benefits in 2017 namely claimants are responsible for the 1st  $\leq$ 500 of any claim and the death benefit has been reduced to  $\leq$ 15,000 from  $\leq$ 30,000. In 2018 we are withdrawing the participant to participant cover for leisure event and training. This will be covered in greater detail by our insurance broker at the AGM.

#### **Bike Insurance**

We hope finally to partner with an insurance provider in 2018 to provide Bike insurance at a very competitive rate. More about this in spring 2018.



# Communications Report

Cycling Ireland has enjoyed a healthy increase in engagement across all platforms, with a significant increase in Instagram, with a specific focus on reaching a wider audience, and an aim of making the sport more appealing to a younger cohort.

Throughout the summer Cycling Ireland featured consistently in the top ten sports in terms of media engagement, with a particularly high engagement in September, with GAA being the only sport to produce more content.

	SOCIAL MEDIA		NEWSLETTERS
•	Facebook 13,800 likes (30% increase)	•	Two bi-monthly newsletters with 60k readers, 40% readership
•	Twitter 12,250 (16% increase)		<ul> <li>4 What's Happening updates</li> </ul>
•	Instagram 2,375 (70% increase)		<ul> <li>4 Braking News feature newsletters</li> </ul>
•	Soundcloud 23 tracks in 2017 (135% increase)	•	Specific newsletters
•	YouTube 69 tracks in 2017 (43% increase)		Emerald Enduro
			Dublin Track Cycling International
			Membership Updates
			Great Dublin Bike Ride
			Bike Fest
			Mountain Bike Fest
			Women's Forum
			#WePlay Conference

#### High Performance - Releases and Reporting

Media support was provided across all high-performance events, with team announcements and daily updates provided. The increased number of quotes from riders included in releases was received well across national, local and cycling media.

Having a presence at the Elite Road World Championships was a success, with behind the scenes insights being widely enjoyed. The aim of the video interviews with team support personnel was strategic in an attempt to both recognise the tremendous work being conducted, as well as highlighting the varying pathways within the support.

**Instagram** - Handing over the controls of Instagram to Mark Downey at the Track World Championships was a success, in drawing viewers into the journey of our top riders. The Instagram stories from Bergen were hugely successful, with a light-hearted insight to the World Championship experience being provided.

**Greg Callaghan** - RTE interview coordinated ahead of Emerald Enduro, as well as coordinating RTE coverage

**Killian Callaghan** - winner of the U19 Enduro World Series World Championship title - full interview and coverage of his achievement.

**Katie-George Dunlevy & Eve McCrystal** – double World Champions in Para-cycling – RTE interview with Eve to promote their achievement as well as boost the coverage of An Post Rás na mBan.

#### **National Championships and Commissions**

With 14 weekends of National Championships, and 100 title events on the cycling calendar, support was provided for event organisers, with event coverage from several of the events like the inaugural Youth Cyclocross Championships, National Road Championships, National Cross Country Marathon Championships, National Youth Road Championships, as well as support offered to all other National Championship event organisers.

With a full calendar of events, the focus is on capacity building, with guidelines and support offered to event organisers.

**National Junior Track Championships** - Cycling Ireland handed over social media control to the track commission for the duration of the championships.

**National Road Championships** - Cycling Ireland had a presence at the event, and provided support throughout the lead up to the championships to the event PRO.

**Emerald Enduro** - Cycling Ireland had a presence including interviews and insights throughout the weekend, working with Biking.ie and the offroad commission.

**Dublin Track Cycling International** - Cycling Ireland had a presence, as well as commissioning high profile photographers to boost the profile of the event.

**National Youth Road Championships** - Cycling Ireland had a presence, as well as commissioning a video to be shot that weekend, with shots to be included in a youth cycling video.

**National Cross-Country and Downhill Championships** - Cycling Ireland had a presence at the XC Championships, interviewing riders and providing press release support before and after the event.

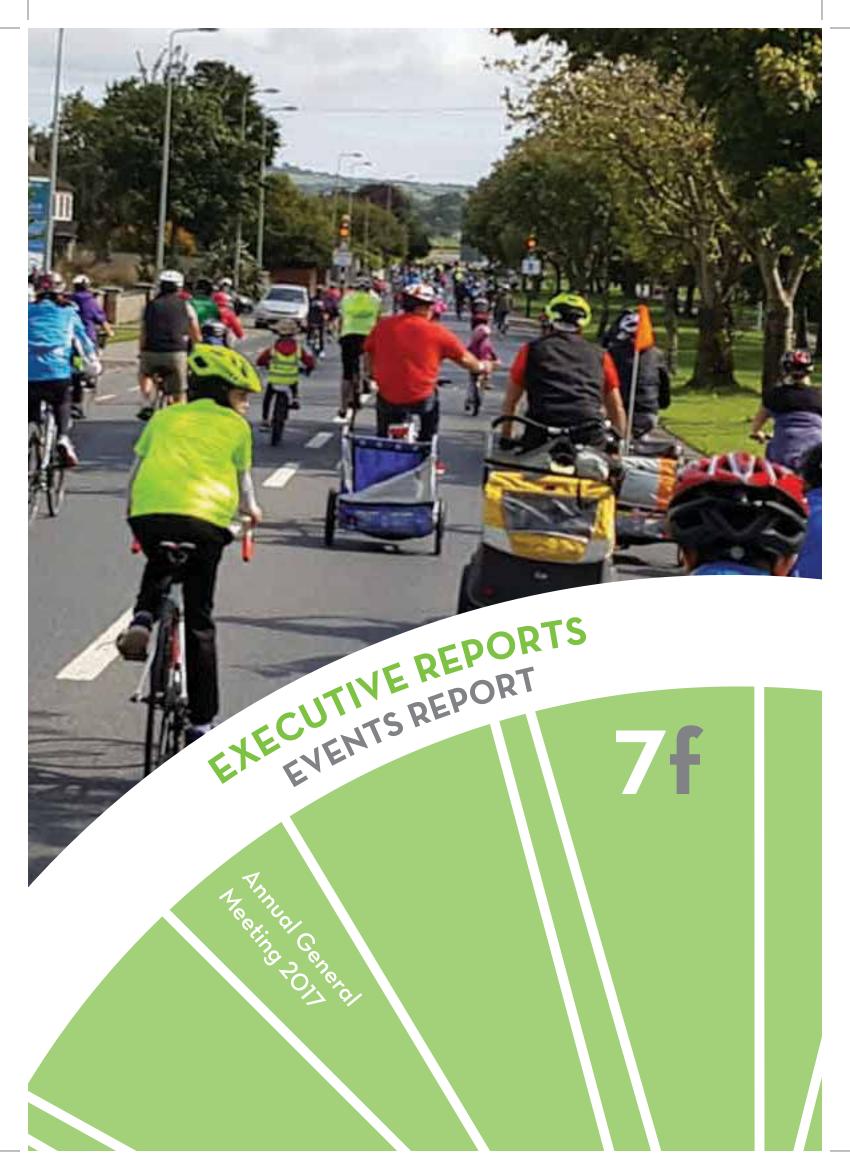
**Women's Forum** - Promote, drive and support the women's forum which had the aim of progressing women's bike racing.

#### Leisure Cycling Events

Cycling Ireland presence at all the Great Dublin Bike Ride and Sport Ireland Cycle Series, with video interviews and photos featuring across all platforms. The aim was to promote leisure cycling, interact with cyclists, and provide tips, information and answer questions. It was also an opportunity to promote the safety wristbands to cyclists.

#### Miscellaneous

- Supporting role in multi-sport #WePlay Conference hosted by Swim Ireland targeting young female athletes
- Media interviews on a weekly basis across local and national print and broadcasting media, including high profile shows like Matt Cooper and Newstalk.
- Bike Week spokesperson across several broadcasting media, nationally and locally.
- Interview with Eco Eye which will be broadcast in February/March.
- #peopleincycling series launched to highlight the volunteers in cycling similar to the "Humans of New York" idea.
- Awards Night big plans for a new structure for the night. Campaign to highlight the nominees rolling out to increase engagement, involvement and to further recognise our volunteers.
- #Ready4Road cycling campaign to be launched with cycling tips



# **Events Report**

2017 has been another busy year for events promoted by Cycling Ireland Clubs and Commissions. This year there were 949 open events spread across all disciplines. Below is the full breakdown.

One of the highlights for 2017 was the successful delivery of the Dublin Track Cycling International which took place on the 1st and 2nd July, followed closely by the delivery of our National Road Series. Hosting a UCI Track Cycling Event is a major achievement for all involved. The event achieved all its objectives which were highlighted by two days of brilliant racing, a positive financial outcome and the confidence of the organisation to successfully deliver a world class event.

Event Type	Quantity
Leisure	490
Competitive Road	330
Off Road	89
BMX	30
Track	10

The National Road Series is now in the second year of it's new inception and for the first time the event has brought together both events for male and female athletes. The format has

The above numbers do not include the many league events held in the various disciplines.

worked reasonably well and it is something we will grow on in the years to come. One setback to the road racing scene has been the loss of sponsorship for the Junior Tour and Ras stage races.

The off-road promotions continued with the downhill Mountain bike series of four events and a five round cross country national point series. The Enduro discipline enjoyed another big year and it was great to have Round 4 of the Enduro World Series bring Carrick Mountain alive again. The numbers participating in Cyclo-cross events continue to grow and this year saw the first Youth Cyclo-cross championship event held in Corkagh Park.

The 2017 Irish National BMX Race Series was a 9 Round series run from April to September held across the different regional tracks around the country. There were over 130 riders competing at some of these National events and pleasing to see a strong youth presence also.

The Events Support Officer Pilot Program continued in 2017. The aim is to provide assistance to event promoters and give them some guidance and feedback on their event. A secondary objective is to contribute towards enhancing the safety of all those who attend, race, spectate or those who are interrupted by our activities before, during or after an event.

In 2017 our members had a chance at 91 National Championships across all disciplines. This year we also had demonstration events for the Women's Criterium Championships and the Gravity Enduro event, both events provided fantastic racing and were a great inclusion to the racing card. Full breakdown below.

National Championships	Quantity
Road	27
Track	36
Off Road	25
BMX	3

#### **Great Dublin Bike Ride**

2017 has been a huge success for the Great Dublin Bike Ride, we need to acknowledge the support from Sport Ireland, Dublin City Council, Healthy Ireland and Fingal County Council, whose contribution to the event is invaluable. This was key event for all funders and enables so many government groups to engage with the cycling community on so many levels.

This year Cycling Ireland partnered with Titan Experience to deliver the event, this new partnership opened many new doors to the event has allowed us to bring the event to another level. Through robust organisational and financial management some significant challenges were overcome to deliver an event that not only succeeded its objectives but also to make the event a financially viable project which gained praise from within, key stakeholders and from the attending public.

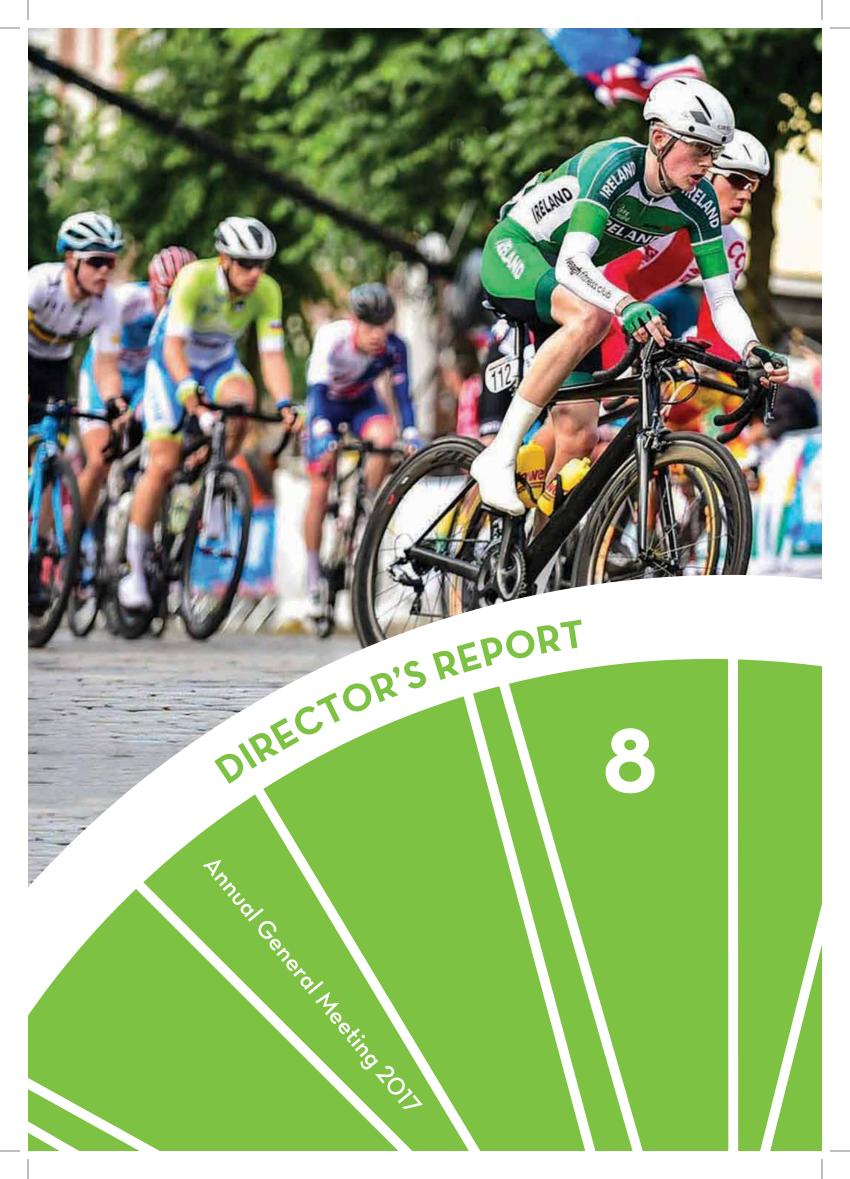
The event engaged with over 45O volunteers over the weekend, both on the course, the food stops and in Smithfield itself. The support we received from the local community in Dublin City and North County Dublin is what makes this event a huge success. We indebted to our volunteers who put in the long hours to ensure all cyclists are safe and feed throughout the event.

The event has seen a 50% increase in participation since it began in 2015, reflecting the rise in popularity of cycling. Over 6,000 cyclists took part with 2,400 in the 60km route, an increase of 5.5% since last year and some 3,700 took on the 100km challenge, an increase of 30%. The event also saw a 5.2% increase in the number of female cyclist taking part.

This inclusive and non-timed cycling event saw cyclists of all abilities take part with all 32 counties in Ireland represented on the day with participants ranging from 16-85 years old. One of the big attractions of the event is the full road closures around Smithfield and along the North Quays, allowing participants to enjoy some of Dublin city's most historic landmarks.

This year the event ran a hugely successful Training Day in Anne's Park, which event proved to be very popular and very helpful to our target audience. The training was delivered by Aidan Hammond whereby he instilled confidence and bike handling skills to a section of our cycling community.

The Great Dublin Bike Ride as an event reaches out to new cyclists and gives them the opportunity to train and ride a mass participation event of this type in a relatively controlled environment. We hope this event will encourage the new cyclists to consider more cycling activities with the longer view of joining one of our many clubs.



# Director's Report

#### Responsibilities of the Board

The key purpose of a board of directors is to ensure the organisation's welfare and prosperity by collectively directing the organisation's affairs while meeting the appropriate interests of its members and other relevant stakeholders, and complying with all necessary legislation and regulation.

#### **Board Makeup**

The Board of Cycling Ireland consists of ten Director Positions with six of these elected positions by the members at the AGM and the other four appointed by the Board. At present there are eight Directors in post with two of the Appointed Directors to be filled after the 2017 AGM. The directors in post and their responsibilities are listed at the end of this report.

#### **Board Meetings**

Board meetings are normally held on a monthly basis, usually on a Friday evening lasting about 4 hours. These meetings cover a set of standard reporting items such as adoption of month end accounts, previous minutes and reviewing the CEO update. There would be regularly items for approval such as National Records or derogations from Technical Rules. Finally, there would be a number of discussion items at each meeting.

#### **Board Representatives**

A Board Member is allocated at least one Board sub-committee (This can be a Provincial Executive or Discipline Commission) as the Board liaison person. Directors would regularly liaise with that committee, most likely by attending a number of their meetings, in order that a relationship with the Board is maintained.

#### National Championships Attendance

A Board member is nominated to attend all National Championship events (Road, Track, MTB, BMX etc.) throughout the years to present the podium medals. This is generally done by special interest and/or location with attendees planned in advance.

#### **Board sub-committees**

From time-to-time Board sub committees are set up for specific purposes and would comprise a selected number of Board members (For example the finance sub-committee; Hall of Fame sub-committee; HP liaison; Appeals & Complaints panel etc.)

#### **Federation Delegates**

The Board will typically send two delegates to the UEC and UCI Congress each year and follow the developments of the international governing bodies and how changes may have an impact in Ireland. In fact the Federation Secretary was rewarded this year at the UEC AGM with their Merit Award, one of 5 awards made annually. He had previously been awarded the UCI Gold Merit Award in 2003.

#### Remuneration

Board membership is a voluntary position, however travel and out-of-pocket expenses will be reimbursed.

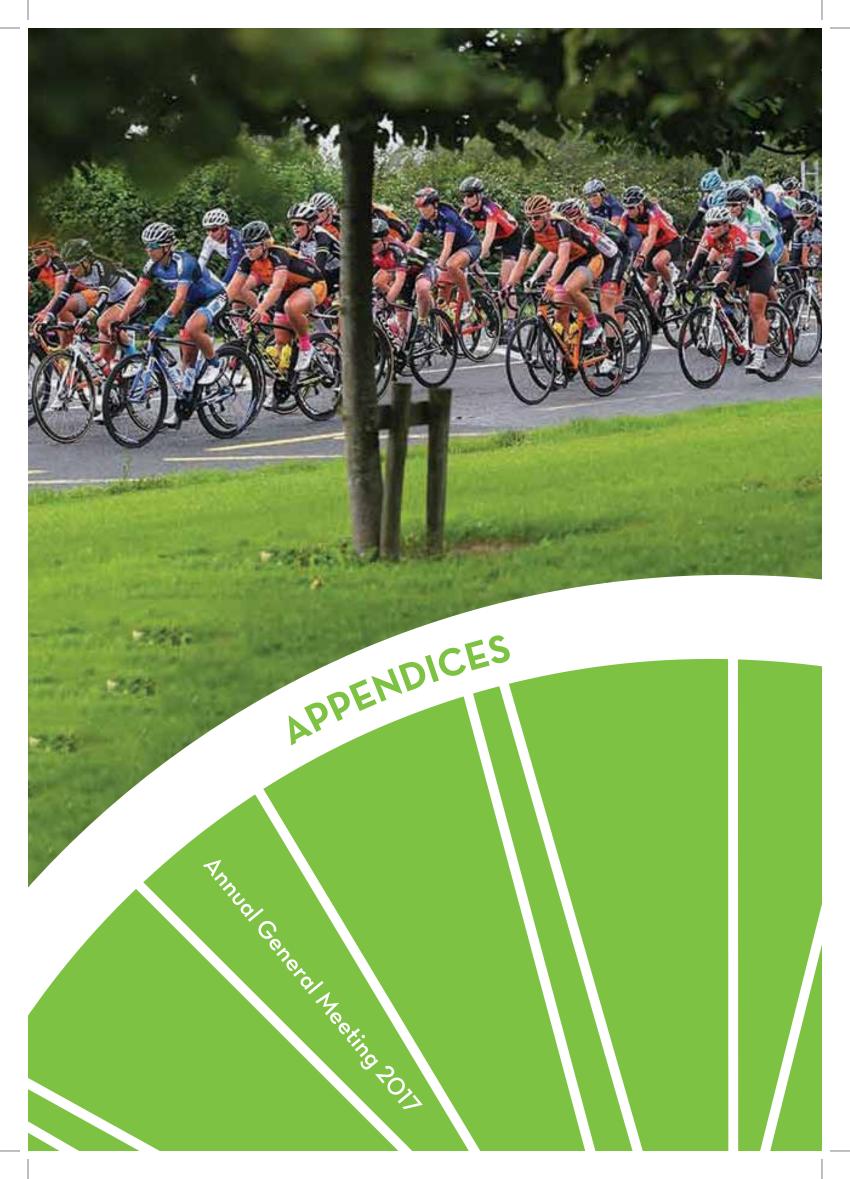
#### **Specific Items**

In 2017 there were a number of specific projects undertaken by the Board which included but not limited to the following:

- Recruiting two new appointed directors
- Completed an independent Board Effectiveness Review
- Drafting of new provincial constitutions
- Review of membership numbers and participations rates at events
- Reviewing club formation requirements
- Review staff contracts with HR agency
- Approved proposal for office relocation to National Sports Campus site
- Approved terms of reference for new finance committee

#### **Board Member Details**

Board Member	Duration on Board	Specific role
Ciaran McKenna	2 Years	President, Rep for Road Commission & Leinster Province
Jack Watson	30 Years	Secretary, Vice President & Member of technical group
Michael Mannix	1 Year -	Treasurer & Member of Finance Sub-Committee
Carl Fullerton	1 Year -	Director with Focus on Domestic Events & Connacht Representative
John Horgan	6 years	Director with Focus on High Performance & Munster, Youth Academy Representative
Anthony Mitchell	4 Years	Director with focus on facilities & Track Commission Representative
Gillian McDarby	4 Months	Appointed Director with focus on Youth & Coaching & Member of Finance Sub-Committee
Eugene Moriarty	10 Months	Appointed Director and chair of Finance Sub-Committee
TBC		Appointed Director 3
TBC		Appointed Director 4



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# **Audited Financial Statements 2016**





# Financial Statements Irish Cycling Federation CLG T/A Cycling Ireland

For the Financial year ended 31 December 2016

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# Company Information

**Directors** John Horgan

James McArdle (resigned 12 November 2016)

Anthony Mitchell

Liam Twomey (appointed 9 January 2016, resigned 6 July 2017)

Ciaran McKenna

Siobhan O'Connor (resigned 22 April 2016) Senan Turnball (resigned 12 November 2016)

Jack Watson

Michael Mannix (appointed 12 November 2016) Carl Fullerton (appointed 12 November 2016) Eugene Moriarty (appointed 28 January 2017) Gillian McDarby (appointed 29 July 2017)

**Company secretary** Geoff Liffey

**Registered number** 134567

**Registered office** Kelly Roche House

619 North Circular Road

Dublin 1

**Independent auditors** Grant Thornton

Chartered Accountants & Statutory Audit Firm

Mill House Henry Street Limerick

Bankers Bank of Ireland

33 Arran Quay Smithfield Dublin 7

**Solicitors** Lemans Solicitors

8, 34 Percy Place

Dublin 2

### Directors' Report

#### For the Financial year Ended 31 December 2016

The directors present their annual report and the audited financial statements for the financial year ended 31 December 2016.

#### **Principal activities**

The Federation is engaged in the organisation, development and promotion of cycling in Ireland.

#### **Business review**

The Directors, having reviewed the company's period of operations, are satisfied with its performance for the year.

#### **Results and dividends**

The surplus for the financial year, after taxation, amounted to €3,131 (2015 - deficit €50,242).

#### **Directors**

The directors who served during the financial year were:

John Horgan

James McArdle (resigned 12 November 2016)

Anthony Mitchell

Liam Twomey (appointed 9 January 2016, resigned 6 July 2017)

Ciaran McKenna

Siobhan O'Connor (resigned 22 April 2016)

Senan Turnball (resigned 12 November 2016)

Jack Watson

Michael Mannix (appointed 12 November 2016)

Carl Fullerton (appointed 12 November 2016)

Eugene Moriarty (appointed 28 January 2017)

Gillian McDarby (appointed 29 July 2017)

#### **Principal risks and uncertainties**

The company operates within the island of Ireland, and therefore is subject to minimal currency risks. The company's objective in relation to interest rate management is to minimise the impact of interest rate volatility on interest costs in order to protect recorded profitability. To this end, the company uses fixed rate debt when required. The company is in a strong liquid position and does not foresee any cash flow risk in the near future. The company's policy is to ensure that sufficient resources are available either from cash balances, cash flows and near cash liquid investments to ensure all obligations can be met when they fall due.

#### **Accounting records**

The directors believe that they have complied with the requirements of Sections 281 to 285 of the Companies Act, 2014 with regard to the keeping of accounting records by employing persons with appropriate expertise and by providing adequate resources to the financial function. The accounting records are held at the company's registered office at Kelly Roche House, 619 Circular Road, Dublin 1.

#### Events since the end of the year

There have been no significant events affecting the company since the financial year end.

#### **Future developments**

The company does not propose any changes to its principal activities.

# Directors' Report (continued)

For the Financial year Ended 31 December 2016

#### Statement on relevant audit information

Each of the persons who are directors at the time when this Directors' report is approved has confirmed that:

- so far as the director is aware, there is no relevant audit information of which the Company's auditors are unaware, and
- the director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the Company's auditors are aware of that information.

#### **Auditors**

The auditors, Grant Thornton, continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board on 21 October 2017 and signed on its behalf.

Ciaran McKenna

Director

Michael Mannix

Director

# Directors' Responsibilities Statement

For the Financial year ended 31 December 2016

The directors are responsible for preparing the Directors' report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare the financial statements for each financial year giving a true and fair view of the state of affairs of the company for each financial year. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice in Ireland, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and promulgated by the Institute of Chartered Accountants in Ireland and Irish law.

Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the Company as at the financial year end date, of the profit or loss of the Company for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the will continue in business.

The directors are responsible for ensuring that the Company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the Company, enable at any time the assets, liabilities, financial position and profit or loss of the Company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This statement was approved by the board and signed on its behalf by: 21 October 2017

Ciaran McKenna

Director

Michael Mannix

Director



# Independent Auditors' Report to the Members of Irish Cycling Federation CLG T/A Cycling Ireland

We have audited the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland for the financial year ended 31 December 2016, which comprise the Statement of comprehensive income, the Balance sheet, the Statement of cash flows, the Statement of changes in equity and the related notes. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### **Respective responsibilities of Directors and the Auditor**

As explained more fully in the Directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view and otherwise comply with the Companies Act 2014. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

#### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

#### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view in accordance with Generally Accepted Accounting Practice in Ireland of the assets, liabilities and financial position of the Company as at 31 December 2016 and of its surplus for the financial year then ended; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.



# Independent Auditors' Report to the Members of Irish Cycling Federation CLG T/A Cycling Ireland

#### Matters on which we are required to report by the Companies Act 2014

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited.
- The financial statements are in agreement with the accounting records.

#### Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Act 2014 which require us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by law are not made.

Mill House Henry Street Limerick

21 October 2017

Denise O Connell for and on behalf of **Grant Thornton** Chartered Accountants & Statutory Audit Firm

# Statement of Comprehensive Income

For the Financial year ended 31 December 2016

	Note	2016 €	2015 €
Turnover	4	3,090,514	3,057,877
Gross profit		3,090,514	3,057,877
Administrative expenses		(3,087,383)	(3,108,119)
Operating profit/(loss)	5	3,131	(50,242)
Profit/(loss) for the financial year		3,131	(50,242)

All amounts relate to continuing operations.

There were no recognised gains and losses for 2016 or 2015 other than those included in the statement of comprehensive income.

There was no other comprehensive income for 2016 (2015:€NIL).

# Balance Sheet

#### As at 31 December 2016

			2016		2015
	Note		€		€
Fixed assets					
Tangible assets	7		477,428		502,598
		-	477,428	_	502,598
Current assets					
Stocks	8	4,560		-	
Debtors: amounts falling due within one year	9	109,679		188,520	
Cash at bank and in hand	10	325,950		183,812	
	_	440,189		372,332	
Creditors: amounts falling due within one year	11	(366,059)		(353,055)	
Net current assets	_		74,130		19,277
Total assets less current liabilities		-	551,558	_	521,875
Creditors: amounts falling due after more than one year	12		(104,957)		(78,405)
Net assets		-	446,601	- =	443,470
Capital and reserves					
Revaluation reserve	15		207,195		207,195
Other reserves	15		755		755
Profit and loss account	15		238,651		235,520
Shareholders' funds		- =	446,601	=	443,470

The financial statements were approved and authorised for issue by the board:

Ciaran McKenna

Director

Michael Mannix

Director

Date: 21 October 2017

# Statement of Changes in Equity

For the Financial year ended 31 December 2016

	Revaluation reserve	Other reserves	Profit and loss account	Total
	€	€	€	€
At 1 January 2016	207,195	755	235,520	443,470
Comprehensive income for the financial year				
Profit for the financial year	-	-	3,131	3,131
Total comprehensive income for the financial				
year	-	-	3,131	3,131
At 31 December 2016	207,195	755	238,651	446,601

# Statement of Changes in Equity

For the Financial year ended 31 December 2015

	Revaluation reserve	Other reserves	Profit and loss account	Total
	€	€	€	€
At 1 January 2015	207,195	755	285,762	493,712
Comprehensive income for the year				
Loss for the year			(50,242)	(50,242)
Total comprehensive income for the year	-	-	(50,242)	(50,242)
At 31 December 2015	207,195	755	235,520	443,470

# Statement of Cash Flows

For the Financial year ended 31 December 2016

	2016	2015
Cash flows from operating activities	€	€
Profit/(loss) for the financial year	3,131	(50,242)
Adjustments for:		, ,
Amortisation of grants	(61,345)	(78,746)
Depreciation of tangible assets	109,320	120,087
Government grants	87,897	125,618
(Increase)/decrease in stocks	(4,560)	3,567
Decrease/(increase) in debtors	78,841	(47,526)
Increase/(decrease) in creditors	13,004	(89,657)
Net cash generated from operating activities	226,288	(16,899)
Cash flows from investing activities		
Purchase of tangible fixed assets	(84,150)	(96,381)
Net cash from investing activities	(84,150)	(96,381)
Net increase/(decrease) in cash and cash equivalents	142,138	(113,280)
Cash and cash equivalents at beginning of financial year	183,812	297,092
Cash and cash equivalents at the end of financial year	325,950	183,812
Cash and cash equivalents at the end of financial year comprise:		
Cash at bank and in hand	325,950	183,812
	325,950	183,812

For the Financial year ended 31 December 2016

#### 1. General information

The Irish Cycling Federation TA Cycling Ireland is a company limited by guarantee incorporated in the Republic of Ireland, which has its registered office at Kelly Roche House, 619 North Circular Road, Dublin 1.

The Federation is engaged in the organisation, development and promotion of cycling in Ireland.

#### 2. Accounting policies

#### 2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and Irish statute comprising of the Companies Act 2014.

The financial statements are presented in Euro (€) which is also the functional currency of the company.

The preparation of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires management to exercise judgment in applying the Company's accounting policies (see note 3).

The following principal accounting policies have been applied:

#### 2.2 Income recognition

Income shown in the Income and Expenditure account represents amounts received during the year. Income received during the year relating to future accounting periods is deferred and recognised in the period to which it relates.

#### 2.3 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

For the Financial year Ended 31 December 2016

#### 2. Accounting policies (continued)

#### 2.3 Tangible fixed assets (continued)

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property - 2.27% on straight line

Leasehold property - depreciated over the unexpired life of the

lease- 13 years

Motor vehicles

- 25% on a reducing balance basis

Fixtures and fittings

- 10% on a reducing balance basis

Cycling equipment

- 33.33% on a reducing balance basis

Computer equipment

- 33.33% on a reducing balance basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Statement of comprehensive income.

#### 2.4 Operating leases: the Company as lessee

Rentals paid under operating leases are charged to the Statement of comprehensive income on a straight line basis over the lease term.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the lease term, unless another systematic basis is representative of the time pattern of the lessee's benefit from the use of the leased asset.

The Company has taken advantage of the optional exemption available on transition to FRS 102 which allows lease incentives on leases entered into before the date of transition to the standard 01 January 2015 to continue to be charged over the period to the first market rent review rather than the term of the lease.

#### 2.5 Stocks

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first outbasis. Work in progress and finished goods include labour and attributable overheads.

At each balance sheet date, stocks are assessed for impairment. If stock is impaired, the carrying amount is reduced to its selling price less costs to complete and sell. The impairment loss is recognised immediately in profit or loss.

#### 2.6 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, including transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment

For the Financial year Ended 31 December 2016

#### 2. Accounting policies (continued)

#### 2.7 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the Company's cash management.

#### 2.8 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, including transaction costs, and are measured subsequently at amortised cost using the effective interest method

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

#### 2.9 Legal status

The Irish Cycling Federation is a company limited by guarantee.

Subscribers to the Memorandum of the Association have each subscribed €2. For registration purposes the number of members has been declared unlimited. The liability of the members is limited. Every member of the Federation undertakes to contribute to the assets of the Federation in the event of the Federation being wound up while he/she is a member or within one year after he/she ceases to be a member, such contribution not to exceed €2.

#### 2.10 Insurance claims

Receipts from insurance claims by members are paid straight out to members and do not form part of the Income and Expenditure account for the year.

#### 2.11 Foreign currency translation

#### Functional and presentation currency

The Company's functional and presentational currency is Euros.

#### Transactions and balances

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

Foreign exchange gains and losses resulting from the settlement of transactions and from the translation

For the Financial year Ended 31 December 2016

#### 2. Accounting policies (continued)

at period-end exchange rates of monetary assets and liabilities denominated in foreign currencies are recognised in the Statement of comprehensive income except when deferred in other comprehensive income as qualifying cash flow hedges.

Foreign exchange gains and losses that relate to borrowings and cash and cash equivalents are presented in the Statement of comprehensive income within 'finance income or costs'. All other foreign exchange gains and losses are presented in the Statement of comprehensive income within 'other operating income'.

#### 2.12 Capital grants

Government grants in respect of capital expenditure are treated as deferred income and are credited to the Income and Expenditure account over the estimated useful life of the assets to which they relate.

#### 2.13 Pensions

#### Defined contribution pension plan

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payment obligations.

The contributions are recognised as an expense in the Statement of comprehensive income when they fall due. Amounts not paid are shown in accruals as a liability in the Balance sheet. The assets of the plan are held separately from the Company in independently administered funds.

For the Financial year Ended 31 December 2016

#### 3. Judgments in applying accounting policies and key sources of estimation uncertainty

The directors consider the accounting estimates and assumptions below to be its critical accounting estimates and judgements:

#### **Going Concern**

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

#### Useful Lives of Tangible Fixed Assets

Long-lived assets comprising primarily of fixtures and fittings represent a significant portion of total assets. The annual depreciation and amortisation charge depends primarily on the estimated lives of each type of asset and, in certain circumstances, estimates of residual values. The directors regularly review these useful lives and change them if necessary to reflect current conditions. In determining these useful lives management consider technological change, patterns of consumption, physical condition and expected economic utilisation of the assets. Changes in the useful lives can have a significant impact on the depreciation and amortisation charge for the financial year. The net book value of Tangible Fixed Assets subject to depreciation at the financial year end date was €481,100 (2015: €502,598)

#### 4. Turnover

Analysis of turnover by country of destination:

	2016	2015
	€	€
Republic of Ireland	3,090,514	3,057,877
	3,090,514	3,057,877

#### 5. Profit/(loss) on ordinary activities before taxation

The (deficit) on ordinary activities before taxation is stated after charging:

	2016	2015
	€	€
Depreciation of tangible fixed assets	109,320	120,087
Defined contribution pension cost	7,154	7,249

For the Financial year Ended 31 December 2016

#### 6. Employees

Staff costs were as follows:

	2016	2015
	€	€
Wages and salaries	560,264	514,223
Social insurance costs	58,500	56,597
Cost of defined contribution scheme	7,154	7,249
	625,918	578,069

Capitalised employee costs during the financial year amounted to €NIL (2015 - €NIL).

The average monthly number of employees, including the directors, during the financial year was as follows:

	2016	2015
	No.	No.
Number of administration staff	15	14

The directors did not receive any remuneration during the year. Other than the amounts disclosed in the table above, any further required disclosures in Section 305 and 306 of the Companies Act 2014 are nil for both the current financial year and the preceding financial year.

For the Financial year Ended 31 December 2016 Notes to the Financial Statements

assets
fixed
angible
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	Freehold property	Leasehold property	Motor vehicles €	Fixtures and fittings	Computer equipment	Cycling and other equipment	Total €
Cost or valuation							
At 1 January 2016	250,000	63,146	57,676	112,048	221,400	780,648	1,484,918
Additions	ı	ı	1	13,495	26,736	43,919	84,150
At 31 December 2016	250,000	63,146	57,676	125,543	248,136	824,567	1,569,068
Depreciation							
At 1 January 2016	22,728	35,016	54,669	78,142	157,238	634,527	982,320
Charge for the financial year on owned assets	5,682	4,510	752	4,740	30,296	63,340	109,320
At 31 December 2016	28,410	39,526	55,421	82,882	187,534	697,867	1,091,640
Net book value							
At 31 December 2016	221,590	23,620	2,255	42,661	60,602	126,700	477,428
At 31 December 2015	227,272	28,130	3,007	33,906	64,162	146,121	502,598

Irish Cycling Federation CLG T/A Cycling Ireland

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Total €

1,388,537

96,381

1,484,918

862,233

120,087

982,320

502,598

526,304

	Notes to the Financial Statements	al Statemo		: Financial y	For the Financial year Ended 31 December 2016	ecember 2016	
7.	Tangible fixed assets (continued)						
		Freehold property	Long-term leasehold property	Motor vehicles	Fixtures and fittings	Computer equipment	Cycling and other equipment
	Cost or valuation						
	At 1 January 2015	250,000	63,146	57,676	104,113	170,684	742,918
	Additions	ı	ı	ı	7,935	50,716	37,730
	At 31 December 2015	250,000	63,146	57,676	112,048	221,400	780,648
	Depreciation						
	At 1 January 2015	17,046	30,506	53,666	74,375	125,162	561,478
	Charge for the financial year on owned assets	5,682	4,510	1,003	3,767	32,076	73,049
	At 31 December 2015	22,728	35,016	54,669	78,142	157,238	634,527
	Net book value						
	At 31 December 2015	227,272	28,130	3,007	33,906	64,162	146,121
	At 31 December 2014	232,954	32,640	4,010	29,738	45,522	181,440

# Notes to the Financial Statements

For the Financial year Ended 31 December 2016

#### 8. Stocks

	2016	2015
	€	€
Work in progress (goods to be sold)	4,560	-
	4,560	_

There are no material differences between the replacement cost of stock and the Balance sheet amounts.

#### 9. Debtors

	2016	2015
	€	€
Other debtors	104,800	161,633
Prepayments and accrued income	4,879	26,887
	109,679	188,520

#### 10. Cash and cash equivalents

	2016	2015
	€	€
Cash at bank and in hand	325,950	183,812
	325,950	183,812

For the Financial year Ended 31 December 2016

#### 11. Creditors: Amounts falling due within one year

	2016	2015
	€	€
Taxation and social insurance	16,414	16,980
Other creditors	8,011	-
Accruals	72,373	112,698
Deferred income	269,261	223,377
	366,059	353,055
	2016	2015
	€	€
Other taxation and social insurance		
PAYE/PRSI control	16,414	16,980
	16,414	16,980
Creditors: Amounts falling due after more than one year	2016	2015
	2016	2013
Government grants received	104,957	78,405
O .	104,957	78,405

12.

### Notes to the Financial Statements

For the Financial year Ended 31 December 2016

#### 13. Grants

		2016	2015
		€	€
	Received & Receivable		
	At 1 January	662,685	537,067
	Receivable during the year	87,897	125,618
	At 31 December	750,582	662,685
	Amortisation:		
	At 1 January	584,280	505,534
	Credit to income and expenditure account	61,344	78,746
	At 31 December	645,624	584,280
	Net balance at 31 December	104,958	78,405
14.	Financial instruments		
		2016	2015
		€	€
	Financial assets		
	Cash at bank and in hand	325,950	183,812
	Financial assets measured at amortised cost	104,800	161,633
		430,750	345,445
	Financial liabilities		
	Financial liabilities measured at amortised cost	(185,341)	(191,103)
		(185,341)	(191,103)

Financial assets measured at amortised cost comprises of other debtors.

Financial liabilities measured at amortised cost comprises of other creditors, accruals and deferred grants.

#### Irish Cycling Federation CLG T/A Cycling Ireland

## Schedule to the Detailed Accounts For the Financial year Ended 31 December 2016

#### 15. Reserves

#### Revaluation reserve

This represents the cumulative effect of revaluations of freehold Land and Buildings.

#### Other reserves

The capital fund was included in the accounts for the first time in 1996. The fund arises from the closure and transfer of the professional bank account which had previously been held to finance professional cycling activities.

#### Profit and loss account

This reserve includes all current and prior year retained surpluses and deficits.

#### 16. Company status

The company is limited by guarantee and consequently does not have share capital.

#### 17. Pension commitments

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to  $\{7,154\}$  (2015 -  $\{7,249\}$ ).

#### 18. Commitments under operating leases

The Company had no commitments under the non-cancellable operating leases as at the balance sheet date.

#### 19. Transactions with directors

There were no arrangements or transactions with directors during the financial year which are required to be disclosed in accordance with the Companies Act 2014.

#### 20. Related party transactions

No transactions with related parties were undertaken which require disclosure in accordance with Section 33 FRS 102.

#### 21. Comparative information

Comparative information has been reclassified where necessary to conform to current year presentation.

#### 22. Post balance sheet events

There have been no significant events affecting the company since the financial year end.

#### Irish Cycling Federation CLG T/A Cycling Ireland

Schedule to the Detailed Accounts
For the Financial year Ended 31 December 2016

#### 23. Controlling party

The directors are the controlling party of the company.

#### 24. Approval of financial statements

The board of directors approved these financial statements for issue on 21 October 2017

#### Irish Cycling Federation CLG T/A Cycling Ireland

Schedule to the Detailed Accounts
For the Financial year Ended 31 December 2016

#### Income

	2016	2015
	€	€
Membership &Affiliation Fees	1,532,712	1,368,582
Irish Sports Council - Core Grant (General)	318,000	349,896
Irish Sports Council – Great Dublin Bike Ride	269,892	352,001
Irish Sports Council – Carded Athletes	228,000	314,000
Irish Sports Council – High Performance Grant	325,000	350,000
Sports Northern Ireland Contribution	126,010	129,653
Sundry Income	28,060	30,827
Department of Sport – Cycle Right	60,127	-
Department of Health – Dormant Account Income	20,000	-
Sponsorship	10,500	25,978
OCI and PCI Contributions	24,125	42,500
Coaching and Education Income	54,045	52,500
Cycling Ulster Levy	(54,546)	(54,560)
Events Specific Funding (GDBR)	148,589	96,500
Total Income	3,090,514	3,057,877
Expenditure	2016	2015
Membership Expenses	214,730	181,524
Coaching Expenses	306,768	236,667
Commissions	199,420	120,541
High Performance Central Costs	296,712	441,597
International Carding Scheme	230,680	300,621
High Performance Events	392,665	527,318
Establishment Expenses	20,548	18,205
Professional Fees	69,999	73,141
Administration	372,012	368,239
Insurance	349,545	244,755
Marketing (incl. GDBR)	595,179	554,092
Motor Expenses	39,125	41,419
Total Expenditure	3,087,383	3,108,119

# Managements Accounts YTD

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30 September 2017	YTD	Budget	Projections
Membership	1,525,458	1,425,401	1,537,108
Sponsorship	9,000	8,000	9,000
Sport Ireland Grants	743,750	1,015,000	1,005,000
Sport NI Grants	136,421	192,059	203,059
Coaching Income	466,202	718,000	716,206
Total Income	2,880,832	3,358,460	3,470,372
General	255,763	300,647	300,745
Insurance	306,095	398,000	401,500
Professional Fees	29,576	67,000	54,438
Premises	16,016	19,500	23,000
PR & Marketing	99,396	143,927	153,356
Vehicles	27,209	30,500	34,500
Membership Admin	205,743	244,942	239,214
Coaching	491,064	868,933	863,583
Commissions	112,820	170,250	154,529
Financial	28,421	27,000	28,500
Total High Performance	702,720	992,067	992,970
Total Expenditure	2,274,824	3,262,766	3,246,335
Operation Surplus	606,008	95,694	224,037
Net Depreciation	30,000	40,000	45,000
Surplus from GDBR	50,000		50,000
Net Surplus	626,008	55,694	229,037



# Licence Summary

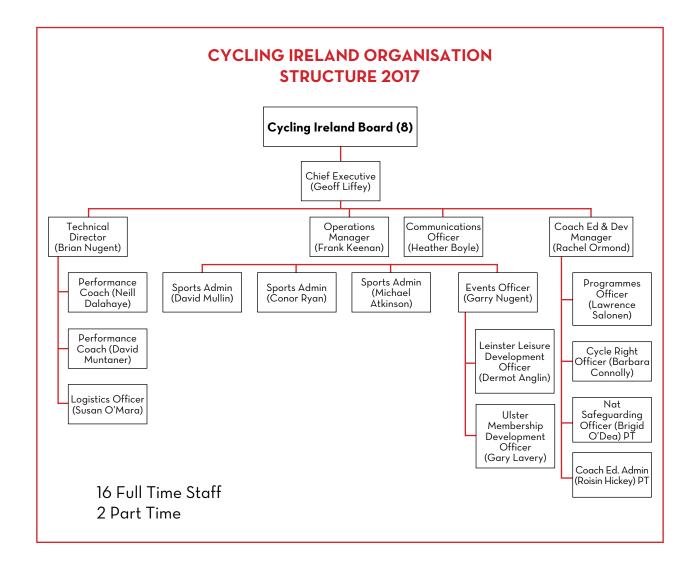
#### 2017 Figures as of 30th October

Licence Type		2017	2016	2015	2014	2013	2012
Full Competition - A+	Δ+	11	11	10	10	14	11
Full Competition - A1	A1	307	266	190	196	189	136
Full Competition - A2	A2	398	380	270	252	265	231
Full Competition - A3	А3	901	980	1,224	1,009	907	732
Full Competition - A4	Δ4	1,757	1,778	1,539	1,404	1146	872
Full Competition Total		3,374	3,415	3,223	2,871	2,521	1,982
Restricted Competition							
Time Trial	TT					58	31
Track	TK					28	23
ВМХ	ВМ					5	0
Off-Road Expert	OE					18	16
Off-Road Master	ОМ					143	131
Off-Road Sport	OS					86	92
Off-Road Veteran	OV					88	69
Off-Road Elite	ОХ					14	11
Bicycle-Polo	ВР					0	0
Restricted Competition Total						440	373
Youth & Juniors							
Youth U8	U8	602	561	504	355		
Youth U10	U1O	432	400	324	232	572	590
Youth U12	U12	626	599	675	450	378	367
Youth U14	U14	492	580	610	509	494	406
Youth U16	U16	362	417	441	361	291	290
Juniors with Full Comp Lic	JR	282	304	299	256	243	158
Youth & Juniors Total		2,796	2,861	2,853	2,163	1,978	1,811
Club Competition	CC					2159	2,084
Limited Competition*	LC	3,455	3,726	3,502	3,108		
Non-Competition	NC	19,474	13,152	11,263	8,671	6290	4,310
Introductory/new Member	IM	5,234	6,943	6,389	5834	4,771	
Cycling Supporter	CS	144	129				
Other Categories Total		23,073	22,241	21,708	18,168	14,283	11,165
Membership Total		29,233	28,517	27,794	23,217	19,222	15,331

<sup>\*</sup>Note Limited Competition is a combination of the old Club Competition and Restricted Licenses

## Organisation Chart

# D







Registered Office Kelly Roche House

619 North Circular Road

Dublin 1

CRO Registration No 134567

Website www.cyclingireland.ie

Directors Anthony Mitchell, Carl Fullerton, Ciaran McKenna,

Eugene Moriarty, Gillian McDarby, Jack Watson,

John Horgan & Michael Mannix

The Irish Cycling Federation trading as Cycling Ireland, an Irish registered company limited by guarantee.