



2021

# Annual Report



**CYCLING  
IRELAND**



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# STANDING ORDERS

## STANDING ORDERS FOR THE 2021 AGM

1. Only club, commission or provincial executive delegates and persons invited by the Chairperson may address the meeting.
2. A motion can only be moved by a representative of the member, as defined in the Articles of Association, who proposed the motion or by a Board member.
3. A motion or amendment shall be seconded immediately after the mover's speech and before any discussion is permitted.
4. A speaker shall not speak more than once in debate on any motion or amendment except in the following circumstances:
  - A. A seconder may reserve their speech until later in the discussion providing the seconding is purely formal;
  - B. The mover of the motion shall be entitled to reply to the debate on the motion;
  - C. The movers of any amendment and the original motion shall be entitled to reply in that order at the end of the discussion on each amendment and before voting takes place;
  - D. By permission of the Chairperson where an explanation, information or correction is necessary.
5. In reply to debate the movers must confine themselves to answering previous speakers and must not introduce new matters into the discussion.
6. Speakers may be limited to three minutes for the mover of the motion, two minutes for the mover of the amendment and one minute for other speakers.
7. If more than one amendment is proposed to the original motion they shall be set against the motion in their order in the final agenda. If a final amendment is carried, then the motion, as amended, shall become the substantive motion.
8. A decision shall not be rescinded or amended at the same meeting by any subsequent motion.
9. It shall be compulsory for any delegate, who has not taken part in the debate, to move formally,
  - A. That the question be put;
  - B. That the meeting proceeds with the next business.
  - C. That the debate (or meeting) be adjourned;
  - D. The previous question.
10. The vote on a motion shall be taken immediately without discussion – if the motion that the question be put is carried.
11. Any person ruled out of order by the Chairperson will cease speaking and resume their seat.
12. Any person who, having been ruled out of order by the Chairperson, refuses to comply with these Standing Orders will be expelled from the meeting.
13. The meeting shall, on a motion duly moved and seconded, and with the consent of not less than two-thirds of

the delegates voting, suspend such provisions of these Standing Orders as shall be specified by the motion. In moving such motion, the mover shall state the purpose for which the suspension is sought, and the motion shall be put to the meeting without discussion.





# AGENDA

1. President's address
2. To adopt the standing orders for the orderly conduct of the AGM.
3. To consider the minutes of the 32nd AGM held on the 17th October 2020.
4. To receive and consider the Directors' report annexed to the 2020 annual accounts of the company.
5. To receive and consider the certified audited financial statements of the company for the year ended 31st December 2020.
6. To fix membership and affiliation fees for 2022.
7. To appoint Auditors for 2022.
8. Business update presented by Mr Matt McKerrrow, CEO.
9. To consider the following reports:
  - Anti-Doping & Safeguarding
  - BMX Commission
  - College of Commissaires
  - Connacht Province
  - Leinster Province
  - Leisure Commission
  - Munster Province
  - Off-Road Commission
  - Para Commission
  - Road Commission
  - Safety Commission
  - Track Commission
  - Technical Working Group
  - Ulster Province
  - Women's Commission
  - Youth Commission
  - CEO Report
  - Coaching & Education Report
  - Events Report
  - HP Report
  - Marketing & Communications
  - Membership Report
  - Governance Report
10. To consider each of the motions listed within this report under the title "Motions"
11. To elect an Honorary President. The following have been nominated.  
Mr Liam Collins has been nominated by Newcastle West Wheelers.
12. To elect two Board Directors without executive post. The following have been nominated:
  1. Mr. Carl Fullerton has been nominated by Donegal Bay Cycling Club.
  2. Mr. Conor Campbell has been nominated by, South Dublin Wheelers.  
Cuchulainn CC.  
Drogheda Wheelers.  
Navan Road Club.
  3. Mr Philip Wade has been nominated by Newcastle West Wheelers.
13. Close of AGM



A mountain biker wearing a white and blue helmet, a dark long-sleeved jersey with 'ENY' on the sleeve, and blue gloves is performing a wheelie on a forest trail. The background is a dense green forest. Large, semi-transparent green letters 'M', 'T', and 'S' are overlaid on the image. The word 'MOTIONS' is written in white, bold, sans-serif font across the center of the image.

# MOTIONS



## 1. FROM DROGHEDA WHEELERS.

To remove Tech Reg G8.13 –

On the day of an event which is part of the National Road Series that there be no other race available to A1 riders.

## 2. FROM THE TRACK COMMISSION.

Additions to T4 A1.3 Currently -

3. In Youth Time Trial events specialist low profile bicycles, time trial bars, fixed wheel bicycles or aero helmets are not permitted. Bicycles used in time trial events must be as per road race regulations.

Proposed addition -

**Add 3a.** In under 16 Youth Track events, Time Trial bars are permitted in Time Trial or Pursuit events.

## 3. FROM THE TRACK COMMISSION.

As above,

Proposed addition -

**Add 3b.** Disc, Tri-Spoke or similar wheels are not allowed in Youth Track Events, and rim depth cannot be greater than 35mm.

## 4. FROM ORWELL WHEELERS.

**Amendment to Tech Reg table as part of G8**

**To move Master's Women Road Race and Time Trial Championship to the column including Men's Master's & A3s.**

## 5. FROM THE WOMEN'S COMMISSION.

Where there is not a separate women's race scheduled it will be mandatory to offer at a minimum 1st 2nd and 3rd placed prizes in respect to both men and women in each category.

### Chapter T11.7

Currently -

The organiser has the sole right as to the value and make-up of the prize list including category prizes. However, the value of the prizes should be allocated in a sporting manner. Details of such prizes shall be advised to the Commissaire who shall ensure that this information is made available to all competitors prior to the start of the race.

### Proposed amended T11.7

The organiser has the sole right as to the value of the prize list including category prizes. However, the value of the prizes should be allocated in a sporting manner. Details of such prizes shall be advised to the Commissaire who shall ensure that this information is made available to all competitors prior to the start of the race.

Where there is not a separate women's race scheduled it will be mandatory to offer at a minimum 1st 2nd and 3rd placed prizes in respect to both men and women in each category.

## 6. FROM CYCLING MUNSTER.

Amending a regulation that all clubs must have a Safeguarding Officer.

### Chapter G1.2

Currently -

A club wishing to become an Affiliated Club of Cycling Ireland

must apply to the provincial Secretary of the Province in which the club is based. The club must have a minimum of 6 Members and must have a named Chairman, Secretary, Treasurer and Safety Person. Also, clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Safeguarding Officer. The Provincial Executive before forwarding the clubs request to Cycling Ireland to become an Affiliated Club must ensure that the club satisfies the requirements of Article 6 of Cycling Irelands Articles of Association.

### Proposed amended G1.2

A club wishing to become an Affiliated Club of Cycling Ireland must apply to the provincial Secretary of the Province in which the club is based. The club must have a minimum of 6 Members and must have a named Chairman, Secretary, Treasurer, Safety Person and Safeguarding Officer. The Safeguarding Officer in the club will ensure the protection is in place for the young or vulnerable members of CI (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists). The Provincial Executive before forwarding the clubs request to Cycling Ireland to become an Affiliated Club must ensure that the club satisfies the requirements of Article 6 of Cycling Irelands Articles of Association.

## 7. FROM CYCLING MUNSTER.

Proposal to amend T10.Article1.29 to make it mandatory to have IRL nationality code to compete in Provincial or County Championships.

T10. Article1.29 Currently –

29. The following riders may compete in a National Championship:

- A. Members of Cycling Ireland with the relevant Competition Licence and an IRL Nationality
- B. Members of a UCI affiliated federation with an IRL Nationality on their licence.

Proposed amended T10. Article1.29

The following riders may compete in a National, Provincial or County Championship:

- A. Members of Cycling Ireland with the relevant Competition Licence and an IRL Nationality
- B. Members of a UCI affiliated federation with an IRL Nationality on their licence.

**(\*\*Note – this proposal also affects the following tech regs, T10 Art 2 & 3)**

### T10. Article 2 – PROVINCIAL CHAMPIONSHIPS

1. The regulations and eligibility regarding the control of Provincial Championships will be established by Provincial Federations. Provincial Executives will forward a copy of their regulations to Cycling Ireland.

*\*Note: LC licence holders are not eligible for Road Race Championships.*

2. License holders satisfying one of the following criteria:
  - A. Belonging to a club / team based in the province.
  - B. Unattached and resident in the province.
  - C. Residency in the Province.

- d. Belonging to a club / team based outside Ireland but,
- 1. Immediate past address was in the province or
- 2. Most previous Irish club / team was based in the province.

May compete in the Provincial Championships notwithstanding a rider may only compete in one set of Provincial Championships in any one season.

Provinces may declare certain Championships as “Open Championships”, in which case the above criteria does not apply. However, in these circumstances the province must advertise this in advance and confirm as to who is eligible for the Championship Medals.

Minimum Numbers for each Provincial Championship event will be decided by each province. There is no requirement to have a minimum number of starters to award medals.

Provinces may award Provincial Championship Medals and/or trophies. Provinces may award a Champions Jersey for a Provincial Championship. Winners of such a provincial Champions Jersey will be permitted to wear it, within the province, in competition in the same discipline and category in which it was won up until the day prior to the following years Championship.

**T10 Article 3 – COUNTY CHAMPIONSHIPS**

- 1. 1. The regulations regarding the control of County Championships will be established by Provincial Federations but these should not be in conflict with Cycling Ireland’s National Championship Regulations.

**8. FROM CYCLING MUNSTER.**

Proposal to amend T4. Article 3.5 – To amend the maximum distance for Junior Girls TT shown in the table from 20km to 40km (Similar to that permitted for Under 16 Girls.)

**RECOMMENDATIONS**

**1. FROM DROGHEDA WHEELERS.**

That National Series events should consist of single day Road Races only.

**2. FROM THE LEISURE COMMISSION**

Recommendation from the Leisure Commission to define leisure members & membership.

Proposed as Chapter T13 Leisure Cyclists & Leisure Cycling.

- 1. A leisure cyclist is one who participates in non-competitive events of any duration and distance without any monetary reward for completing the event. A leisure cyclist may cycle as an individual or participate in organised group events. A leisure cyclist may be a member of a Cycling Ireland affiliated cycling club or be an unattached member of Cycling Ireland.
- 2. Leisure cycling may be defined as, but not exclusively as, non-competitive events, commuting, utility cycling, touring, Audax, charity cycles, community bike rides, club spins, training and sportives (events which may be timed for personal reference only, not for prizes or awards.)

**3. FROM THE BOARD OF CYCLING IRELAND.**

**National Championships from 2022**

**championship that is in the Cycling Ireland calendar – will be promoted irrespective of number of entries**

(This is because riders have trained all year for an event that can potentially be cancelled a matter of days before it is due to happen.)

**The Table of minimum entry numbers becomes a table of starters for National Championships to continue unaffected.**

(If that minimum number of starters is reached the championship continues year to year)

**If it fails to hit the minimum number of starters – the championship gets a warning “Yellow Card” sent to the relevant commission.**

(So, for example the 2021 junior Women’s TT would go ahead – with 3 entrants/starters, and a warning sent to both the Women’s Commission and the Road Commission for 2022.)

The warning states that they have failed to meet the minimum number of starters; and should this happen again the following year this championship will become a lapsed or parked National Championship.

Should the number of starters not be met for the 2nd year in a row it would still go ahead in year two, but the championship will then move to a lapsed National Championships list, and the commissions advised of this.

Should a Commission wish to bring a lapsed championship back – this will have to be run as a demonstration event with no medals or jerseys (to demonstrate interest.)

If it receives the number of riders as per the table, it comes back the following year as a full championship in the calendar with Jerseys and medals and starts the above process again.



# **2022 MEMBERSHIP FEES**

## THE BOARD PROPOSES NO CHANGES TO THE MEMBERSHIP FEES FOR 2022

### MEMBERSHIP FEES 2022

YOUTH & JUNIOR MEMBERSHIP		
	LEINSTER MUNSTER CONNACHT	ULSTER
U8	€10	€10 / £9
U10	€10	€10 / £9
U12	€10	€10 / £9
U14	€30	€30 / £27
U16	€40	€40 / £36
Junior	€50	€50 / £45

NON-RACING MEMBERSHIP (BORN ON OR BEFORE 2003)		
	LEINSTER MUNSTER CONNACHT	ULSTER
Non-Riding/ Cycling Supporter Membership	€20	€20 / £18
Leisure Membership	€50	€56 / £50*
Personal accident cover (add-on)	€10	€10 / £9

\*Cycling Ulster Provincial levy included

All Leisure memberships come with 3rd Party insurance cover.  
Personal accident cover can be added on as an optional extra.

COMPETITIVE MEMBERSHIP		
	LEINSTER MUNSTER CONNACHT	ULSTER
Limited Competition	€90	€101 / £90*
Full Competition - STUDENT	€80	€80 / £76
Full Competition	€130	€141 / £126*

\*Cycling Ulster Provincial levy included

Un-Attached fee of €30 / £27

OTHER MEMBERSHIP FEES	
International Authorisation on licence	€20 / £18
Replacement Licence (with a Back number)	€20 / £18
Replacement Licence (without a Back number)	€10/ £9

EVENT LICENCE		
	FEE	AVAILABLE TO
Competitive events	€20 / £18	Non-Members for limited competition events*
	€20 /£18	Limited Competition licence holders after 1st August for Road Race, Criterium, Paracycling Road Race
	€10/£9	Leisure Licence holders for limited competition events*
Leisure Events		Non-Members for Leisure Events

\*Limited Competition events include: Time Trial, Team Time Trial, Hill Climb, Paracycling Time Trial, Club Races, Off-Road events (does not include Track, BMX, or Open Road Races)

Female leisure members can purchase a competitive Event Licence for Criterium events in Corkagh Park women's racing event.

Youths /Juniors must have an active membership – No Event Licence Available

## CLUB / PROMOTIONAL GROUP FEES 2022

AFFILIATION FEES			
	CI FEE (PAID BY DEC 31ST)	CI LATE PAYMENT FEE	PROVINCIAL FEE
Ulster	€150 / £135	€50 / £45	N/A
Munster	€150	€50	€150
Leinster	€150	€50	€130
Connacht	€150	€50	€140
Promotion Groups	€150 / £135	-	-



# 2020 AGM MINUTES

## 32ND ANNUAL GENERAL MEETING

### IRISH CYCLING FEDERATION TRADING AS CYCLING IRELAND MEETING VIRTUALLY OVER FUEL TELECONFERENCE SYSTEM

17th October 2020

*The meeting was called to order at 11:01am.*

#### ITEM 1: THE PRESIDENT'S ADDRESS

The President began by asking for a moment of silent reflection to remember our friends and colleagues that are no longer with us.

The President began his address by reflecting on a very successful year at high performance competition. He referenced three medals won at the Para World Championships in Canada. We claimed a Bronze Medal at the Track World Cup in Canada and secured Olympic Madison slots for both Men and Women. There are ten slots qualified for the Tokyo Olympics. There are still some slots open for qualification for the Tokyo Paralympic Games

He reported that the National CX Championships were live streamed and were broadcast by TG4

The onset of the COVID pandemic just shortly after the first race of the season resulted in a very fluid situation. Cycling Ireland was forced to react to rapidly evolving government advice and instructions in both jurisdictions. The end result was we had a period of 126 days without competition.

The upside of this was to see an unprecedented number of people riding bicycles. Cycling Ireland responded to the absence of competition with the Zwift league that was a remarkable success and had the highest participation level of any sport during this period.

During the days of restriction CI worked on a resumption of events calendar and Covid 19 protocols post restriction which would enable us to resume events within the government health guidelines when given the green light. Competition events resumed in July and were running up to last weekend. The demand to compete by members was high with some on line entries filling up in 30 minutes. Thankfully all events were run without any reports of Covid incidents and this was due to the Covid protocols that were put in place by the race organisers and followed by all who attended the events. The President thanked everyone for their compliance with the protocols and the restrictions that were put in place. He made special reference to the clubs and the volunteers that ran competitive events during the period of opening

The President advised the members that we are now going back into an uncertain time. Cycling Ireland will continue to do as we have done all year and follow the Government health guidelines to the letter. He advised that Cycling Ireland will continue over the coming months to plan ahead for events and activities in 2021. He noted that the events that were run over the last 4 months have been a huge learning experience that will hold us in good stead in the coming months and into next year.

The President moved on to pay tribute to Cycling Ireland Treasurer Michael Mannix and CFO Frank Keenan for the

amount of work they contribute to the financial outcomes that are presented here today. It was a hugely difficult year and there is the possibility of even more difficulties in the year ahead. He thanked CEO Matt McKerrow and all the staff who although were working from home since March have continued to be extremely helpful and supportive throughout the year and put in a huge effort to have the organisation ready for the resumption of activities.

He paid tribute to his fellow board members. He praised them for have guided and advised this organisation well in the last difficult 12 months. He paid his sincere thanks to all to our commissions and provincial executives who all played a huge part in guiding the organisation throughout the year and assisted in the resumption of activities in July. Cycling was one of the few sports that hit the ground running in July and that is a testament to all of the above I just mentioned.

The President paid tribute to the two outgoing directors, Micheal Concannon and Michael Mannix, who are not standing for election. He pointed out particularly the impact Michael Mannix has had on the organisation in the last four years. He has guided the organisation to a strong position financially ahead of some uncertain times. Michael introduced a spending discipline and new processes in how we report our financial operations that will benefit the organisation into the future.

The President moved on to look to the future. He said that while we don't know what lies ahead of us in the coming months, the health of the nation, our members and family will take precedence over all else. We will continue to plan for next year, the event calendar is being put together as we speak and there is high probability that we will continue to run our sport and cycling activities with local and county restriction for a least another year. He assured the members that Cycling Ireland will be proactive in our response to cycling activity and keep this organisation relevant to our members.

The President closed his address by saying that although we had a difficult and disruptive year we still had a lot to be proud of, with Sam Bennett winning the green jersey in the Tour De France and wearing the National Championship jersey with such pride. Our two new Senior National Road Race Champions are just 19 and 20 years of age. They too will wear their Champions jersey with pride in 2021 and finally this week we had Oisín O'Callaghan winning the Junior Downhill World Championship in Switzerland, what a fantastic result.

He concluded by noting that every cloud has a silver lining.

#### ITEM 2: TO ADOPT THE ATTACHED STANDING ORDERS FOR THE ORDERLY CONDUCT OF THE 32ND ANNUAL GENERAL MEETING

The President confirmed to the members that a quorum of members had logged in to participate at the meeting.

The President then took the members through a series of instructions on how the meeting would unfold and how members would interact with the directors and how they could vote on different matters.

Standing orders were proposed by the President and seconded by the Secretary. After voting by members the Standing Orders were approved

#### ITEM 3: TO CONSIDER THE MINUTES OF

## **THE 2019 AGM AND THE EGM HELD ON THE 23RD NOVEMBER 2019.**

The Minutes of the 2019 Annual General Meeting of Irish Cycling Federation were proposed by the President and seconded by the Secretary.

After voting by members the Minutes were approved

The Minutes of the 2019 Extraordinary General Meeting of Irish Cycling Federation were proposed by the President and seconded by the Secretary.

After voting by members the Minutes were approved

## **ITEM 4: TO RECEIVE AND CONSIDER THE DIRECTORS' REPORT ANNEXED TO THE 2019 ANNUAL ACCOUNTS OF THE COMPANY.**

The Directors Report for 2019 of Irish Cycling Federation were proposed by the President and seconded by the Secretary.

After voting by members the Directors Report was approved

## **ITEM 5: TO RECEIVE AND CONSIDER THE CERTIFIED AUDITED FINANCIAL STATEMENTS OF THE COMPANY FOR THE YEAR ENDED 31ST DECEMBER 2019.**

The Treasurer began his remarks by pointing out that the only monies that Cycling Ireland had complete control over was the money raised from the members by way of License Fees, Affiliation Fees etc. All the other money that comes into Cycling Ireland from Government funding, Sports Councils, sponsors etc all come with conditions attached. The income from members in 2020 will decline by €100,000 when compared to 2019. This will effect how Cycling Ireland attends to the interests of the members. He pointed out that there has been a reduction in membership from 26,000 approx to 22,000 approx from 2019 to 2020. He remarked that while this may well be COVID related it is also the continuation of a trend that has been obvious over the last four years.

He referred to the temporary membership scheme (ODL). This is currently at €5. In 2015 this generated an income of €35,000. By a process of greater oversight of the ODL issuance this grew to €90,000 in 2019. He pointed out that this figure will not be realised for 2020. However he stressed that the Board of Cycling Ireland is of the view that all the opportunities for ODL issue and all the remittance of fees to Cycling Ireland is not complete.

He referred to Kelly Roche House. The building is now leased out and he is very satisfied that we have secured a good tenant. The rent on the building is paid quarterly and is set as €32,000 for the first year and at €35,000 for the next four years. There are five yearly rent reviews after that.

Insurance premiums stand at just over €600,000 with no sign of a reduction in premium size. This represents a rise of €350,000 over the last four years. There have been some quite extraordinary made against the policy and there are still some claims outstanding. He drew the members' attention to the fact that the net surplus in 2019 was €17,000 as opposed to €35,000 in 2018. The 2019 accounts show a contribution of €45,000 from the Great Dublin Bike Ride (GDBR). This will not be available for the 2020 accounting period. He noted that without GDBR we would have had a net deficit in both 2018 and 2019.

There is some reference to the Provincial Councils'

accounts in the financial statements. They show that the provinces currently have money to the value of €247,000 in bank accounts.

He referred to the grant assistance given by Cycling Ireland to a variety of races. He identified The Rás, Rás na mBan, the Junior Tour and two Youth racing events. In 2019 no money was spent on the Rás. He pointed out that without funding assistance from Cycling Ireland that it was most likely that none of the events might have gone ahead

The Treasurer then referred to some questions that were submitted in advance.

Commission accounts: He said the reason they are not shown is that they would have taken up too much space. This was an issue when the AGM report was issued as a printed booklet. He said that he will post the Commission accounts on the Cycling Ireland website next week. He also agreed that in future the commissions' accounts will be shown separately.

Professional fees: He will publish the full list on the Cycling Ireland website next week. In relation to Directors Fees he remarked that no stipends or salary was paid to any of the directors. Directors' expenses were composed of travel expenses and accommodation costs. He said he would add in the other costs associated with meetings such as hire of rooms etc.

Operating Surplus: The Treasurer agreed with Cycling Ulster that it was prudent to have an operating surplus. He stated that Cycling Ireland is in a relatively strong position financially but if membership keeps falling that we will be in financial difficulty. He noted that of the €50 that we receive from a Leisure Membership, €33 is paid out between the province, Event Master, Stripe and insurance.

Kelly Roche House: He referred to his commentary earlier on the leasing of the property. The fact that Kelly Roche House is now an income generating asset has resulted in a change to the way the value of the property is viewed in the financial statements. The revision results in an addition €400,000 in retained earnings. He pointed out that this is not a cash position and does not alter the bottom line of the accounts.

The Treasurer moved on to pay tribute to Frank Keenan the CFO of Cycling Ireland for his enthusiasm and effort to keep the financial position of Cycling Ireland on an even keel. He thanked all the other members of staff and singled out Garry Nugent and David Mullins for their support and assistance during his period of service.

The Financial Statements were proposed by the President and seconded by the Secretary.

After voting by members the Financial Statements were approved

## **ITEM 6: TO FIX MEMBERSHIP AND AFFILIATION FEES FOR 2021.**

Insurance is the primary driver is the proposal for a revision to the scale of Fees. In 2017 the insurance premium was approximately €380,000 and that has increased to about €620,000 in 2020. It has been difficult to even get quotations for insurance for sporting bodies. Up to two years ago claims were very high. Changes made at that stage has had some impact on the level of claims against our policy.



As the Treasurer had pointed out earlier funding for members activity is dependent on membership income. However' since 2017 membership numbers have declines from about 28,000 to the current level of about 22,000. The proposed changes reflect outcomes identified in the membership survey conducted earlier in 2020. The Treasurer stated that there is a necessity to have membership numbers and the value of fees on a solid footing. He noted that the 15,000 Leisure Members are the backbone of the independent finance of Cycling Ireland. The membership survey produced the knowledge that lots of the leisure membership don't need the personal injury cover provided by Cycling Ireland. He again restated the point that €33 of every €50 Leisure Membership was directed to others leaving only €17 directly going to Cycling Ireland. The treasurer offered his opinion that without the revisions proposed that Cycling Ireland is headed to a period of financial decline. The removal of the anniversary licenses is complete thanks to a pro-rata scheme that was introduced in 2020. In relation to Competition license holders the President noted that we did have four months of competition. As it transpired the COVID protocols had a more significant impact on leisure events as there were strict limits on the number of participants.

The President suggested the for the new license period that all riders should apply for a Leisure Membership. As soon as government regulations will allow for an open racing season then those riders wishing to race can upgrade their license to a competition license without penalty.

The President informed the members that the table of Provincial Affiliation Fees was included for reference only. This set of fees is set by the individual provinces. He referred to a transcription error that showed an incorrect figure for the provincial affiliation fee for Munster, Leinster and Connacht.

The Revised Scale of Fees and Licenses were proposed by the President and seconded by the Secretary.

After voting by members the Revised Scale of Fees and Licenses was approved

### **ITEM 7: TO APPOINT AUDITORS FOR 2021.**

The reappointment of OSK as auditors to prepare the 2020 accounts was proposed by the President and seconded by the Secretary

After voting by the members the proposal was approved

### **ITEM 8: TO CONSIDER THE FOLLOWING REPORTS:**

- **Off-road Commission Report; • Track Commission Report; • Road Commission Report; • BMX Commission Report; • Women's Commission Report; • Paracycling Commission Report;**
- **Leisure Commission Report; • Youth Academy Report; • Anti-Doping Report; • Cyclist.ie Report; • College of Commissaires Report.**

The president paid tribute to the ongoing work of the Commissions and thanked the members of the various Commissions and the volunteers for their work.

The President noted that the reports had been available for viewing on [www.cyclingireland.ie](http://www.cyclingireland.ie) for some time and that they should be taken as read.

The Reports from the Commissions were proposed by the President and seconded by the Secretary.

After voting by members the Reports from the Commissions were approved

### **ITEM 9: BUSINESS UPDATE PRESENTED BY MR MATT MCKERROW, CEO.**

The CEO began by saying that the environment that we operate in 2020 has changed from previously. I was a difficult year for planning and executing events, club activities etc. Events unfolded to have significant implications for Cycling Ireland in terms of guidance, protocols etc. He went on to thank the staff and volunteers of Cycling Ireland for keeping the show on the road. He stated that we have delivered a racing and leisure event season albeit somewhat constrained by the circumstances.

The Strategy Plan for the next period was launched. It had been intended that it would have been the focus of much interaction between Cycling Ireland, the provinces and the commissions but circumstances changed and ruled that out. While COVID has forced some changes to the Strategy Plan they have been in the area of timelines but generally the plan will withstand the interruption the pandemic has caused. All activity from Cycling Ireland for the next four years will have to reference to the Strategy Plan.

He reported that the Voice of the Membership survey was a great success. It generated over 5,000 responses and the highlight for him was that 75% of members would recommend Cycling Ireland to a friend. He continued that the survey will become an annual event into the future.

He returned to the topic of the Strategy Plan. He outlined that there are 3 pillars to the plan – Performance, Participation and Enabling.

In terms of performance he noted the recent successes of some riders at top level competition. He stated that the HP subcommittee of the board had conducted a review of High Performance activity and had made several recommendations. He told the members that the Olympic review will be undertaken after July 2021 when or if the Tokyo Olympiad concludes. He made reference to Sam Bennett and Oisín O Callaghan as outstanding ambassadors for the sport.

In terms of participation he noted that a lot of programs were curtailed. Some of the courses went online. COVID has forced us to rethink the way we do many things but as a result it has given us new ways of doing those things. Cycling Ireland will continue to develop online versions of programs.. The AXA Bike Ride has become a big success with rides now listed for most counties. Cycling Ireland has developed new resources to help parents teach a child to ride a bike. He pointed to the Zwift League as a success story of how to make progress from a bad situation.

In terms of enablement he remarked on how much better communication with the members is. There is a good output to social media and we continue to have a strong relationship with the traditional media. We have secured some new sponsors and the marketing team are working to incentivise new sponsors.

The CEO congratulated Newcastlewest Wheelers on the successful promotion of the 2020 National Championships.

He concluded his remarks by thanking the staff, the board and the members of Cycling Ireland for their help and

encouragement. He continued and thanked the external funding agencies of Sport Ireland, Sport NI, the Department of Sports and Tourism, the Road Safety Authority and others for their support of Cycling Ireland and its programs.

He moved on to address some of the questions submitted by members prior to the meeting.

Velodrome: Funds were committed in Budget 2020 for further capital works at Sports Campus. John Treacy has advised the CEO that the Velodrome is the priority project in their short term plans.

20X20: He noted in reference to a question on gender balance in Cycling Ireland that following this meeting there could be 3 female members of the board despite the fact that no woman had presented themselves for election. He remarked that he hoped that the lead taken by the board would permeate through the whole organisation

2021 racing calendar: The CEO said that we should proceed with calendar planning as normal but there was no certainty as to what will happen into the future regarding COVID restrictions.

### ITEM 10: TO CONSIDER THE FOLLOWING MOTIONS:

Motion 1 and 2 were considered at the same time

The motions were presented by Cycling Ireland College of Commissaires:

**Motion 1:** To insert a new rule as T4,A3.10 with the following wording: In all Youth Events riders must not at any time ride with either of their forearms on top of their handlebars.

**Motion 2:** To amend Appendix AT4 Scale of Penalties Remove existing 37.1 Renummer existing 37.2 as 37.1

The Motions 1 and 2 were proposed by the President and seconded by the Secretary.

After voting by members the Motions 1 and 2 were accepted

Motion 3 was presented by Éire Óg CC.

**Motion 3:** To insert a new rule as T4,A1.13 with the following wording: Youth riders of 15 years and older may be allowed to ride Club League events providing it is allowed within the specific league rules and provided that such Club League events are run on a

The Motion 3 was proposed by the President and seconded by the Secretary.

After voting by members the Motion3 was accepted

Motion 4 was presented by Castlebar CC.

**Motion 4:** Amend General Administrative Regulation G1 point 2.

A club wishing to become an Affiliated Club of Cycling Ireland must apply to the provincial Secretary of the Province in which the club is based. The club must have a minimum of 6 Members and must have a named Chairman, Secretary, Treasurer and Safety Person. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Safeguarding Officer. The Provincial Executive before forwarding the clubs request to Cycling Ireland to become an Affiliated

Club must ensure that the club satisfies the requirements of Article 6 of Cycling Irelands Articles of Association.

To: A new club wishing to become an Affiliated Club of Cycling Ireland must apply to the provincial Secretary of the Province in which the club is based. The club must have a minimum of 20 Members and must have a named Chairman, Secretary, Treasurer and Safety Person. Also clubs with young or vulnerable members (as defined by Cycling Irelands Code of Practice for Young and Vulnerable Cyclists) must appoint a Safeguarding Officer. The Provincial Executive before forwarding the clubs request to Cycling Ireland to become an Affiliated Club must ensure that the club satisfies the requirements of Article 6 of Cycling Irelands Articles of Association.

The Motion 4 was proposed by the President and seconded by the Secretary.

After voting by members the Motion 4 was rejected

Motion 5 was presented by Castlebar CC.

**Motion 5:** To Amend the definition of League Race in the Glossary of the Tech Regs from

LEAGUE RACE is a race open to members of more than one club and non-attached members of CI provided they have the appropriate licence (LC). There will be no prize list per race but there may be an overall prize list. The promoter must appoint a competent person to fill the role of Commissaires and in all other ways the race will be conducted under the rules of CI and adhere to the CI Safety Code Club and League races may only be run on Mondays through Thursdays. Notwithstanding League Races may be run at any time subject to these being promoted for a defined group of riders e.g. masters, women, time trialists etc. Such events must be authorised at the time of the annual calendar approval and be listed in the Annual Road Events Calendar. A club promoting an open race may run a race on the day of their open promotion regardless of the day of the week in respect of 50+ riders and women.

To:

LEAGUE RACE is a race open to members of more than one and less than 16 clubs and non-attached members of CI provided they have the appropriate licence (LC). There will be no prize list per race but there may be an overall prize list. The promoter must appoint a competent person to fill the role of Commissaires and in all other ways the race will be conducted under the rules of CI and adhere to the CI Safety Code Club and League races may only be run on Mondays through Thursdays. Notwithstanding League Races may be run at any time subject to these being promoted for a defined group of riders e.g. masters, women, time trialists etc. Such events must be authorised at the time of the annual calendar approval and be listed in the Annual Road Events Calendar. A club promoting an open race may run a race on the day of their open promotion regardless of the day of the week in respect of 50+ riders and women.

The Motion 5 was proposed by the President and seconded by the Secretary.

After voting by members the Motion 5 was rejected

Motion 6 was presented by Castlebar CC.

Motion 6: Amend existing Tech Reg T5 A2.3 3.

Riders belonging to a Cycling Ireland affiliated club must when competing in an open race, authorised by Cycling Ireland and organised under Cycling Ireland rules, wear the registered clothing of their affiliated club. In races where a one piece suit is normally worn and a club one piece suit is not available then the rider, with the Commissaires agreement, may wear a plain one piece suit.

To:

Riders belonging to a Cycling Ireland affiliated club must when competing in an open Road Race, TT, Track or Cyclo Cross Race, authorised by Cycling Ireland and organised under Cycling Ireland rules, wear the current registered clothing of their affiliated club.

The Motion 6 was proposed by the President and seconded by the Secretary.

After voting by members the Motion 6 was rejected

**ITEM 11: TO ELECT AN HONORARY SECRETARY, THE FOLLOWING HAVE BEEN NOMINATED;**

- Mr Anthony Mitchell has been nominated by The Bike House CC
- As Mr. Mitchell was the only person nominated for the position the President declared him elected.

**ITEM 12: TO ELECT AN HONORARY TREASURER, THE FOLLOWING HAVE BEEN NOMINATED;**

- Mr Eugene Moriarty has been nominated by Listowel CC
- As Mr. Moriarty was the only person nominated for the position the President declared him elected.

**ITEM 13: TO ELECT A BOARD DIRECTOR WITHOUT EXECUTIVE POST, THE FOLLOWING HAVE BEEN NOMINATED:**

- Mr Alec Darragh has been nominated by Cycling Ireland Track Commission
- Mr Colin MacHale has been nominated by the Inspiration CC
- Mr Noel Mulroy has been nominated by Westport Covey Wheelers CC
- Mr John Colleran has been nominated by the Dolmen CC

Video presentations by two of the candidates were played prior to the voting getting underway. The other candidates did not submit video.

After voting by the delegates the President declared Mr Mulroy elected.

**ITEM 14: THE FOLLOWING APPOINTED DIRECTORS FOR CONFIRMATION ARE;**

- Mr. Brendan Tallon
- Ms. Gillian McDarby
- Ms. Yvonne Nolan
- Ms. Orla Carolan

The president proposed to the members that the appointed directors should be approved by them.

The Secretary seconded the proposal.

After voting by the delegates the President declared that all four Appointed Directors were approved by the membership

Following this declaration, the President asked if there was any other business that needed consideration. In the absence of a response, he declared the meeting closed at 1:03pm.



A photograph of two female cyclists in action on a track. The cyclist in the foreground is wearing a green and black jersey with 'IRELAND' printed on the back and side, a red helmet, and green gloves. The cyclist behind her is wearing a blue and yellow jersey with 'LEITREX' on the back, a purple helmet, and yellow gloves. The background is a blurred track environment with large letters 'A', 'U', and 'R' visible. The entire image has a green tint and semi-transparent geometric shapes overlaid.

# AUDITORS APPOINTMENT

To appoint OSK as Auditors for 2022 who will prepare the 2021 Statutory Accounts.





# AUDITED ACCOUNTS

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND  
ACCOUNTS 2020**

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND  
REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020**

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**COMPANY INFORMATION**

<b>Directors</b>	Micheal Concannon (resigned 17 October 2020) Noel Mulroy Anthony Mitchell (appointed 17 October 2020) Ciaran McKenna Carl Fullerton Michael Mannix (resigned 17 October 2020) Eugene Terence Moriarty Gillian McDarby (resigned 11 October 2021) Brendan Tallon Ronan McLaughlin Yvonne Nolan (resigned 11 September 2021) Orla Caralon (appointed 17 October 2020)
<b>Company secretary</b>	Anthony Mitchell
<b>Registered number</b>	134567
<b>Registered office</b>	The Clock House National Sports Campus Snugborough Road Dublin 15
<b>Independent auditors</b>	OSK Audit Limited Eastpoint Plaza Eastpoint Dublin 3
<b>Bankers</b>	Bank of Ireland 33 Aaran Quay Smithfield Dublin 7
<b>Solicitors</b>	Lemans Solicitors 8 - 34 Percy Place Dublin 2



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****CONTENTS**

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**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DIRECTORS' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

The directors present their annual report and the audited financial statements for the year ended 31 December 2020.

**Directors' responsibilities statement**

The directors are responsible for preparing the Directors' report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare the financial statements for each financial year giving a true and fair view of the state of the affairs of the company. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice in Ireland, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying Section 1A of the standard, which is issued by the Financial Reporting Council.

Under company law, the directors must not approve the financial statements unless they are satisfied they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date, of the profit or loss for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company's financial statements and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Principal activities**

The principal activity of the company is the organisation, development and promotion of cycling in Ireland.

**Results**

The surplus for the year, after taxation, amounted to €7,992 (2019 - €424,017).

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****Directors and secretary's interests**

The present membership of the board is as listed below. No director has any beneficial interest in the company.

The directors who served during the year were:

Micheal Concannon (resigned 17 October 2020)  
 Noel Mulroy  
 Anthony Mitchell (appointed 17 October 2020)  
 Ciaran McKenna  
 Carl Fullerton  
 Michael Mannix (resigned 17 October 2020)  
 Eugene Terence Moriarty  
 Gillian McDarby (resigned 11 October 2021)  
 Brendan Tallon  
 Ronan McLaughlin  
 Yvonne Nolan (resigned 11 September 2021)  
 Orla Caralon (appointed 17 October 2020)

**Review of the year**

2020 is undoubtedly a year without precedent. Whilst Covid-19 curtailed many of our ordinary cycling activities, it has also challenged us to innovate and respond to opportunities for the betterment of cycling. Though it's been a highly unusual year, we've still managed to deliver on a number of developments and achieve a great deal for the benefit of cycling across the island.

**Strategic Plan 2020-2024**

2020 saw the launch of our new Strategic Plan 2020-2024. Thank you to all the key volunteers and stakeholders who were involved in the consultation to develop this important guiding document – we look forward to working with you to bring the aims and objectives it contains to fruition.

The vision: "An island enriched by cycling" is a strong aspiration that nicely covers our strategic pillars: Participate (more people cycling and receiving the benefits of doing so); Perform (more cyclists delivering performances that inspire future champions and our society); and Enable (CI provides the conditions for the achievement of participation and performance aims, across all facets including governance, finance, promotion and safeguarding). The plan is a roadmap for the future development of Cycling Ireland; and cycling on the island and will be an integral guiding document for future decisions, especially those relating to resource allocation.

**Communications, Marketing & Sponsorship**

2020 has seen a number of positive developments in the communications and marketing space. We're delighted to have welcomed sponsors Renault Belgard, Gym+Coffee, Kinetica Sports and Wahoo to the Federation. We thank them, along with existing sponsors who have remained with us through 2020: AXA, Spin 11, CycleSuperstore, Sports Travel International, See Sense, Training Peaks and Scribe; for their valued support and look forward to working with them all for our continued mutual benefit.

You will have noted that 2020 also saw a number of our major events and championships receive increased coverage and viewership. We were delighted to be able to live stream the National Cyclocross Championships and National Track Championships, each to an audience of tens of thousands, and for our National Road Championships to have featured on RTE2 in a televised highlights package.

The sport has also regularly featured in news coverage throughout 2020 with World and European medal results; the promotion of our online Zwift League and events; as well as the superlative efforts of Sam Bennett taking the green jersey in the Tour de France – a welcome great news story in what was otherwise often a media landscape dominated by news of the global pandemic.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

**Covid-19**

A great number of events including the Great Dublin Bike Ride, the Rás and Rás Na mBán, many BMX and Off-Road championships, and club activities did not occur in 2020 due to the pandemic which is terribly disappointing. However, we were fortunate to be able to stage a select number of events and to generally keep people on their bikes through the lockdown. A great deal of time and effort went into development and communication of several sets of guidance documents and messages; as well as safety measures and mechanisms implemented in the club, event and competition setting. Thanks to all the volunteers, CV-19 liaison officers, club and event personnel and CI staff who worked tirelessly to keep guidelines and protocols up to date and implemented for the safety, welfare and benefit of all cyclists involved.

In the face of the pandemic, the 2020 Cycling Ireland Zwift League, Women's League and a series of other online initiatives such as the Bike Like Me campaign were a resounding success. To have thousands take part in these events, and for them to be front page news in the mainstream media is a significant achievement. The precedent has certainly been set for online events and we will continue to offer these to members of the cycling community in future.

The pandemic has also encouraged more people onto their bikes, with Sport Ireland research suggesting that an additional 250,000 cyclists have taken to the saddle since the lockdown began. The challenge for us all now is to capture these riders and introduce them to our programs, membership, clubs and events.

**Online Membership and Entry System**

A significant body of work was undertaken to overhaul the Cycling Ireland membership and events platform in 2020. Partnering with event registration system provider Eventmaster, the new platform was launched in early July and its additional functionality in terms of providing CV-19 compliant tracing and easy event registration functionality in the Covid environment was immediately apparent.

In addition to great functionality for registrations, reporting, event sign-on processing, and seamless integration with the membership functions of the organisation, Cycling Ireland has been able to obtain market best rates for event promoters to use the system, so we look forward to integrating all events onto the system in 2021.

In 2020 Cycling Ireland has also completed the move to the Sage 200 financial accounting system. The benefits of greater financial reporting and analysis, along with efficiencies for provincial and commission treasurers and operations are already being realised.

**High Performance**

Despite international event staging and attendance by Irish riders having been greatly diminished in 2020 – the riders that have were able to compete did so with professionalism and pride.

Highlight performances of the 2020 year include:

- the qualification of a record number of places for the Tokyo Olympics including 1 x F Madison & Omnium – 2 riders; 1 x M Madison & Omnium – 2 riders; 3 x M Road Race and 1 x M Time Trial – 3 riders. The team of 7 cyclists was the largest to ever represent Ireland at the Games.
- Significant improvement of the Women's Team Pursuit National Record; including a Top 8 finish from the team at the World Track Championships in Berlin.
- Emily Kay securing Ireland's first ever Omnium World Cup medal with a Bronze in the UCI Track World Cup event in Milton, Canada.
- The Para-Cycling squad secured multiple national records and brought home 3 World Championship medals, bolstering their world-class medal-winning reputation and aggregating further valuable UCI points which will contribute to strong Paralympic qualification potential.
- A rainbow jersey for Junior Downhill MTB rider Oisín O'Callaghan, winning the UCI World Championship event in Leogang, Austria.
- The aforementioned success of Sam Bennett in the 2020 Tour De France, with two stage wins including the claiming of the Green Jersey with final stage victory in Paris.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****AXA Community Bike Rides**

Launched in 2019, the AXA Community Bike Rides is a mass participation program aimed at getting more people on bikes across the island of Ireland. July 2020 saw the launch of a TV marketing campaign to promote the program. The program continues to grow in numbers (approaching 4,000 registrants) and locations – with rides and ride leaders now active in 24 of 32 counties across the island of Ireland.

**Membership**

The total membership of Cycling Ireland for 2020 landed at approximately 22,000. This represents a decrease from approximately 25,000 in 2019 but is to some extent expected given the sharp decline in events and club activities offered in 2020.

**Concluding Remarks**

Thankfully, there is a number of remarkable people who each contribute to making our cycling community what it is today and have contributed to ensure the health of Cycling Ireland in this year of exceptional difference.

The support of our key funding partners and stakeholders Sport Ireland, Sport Northern Ireland, Paralympics Ireland, the Olympic Federation of Ireland, the Dept of Transport, RSA and others has been of great value and is greatly appreciated.

During the challenges encountered in the Covid times, your Cycling Ireland Board continues to be inspired by the commitment and passion of our members, clubs, commissions, and event volunteers, who have each gone above and beyond the call of duty in the face of adversity. Our sincere thanks to all for efforts and hard work in 2020.

**Principal risks and uncertainties**

In common with all companies operating in Ireland in this sector, the company faces risks and uncertainties such as reduced government funding.

With respect to the Covid-19 Pandemic and the associated risks and uncertainties for the organisation, management has produced a detailed set of projections covering the 2021 financial year and the Board are of the opinion that the company will be in a position to provide a full service to its members when normal activities are able to resume and it will continue as a Going Concern.

**Environmental matters**

The company will seek to minimise adverse impacts on the environment from its activities, whilst continuing to address health, safety and economic issues. The company has complied with all applicable legislation and regulations.

**Accounting records**

The measures taken by the directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records, are the employment of appropriately qualified accounting personnel and the maintenance of computerised accounting systems. The company's accounting records are maintained at the company's registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

**Statement on relevant audit information**

Each of the persons who are directors at the time when this Directors' report is approved has confirmed that:

- so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware, and
- the director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the company's auditors are aware of that information.

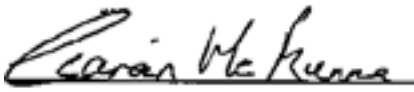
**Small companies exemption**

The entity has availed of the small company exemption contained in the Companies Act 2014 with regards to the requirements for exclusion of certain information in the directors report.

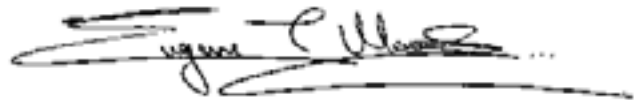
**Auditors**

The auditors, OSK Audit Limited, continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board on 15 October 2021 and signed on its behalf.



**Ciaran McKenna**  
Director



**Eugene Terence Moriarty**  
Director

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

-

**Report on the audit of the financial statements****Opinion**

We have audited the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland (the 'company') for the year ended 31 December 2020, which comprise the income and expenditure account, the Statement of financial position, the Statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying section 1A of that standard.

In our opinion, the accompanying financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2020 and of its surplus for the year ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which ISA (Ireland) 570 requires us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)**

**Other information**

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

**Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)****Respective responsibilities and restrictions on use****Responsibilities of directors for the financial statements**

As explained more fully in the Directors' responsibilities statement on page 1, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA-700-\(Ireland\)](https://www.iaasa.ie/Publications/ISA-700-(Ireland)). This description forms part of our Auditors' report.

**The purpose of our audit work and to whom we owe our responsibilities**

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



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Brian Dignam  
for and on behalf of  
**OSK Audit Limited**  
Statutory Audit Firm  
Eastpoint Plaza  
Eastpoint  
Dublin 3

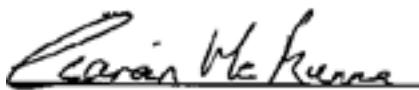
15 October 2021

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

	Note	2020 €	2019 €
Income		3,902,476	4,624,978
Administrative expenses		(3,894,484)	(4,608,156)
<b>Operating surplus</b>	3	<b>7,992</b>	16,822
Gain from change in fair value of investment property	6	-	407,195
<b>Surplus for the year</b>		<b>7,992</b>	424,017
Retained earnings at the beginning of the year		899,821	475,804
Surplus for the year		7,992	424,017
<b>Retained earnings at the end of the year</b>		<b>907,813</b>	899,821

There were no recognised gains or losses for 2020 or 2019 other than those included in the income and expenditure account.

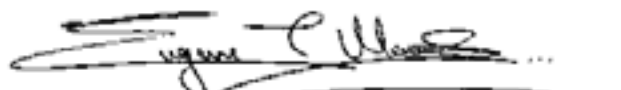
Signed on behalf of the board:



**Ciaran McKenna**

Director

Date: 15 October 2021



**Eugene Terence Moriarty**

Director

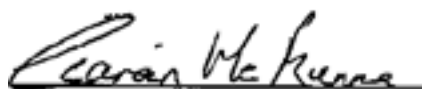
The notes on pages 12 to 22 form part of these financial statements.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****STATEMENT OF FINANCIAL POSITION  
AS AT 31 DECEMBER 2020**

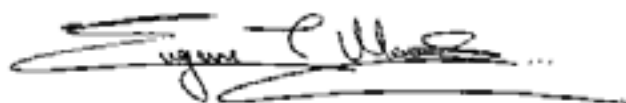
	Note	2020 €	2019 €
<b>Fixed assets</b>			
Tangible assets	8	333,168	365,085
Financial assets	9	450,000	450,000
		<u>783,168</u>	<u>815,085</u>
<b>Current assets</b>			
Stocks	10	1,095	6,963
Debtors: amounts falling due within one year	11	296,122	507,758
Cash at bank and in hand	12	2,343,762	981,656
		<u>2,640,979</u>	<u>1,496,377</u>
Creditors: amounts falling due within one year	13	(2,430,356)	(1,285,672)
		<u>210,623</u>	<u>210,705</u>
<b>Net current assets</b>			
		<u>210,623</u>	<u>210,705</u>
<b>Total assets less current liabilities</b>			
		<u>993,791</u>	<u>1,025,790</u>
Creditors: amounts falling due after more than one year	14	(85,978)	(125,969)
		<u>907,813</u>	<u>899,821</u>
<b>Net assets</b>			
		<u>907,813</u>	<u>899,821</u>
<b>Reserves</b>			
Income and expenditure account	15	907,813	899,821
<b>Members' funds</b>			
		<u>907,813</u>	<u>899,821</u>

These financial statements have been prepared in accordance with the small companies regime.

The financial statements were approved and authorised for issue by the board:



**Ciaran McKenna**  
Director



**Eugene Terence Moriarty**  
Director

Date: 15 October 2021

The notes on pages 12 to 22 form part of these financial statements.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

	2020 €	2019 €
<b>Cash flows from operating activities</b>		
Surplus for the financial year	7,992	424,017
<b>Adjustments for:</b>		
Amortisation of intangible assets	-	62,985
Depreciation of tangible assets	143,145	81,034
Government grants	-	(124,403)
Decrease/(increase) in stocks	5,868	(3,163)
Decrease/(increase) in debtors	211,636	(26,737)
Increase in creditors	1,104,691	145,742
Net fair value (gain) on Investment Property recognised in the Income and Expenditure A/C	-	(407,195)
<b>Net cash generated from operating activities</b>	<b>1,473,332</b>	<b>152,280</b>
<b>Cash flows from investing activities</b>		
Purchase of tangible fixed assets	(111,227)	(164,725)
<b>Net cash from investing activities</b>	<b>(111,227)</b>	<b>(164,725)</b>
<b>Net increase/(decrease) in cash and cash equivalents</b>	<b>1,362,105</b>	<b>(12,445)</b>
Cash and cash equivalents at beginning of year	981,657	994,102
<b>Cash and cash equivalents at the end of year</b>	<b>2,343,762</b>	<b>981,657</b>
<b>Cash and cash equivalents at the end of year comprise:</b>		
Cash at bank and in hand	2,343,762	981,657
<b>Net funds as at 31st December</b>	<b>2,343,762</b>	<b>981,657</b>

The notes on pages 12 to 22 form part of these financial statements.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****1. General information**

The financial statements comprise of the income and expenditure account, the statement of financial position, cash flow statement and related notes that constitute the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland for the financial year 31st December 2020.

The Irish Cycling Federation CLG T/A Cycling Ireland is a company limited by guarantee having no share capital, incorporated and registered in the Republic of Ireland (CRO number: 134567). The registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15 which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' report.

**Statement of compliance**

The financial statements have been prepared in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland' (FRS 102), applying section 1A of that standard.

**2. Accounting policies****2.1 Basis of preparation of financial statements**

The financial statements have been prepared on the going concern basis in accordance with the historical cost convention modified to include certain items at fair value. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 The Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland issued by the Financial Reporting Council. The company qualifies as a small company for the period, as defined by section 280A of that Act, in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Act and Section 1A of FRS 102.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements:

**2.2 Foreign currency translation****Functional and presentation currency**

The company's functional and presentational currency is Euro.

**Transactions and balances**

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

**2.3 Income**

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the revenue can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****2. Accounting policies (continued)****2.4 Borrowing costs**

All borrowing costs are recognised in the income and expenditure account in the year in which they are incurred.

**2.5 Pensions****Defined contribution pension plan**

The company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payment obligations.

The contributions are recognised as an expense in profit or loss when they fall due. Amounts not paid are shown in accruals as a liability in the statement of financial position. The assets of the plan are held separately from the company in independently administered funds.

**2.6 Government grants**

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the income and expenditure account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the income and expenditure account in the same period as the related expenditure.

OSK confirm that Sport Ireland grants received during the year were expended for the purpose for which they were intended.

**2.7 Tangible fixed assets**

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the reducing balance method.

Depreciation is provided on the following basis:

Motor vehicles	- 25% on a reducing balance basis
Fixture and fittings	- 10% on a reducing balance basis
Cycling and other equipment	- 33% on a reducing balance basis
Computer equipment	- 33% on a reducing balance basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****2. Accounting policies (continued)****2.8 Revaluation of tangible fixed assets**

Individual freehold and leasehold properties are carried at current year value at fair value at the date of the revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. Revaluations are undertaken with sufficient regularity to ensure the carrying amount does not differ materially from that which would be determined using fair value at the Statement of financial position date.

Fair values are determined from market based evidence normally undertaken by professionally qualified valuers.

Revaluation gains and losses are recognised in the income and expenditure account unless losses exceed the previously recognised gains or reflect a clear consumption of economic benefits, in which case the excess losses are recognised in the income and expenditure account.

**2.9 Investment property**

Investment property is carried at fair value determined annually by external valuers and derived from the current market rents and investment property yields for comparable real estate, adjusted if necessary for any difference in the nature, location or condition of the specific asset. No depreciation is provided. Changes in fair value are recognised in the income and expenditure account.

Rental income arising on investment property is accounted for on a straight-line basis over the lease term of the ongoing leases and is recognised in rental income in the income and expenditure account.

**2.10 Stocks**

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first out basis.

**2.11 Debtors**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**2.12 Cash and cash equivalents**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**2.13 Creditors**

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****2. Accounting policies (continued)****2.14 Financial instruments**

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

**3. Surplus on ordinary activities**

The surplus is stated after charging/(crediting):

	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
Depreciation of tangible fixed assets	<b>143,144</b>	<i>130,130</i>
Deficit/(surplus) on foreign exchange	<b>5,328</b>	<i>(12,460)</i>
Rental Income	<b>(32,750)</b>	<i>(8,000)</i>
Defined contribution pension cost	<b>10,909</b>	<i>7,357</i>
	<b>=====</b>	<b>=====</b>



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****4. Sport Ireland Deferred Grants**

	2020 €	2019 €
<b>Sport Ireland Dormant Funding</b>		
Grant received during the year	146,000	100,000
Unspent grant brought forward	106,500	100,000
Grant expenditure during the year	(63,000)	(93,500)
<b>Grant deferred</b>	<b>189,500</b>	<b>106,500</b>

	2020 €	2019 €
<b>Sport Ireland High Performance</b>		
Grant received during the year	440,000	493,000
Grant expenditure during the year	(230,000)	(493,000)
<b>Grant deferred</b>	<b>210,000</b>	<b>-</b>

	2020 €	2019 €
<b>Sport Ireland Healthy Ireland Funding - Keep Ireland Cycling</b>		
Grant received during the year	-	45,000
Unspent grant brought forward	45,000	-
Grant expenditure during the year	(7,000)	-
<b>Grant deferred</b>	<b>38,000</b>	<b>45,000</b>

	2020 €	2019 €
<b>Sport Ireland Core Grant</b>		
Grant received during the year	420,000	350,000
Unspent grant brought forward	40,000	-
Grant expenditure during the year	(380,000)	(310,000)
<b>Grant deferred</b>	<b>80,000</b>	<b>40,000</b>

IRISH CYCLING FEDERATION CLG T/A CYCLING IRELANDNOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020

	2020 €	2019 €
<b>Sport Ireland Women in Sport</b>		
Grant received during the year	37,500	50,000
Unspent grant brought forward	30,000	-
Grant expenditure during the year	(55,000)	(20,000)
<b>Grant deferred</b>	<u>12,500</u>	<u>30,000</u>

	2020 €	2019 €
<b>Sport Ireland Special Projects Programme</b>		
Grant received during the year	-	12,000
Unspent grant brought forward	4,000	-
Grant expenditure during the year	-	(8,000)
<b>Grant deferred</b>	<u>4,000</u>	<u>4,000</u>

	2020 €	2019 €
<b>Sport Ireland Covid 19 Scheme II Resilience Funding</b>		
Grant received during the year	283,000	-
Grant expenditure during the year	-	-
<b>Grant deferred</b>	<u>283,000</u>	<u>-</u>

	2020 €	2019 €
<b>Sport Ireland Covid 19 Scheme IV Resilience Funding</b>		
Grant received during the year	250,000	-
Grant expenditure during the year	-	-
<b>Grant deferred</b>	<u>250,000</u>	<u>-</u>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020**

	2020 €	2019 €
<b>Sport Ireland Aspire Programme</b>		
Grant received during the year	22,904	-
Grant expenditure during the year	-	-
	<u>22,904</u>	<u>-</u>

**5. Employees**

The average monthly number of employees, including the directors, during the year was as follows:

No directors emoluments were paid during the year (2019 - nil).

	2020 No.	2019 No.
Employees	<u>24</u>	<u>18</u>

Number of employees whose benefits (excluding pension) are €60,000 or greater:

	No. of employees	
	2020	2019
€60,000	1	3
€70,000	1	0
€90,000	1	0

**6. Gain on revaluation of Investment Property**

In the year ended 31st December 2018 the Freehold Property at 619 North Circular Road, Dublin 1 was revalued and the increase in value was credited to a revaluation reserve in the Statement of Financial Position as required under Section 17 of FRS102. In October 2019, this freehold Property was leased out by the company under a five year lease agreement, therefore the property now has to be accounted for as an Investment Property and under Section 16 of FRS102 all gains on revaluations of investment property must be taken to the Income and Expenditure Account. Therefore the Revaluation Reserve of €407,195 at 1/1/2019 was credited to the Income and Expenditure account in the year ended 31st December 2019.

**7. Taxation**

The Irish Cycling Federation CLG is exempt from Corporation Tax in Ireland. The company is fully tax compliant.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****8. Tangible fixed assets**

	Motor vehicles €	Fixtures & fittings €	Computer equipment €	Cycling & other equipment €	Total €
<b>Cost or valuation</b>					
At 1 January 2020	98,892	154,421	376,735	1,036,532	1,666,580
Additions	-	2,007	64,280	44,940	111,227
At 31 December 2020	<u>98,892</u>	<u>156,428</u>	<u>441,015</u>	<u>1,081,472</u>	<u>1,777,807</u>
<b>Depreciation</b>					
At 1 January 2020	73,985	98,410	269,831	859,269	1,301,495
Charge for the year on owned assets	6,227	5,802	57,055	74,060	143,144
At 31 December 2020	<u>80,212</u>	<u>104,212</u>	<u>326,886</u>	<u>933,329</u>	<u>1,444,639</u>
<b>Net book value</b>					
At 31 December 2020	<u><u>18,680</u></u>	<u><u>52,216</u></u>	<u><u>114,129</u></u>	<u><u>148,143</u></u>	<u><u>333,168</u></u>
At 31 December 2019	<u><u>24,907</u></u>	<u><u>56,011</u></u>	<u><u>106,904</u></u>	<u><u>177,263</u></u>	<u><u>365,085</u></u>

The Freehold Property located at 619 North Circular Road, Dublin 1 was revalued by REA Grimes, 34 Pembroke Street, Dublin 2, as set out in their report dated 1st March 2019. The valuation was commissioned by the Irish Cycling Federation. The basis of the valuation used was the current open market value of the property. The freehold property was transferred to investment property during the year ended 31st December 2019 as this property was rented out from October 2019 on a 5 year lease agreement.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****9. Financial Assets**

	Investment property €
<b>Valuation</b>	
At 1 January 2020	450,000
<b>At 31 December 2020</b>	<b>450,000</b>

The Freehold Property located at 619 North Circular Road, Dublin 1 was revalued by REA Grimes, 34 Pembroke Street, Dublin 2, as set out in their report dated 1st March 2019. The valuation was commissioned by the Irish Cycling Federation. The basis of the valuation used was the current open market value of the property. The freehold property was transferred to investment property during the year ended 31st December 2019 as this property was rented out from October 2019 under a 5 year lease agreement.

**10. Stocks**

	2020 €	2019 €
Finished goods and goods for resale	1,095	6,963
	<b>1,095</b>	<b>6,963</b>

**11. Debtors**

	2020 €	2019 €
Trade debtors	98,862	247,339
Other debtors	120,202	239,879
Prepayments	77,058	20,540
	<b>296,122</b>	<b>507,758</b>

**12. Cash and cash equivalents**

	2020 €	2019 €
Cash at bank and in hand	2,343,762	981,657
	<b>2,343,762</b>	<b>981,657</b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****13. Creditors: Amounts falling due within one year**

	2020 €	2019 €
Deferred Grant income	1,089,904	225,500
Deferred income	825,806	387,980
Trade creditors	80,007	247,339
PAYE/PRSI	28,540	23,466
Other creditors	159,122	211,503
Accruals	246,977	189,884
	<u>2,430,356</u>	<u>1,285,672</u>

**14. Creditors: Amounts falling due after more than one year**

	2020 €	2019 €
Deferred capital grants	85,978	125,969
	<u>85,978</u>	<u>125,969</u>

**15. Reserves****Income and expenditure account**

The income and expenditure account reserve represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to / from other reserves.

Included in the income and expenditure account reserve balance at 31st December 2020 are provincial retained reserves of €255,070 broken down as follows:

Connacht	€47,264
Leinster	€49,828
Munster	€37,573
Ulster	€120,405

**16. Company status**

The company is limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding €1.27 towards the assets of the company in the event of liquidation.

**17. Pension commitments**

The company operates a defined pension contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund amounted to €10,909 (2019 - €7,357).

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****18. Post balance sheet events**

COVID-19 is having a material impact on the company's operations. Post year end COVID-19 continues to have an impact on the company's financial statements. In response to this the company has implemented a series of measures to reduce operating costs, maximise available cash flow and maintain and strengthen the company's liquidity position.

**19. Approval of financial statements**

The board of directors approved these financial statements for issue on 15 October 2021

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020****13. Creditors: Amounts falling due within one year**

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**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020****18. Post balance sheet events**

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# FINANCIAL OVERVIEW

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
<b>Income</b>		
Affiliation Fees	1,506,628	1,657,241
DTTS Sport Ireland - Core Grant *	380,000	310,000
DTTS Sport Ireland - Women in Sport Grant *	55,000	20,000
DTTS Sport Ireland - Great Dublin Bike Ride *	-	155,000
DTTS Sport Ireland - HP Carding Grant *	-	268,000
DTTS Sport Ireland - High Performance Grant *	659,000	493,000
DTTS Sport Ireland - High Performance Grant (additional) *	-	12,000
DTTS Sport Ireland - Get Ireland Cycling	7,000	36,000
DTTS Sport Ireland - Dormant Funding*	63,000	93,500
DTTS - Cycle Right Resource	76,390	74,639
DTTS - Cycle Right Program	489,950	833,693
DTTS - Bike Week	5,142	16,167
Sports Northern Ireland Grants	225,085	374,721
OFI Funding	-	15,000
Sponsorship	70,510	15,000
Sponsorship in Kind	74,000	-
Paralympics Ireland Contribution	80,000	80,000
Axa Bike Hub	167,155	130,354
Coaching and Education Income	10,866	17,663
Dublin City Council Funding	-	15,000
Rental Income	32,750	8,000
<b>Total</b>	<b><u>3,902,476</u></b>	<b><u>4,624,978</u></b>

\* The Department of Transport Tourism and Sport is the sponsoring Department for all Sport Ireland grant income except Get Ireland Cycling grant which is funded by the Department of Health.

The Department of Transport Tourism and Sport (DTTS) is the sponsoring Department for Cycle Right and Bike Week funding.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

	<b>2020</b>	<b>2019</b>
	€	€
Coaching, Development & Programmes	423,043	423,537
Cycle Right	523,926	825,123
Commissions	53,014	186,010
High Performance Central Costs	341,596	410,731
High Performance Events	248,297	588,719
International Carding Scheme	450,186	306,150
Membership	220,874	217,254
Sporting & Domestic Events	129,079	344,172
Professional Fees	58,047	121,710
Financial	23,134	20,083
Administration	370,920	352,833
Insurance	620,936	588,090
Premises	29,344	47,290
Marketing & Communications	227,864	134,384
Vehicles	9,328	42,071
Provinces	164,896	-
<b>Total Expenses</b>	<b>3,894,484</b>	<b>4,608,156</b>



# CEO REPORT

## INTRODUCTION

As we concluded the 2020 Cycling Ireland AGM in October last year, for the first time in CI's history delivered virtually on account of the pandemic and ongoing restrictions, it was hoped 2021 would see a return to some sense of normality for the cycling community and society at large.

However, 2021 began in lockdown and through until the mid-year period, it was not possible to stage a number of cycling events and activities. This included the National CX Championships and many early season, and in particular mass participation, events. As was the case in 2020, the dedicated volunteers, clubs and staff within the community innovated and persevered to deliver online, virtual and/or modified activities in response to the Covid context – as well as a great number of events and initiatives once restrictions lifted mid-year.

As anyone who was attempting to purchase a new bike through 2021 will likely attest, the pandemic has seen a large upswing in the popularity of cycling and resulted in challenges to supply chains for bikes and cycling equipment. Recent editions of Sport Ireland's Irish Sports Monitor research have supported these trends – noting a significant increase of more than 100% in the number of people cycling in Q3 of 2020 and Q2 of 2021 when compared with 2019 figures. These statistics are a positive development and represent a significant opportunity for the future potential of the sport and organisation.

The activities, events and achievements of the 2021 year are captured through the various department and sub-committee reports within this manual – but some highlights of 2021 include:

- A stunning 4 medal haul from our Paralympic cyclists in the re-scheduled Tokyo 2020 Games – two Gold and one Silver won by Katie-George Dunleavy and Eve McCrystal; and a Bronze Medal won by Gary O'Reilly;
- Admirable performances from Ireland's largest ever Road and Track Olympic Team at the Tokyo 2020 Games – Olympians Emily Kay, Shannon McCurley, Dan Martin, Nicholas Roche, Eddie Dunbar, Felix English, Mark Downey, and reserve athletes Lydia Gurley and Fintan Ryan.
- Medal winning performances and national records from our HP Track Team at the Nations Cup in St Petersburg and at the European Track Championships;
- The continued growth of the AXA Community Bike Rides Program to include more than 4,000 registrants and establishment of regular community rides in 28 of the 32 counties;
- The staging of a busy calendar of events once restrictions allowed – including a majority of National Series and National Championship events; especially the return of many Championships that weren't able to be held in 2020;
- A complete re-build of the Cycling Ireland website, logo and brand identity; and

- The staging of the first Great Ireland Family Bike Ride and a series of related Bike Week challenges and activities.

## VOICE OF THE MEMBERSHIP SURVEY

As you will likely be aware, CI is now completing an annual survey of the membership – the most recent 2021 edition having been completed in September.

A big thank you to all members who took the time to give us some feedback. As a member-based organisation we are keen to hear from you and to ensure we reflect your views and opinions in the activities and offerings we provide.

Cycling Ireland continues to achieve a Net Promoter Score (NPS) of + 16 with new members more likely to recommend Cycling Ireland membership to their friends and family.

We're pleased to report a number of the items raised in the 2020 survey have since been addressed - the major deliverables being an enhanced membership/registration system and new website functionality. More details on the 2021 survey results are provided in the membership report – and will be presented to the AGM during the meeting.



## MEMBERSHIP

As will be discussed during the AGM, the total membership of Cycling Ireland for 2021 is expected to reach almost 25,000. It is especially heartening to see a growth of 34% in U18 membership – so a big thank you to all clubs, volunteers, staff and the Youth Commission for your efforts in achieving this.

The 2021 membership numbers reflect a return to 2019, pre-covid membership levels, and is a testament to the efforts of all in administering clubs, running events and delivering the sport this year. The challenge rests with us all to capitalise on the popularity of cycling through Covid times in order to reap the benefits for the health of our community, clubs and the sport at large in the future.

Further details on the breakdown of membership by categories/user groups is provided within the membership report following.

## CONCLUDING REMARKS

A massive thank you to all the provinces, clubs, marshals, commissaires, commissions, event promoters and all the volunteers who have contributed to keep cycling activities and events going through the pandemic period. We appreciate Covid-19 has added many challenges to your efforts and especially thank you for rising to these to enable opportunities and facilitate participation for others.

A huge thank you also to the Board and staff of Cycling Ireland – who have been steadfast through 2021 in ensuring the ongoing stability and development of the sport.

The achievements of 2021 simply would not have been possible without the support of our key funding partners and stakeholders Sport Ireland, Sport Northern Ireland, Paralympics Ireland, the Olympic Federation of Ireland, the Dept of Transport, and sponsors whose assistance brings great value and is much appreciated.

2022 promises to be a challenging year as we set our sights on the further achievement of the targets in our 2020-2024 Strategic Plan and look to rebound from the Covid period. I look forward to working with you all for the future success of cycling in Ireland.

**Matt McKerrow,**  
**Chief Executive**

CYCLING IRELAND

6 November 2021





# MEMBERSHIP



For the first time since 2017 membership of Cycling Ireland increased. This represents a huge achievement particularly in the face of the considerable challenges caused by Covid-19, including the cancellation of numerous events and traditional club activities. At the time of writing 2021 membership is still open however growth is projected to be over 6%.

### 2021 MEMBERSHIP



A digital-first marketing campaign reached 225,000 people on social media and helped communicate the benefits of Cycling Ireland membership to a wider audience. The new Membership and Events system, which launched in 2020 has also been well received and makes the process of purchasing membership and event entries easier. These improvements along with the added benefit of hundreds of training sessions on the Training Hub have all played their part.

### VOICE OF THE MEMBERSHIP

In September 2021 we launched the second ‘Voice of the membership’ survey. The research is conducted annually and provides valuable insights from the wider membership. 5,700 people took the time to contribute signifying an active and engaged community.

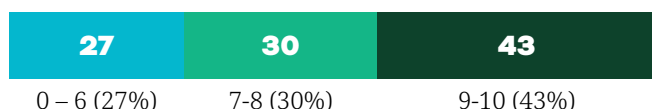
Key themes last year included the need for an improved membership and events booking system, mobile enabled website, and improved member benefits. These were acted upon with the launch of the new membership and events system, new website and development of the Training Hub, an online training resource for members.

Some high-level results from the 2021 survey can be found below. A more detailed analysis will be completed over the coming weeks and steps taken to address the key themes and feedback which emerges.

### OVERALL LIKELIHOOD TO RECOMMEND

Based on your experience of Cycling Ireland how likely are you to recommend membership of the organisation to others.

#### NET PROMOTER SCORE:

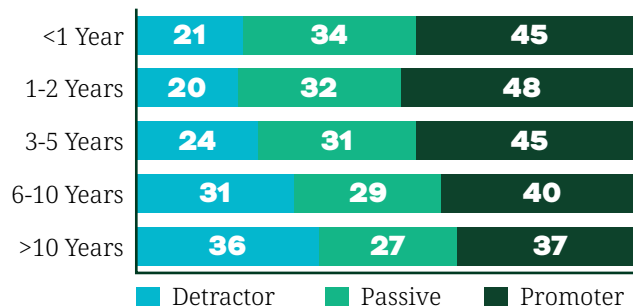


### NET PROMOTER SCORE BASED ON DURATION OF MEMBERSHIP

Newer members view Cycling Ireland in a more positive light and are more likely to recommend membership to their friends and family. Those who have been members of Cycling Ireland for 10 years or more formed the greatest proportion of detractors ranking Cycling Ireland between 0-6. These people are unlikely to recommend membership to others. The 43% of respondents who gave a score of 9-10 cited the following benefits and reasons for their score.

### PROMOTER FEEDBACK

- Insurance seen as a positive, reassurance, or providing peace of-mind and was seen as a relatively low cost.
- Many respondents highlight that they feel CI is a well-run, organized body that provides timely, relevant information for members and supports their cycling activities with a reassuring insurance policy.
- Complimentary about website and communication from CI, as well as advocacy efforts undertaken by CI.
- Promoters are complimentary about Cycling Ireland’s Covid-19 response, including online classes and the Training Hub. The leadership by elite cyclists (e.g. Eve McCrystal and Matteo Cigala) was highlighted by some respondents.
- There is general positivity about the health and wellbeing benefits of cycling and being part of the broader cycling community.



### TOP 5 MOST IMPACTFUL DEVELOPMENTS IN 2021 AS RANKED BY MEMBERS

New Membership & Events System	19%
Cycling Ireland Training Hub	16%
New Website	15%
Covid-19 Assistance & Guidance	9%
Women in Sport Programmes	8%

## MEMBER PROFILE

### MEMBERSHIP TYPE

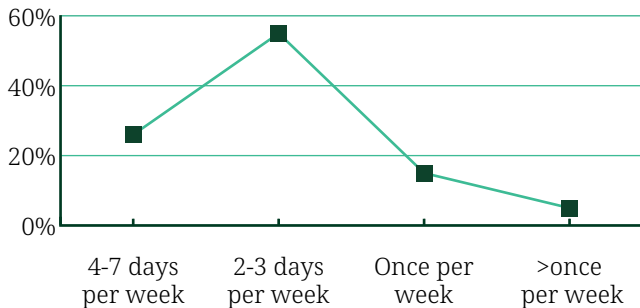
Leisure Member .....	67%
Competitive Member ..	32%
Supporter .....	1%
Male .....	80%
Female .....	20%
U18 members .....	11.7% (U18 membership up 34% on 2020)

### MEMBERS WHO STATE THEY ARE INTERESTED IN A PARTICULAR DISCIPLINE:

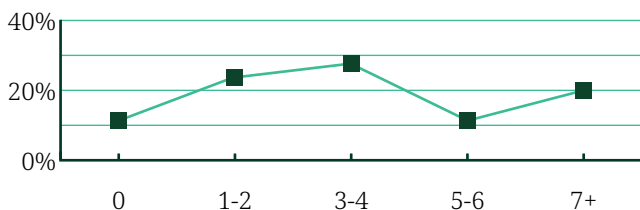
Leisure Cycling .....	71.7%
Competitive Road .....	61.5%
Off Road .....	28.5%
Track .....	8.5%
BMX .....	7.7%
Paracycling .....	2.4%

The Voice of the Membership survey found that members felt Off-Road cycling was underrepresented and should receive more attention from Cycling Ireland.

### Q43 HOW OFTEN DO YOU CYCLE?



### HOW MANY CYCLING IRELAND EVENTS WOULD YOU TYPICALLY TAKE PART IN DURING A YEAR?



## TRAINING HUB

2021 saw the launch of the Training Hub which contains cycling-specific, live and expert training sessions in yoga, pilates, strength and conditioning and more. Over 120 workouts are now available for members to access free of charge.

The Training Hub is currently available on desktop with an App for Android of iOS launching in 2022. This will give members the convenience of streaming workouts anywhere from their smartphone devices.

**120+ WORKOUTS** →

**90,000+ MINUTES OF TRAINING COMPLETE** →

**👍 PILATES MOST POPULAR SESSION**

### IN ADDITION TO INSURANCE COVERAGE AND ACCESS TO THE TRAINING HUB, MEMBERS CAN ALSO AVAIL OF THE FOLLOWING BENEFITS.

Cycle Superstore (instore or online) .....	€20 voucher and 12.5% VIP discount
See.Sense Lights .....	30% OFF
Gym+Coffee .....	20% OFF
TrainingPeaks .....	20% OFF
Bikmo Bike Insurance .....	7.5% OFF
Scribe Wheels .....	5% OFF
Bike Fit Studio .....	€50 voucher
The Sufferfest .....	2 months free
Bike Register .....	15% Off
Discounted Event Entry	

# EVENTS



2021 has been a better year for events than 2020 with some easing of COVID-19 related restrictions. Road racing returned to Northern Ireland in April and to the rest of the country in June.

Online events on the Zwift platform continued with the Winter and Spring league. Cycling Ireland's partnership with Zwift continued and we were able to produce live stream feeds for several Spring races. A programme of 3 weekly events continued throughout the year comprising of a Tuesday Group Workout, Thursday Group Ride, and an eRace on Saturday mornings.

In 2021 we produced highlights of the National Senior Men & Women Road Championships in October. This was broadcast on RTÉ2.

The event permitting system is now bedded in and we processed 444 permits up to October 2021.

Work is currently underway to build the events calendar for 2022. We anticipate all sanctioned events will use the Cycling Ireland online registration system for 2022.

## ONLINE ENTRY & PERMITS

The new Membership & Events System (powered by Eventmaster) is now fully operational. The issuing of One-Day Licences is now automated while some further enhancements are being worked on as we improve the functionality of the system.

Clubs and members appear to have embraced the system with 417 clubs affiliated and almost 25,000 members registered.

444 permits have been submitted by clubs in 2021. Of these 386 (87%) were set up for online registration, processing 41,050 event entries. We expect this to increase as more event registrations are set up in the final months of 2021.

## PERMIT/EVENT REGISTRATION BREAKDOWN

### SAFETY GROUP

A re-design of the Risk Assessment document is underway to make it easier for promoters to complete and to gather more relevant information. Event safety training for promoters is also being planned prior to the 2022 season.

PERMIT TYPE	EVENT CATEGORY	ALL PERMITS	ONLINE EVENTS	ONLINE BOOKINGS	AVERAGE BOOKINGS
Competitive	BMX	10	8	1,217	152
	OFF_ROAD	48	33	5,124	155
	Road	222	207	22,640	109
	Track	12	12	730	61
Competitive Total		292	260	29,711	114
Leisure	Audax	32	29	638	22
	OFF_ROAD	33	24	909	38
	Road	87	73	9,792	134
Leisure Total		152	126	11,339	90
Grand Total		444	386	41,050	106

### GREAT DUBLIN BIKE RIDE

In 2021, the Great Dublin Bike Ride was again postponed due to Covid-19. An alternative virtual Great Ireland Bike Challenge was set up and 259 riders registered, raising €10,157 for charity. A Family Festival was also held in Corkagh Park with 40 families and a great day was had by all who attended. While the numbers for these events were less than hoped, the family festival was well received, and we would hope to continue this event for 2022.

## CYCLING HUBS PROJECT PHASE 1:

An investment of £30,000 was secured in 2019 for 3 Cycling Hubs in Ulster from the Department of Communities to support the development and growth of cycling in Northern Ireland.

The Phase 1 Cycling Hubs are to be located at 3 sites in the following council areas:

- Fermanagh and Omagh Council\* area:
- Eccellesville Centre, Fintona.
- Newry, Mourne and Down Council area:
- Gosford Forest Park, Armagh.
- Causeway Coast and Glens Council\* area:
- Jim Watt Sports Centre, Garvagh.

All three hubs are now on-site, two\* of which will be operational from November 2021 for the delivery of programmes and cycling initiatives. The third hub will be operational in early 2022.

## CYCLING HUBS PROJECT PHASE 2:

A second application was submitted in March 2020 and an additional £30,000 investment was secured for three Cycling Hubs in Ulster from the Department of Communities to support the development and growth of cycling in Northern Ireland.

The Phase 2 Cycling Hubs are to be located at 3 sites in the following council areas:

- Armagh Banbridge and Craigavon Council area:
- Gosford Forest Park, Markethill, Armagh.
- Antrim and Newtownabbey Council area:
- Valley Leisure Centre, Belfast.
- Mid Ulster Council area:
- Dungannon Park, Dungannon.

The hubs are due to be operational in 2022 for the delivery of programmes and cycling initiatives.

## HENRY JONES PLAYING FIELDS PROJECT 2021:

A feasibility study was contracted and completed in March-April 2020 by Abacus and the Henry Jones project has now been recommended for inclusion in the new Belfast City Council Sports Strategic Plan 2021-2024 to enable funding to be designated to the project by the council. Further meetings are planned for the coming months.

## ORMEAU PARK BMX TRACK PROJECT 2021:

As a result of the ongoing meetings an application was submitted to the White Mountain Funding Programme in October for £50,000 to complete the upgrade/refurbishments works of the current track and a facility use agreement has now been agreed with Belfast City Council and Cycling Ulster/Belfast BMX Club.

Club Framework and club Self-Assessment System:

During the last 12 months, a lot of work has gone into the development of a new Club Framework document and a proposed new Club Self-Assessment Online System and Tool Kit which will support all existing cycling clubs adhering to best practices throughout the process to ensure success and achievement. The new framework document will replace the current Club Mark programme so that all clubs in Ireland can access and avail of the resources and support available.

## CLUB WORKFORCE PROJECT:

In 2022 an assessment of the current Club Workforce in clubs in Ulster and the areas for potential development with the current and newly established cycling clubs will take place. This assessment of the current club workforce currently in Cycling Clubs in Ulster will help identify the key areas, counties, and clubs for growth in Ulster.



# EDUCATION AND PROGRAMMES

Covid-19 continued to play a significant role in 2021 across the whole sporting landscape. For the Cycling Ireland Education and Programmes area we continued to be agile and innovative, to provide as many opportunities as possible, within the various constraints we had to contend with. The dedicated team across Education and Programmes, along with the amazing support of our tutors, activation officers and volunteers, worked tirelessly through the year whilst navigating all the Covid-19 challenges along the way.

With the re-imposition of a harsh lockdown and associated restrictions we were once again unable to deliver our education, programmes, and activities in the traditional way for a significant proportion of 2021. During this time, we again looked to engage and connect with our communities in virtual spaces, utilising all available platforms (i.e., Zoom, Zwift, Strava, Social Channels, Training Peaks, etc) to facilitate this, enabling us to maximise our reach and provide a diverse range of offerings, which the remainder of this report will speak to. The welcomed easing of restrictions has enabled us to gradually re-introduce our activities, cognisant of government recommendations and guidelines during each phased easing of restrictions.

## EDUCATION

2021 kicked off with a series of three Get Coaching Webinars for coaches. A great line up of presenters Dr. Ian Sherwin, Dr. David Passmore and Liz Burkinshaw delivered a series of webinars on 'Know who you are coaching', 'Creating a positive coaching environment' and concluded with 'Building a community - on and off the bike' respectively, skilfully summarised by Liz Burkinshaw.



July, saw the gradual re-introduction of some of our courses on a per award basis and the appropriateness of delivering specific courses based on the government guidelines in place. A further easing of restrictions through September and October has enabled us to expand our course offerings for the remainder of the year. To date, as of 1st of October, we have seen an increase of Coaches, Instructors and Leaders in the order of 250 who have attended one of 28 individual courses to date.

Behind the scenes work has been ongoing on the development

of our Coach Education programme with work currently being done on the development of a Level One Discipline Specific course across Road and Time Trial, BMX, Off-Road and Track. Through July and August, we started a process of piloting and product testing the Level One Online Modules (i.e., Introduction, Care in Coaching, Design for Learning and Rider Development modules) with subsequent Road and Time Trial discipline module and face-to-face practical due to take place in the final quarter with a small cohort of coaches all feeding into the development cycle.

2021 saw an exciting collaboration between Cycling Ireland and Vision Sport Ireland (VSI) with the development of a training course aimed at training and recruiting tandem pilots across the country that will allow more people with a vision impairment to participate in cycling. This blended course (consisting of an online module and face-to-face practical day) will be launched to the public in early 2022 following two experimental courses delivered in June and further course in October prior to launching.

**Rachel Ormrod**

**Education and Programmes Manager**

*Cycling Ireland*

**Róisín Hickey,**

**Coach Education Administrator**

*Cycling Ireland*

## PROGRAMMES

Cycling Ireland's Programmes continue to adapt and innovate in an ever-changing environment to provide opportunities to participate in cycling, developing skills and knowledge for both new and experienced cyclists across a range of ages, abilities, and disciplines.

The establishment and implementation of a pilot partnership agreement between **Local Sport Partnerships (LSP)** and Cycling Ireland for the delivery of a suite of programmes including Sprocket Rocket, Learn to Cycle, Learn to Cycle with a Disability, Gearing Up Off-Road and Bike for Life, enabling stronger relationship between LSP and Cycling Ireland to reach local communities and get more people on bikes, has massive potential for years to come to create a big impact on participation!

During **Active Schools**

**Week** a range of fun cycling activities, games and skills challenges were available to try both at school and at home. Throughout the week Cycling Ireland released Daily Challenges taken from

the Gearing Up Skills programme demonstrated by some of our top athletes to inspire the next generation of cyclist to have a bit of fun and improve bike skills along the way!

Continuous support provided to **Cycling Ireland Youth Commission** which is a sub-committee of the Board of Cycling Ireland, and the primary objectives are to promote all cycling disciplines to young people across the island of Ireland by providing fun, safe and enjoyable environments. Currently in development is the resource for Engaging and Retaining Youths in Cycling - Club Support Toolkit which will



be circulated over the coming months. Huge thank you to the extremely passionate and driven commission members that are paving the way for young people to access cycling.

In 2021 Cycling Ireland was successful in obtaining external funding to support cycling activity for specific groups. Utilising Cycling Ireland's current suite of programmes and linking in with a variety of clubs, coaches, local sports partnerships, community groups and other stakeholders, two significant projects include:



## DORMANT ACCOUNTS

(Sport Ireland) funding supports the co-ordination and delivery of opportunities, to people in socially, economically and educationally disadvantaged areas.

### PART 1

#### Programme Activation

Delivered across a suite of cycling programmes (Balance Bike and Sprocket Rocket) using a team of Activation Officers equipped with bikes, helmets and supporting equipment which are critical to its success, as schools return to full capacity after the summer break, delivery will take place through to year end.



### PART 2

#### Pilot Cycling Hub

Working in partnership with South Dublin Sport Partnership and South Dublin County Council to support them and the work that they are doing in Collinstown (development of a Cycling Hub and Track located on the school grounds and local park). Through this collaboration and support from Repucon Consulting a blueprint/framework for other agencies to use will be circulated in order to replicate the concept more widely. Also, in South Dublin the development of a pilot Transition Year (TY) programme for secondary schools will take place in the final quarter.

### PART 3

#### Doorstep Cycling Programme

Cycling Ireland in partnership with StreetGames are looking to gathering insight into the perception, barriers and uptake of cycling for young people living in deprived communities across Ireland through an online survey and facilitated focus groups. A report and recommendations will be produced, based on these findings, a programme will be developed that can be rolled out in the community for young people, based on their specific needs and with direct input from them.

**Margo Finnegan**  
Programmes Coordinator  
Cycling Ireland

## BIKE LIKE ME

Bike Like Me is Cycling Ireland's overarching campaign to inspire more women and girls to discover cycling and feel confident on their bikes. Cycling Ireland's Strategic Plan 2020-2024 has specifically identified Women under the Participate pillar as a priority for development over the coming years. Bike Like Me campaign aligns with Sport Ireland's Policy on Women in Sport which focuses on four target areas - Active Participation, Coaching and Officiating, Visibility and Leadership and Governance. A series of initiatives and programmes have been rolled out across all four target areas.



## TARGET AREA 1

### ACTIVE PARTICIPATION

Due to the continuation of the restrictions in place for the majority of this year and our inability to deliver programmes in our traditional way, we resumed the successful and accessible **Online Training Programme** due to high demand. The programme grew to providing four separate opportunities - Beginner Girls, Intermediate Girls, Beginner Women and Intermediate Women. Jamie Blanchfield designed the programmes which were linked to Training Peaks to offer additional support on top of the weekly online Zoom session which were delivered by our Leaders; Imogen Cotter (Beginner and Intermediate girls), Laura Daly (Beginner Women) and Eve McCrystal (Intermediate Women). Over 700 women and girls signed up to participate across all the programmes.

Support was provided for women off the bike as well as on, through lunchtime **Strength & Conditioning** sessions via Cycling Ireland's Facebook page by Bike Like Me Advocate Laura Daly attracting lots of interest throughout the series. An **Online Series for Beginner Cyclists** was led by Tarja Owens via Zoom which included topics - what to wear, bike set up, cycle safety etc. This was a great introductory programme for many who went on to register for the Online Training Programme.

### #HEROUTDOORS WEEK



A new initiative by Sport Ireland, an opportunity re-introduce females to the power of outdoor sports. A hugely successful



week saw many cycling clubs engage in providing taster days to welcome new females into their clubs. Off-road taster days were extremely popular which shows the demand and hunger out there for females to get involved in off-road cycling.

There has been incredible interest from clubs and Local Sports Partnerships in the **Women on Wheels** programme throughout the year. Foundations for the development of the programme over the coming years has been put in place from getting ride leaders trained up, to consultations with clubs to embed successful support structures. 2022 will see huge growth in getting more women on their bikes in local communities.

**TARGET AREA 2**  
**COACHING AND OFFICIATING**



Following on from last year's successful and exciting **Women's Coaching Pathway**. This year Cycling Ireland collaborated with four other National Governing Bodies to provide a unique opportunity for female cycling coaches. This programme has been designed to give participants the opportunity to improve their knowledge, expand their network and develop leadership and coaching skills in a supported, collaborative environment alongside female coaches from Triathlon Ireland, Irish Amateur Boxing Association, Athletics Ireland and Rowing Ireland. The 8 coaches from last year's programme have the opportunity to upskill and become mentors to the 6 new incoming coaches from this year's programme.

coach development opportunities have been afforded to participants on Ride Leader (as part of the Women on Wheels programme) and Foundation Coaching courses, with females making up over 30% of all participants. The plan is to support more women at the beginning of the coaching pathway from grassroots, broadening the coaching base leading to more women progressing through the system over the coming years into High Performance.

**TARGET AREA 3**  
**VISIBILITY**

Six new **Bike Like Me Advocates** were selected in 2021 in addition to the six advocates from 2020, to assist in promoting cycling to women and girls through our Bike Like Me campaign. Each Bike Like Me Advocate has been a positive voice championing the sport of cycling in their local clubs and communities, sharing their stories along the way. Bike Like Me Advocates have supported and lead local cycles as part of Bike Week, Sport Ireland have utilized advocates to support their programmes, along with coaches in their

promotion of #HEROutdoors week as well as being key speakers on webinars.

An increase in representation of imagery and profile across all Cycling Ireland **social media** channels of our female role models are being used to inspire other females to get on their bikes, no matter what bike they use, ability, what experience or what their preferred discipline.

Cycling Ireland was successful in securing Sport Ireland Women in Sport funding for a further two years. We are looking forward to relaunching the Bike Like Me campaign over the coming months which will look to further increasing the visibility of females in cycling.

**TARGET AREA 4**  
**LEADERSHIP AND GOVERNANCE**

Engaging and Retaining Women and Girls in Cycling - **Club Support Toolkit** was launched focused on the four target areas - Active Participation, Coaching and Officiating, Leadership and Governance and Visibility.

A workshop has also been developed to support the Toolkit and provide greater support to clubs giving them an opportunity to learn from and network with other clubs. So far 24 clubs have attended Active Participation Workshop with the remaining three target area workshops being rolled out by years end.

The **Women in Sport Leadership Programme** facilitated by Swim Ireland, helps females thrive in leadership roles. Cycling Ireland supported this initiative last year and again this year with 4 females in total apply their newfound knowledge and confidence gained by stepping up into significant leadership roles throughout the year.



The finalisation of the Women in Sport Research Review by Repucon Consulting. The study was designed to understand international best practice in attracting and retaining female participation. In addition, the evaluation assessed the views of female cyclists on a range of issues such as - Attracting females into the sport of cycling - Barriers to participation - Establishing how cycling clubs can engage and attract female members - Benefits of cycling and being part of a club - Factors to encourage more younger female participation, further research was conducted among coaches across the country. A total of 100 coaches participated and three club case studies completed.

Continuous support provided to **Cycling Ireland Women’s Commission** which is a sub-committee of the Board of Cycling Ireland, and the primary objectives are to promote all cycling disciplines to women and to facilitate the recruitment and retention of women cyclists in Ireland. Helping to bridge the gaps between transitions across the athlete pathway and adopt a more collaborative approach to women and girl’s development. Massive thank you to all the commission members over the past year for their time and dedication to support the development of women’s cycling.

**Elaine Cahill**  
**Women in Sport Development Officer**  
*Cycling Ireland*

## AXA COMMUNITY BIKE RIDES



Launched in 2019, AXA Community Bike Rides has continued to grow and develop across 2021 with a significant increase in membership and

participation. Finishing up at just over 3,000 members in 2020, the programme has now expanded to over 4,300 members from all 32 counties. There has been a total of 21,500 registrations across all bike rides to date.

Ride Leader training was able to resume during the summer months and there was a total of 12 training courses run over July and August to begin the recruitment of new Ride Leaders. There are now over 100 ride leaders in 25 counties around Ireland. In 2021, these leaders have led 347 Group Rides with a total of 2,150 registrations across these rides.

Solo Rides were introduced in March of 2020 when the programme came to a halt due to Covid-19 restrictions. They offered the opportunity for any member of AXA Community Bike Rides to register and take part in a solo bike ride from their home. To get credited for participating, they submitted a picture from their ride within 24hrs of completing it. This meant that although members were cycling on their own, they were participating as part of a wider community. Despite Group Rides now resuming, Solo Rides have become an integral part of the initiative, allowing members to participate in areas where Group Rides may not yet be available to them. There have been over 16,000 registrations on Solo Rides since their conception.

Website developments throughout 2021 have led to a more user-friendly design; with new platforms introduced specifically for member to leader interaction and leader to leader discussions. This has contributed to a greater

community feel and allows members to communicate easily with each other and other leaders. The Leader platform has allowed for thoughtful discussions as well as the dissemination of ideas and useful advice.

Several resources were created to provide guidance to members and leaders in areas such as road safety and fuelling practices and these are displayed across the resource section of the AXA Community Bike Ride’s website. In addition to this, resources were developed to support leaders with the navigation of the website and the processes of creating a bike ride.



The increased levels of participation have resulted in a significant increase in the distribution of rewards, as all participation is tracked through the online platform, and when members complete 10, 50 and 100 rides, they receive a reward (i.e., buff, water bottle, t-shirt). Due to the volume of participants exceeding the 100 rides mark this year, there has been the introduction of a new 250 ride reward, a branded beanie hat. Nigel McCullough, a member, and leader from Co. Down was the first to hit this milestone.

Research was facilitated by Sport Ireland in conjunction with The Behaviouralist, to look at engaging members that were yet to participate in a bike ride. As part of this research a competition took place between August and September whereby anyone that participated in a bike ride would be entered into a draw to attend a ride with Eve McCrystal as well as be in with a chance of winning a bike worth €1000. Members were engaged through an email campaign that encouraged them to take part in the competition and complete a bike ride. Of the members that created an account on the AXA Community Bike Rides website in 2021, 363 of them have participated in at least one bike ride so far.



For more information on taking part or becoming a volunteer leader in your area, please check

out [www.axacommunitybikerides.com](http://www.axacommunitybikerides.com).

**Nicole Evans**

**AXA Community Bike Rides Coordinator**

*Cycling Ireland*

**Jason Goodison**

**AXA Community Bike Rides Development Officer**

*Cycling Ireland*

## CYCLE RIGHT

### NATIONAL CYCLE SAFETY STANDARD



Since its year of launch in 2017, Cycle Right has recorded growing levels of participation, with over 15,000 in that year, in excess of 20,000 participants in 2018 and participation levels for 2019 reaching 23,000 with schools in 25 counties accessing training throughout the year. Participation in 2020

was impacted by Covid school closures in March 12th 2020 which had a continued effect over the second half of the school year although school training did resume in September 2020. Once again in 2021 schools closed until mid March, impacting numbers for the second year running. With the new school year in September 2021, the programme has seen close to full resumption, and increased demand. With actual numbers trained in 2020 at the subdued level of just over 13,000, 2021 currently looks like bouncing back to 16-17,000 and with demand and an increased trainer force supplemented by a blended learning programme implemented this year, 2022 looks on target to offer training to further increased numbers of participants.

Commitment to funding from the Department of Transport and the Road Safety Authority remains strong, both organisations acknowledging the benefits of the programme. Funding from An Taisce and many local authorities and local sports partnerships is also committed to the programme in many areas. This year, for the first time, and with funding support from An Taisce, a pilot programme in secondary schools will roll out. This is an area where demand increases, and while a more complex environment logistically and in regards to training for providers, it is an area likely to feature more moving into the future.

As well as co-ordinating the approval, administration and funding process for the programme, Cycling Ireland maintains oversight of the annual registration and quality assurance programme which features annual visits with trainers to ensure continued quality of delivery. Trainer courses remain in demand with the highest participation in new trainer training since the start of the programme happening in 2021.

Work continues on the rollout of adult training at Stages Two and Three of Cycle Right. This training focuses on the skills needed to develop cyclists who are confident and competent in the Irish road environment. A course was staged in association with Dublin City Council in Dublin and it is hoped that the training will have a positive impact on the commuting habits of those working there.

As a further development in the adult training area, the Cycle Right online resource rolled out in Autumn 2020 and has seen consistent activity over the past year. Those taking the course are able to self educate in their own time. Aspects critical to competence and confidence on the road feature. Custom films highlighting particular aspects of the road environment for cyclists are included as key aspects of this resource, which is supported by the Department of Transport, and the RSA. The resource is also a key component of all new trainer training, adult training and secondary school delivery.

In addition, this year will see a further online resource added to the suite which will focus on offering support to parents and guardians of children cycling, in addition to last year's film resources, which support funding from our Bike Week partners in the Department enabled. These films demonstrate how an adult should cycle with a child on the road and with parents increasingly being asked to do just this with their children, the resource has proved timely and has been welcomed by, amongst others, the many schools who are involved in training across the country.

The Cycle Right Disabilities Trainer module continues to be used by trainers to offer training in special schools around the country and is now a set module of core new trainer training. Learn to Cycle with a Disability programmes are promoted by the Sport Inclusion Disability Officers (SIDO) in various LSPs. The training offering to healthcare professionals and those working with individuals with particular needs in the education sector including LSPs is very well received. Through an allocation of European Week of Sport funding in 2020, it was possible to create a set of resources, including films, to support online delivery. In the past year, 18 of these courses have been delivered with 12 LSPs and groups.

**Barbara Connolly**

**Cycle Right Development Officer**

*Cycling Ireland*





# HIGH PERFORMANCE

The 2020-21 year has been a difficult one for the High-Performance unit, not least due to the ongoing Covid pandemic, which saw a disrupted and changeable events programme, with the inclusion of the Olympic Games – a year behind schedule.

2021 saw significant challenges with regard to HP staffing. Performance Director Brian Nugent left the organisation in March, Road Managers Neil Martin & Kurt Bogaert retired and more recently Martyn Irvine (Track Coach) and Craig Dowling (HP Admin Officer) have departed the team. The organisation thanks them for their contribution and acknowledges their roles implementing and growing the High-Performance programme from such humble beginnings.

By the time of our meeting recruitment should be well underway to engage a new High-Performance Director and Head Track Coach, with further changes to the HP unit structure being planned, subject to funding.

The new staff will continue to drive the HP programme and deliver the Perform element of our Strategy Document whilst preparing for the next Olympics with a shortened lead-in period.

Former HP rider Aaron Buggle was engaged part way through 2021 year as interim High-Performance Manager and did an excellent job in navigating the HP unit through a difficult 2021 and saw us manage to complete a busy events programme, with difficult logistics and covid restrictions changing on an event-by-event basis.

We are currently undertaking a review of our HP activities in Majorca, whilst we continue to await the delivery of a National Velodrome, confirmation of which was included in the recent government National Development Plan published in October.

While some targets for publishing HP event criteria were not met; given the circumstances listed, along with funding challenges, staff & rider availability, we saw the majority of our programme go ahead despite disruptions, with selection panels meeting, often at short notice, to successfully select squads for various events.

More recently we have brought in former British Cycling endurance track Coach Paul Manning on an interim basis to manage the track squad through the remainder of the season, which has resulted in medal winning performances in the recent European Track Championships.

Management of our Under-23 Road Programme was taken over by Ronan McLaughlin and again proved successful in difficult circumstances.

Paracycling continues to impress at international level, and thanks go to Neill Delahaye and his team who continue to produce medal winning athletes of the highest calibre, which saw tandem pairing of Katie-George Dunlevy and Eve McCrystal make history by winning two Gold Medals at the Paralympic Games in Tokyo. Further details of the Paracycling squad's success are detailed below.

The end of 2021 season also saw the retirement of World Tour riders Nicolas Roche and Dan Martin, both of whom have

been great ambassadors for Cycling and Cycling Ireland.

Cycling Ireland wishes them well in their future endeavours and look forward to new Irish faces joining Sam Bennett, Ryan Mullin & Eddie Dunbar in the World Tour ranks.

We would also like to acknowledge the tremendous work that Susan O'Mara has done over the years and especially during Covid, ensuring that HP Service Course continues to run as smoothly as it does, ensuring that athletes and coaches can focus on their tasks without distraction.

Finally, thanks to all who have made 2021 a success at High-performance level, the athletes, coaches, support staff, partners, volunteers, and supporters of Team Ireland.

**Anthony Mitchell**

**On behalf of the HP Committee**

*October 2021.*

## PARACYCLING HIGH PERFORMANCE PROGRAMME KEY MILESTONES

- The Sport Ireland Rio 2016 Review indicated “The CI Paralympic Programme was the highest performing Irish programme in Rio”. In Tokyo 2020 the Paracycling Programme once again delivered and yielded more medals than any other HP Sport through all Paralympic or Olympic Programmes.
- Every bike delivered PB performances and National Records in timed disciplines at the Paralympic Games. The Female Tandem also broke the 3k Pursuit World Record en route to a Silver Medal in that discipline. This was achieved with only one of the medal winning bikes from Rio still active in the programme. All other bikes were Paralympic Games debutants that have come through the development structure.
- This reflects the successful Pathway Paracycling has in place which has a proven track record in identifying new athletes, developing them via domestic support and competition with the Paracycling Commission & Development Squad then bringing them to World level within the National HP Team structure.
- These Performances would not have been possible without the opportunity to train at the CI Base in Mallorca incorporating the World Class facility of Palma Arena especially in the context of Global Covid restrictions of movement and facility usage.
- The success of the athletes is a testament to the skill of the Team in constantly driving Technology & Innovation by developing relationships and collaborating with dynamic Partners who are at the forefront Globally of cycling Innovation e.g. 5yrs+ of collaborative research and development with NUIG & TUE Eindhoven Windtunnel (who also support Team Jumbo Visma).
- The Paracycling Team has benefitted from the Sports Science & Medical Support offered by the Sport Ireland Institute at the central Facility location in Abbotstown and while abroad at training camps at the HP Base in Mallorca & other training and racing locations.

- The integration of Service Providers into the performance fabric of the squad and the effective management of the expertise and input of the various performance strands (Physiology, Physiotherapy, S&C, Nutrition, Performance Analysis, Sports Psychology, Medical, Athlete Support) has enabled the Paracycling Squad exploit all aspects of the broader Multi-Disciplinary Team to ensure no detail was left unconsidered in the Performance planning processes during 2020 and 2021 leading into the Paralympic Games.
- The success of the Paracycling Programme reflects the capacity of the Federation, once appropriately resourced Pathway structures are in place, to develop teams from Grassroots to World Class Podium standard.

**NOTABLE RESULTS**

- 1<sup>st</sup> Gold, Tokyo Paralympic Games Road Race - Katie-George Dunlevy & Eve McCrystal
- 1<sup>st</sup> Gold, Tokyo Paralympic Games Time Trial - Katie-George Dunlevy & Eve McCrystal
- 2<sup>nd</sup> Silver, Tokyo Paralympic Games 3k Pursuit - Katie-George Dunlevy & Eve McCrystal
- 3<sup>rd</sup> Bronze, Tokyo Paralympic Games Time Trial – Gary O’Reilly
- 4<sup>th</sup> 4th, Tokyo Paralympic Games Road Race – Gary O’Reilly
- 4<sup>th</sup> 4th, Tokyo Paralympic Games 4k Pursuit – Ronan Grimes
- 2<sup>nd</sup> Silver, UCI Para-Cycling Road World Championships Road Race - Katie-George Dunlevy & Eve McCrystal
- 2<sup>nd</sup> Silver, UCI Para-Cycling Road World Championships Time Trial - Katie-George Dunlevy & Eve McCrystal
- 3<sup>rd</sup> Bronze, UCI Para-Cycling Road World Championships Road Race – Ronan Grimes
- 3<sup>rd</sup> Bronze, UCI Para-Cycling Road World Championships Time Trial – Gary O’Reilly
- 3<sup>rd</sup> Bronze, UEC Track European Championships Scratch Race – JB Murphy
- 3<sup>rd</sup> Bronze, UEC Track European Championships Women’s Team Pursuit – Kelly Murphy, Alice Sharpe, Mia Griffin, Emily Kay
- 2<sup>nd</sup> Silver, UCI U23 Track European Championships, Women’s Individual Pursuit – Lara Gillespie
- 1<sup>st</sup> Gold, UCI Track Nations Cup Russia, Women’s Team Pursuit – Kelly Murphy, Alice Sharpe, Mia Griffin, Lara Gillespie
- 1<sup>st</sup> Gold, UCI Track Nations Cup Russia, Women’s Individual Pursuit – Kelly Murphy
- 3<sup>rd</sup> Bronze, UCI Track Nations Cup Russia, Women’s Omnium – Lara Gillespie
- 3<sup>rd</sup> Bronze, UCI Track Nations Cup Russia, Women’s Individual Pursuit – Mia Griffin
- 4<sup>th</sup> 4th, UEC Road European Championships Junior Time Trial – Darren Rafferty

- 5<sup>th</sup> 5th, UCI Junior Downhill World Championships – Oisín O’Callaghan
- 1<sup>st</sup> Gold, Rás na mBna Team Award – Team Ireland
- ✓ Tokyo Olympic Games – Ireland’s largest ever cycling team to qualify for an Olympic Games.

*This list is not exhaustive and does not include an array of world class performances by Irish athletes across road, track, bmx and off-road. Please see commission reports for further information.*





# MARKETING & COMMUNICATIONS

2021 was another busy year for Cycling Ireland’s marketing and communications department. We were fortunate to be successful with an application under the Sport Ireland ASPIRE graduate programme which meant Sport Ireland funded a full-time graduate position for 11-months. This additional staff resource has been invaluable and helped with the delivery of several major projects including a new brand identity, a fully mobile responsive website, and the Training Hub.

In addition to these projects, media and communications support was provided for the Olympic Games, the Paralympic Games, 26 National Championship and National Series events along with 15 major International Events including World Championships and European Championships on the Road and Track. The ongoing impact of Covid-19 added to the challenges of 2021 with the rescheduling and restructuring of events and programmes necessary on a regular basis. Covid-19 also provided opportunities to engage with the cycling community in new ways and this has been achieved with the likes of the Training Hub, eRacing, and campaigns such as Bike Like Me, Bike Week and Active Schools Week.

## RE-BRAND

Cycling Ireland’s new brand identity was revealed on June 3rd to coincide with World Bicycle Day.

The new logo is a stylised overhead view of a cyclist made from the initials ‘CI’. It highlights Cycling Ireland’s ambition to support and protect members of the cycling community. The ‘C’ wraps around the ‘I’ supporting and caring for cycling in Ireland.

Our new logo and brand identity continues to be rolled out with updated event branding, digital and other assets being delivered.

A special thank you to the team at Wilson Creative for their endless creativity in developing the new brand identity and our community for their input into the consultation process.

## CAMPAIGNS

In January 2021 we launched #JoinTheCycle - a digital first campaign to promote membership of Cycling Ireland. This was followed by the ‘Plan Your Summer of Cycling’ campaign in July of 2021 as Covid-19 restrictions eased. Combined the membership campaigns reached 225,000 people on social media and generated 2,758,000 million impressions.

In addition, the membership campaign was backed by Ireland’s top cyclists including Sam Bennett, Nicholas Roche, Oisín O’Callaghan, Imogen Cotter, Shannon McCurley and many more. The cycling ambassadors recorded messages and shared posts helping Cycling Ireland reach hundreds of thousands of fans. Membership numbers increased for the first

time in several years despite the disruption caused by Covid-19.

Several other campaigns were delivered during 2021 including Bike Like Me, Bike Week, Active Schools and the launch of the Training Hub.

## BIKE WEEK

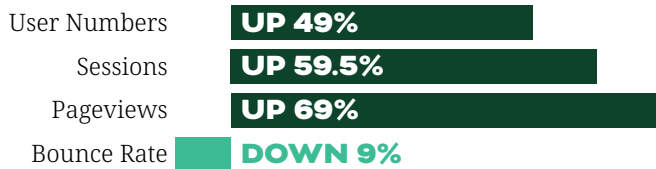


## OWNED MEDIA

### WEBSITE

In parallel with the launch of our new brand identity we also unveiled a new mobile responsive website. The previous website was rightly identified as a source of frustration for members of our community and required a refresh.

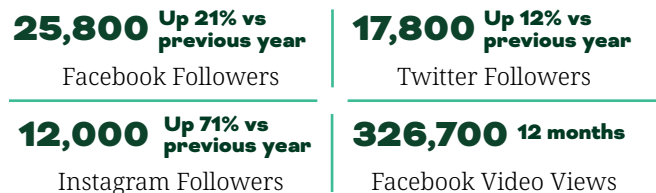
Since launching the new website all key metrics have improved considerably.



Work is ongoing to improve events calendar faciality, integrate coaching/course listings and automate rankings and results. It is intended that the website will be the go-to place for people interested in all cycling disciplines.

## SOCIAL MEDIA

The strategy of consolidating Cycling Ireland’s social media channels continued in 2021 and paid dividends as the main @CyclingIreland channels experienced large growth. We continue to build our owned media channels and connect with a wider audience.



## NATIONAL MEDIA COVERAGE

Building on the successful trial of live streaming and broadcast of select events in 2020, Cycling Ireland live streamed and produced highlights packages from several National Championship and National Series events.

The Track National Championship was once again live streamed, this time in partnership with the Irish Independent, while RTÉ carried prime time highlights of the Road National Championships. Professional video



highlights and photography was also captured from the National Road Series, Downhill Mountain Bike National Championships and Youth National Championships.

2021 Live Streaming / TV Broadcasts – Domestic Events

**CYCLING IRELAND TRACK NATIONAL CHAMPIONSHIPS**

- Live Streamed via Cycling Ireland & Irish Independent
- RTE News Features

**CYCLING IRELAND ROAD NATIONAL CHAMPIONSHIPS**

- RTE 2 highlights package (prime time slot)
- RTE Player
- Eurosport
- National Print, Online and Radio

**CYCLING IRELAND ZWIFT LEAGUE**

- Live Streamed via Cycling Ireland & Pundit Arena

**NATIONAL ROAD SERIES**

- Highlights Package from 2 Rounds of the NRS

**DOWNHILL NATIONAL CHAMPIONSHIPS**

- Highlights Package via Cycling Ireland

**YOUTH NATIONAL CHAMPIONSHIPS**

- Highlights Package via Cycling Ireland

**PARTNERSHIPS**

Last year we welcomed Kinetica Nutrition, Gym+Coffee, Renault Belgard and Wahoo Fitness onboard as sponsors of Cycling Ireland. More recently Argon 18 was named as an Official Bicycle Supplier.

We were pleased to retain their support despite the difficulties presented by Covid-19. Cycling offers a fantastic platform for brands who share our values of community, inclusivity, and innovation. We continue to engage in positive discussions with brands and it is hoped that further partnerships can be announced in the coming months.

**CYCLING IRELAND PARTNERS**



**Scott Graham**  
Marketing & Communications Manager





# ANTI-DOPING & SAFEGUARDING

Cycling Ireland's commitment to Anti-Doping and ensuring the sport of cycling stays clean remains strong. Limitations brought about due to Covid regulations have meant that much of the awareness and information provision for our Athletes was conducted online and through the dissemination of information via Anti-Doping wallet cards.

The focus of attention and online education was to our athletes and personnel competing internationally and attending the Olympics either in a support capacity or competing.

The ADO role includes supporting the functions of administering the Registered Testing Pool (RTP), ensuring all athletes maintain their Athlete Whereabouts requirements, administering any requests for Therapeutic Use Exemptions (TUEs) and notifying those tested of the results of any tests undertaken.

Special thanks to the High-Performance team and the athletes themselves for ensuring that they complied with all policies and requirements of Cycling Ireland, Sport Ireland and the UCI. In addition, gratitude is shown to Paul O'Donovan of Sport Ireland Anti-Doping unit for the facilitation of athlete education programmes.

The statistics of tests undertaken from Sept 2020 to Sept 2021 appear below. With this year having been an Olympic year the number of tests increased significantly.

Once again, the key message for all cyclists, regardless of discipline, age or ability is Anti-Doping is both a key concern and integral facet of the compliant operation of the Federation – and as such you can expect you may be tested at any Cycling Ireland sanctioned event. As doping offences carry strict liability you are responsible for the substances with which you fuel your body, and which are detected in your system via testing.

Key developments in the next year will be the implementation of a programme of education beginning with athlete awareness at underage level right up to formalised face to face training for all High-Performance athletes. This programme of education forms part of our compliance commitment to Sport Ireland.

Additional resources are available at the following links:

<http://www.cyclingireland.ie>

<https://www.sportireland.ie/anti-doping>

If you have any further queries, please contact CI Anti-Doping Officer Donal Gillespie via [antidoping@cyclingireland.ie](mailto:antidoping@cyclingireland.ie)

Tests from 30 Sept 20 to 30th Sept 21: 136

- Out of Competition: 116
- Within Competition: 20

Therapeutic Use Exemptions Granted: 0

Some of the Events where testing was undertaken in 2020/21:

- National Track Championships
- National Road Championships

- National Criterium Championships
- Masters Road and TT Championship

## SAFEGUARDING

Welcome to our Cycling Ireland Safeguarding Report – setting the standards for keeping young people safe in our sport. This report covers our cycling disciplines from November 2020 to November 2021

The main functions of Safeguarding are:

- Safeguarding Policy Development and Implementation
- Education
- Supporting Club Recruitment through the National Vetting Process and Access NI clearance
- Responding to concerns and supporting Clubs in dealing with concerns as they arise
- Legislative compliance

Thanks should go to the Provincial Safeguarding Officers, Commission Safeguarding Officers and Club Safeguarding Officers. These roles are pivotal in ensuring that Cycling Ireland continues to implement the best standards to safeguard the wellbeing of Youth and Children throughout the sport either in the competitive field or the leisure side of the sport.

A further thank you is extended to the various management committees and commissions throughout Cycling Ireland, the Board of Directors and the Board Safeguarding Representative, for the invaluable work put in to creating a safe fun environment where fair play is promoted in the best interests of our young members, their personal development and sporting development. Specific mention goes to the Youth Commission who have set firm foundations for the promotion of age-appropriate sport across all the cycling disciplines.

There is always more to build on, more to accomplish, more children to listen to and with this in mind this Safeguarding Report 2020-2021 is intended as a cornerstone for future growth and strengthening of our systems as we seek to welcome more Children and Youth to the cycling disciplines.

If you have any queries or questions, please consult the relevant Safeguarding section of the Cycling Ireland Website. I can also be contacted on the email below.

Policy: Cycling Ireland is committed to the safeguarding and wellbeing of all its members and recognises that it has a duty of care, to protect all young and vulnerable people and to safeguard their welfare, irrespective of age, disability, gender, racial origin, religious belief and sexual identity.

Cycling Ireland promotes the values of:

- Integrity in relationships
- Quality atmosphere and ethos
- Equality
- Fair play
- Age-appropriate competition

**Donal Gillespie**

**National Safeguarding Officer  
Anti-Doping Officer**



# GOVERNANCE

The Board of Cycling Ireland comprises 10 Directors, comprising 60% elected & 40% who are appointed for their specialist business skills as required.

The breakdown of Board members and their roles is below.

NAME	STATUS	ROLE	POSITIONS
Ciaran Mckenna	Elected	President	Board Chair. Ex-Officio on all sub committees. Board rep to Leinster. Board rep to Track Commission.
Anthony Mitchell	Elected	Secretary	Board & Company Sec. Chair, HP Committee. Member, Governance & Risk committee Member, Technical Group. Board rep to College of Commissaires Board Safeguarding Champion.
Eugene Moriarty	Elected	Treasurer	Chair, Finance & Audit committee. Member, HP Committee. Member, Remuneration & HR Committee. Board rep to Munster.
Brendan Tallon	Appointed	Vice-President	Member, Governance & Risk Committee. Member, Remuneration & HR Committee. Board rep to BMX Commission. Board rep to Leisure Commission.
Gillian McDarby	Appointed	Vice-President	Member, Finance & Audit Committee. Board rep to Women's Commission. <i>Resigned 11th October 2021.</i>
Carl Fullerton	Elected		Board rep to Off-Road Commission. Board rep to Paracycling Commission.
Noel Mulroy	Elected		Board rep to Connacht. Board rep to Youth Commission.
Ronan McLaughlin	Elected		Member, HP Committee. Board rep to Road Commission. Board rep to Ulster.
Orla Carolan	Appointed		Chair, Remuneration & HR Committee. Member, Finance & Audit Committee. Member, Governance & Risk Committee.
Yvonne Nolan	Appointed		Chair, Governance & Risk Committee. <i>Resigned 11th September 2011.</i>

Since the last AGM the Board has met a total of 14 times, all on-line via Teams, with the attendance record below.

DATE	CMCK	AM	EM	BT	GMCD	CF	RMCL	NM	OC	YN
Total 14	14	14	13	14	11/10	13	8	12	13	11/9

The meetings were well attended with board business dominated by finance and governance matters, as we work towards full compliance with the Sport Ireland Governance code requirements by the end of the current year.

During the year the Board also underwent a Board Effectiveness Review, carried out by IPA, the recommendations from which will be considered by the incoming Board.

2021 saw the resignation of two appointed directors, and thanks should go to them, in particular Gillian McDarby who had served four years on the Board, and also Ronan McLaughlin who is not seeking re-election, also having served four years on the Board.

Special mention should be made of Ciaran McKenna who retires at this AGM having served for the maximum term allowed by our Constitution. As President he has guided the Board over the past six years and has shown great leadership, selflessness and professionalism, and retires as Cycling Ireland's longest serving President.

The organisation wishes them all well in their future cycling endeavours.

Finally, for the avoidance of any doubt, it should be mentioned that membership of the Board of Cycling Ireland is entirely voluntary with all directors fitting in Board time around other work and family commitments.

**A. Mitchell,**  
**Honorary Secretary**

*October 2021.*





# BOARD SUBCOMMITTEE & OTHER REPORTS

# BMX COMMISSION



## 2021 OVERVIEW

The BMX Commission continues to make steady progress in the development of BMX racing in Ireland. In 2021, BMX licence holders grew by 63% from 458 in 2020 to 745 in 2021. We have seen a sharp increase in BMX freestyle participation with the newly formed Ballyfermot BMX club and St Annes BMX club increasing membership. BMX freestyle is now an Olympic and UCI affiliated discipline and will require support. The BMX Commission also works closely with clubs to encourage local participation, coaching, commissaire training and race days. BMX clubs are now established as far apart as Cork and Larne in Co Antrim. Track development is on-going.

Due to the Covid pandemic the 2021 Irish National BMX Race Series was cancelled. The 2021 All Ireland BMX National Championships returned in August to Lucan BMX Club facility in St Catherine's Park Dublin. The Cycling Ireland BMX Commission would like to thank the fantastic volunteers of Lucan BMX club for their tireless work to organise and host such a top-class event. A fantastic day was had by all who attended.

## 2022 STRATEGIC OBJECTIVES

Going forward into the 2022 season and beyond, the BMX Commission is committed to further promoting and developing BMX racing at club and national level, track building, encouraging local participation, and managing our national BMX squad to attain success at international level.

Coaching is the key word for 2022. Coaching programs and 'coach the coach' programs are to be rolled out at club level by newly qualified coaches.

There has been a progressive and sustained racetrack and pump track building program in place. We have a busy schedule of track development and proposals across all Provinces for 2022. It's a big challenge for us to assist in the development of clubs to manage these tracks. Ratoath BMX club have totally rebuilt their track in 2020 with the help of an OSCAR grant, the upgrade included the first Pro-straight in Ireland. This will help develop the upcoming talent pool. The Commission will also be moving to a transponder timing system using the Mylaps system and matched with Sgorz race software. Ratoath, Lisburn and Lucan BMX clubs will be installing the first systems at their tracks in 2022. The BMX Commission have also invested in a mobile mylaps timing system to use during the 2022 National Series. Our plan is to have fixed timing technology at 5 tracks by 2023. Big thanks to Cycling Ireland and CEO Matt McKerrow with their huge support to roll this technology out.

The National BMX Squad is heading into its 7th season being managed by the newly appointed Eugene Jackson and UK based coach Jeremy Hayes. The Senior HP Squad consists of Matthew Malone, Calvin Dunne and Matthew Campbell. The Junior Development squad selection will be re-starting in 2022.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Tom Campbell
Treasurer & National Race Director	Nathalie Lawlor
Child Safety Officer/ National Team Manager	Eugene Jackson
Ulster Provincial Member	Kevin McShane
Secretary & Ulster Provincial Member	Bill Mackness
National Track Development & Leinster Provincial Member	Eamonn Wyrer
Race Registrar and Website Admin	Shay McNally
Commission Member	Sorcha McConnell
Munster Provincial Member	Derek Jolly
Commission Member	Jane Dunne
Cycling Ireland Board Member & Consultant	Brendan Tallon
Co-opted Commission Member – Media Design & Branding	Lar Massey
Co-opted Commission Member – Commission Website & Email hosting and maintenance	Chad Gilmer
National BMX Development Coach	Jeremy Hayes



# COLLEGE OF COMMISSAIRES



## 2021 OVERVIEW

As Covid disruption continued for a second year in the Country, the College continued to give support to Commissaires and organisers whenever necessary, and as we saw a return to some sort of “normalish” cycling activities during the second half of the year. The College would like to thank all promoters for putting on events across all disciplines while complying with these new protocols they have been faced with. Once we returned, we were able to resume our upgrading plan for Road Commissaires which proved again very successful and will improve the standards of Commissairing here in Ireland. We continued to appoint Commissaire Presidents and Commissaire Panels to all events as required under Cycling Ireland Rules. It was good to see our International Commissaires developing with Gary McIlroy getting appointments internationally for both Road and Cyclo Cross, and Paul Watson being appointed to many prestigious events including Paralympic Games and President for the Track World Championships. It is a great benefit to Cycling Ireland to see these Commissaires feeding their experience back into the sport locally.

At the midpoint of 2021 the Board and CEO reviewed the sporting side of our organisation and appointed Paul Watson as Technical Consultant to Cycling Ireland. This is positive move for the sport for the future and bridges the competitive cycling knowledge gap that was appearing within the Board and Staff.

At the recent AGM the officers were re-elected for 2022 and the makeup of the College of Commissaires continues with the mix of experienced international and active local commissaires – assisted by the four provincial coordinators.

## 2022 STRATEGIC OBJECTIVES

Plans for 2022 are to continue to support both our commissaires and organisers, but we fully intend to diversify and assist the smaller disciplines within our sport to grow on their technical side.

We will be running a Basic Road Commissaire course pre season in Connacht, which has been identified as a province that needs our support. If any other regions have interest from members wanting to become Road Commissaires, please tell them to contact the Commission.

Provided Covid Protocol allows we intend to run a Commissaires Seminar pre season for 2022, one was also held very successfully pre season 2020.

The plan for the College of Commissaires is fully aligned with the Cycling Ireland Strategy Document.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairperson	Paul Watson	Paulw.cycling@gmail.com
Secretary	Gary McIlroy	garymcilroy83@hotmail.com
Treasure	Jack Watson	Jackwatson1239@gmail.com
Member	Oliver McKenna	olivermckenna1@gmail.com
Member	John Breen	johnbreen@p-h-d.info
Munster Coordinator	Brian Jordan	brianjjordan1987@gmail.com
Ulster Coordinator	Laura Wilson	lwcyclingireland@gmail.com
Leinster Coordinator	Pat Moss	patcepta@hotmail.com
Connacht Coordinator	Ray Staunton	raystaunton@hotmail.co.uk

# LEISURE COMMISSION



## 2021 OVERVIEW

The work of the Leisure Commission was badly disrupted this year due to Covid19 and the associated restrictions. Several planned projects were put on standby as a result with the intention to activate these once restrictions were lifted. However, this proved difficult and only very limited activity took place. The Commission held several Zoom meetings and attended a number of leisure events as Event Support Officers.

Assistance from a distance was also provided to some organisers who managed to run an event despite all the difficulties.

The Commission AGM took place on the 17th of October 2021 in Sligo and was opened up to leisure members to attend online. Emails were sent to all members requesting feedback and ideas on leisure cycling in Ireland.

The Commission has now a dedicated email address providing the leisure member, club or organiser with a link to submit their issues, concerns or ideas. The Commission has submitted motions to the Board of C.I around the need to define what is a leisure cyclist, what is a leisure event and issues relating to membership fees.

The Commission would like to express its gratitude to Cycling Ireland for its interaction with the government and Sport Expert Group via Sport Ireland in providing us with the guidelines that helped us navigate through such a difficult time for the cycling community.

## 2022 STRATEGIC OBJECTIVES

The Commission has laid out its plans for 2022 which will be centred around providing much-needed assistance to organisers of events in the aftermath of Covid19, raising the standards of events for participants, running a Leisure Commission event, recruiting more Event Support Officers, providing safety courses for marshals and bringing clarity and transparency to the issues surrounding membership fees and insurance matters. The Commission also intends to develop its relations with all other groups and agencies involved in promoting cycling and the provision of cycling facilities on the island of Ireland.

Above all the Commission wants to develop its relationship through better communication with the members on the ground so Cycling Ireland can be best informed of the concerns, issues and needs of its leisure members.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairperson	John Maloney (Munster)	leisure@cyclingireland.ie
Secretary	Helen Kerrane (Leinster)	leisure@cyclingireland.ie
Treasurer	Kieran Gardiner (Munster)	leisure@cyclingireland.ie
Committee	Trish McGuane (Leinster)	leisure@cyclingireland.ie
Committee	Mark Moroney (Ulster)	leisure@cyclingireland.ie
Committee	Edel Gallagher (Connacht)	leisure@cyclingireland.ie
Committee	Joanna Gray (Ulster)	leisure@cyclingireland.ie
Committee	Gerry Wallace (Leinster)	leisure@cyclingireland.ie
Committee	John Greene (Connacht)	leisure@cyclingireland.ie

# PARACYCLING COMMISSION

## 2021 OVERVIEW

With Covid still very much within our community our programme of events was very much curtailed in 2021. For the early part of the season the main focus was on final qualification and preparation for the 2020 Paralympics in Tokyo which culminated in Paracycling taking home 4 of the 7 medals that were won by Team Ireland at the Games. This was a truly remarkable achievement and congratulations to everyone involved.

As the season progressed we were in a position to roll out our training/development programme which included structured training days in Corkagh Park for our development squad. We were also in a position to participate in a number of our National Para League TT events around the country which brought us North, South, East and finally as a group a number of our riders went West so we were able to showcase our abilities around the country.

National Championships. Our 3 Para National Championships were held over 3 days with the TT incorporated in the CI National TT Championships in Wicklow on Sept. 30th, our Track Championships at Sundrive Road on the 1st Nov and our Road Race Championships at Corkagh Park on the 2nd Nov. Special Thanks to Orwell Wheelers and the Track Commission for their assistance in running these Championships.

Finally, we will have a mixture of elite and development athletes participating in the Extrememadura European Paracycling Cup in Spain in October which will thankfully be the final step back to international competition for our athletes.

The Commission and its coaches also encouraged riders to participate in mainstream events such as road races and TTs within their own communities and local clubs which was also seen as an excellent way of developing riders and keeping them race fit for upcoming Para events.

The Paracycling Commission continued with its bike loan scheme which enabled new riders to try paracycling for the first time and allowed them to participate in our programme of events such as the National League racing days and training events in Corkagh Park.

## 2022 STRATEGIC OBJECTIVES

The Paracycling Commission plan to develop paracycling further in 2022 hopefully without the intrusion of Covid 19 by means of expanding our National League and development squad training days and camps further around the country. This will allow riders more opportunities to gain race experience and give access to more potential participants to come along to see the sport first hand.

We would see our development riders progress further this year under the guidance and leadership of our training programmes which would see riders in a position to liaise and interact more with our coaches and managerial staff and target talent that has the potential to move onto the elite programme and in turn progress more of our elite squad athletes onto world class athletes under the guidance of our elite team coaching, management and support staff. 2022 will see the start of the Qualification process for the Paris Games in 2024 and we will work with the Elite Paracycling Coach to maximise opportunities to secure Country Ranking Points and slots for the Games.

Our hope is to target bringing some more females into the sport and we have already put the first steps in place for this with our bike loan scheme which allowed to help a new rider in the South West avail of the opportunity to try Paracycling. We would like to roll out this programme further during 2022.

Finally we would be encouraging our athletes to integrate further with local races & TT's to develop their race game further which they can use to their advantage when their time comes to race internationally at Paracycling level.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairman	Seamus Wall	swall@wallsteel.ie
Secretary	Declan Slevin	declanslevin@hotmail.com
Treasurer	Denis Toomey	dmttoomey@yahoo.com
National Elite Coach	Neill Delahaye	neill.delahaye@cyclingireland.ie
Development Panel Manager	Andrea Radford	andrearyan76@hotmail.com
Development Panel Coach	Tony Woods	jtonywoods1973@gmail.com
Cycling Ireland Rep	Carl Fullerton	carl.fullerton@cyclingireland.ie
Development Panel Mechanic	Gerry Beggs	gerry_beggs@hotmail.com
Riders Representative	Richael Timothy	richaeltimothy@gmail.com
Riders Representative	Gary O' Reilly	garyreilly93@hotmail.com

# OFF-ROAD COMMISSION

## 2021 OVERVIEW

With the Covid-19 pandemic lockdown only lifting from June it has been a busy time for the commission across the off-road disciplines.

For cross-country and downhill, the only events have been the respective national championships which saw the highest attendance figures in 10 years for both disciplines. At the cross-country, we had the first e-bike race ever with 24 riders on the start line.

We had 5 downhill riders at the World Championships with last year's Junior World Champion Oisín O'Callaghan having to settle for 5th place at Val Di Sole in Italy.

There have been plenty of enduro events across the country with the National Enduro Championships taking place at Djouce Woods in August. As part of the development of enduro, the commission is involved in youth assessment days for 12-14-year-olds of which 53 young riders were assessed this year.

Since mid-September, the cyclo-cross season has gotten underway. There are now a handful of private, permanent cyclo-cross venues that riders can train on and race on. The commission has plans to send riders to the European Cyclo-cross Championships in the Netherlands in November as well as the World Cyclo-cross Championships in Arkansas, United States at the end of January 2022. On home soil, we have the UCI C2 race at Clonmel, Tipperary.

The Commission, along with the Cycling Ireland CEO, Finance and Events Officers have been meeting regularly throughout the year with Coillte around developing the protocols and licences for sanctioned Club MTB Trails within Coillte forests. There are three clubs in the process so far with more on the waiting list.

The Commission ran its AGM on 6 September and has now included an additional role – Trail Development Rep, as well as including the off-road rep from the Women's Commission on a more formal basis. 2022 Strategic Objectives

The Commission has laid out its plans for 2022 which will be centred around providing much-needed assistance to organisers of events in the aftermath of Covid19, raising the standards of events for participants, running a Leisure Commission event, recruiting more Event Support Officers, providing safety courses for marshals and bringing clarity and transparency to the issues surrounding membership fees and insurance matters. The Commission also intends to develop its relations with all other groups and agencies involved in promoting cycling and the provision of cycling facilities on the island of Ireland.

Above all the Commission wants to develop its relationship through better communication with the members on the ground so Cycling Ireland can be best informed of the concerns, issues and needs of its leisure members.

## 2022 STRATEGIC OBJECTIVES

The Off-road Commission is committed to providing a structured pathway for off-road riders in Ireland. This will involve rider coaching as well as competitive opportunities.

The four off-road disciplines currently offer opportunities for newcomers to take part in events with suitable categories. There are already discipline representatives who can provide information to newcomers. Riders in all disciplines must compete outside of Ireland before they are selected for any international teams. This has been part of our selection criteria for the last few years. The commission rep can help riders to select international races to target as part of their development.

Enduro and cyclo-cross have been leading the way with organising coaching sessions. The commission sees the need to have coaching support at all levels, for all disciplines, from the club, through to provincial and up to national levels. The national commission would be targeting their coaching to the top-end talent in all four disciplines, arranging coaches to provide high-level specialist skills to further enhance these riders to compete at an international level.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chair	Steve Donnellan	chair@offroadcyclingireland.ie
Treasurer	Tim O'Regan	treasurer@offroadcyclingireland.ie
Secretary	Martin Grimley	secretary@offroadcyclingireland.ie
Cross-country rep	Caroline Martinez	Cross.country@offroadcyclingireland.ie
Cyclo-cross rep	Paul Birchall	cyclocross@offroadcyclingireland.ie
Downhill rep	Luke Beattie	downhill@offroadcyclingireland.ie
Enduro rep	Al Redmond	enduro@offroadcyclingireland.ie
Trails rep	Kevin Moran	trails@offroadcyclingireland.ie
Women's rep	Bernie Commins	women@offroadcyclingireland.ie

For more visit [www.offroadcyclingireland.ie](http://www.offroadcyclingireland.ie) or contact [commission@offroadcyclingireland.ie](mailto:commission@offroadcyclingireland.ie)

# ROAD COMMISSION

## 2021 OVERVIEW

Organisation of Men's and Women's Elite & Junior National Road Series (NRS) - 4 rounds for Elite Men and Women, 3 rounds for Junior Men and Women.

**Objective:** To improve the standard, profile and promotion of competition in Ireland, along with supporting home-based riders, make the transition to the High-Performance (HP) Squad.

Fund professional video highlights of 2 round of the NRS – John Beggs Memorial (August 2021) and Des Hanlon Memorial (September 2021) - along with photography and live social media updates to all rounds of the NRS.

**Objective:** Promote cycling to the wider community through highlights package including rider interviews published via Cycling Ireland social media platforms.

Funding and organisation of Irish U-23 and Junior Development Teams, Newcastle West Wheelers Stage Race, July/August 2021.

Funding and organisation of Women's Elite Team Rás na mBan, September 2021.

**Objective:** Facilitate the move from domestic to international competition for riders on the fringe of the HP program.

Irish based training camp to close out the year and lay foundation for 2022 (U-23 Men, U-23 Women, Junior Men & Junior Women Teams – December 2021).

**Objective:** Have 30 riders (4 teams) upskilled on how to plan, improve and look to make the transition from national to international level.

The Road Commission would like to thank and acknowledge the support of the numerous staff members in Cycling Ireland (CI) for their continuous support throughout the year. Without the support of staff within the CI office, the Road Commission's plans for the year could not have been realised.

## 2022 STRATEGIC OBJECTIVES

Further develop the participation in and promotion of Cycling Ireland's flagship race series, National Road Series, through using professional videography services for all rounds and increasing the number of rounds for Junior riders.

For Women and U-23 Men – Further support and enable the move from domestic to international competition for riders on the fringe of the high-performance program through training camps, 10 to 14-day racing block in Belgium, funding and organising national development teams, competition World/European University Games.

Explore an initial phase of remodelling to the Cycling Ireland road race calendar.

## COMMITTEE MEMBERS

POSITION	NAME
Connacht Representative	Daire Mooney
Ulster Representative	Frank Campbell
Munster Representative	Seán Lacey
CI Board Representative	Ronan McLaughlin

# SAFETY COMMISSION

## 2021 OVERVIEW

Promoting Cycling Events has become much more challenging and potentially more hazardous than it previously was. This is something I think everyone will agree with. In light of this, Cycling Ireland felt the need for a group to look at safety matters and to how Cycling Ireland in general handles safety within its organisation. This led to the formation of this commission to review, advise and help in future planning in all matters that fall under the umbrella of safety at all types of cycling events.

From the outset, the Commission have been asking for direction as to what this group will take bearing in mind that Safety is everyone's responsibility. This includes promoters, riders, officials and all involved with events. It is also important in terms of insurance and ensuring that anyone involved in an event would be properly covered either as a competitor or as an official. It is important that the sport is monitored by people involved in cycling for many reasons. If non-cycling people were deciding whether events would go ahead or not, then the sport could have many difficulties in the not-too-distant future. Requirements by many government bodies now stipulate a lot of written planning before an event can get permission to go ahead. The safety commission is well aware of this and aims to liaise with promoters throughout the country and share previous experiences as to how to overcome these matters to ensure the sport of cycling remains on the roads of Ireland as well as other venues that are used for the promotion of all disciplines across the sport.

## 2022 STRATEGIC OBJECTIVES

The CI strategic plan has included in it a section specifically on safety. The commission, mainly through Stephen Burns, are working with the staff of CI to have accredited marshal training for static marshals, moto marshals in the long term and a video for everyone involved in stewarding at an event.

The commission has had electronic meetings with Cycling Munster and Cycling Connacht and plan to do the same with Cycling Ulster and Cycling Leinster over the next few months. This is mainly as an introduction as well as to hear what the issues are from the ones most involved in the sport. Good feedback has been received already from the provinces met and hopefully this will continue again through the provincial reps engaging with the provincial boards.

The commission has made recommendations regarding some matters to the outgoing board of CI mainly around the area of licencing and event planning paperwork. The commission believe a promoter needs to become a category on a licence. Any current promoter (or co-promoter) could have this specified on their licence. Then, new promoters would have to be trained in some regards, with shadowing the existing event organisers as a key part of their training. We would indeed look to experienced promoters to assist in this training so that the knowledge built up will be shared.

In regard to Event Planning paperwork, it is felt the current Risk Assessments are not entirely fit for purpose for what external bodies are looking for. For the event management plans and anything similar, advice will be given by CI to promoters and the issues are not just left with the promoters to solve. Promoters are key to the sport's survival and need the full backing of the governing body.

Again, Safety is everyone's concern and the commission do not want to be seen as someone monitoring safety just to catch people out. It wants to be a help for anyone in difficulty with matters arising and the more these are pre-empted the better for everyone involved in the sport. Please feel free to contact any of the commission members for further information or support if needed.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairman	John Breen	johnbreen@p-h-d.info
Secretary	Ronan Fox	ronanfox@gmail.com
Safety Technical Advisor	Stephen Burns	stephenjburns@live.co.uk
Commission Member / Leisure Representative	John Moloney	jjmaloney@yahoo.com
Commission Member / Munster Representative	Pat O Sullivan	patsullivan2401@gmail.com
Commission Member / Connacht Representative	Ray Staunton	raystaunton@hotmail.co.uk
Commission Member	Aaron Wallace	aarwallace@gmail.com
Commission Member	Eddie Campbell	info@ecampbell.net

# TECHNICAL WORKING GROUP



## 2021 OVERVIEW

Based on the changes of membership of the Board of Cycling Ireland towards a Business Based Board, and recruitment of more non cycling staff to the CI Office, a knowledge gap was identified and after consultation between the CEO and the President the decision was made to take on Paul Watson – UCI International Commissaire Road, Track and Para, in August 2021 as a Technical Consultant to ensure compliance of decisions and actions within Cycling Ireland across both Board and Staff, were in line with all Cycling Ireland and UCI Regulations. To this end and to ensure knowledge pass to both the Board and Staff a Technical Working Group was established at the request of the Secretary, which discusses Technical Issues raised by staff and members.

This appointment has allowed for a single point of contact for all to ensure quick and accurate answers. These subjects have been as varied as Covid 19 Protocol to Handcycles racing on Open Roads. This Technical Support has been welcomed by all Staff and Members who have used this service.

The Technical consultant also advises all commissions on any changes in UCI Regulations and any items they need clarification, as well as coordinating with the High-Performance Leaders to ensure requirements for European and World Championships qualification are met.

Other items successfully trialled during 2021 included Chip Timing for Junior and Senior National Championships and National League events.

The Technical Consultant also dealt with many complaints of a Technical Nature raised by members within Cycling Ireland and brought these to a satisfactory conclusion.

The Technical Working Group also carry out reviews of National Championship promotions looking for improvements and recommendations for future promoters.

The Technical Working group meet every other week virtually as a full group to discuss issues and ensure this new knowledge is passed to the Board and Staff.

## 2022 STRATEGIC OBJECTIVES

There are many initiatives that the Technical Consultant is working on for 2022 including-

Revision to Race Incident Penalties in the current rule book.

Listing of Provincial and National Timekeepers and Judges

Recruitment of more Women Officials into Cycling Ireland

Further promotion of the Technical Support for Cycling Ireland events including Timing and Photo Finish, TT Bike measuring Jigs etc

Updating regulations regarding levels of first aid and medical cover required for different level events.

Velodrome Development including Training of Officials on 250m Track and new Technical Requirements

UCI Team Registration updates

Cycling Ireland Rule Book updating and break out into disciplines.

Control and regulation of National Championships – entries, start lists, officials etc

Anti Doping education and awareness

These are only some of the main objectives we will be working on 2022 as well as dealing with issues as they arise.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Technical Consultant	Paul Watson	paulw.cycling@gmail.com
CEO	Matt McKerrow	ceo@cyclingleireland.ie
Honorary Secretary	Anthony Mitchell	secretary@cyclingleireland.ie
Events Officer	Garry Nugent	garry.nugent@cyclingleireland.ie
Systems Support	David Mullin	David.mullin@cyclingleireland.ie
Member	Jack Watson	Jackwatson1239@gmail.com

# TRACK COMMISSION

## 2021 OVERVIEW

2021 was another year interrupted by the Covid-19 pandemic which led to a late start to the season and trying to squeeze as much of our calendar into a reduced time frame. This unfortunately led to some clashes with other events, although hopefully it didn't impact too much on riders. Weather also created some issues with Championships and whilst not being able to please everyone with the rearranged dates, our volunteers did their best. We hope to put together a clearer set of criteria in the coming months regarding rescheduling events due to unforeseen circumstances beyond our control.

When training did resume Sundrive Track was operating close to capacity and we had a full program of National Championships. This year we were able to run Wednesday Leagues and Saturday Sprinters Leagues and we are definitely seeing the fruits of these labours coming to the fore with a huge improvement in sprint abilities at Senior and Masters level and the technical prowess of our youth track riders on the road have attracted a few more clubs to get involved in track and we are delighted with this. We were fortunate enough with the weather apart from repeated delays in the Team/Keirin but it all worked out in the end. All in all, though it has been huge positives and we took great delight in seeing the male and female junior squads turn up from the four corners of the island twice a week to prepare for selection and participation at European level.

Orangefield track enjoyed more or less a full season of summer activities in 2021 with bi-weekly sessions held between May and September. They have had consistent number of U10-U14's attending and in the older sessions, they were able to field two strong teams for the UK School Games. This introduced certain events that our youth do not normally ride, being Madison and Team Pursuit. The riders were coached in the weeks coming up to the games and performed very well at Manchester Velodrome with the highlight being the boys placing 5th in the Team Pursuit.

All in all, the 2020/2021 Seasons saw the Kanturk Velodrome create some exciting progress and closer integration to the CI Track Commission National Facility Strategy which will secure the long-term approval for National Grade Competition at Kanturk, delivery of facilities to a national standard and ultimately open access for the Kanturk Facility to a growing support from the National Governing Body for Track Cycling in Ireland. Because the original Track Shape was not compliant with UCI/Cycling Ireland needs we have been limited to using the facility to a training only facility, including a Track Academy and Training League with limited gearing.

We hope to possibly include a 3 stage Inter Provincial Championship in 2022.

## 2022 STRATEGIC OBJECTIVES

Unfortunately, numbers were down in some events and we will be looking at this going forward to see how to improve numbers both taking part in training and competing in events. Previously we had looked to encourage more youth/juniors to track by engaging with schools however this programme has been hampered by the pandemic, so hopefully we can look to continue this initiative into 2022 to help increase the numbers of youth competing in track events.

We are fortunate to have excellent coaches and willing volunteers, however these resources are stretched to their max. As we are keen to expand our program this means we are still struggling with the lack of volunteers of coaching/timing/running events and a serious lack of commissaires is also a concern. Properly trained Commissaires are essential if we are to run events in a fair and safe manner. Again, looking forward we will be looking to recruit and train more commissaires, timekeepers and volunteers to help with the load. This is essential if we are to expand our program and we will work with Cycling Ireland to get the appropriate courses set up for new recruits.

In the past there has been somewhat of a disconnect between High Performance and the Track Commission, which has meant there hasn't been a clear pathway for riders, particularly, as they progress through Junior and U23 ranks. We will continue to run our bursary to help riders competing outside of Ireland, but we have also discussed utilising some of this to help a development team compete in events and provide more of a link to High Performance. Obviously, this has been hampered both with Covid-19 and the changes at HP level. We look forward to taking these plans forward with HP in 2022, but again, delivery of this will also need additional volunteers to help out.





## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chair	Paul Dixon	paulbt38@gmail.com
Secretary	Alec Darragh	adarragh@trackcycling.ie
Treasurer	John Coates	johnco51@yahoo.co.uk
Member	Malcolm Goggins	malcolmgoggin@gmail.com
Member	David Swift	dswift3@gmail.com
Member	Liam Walker	Walkerliam1056@gmail.com
Member	Hugh Byrne	hughabyrne@gmail.com
Member	Eammon Byrne	eammon.byrne@gmail.com
Member	Orla Hendron	orlahendron@hotmail.com
Member	Tony Mairs	tonymairs@gmail.com
Member	Nicola McKiverigan	nicolamckiverigan@yahoo.co.uk

On behalf of the Commission, I would like to thank all the Volunteers/Coaches/Commissaires who turn up on a regular basis and give freely of their time even on the rainy days and all the riders/ parents who support Track activities around the country. And we look forward to seeing everyone in 2022.



# WOMEN'S COMMISSION

## 2021 OVERVIEW

Cycling Ireland's Women's Commission had an eventful year, even with Covid restrictions. Unfortunately, we could not hold our Intermediate League due to lack of clubs willing to take on the running of events during Covid. We held our monthly meetings virtually where we did a lot of planning this year, some of which will be carried forward to next year.

We turned our focus to Corkagh Park women's racing and training days, which were a huge success. Over 70 riders took part each week during the summer and 11 clubs were involved in running a race at Corkagh park. This selection of races and training was greatly enhanced by the number of women both returning and taking up racing for the first time. It was a safe and secure arena where capable and helpful people were on hand to aid and assist.

We also selected two development teams to take part in the Newcastle West Wheelers four-day event, a learning curve hugely advantageous to any rider interested in taking part in the Rás. We also supported this event on the ground and by helping with funding.

We also sent two teams to Rás na mBan, a huge learning experience for all and a very successful adventure, both acquiring a green jersey and overall winning the Paddy Doran Irish Team prize. We also supported the Rás Young Rider Event and sponsored the Young Rider Jersey.

Our Off-road rep ran very successful off road training days.

### BMX

Two BMX sessions were held at Ratoath BMX. A total of 20 riders availed of this coaching, which took place on two separate dates in June. Training was led and delivered by top Irish BMX coach and athlete, Eugene Jackson.

### ENDURO

A beginner-focused enduro training session took place in July in Ravensdale. This training session was delivered by Masters Downhill World Champion, Colin Ross. Six riders availed of this half-day coaching.

## MOUNTAIN BIKING SKILLS - HER OUTDOORS WEEK

A beginner-focused skills session was held at Glencullen Adventure Park in August, as part of HER Outdoors Week. Seven riders availed of this evening coaching session with Enduro World Series Masters champion, Michelle Muldoon. There was a huge interest in this – we received about 110 emails. The emails indicate that there is a strong interest in availing of mountain-bike training for female riders, particularly among teenage girls.

We updated our safeguarding policies.

A new kit was commissioned and distributed to the various teams that raced this year.

## 2022 STRATEGIC OBJECTIVES

In relation to our plans for 2022, we will provide opportunities for female cyclists to fulfil their aspirations and potential in cycling, by offering support, coaching, and suitable events. To this avail, we hope to run the Intermediate League with the aid of clubs, Corkagh Park racing and training days, along with a variety of training days for road, off-road and track.

We aim to set up a selection process to select teams for National Events. We will hopefully travel for international training to aid and enhance our riders in the future. We will work with clubs to help and support them in the running of their female only races.

Our grading system will be updated. We aim to develop new systems and supports to attract women into cycling. We intend on increasing our media coverage of female cycling events, set up a media plan and have a designated PRO in place to promote women's cycling online. We will support and encourage more female riders to take part in coaching seminars.

We will continue to support female only events and races, like Rás na mBan and any other female stage races.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairperson	Colin Mac Hale	Chairperson.women@cyclingleireland.ie
Secretary	Theresa Finn	Secretary.women@cyclingleireland.ie
Treasurer	Jennifer Bates	treasurer.women@cyclingleireland.ie
Junior Rep	Brendan Whelan	Junior.women@cyclingleireland.ie
Munster Rep	Theresa Finn	Secretary.women@cyclingleireland.ie
Leinster Rep	Alison Smith	Leinster.women@cyclingleireland.ie
Connacht Rep	TBC	Connacht.women@cyclingleireland.ie
Ulster Rep	TBC	Ulster.women@cyclingleireland.ie
Track/Corkage Park Rep	Bea Golczak	Track.women@cyclingleireland.ie
Off Road Rep	Bernie Cummins	Offroad.women@cyclingleireland.ie

# YOUTH COMMISSION



## 2021 OVERVIEW

Thanks to all of the young people of Cycling Ireland, and their guardians for their commitment to each other and the sport over the past year. Thanks also to those who hosted events in person and online, the commission members and Cycling Ireland staff and board for their assistance throughout the year, in particular, Margo Finnegan and Donal Gillespie.

The aims of the Youth Commission are to attract more young people into cycling through the enhancement of local club and provincial structures for children and young people by supporting clubs to cater for youth development. One area of focus is increasing the conversion rate of young people on existing programmes (Sprocket Rocket) into cycling club members. To do this we need to create the correct environment with a fit for purpose participation and development structure for Youth Cycling with a focus on FUN, thus keeping more young people in the sport for longer.

Over the past year, we have facilitated online workshops, racing and training sessions for our young people including:

- Identification of the needs of young people
- Engaged with the young people by surveying youth members
- Discussions with provinces and commissions
- Hosted webinars for parents and coaches around optimal development in cycling
- Hosted online coaching sessions for young people
- Hosted mental skills workshops for young people
- Recruitment of a Youth Development Officer for Connacht
- Hosted development days in BMX and Off-Road

## 2022 STRATEGIC OBJECTIVES

- Act on the research we have around participation and development
- Continue to listen and act as the voice of the young people to shape our sport
- Liaise with national and provincial commissions
- Produce a plan of all development for 2022 by mid-November in calendar form for all disciplines
- Produce and disseminate a 'how to' toolkit for clubs to engage and develop young people
- Continue working to recruit a Youth Development Officer for each province

As a commission, we actively seek feedback and examples of good practice across all disciplines that can be enacted and replicated across the country to help the young people in our sport. If you have any questions, suggestions please email to [chairperson.youth@cyclingireland.ie](mailto:chairperson.youth@cyclingireland.ie) or contact any of the members directly.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Gary McKeegan
Secretary	Brendan Wheelan
Treasurer	Orla Hendron
Member	Peter Finn
Member	Martin Grimley
Member	Eugene Jackson
Member	Liz Roche
Member	Gary Collins

# CYCLING CONNACHT



## 2021 OVERVIEW

The new Cycling Connacht committee has been working towards a better structure that is very much involved and supporting all aspects of cycling in Connacht.

We have worked on the profile of cycling Connacht. We want to be more than just a committee. The committee is very much balanced to be more inclusive of all cycling disciplines.

We are promoting Sportif events, road and off-road events along with women in sport initiatives and we are currently working on a pilot scheme where we will work directly with schools.

## 2022 STRATEGIC OBJECTIVES

There is a strategic plan for the province that is very much in line with the National strategic plan. But as mentioned above, we may pilot a few initiatives to see if we can have success with a more direct approach.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Padraic Quinn
Secretary	David Murray
Treasurer	Bryan Hyland
Commissaire Rep	Ray Staunton
MTB Rep	Gerry Mooney
Youth Rep	Gary Collins
Sportive Rep	John Greene
Women's Rep	Stephanie Carr
Safeguarding	Denise Swanick
PRO	Padraig Marrey
Sporting/Events Rep	Eoin McGrath



# CYCLING LEINSTER



## 2021 OVERVIEW

Cycling Leinster had a difficult year once again due to ongoing Covid restrictions. The calendar had to be pushed out to later in the year which caused great difficulty for race organisers and promoters. A number of events had to be cancelled as well due to ongoing restrictions. We were also limited to holding training camps for the youth. Towards the second half of the year, there was a huge push on promoting youth races in Leinster, including Mondello, which was well attended and brought youths from all over the country each week. The province held the National Road Race Championships which was run by the Leinster promotions group comprising of several clubs.

## 2022 STRATEGIC OBJECTIVES

Our objectives for 2022 would be to hold more training camps in the winter months for our youth riders. To hopefully send teams abroad to give riders the opportunity to race abroad and get a taste for it. To support clubs at running events in every way possible and to engage with more clubs. We will also look at getting our brand out to more clubs to engage with them and make them aware of what is available to them.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chairperson	Jimmy Stagg	jimmystagg@staggcycles.com
Secretary	Michelle Lawless	shellawless@gmail.com
Treasurer – Interim	Michelle Lawless	
Board Member	Ger Campbell	gercampbell1@hotmail.com
Track Rep	David Swift	dswift3@gmail.com
Ladies Rep	Brian Hammond	hamo87@hotmail.com
Commissaire Rep	Pat Moss	patcepta@hotmail.com
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Cyclo Cross Rep	Justin McGee	justinjmcgee@gmail.com
BMX Rep	Emma Lang	emma.lang78@gmail.com
MTB Rep	Brian Roban	brian@bikingdirty.com

# CYCLING MUNSTER



## 2021 OVERVIEW

Cycling Munster was unable to run our normal inclusive training days for youths and adults due to National Health restrictions. Cycling Munster during this year successfully ran a six-round Munster Youth league incorporating 6 clubs throughout Munster, with over 70 riders taking part in each event. We aided and assisted in the running of Newcastle West Wheelers' 4-day event which included a round of the National series, suppling funding, radios, and support. We funded and managed a team to take part in the Galway Classic which allowed riders to race as a team. We also funded the only provincial team to take part in Rás na mBan this year, which was a huge success, securing first and second place overall in the Green Jersey category. We also have the distinction of having the only team in the event with a female manager. We aided in the funding of Munster youths travelling to the Northwest Tour of Yorkshire.

The Cycling Munster Youth Academy is taking a group of youths to train in the Geraint Thomas National Indoor Velodrome of Wales in Newport over the October mid-term break which will be of huge benefit for our youths. We are in the process of updating our website and a new website will be available before the end of the year.

## 2022 STRATEGIC OBJECTIVES

Concerning our plans for 2022, we will provide opportunities for cyclists in Munster to improve, enjoy and learn new disciplines where possible. We will endeavour to provide opportunities for cyclists of all ages to fulfil their aspirations and potential. We will be sending selected Munster teams to compete in various international events during 2022, along with sending teams to events within Ireland. We will endeavour to run our Munster Leagues on road and track during 2022. We will keep an up-to-date calendar of events throughout the Munster region. We will be offering support to clubs running events and leagues in the Munster Region.

Support will be given to clubs who offer programmes geared towards inclusivity and diversity. We will be running training camps geared towards new and existing riders who wish to learn or improve their abilities in various disciplines.

We will be updating our kit and will subsidise the purchase of the Munster kit to our Academy members. Our safeguarding policies will be reviewed and updated, clubs will be advised of any upcoming training in safeguarding and other courses which members can avail of.

We will endeavour to continue our involvement with other commissions and help and support our members in their roles on those commissions.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
President	Daniel Curtin	Danielacurtin1@gmail.com
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Safeguarding Officer	Joan Curtin	Curtinjoan60@yahoo.ie

# CYCLING ULSTER



## 2021 OVERVIEW

Covid-19 has continued to impact on the sport during the last year however we have managed a return to many of our core activities including competitive teams representing Ulster, increasing participation, and advocating for more investment and infrastructure.

Online coaching workshops were organised in the early part of the year which replaced some of the traditional pre-season training events due to restrictions.

Competitive teams returned to representing the province in competition at the Newcastle West 4-Day in August which saw Chris McGlinchey win a stage and hold the yellow jersey from the opening time-trial until the final stage.

An Ulster Crit Series, Road Race League and provincial championships provided season long competition for our youth riders. Eight youth riders represented the province in track and road events at the School Games in England with Sam Coleman taking an excellent second place in the road race. The Tommy Givan Track, Orangefield hosted the National Youth Track Championships.

The Women on Wheels programme had another successful year with a range of clubs from throughout the province engaging in the project and increasing female membership. Training days for beginner and intermediate female competitive riders was organised for road and XC MTB.

With limited MTB events taking place domestically, bursaries were provided to enable developing riders to race in British XC and DH events.

Progress has also been made on improving cycling facilities and infrastructure. Several cycling hubs are being established which will be a physical base to be used for training events and education courses by us and can also be utilised by clubs. We are also in the process of providing more opportunities for BMX activities with improvements to the Ormeau Park BMX Track in the pipeline and better access to Armagh BMX track.

## 2022 STRATEGIC OBJECTIVES

The establishment of several cycling hubs in the province will provide a physical base for training event and education courses to take place. This will increase opportunities for people to do the various courses and programmes and allow for greater engagement with clubs on a regional basis.

The hubs will enable more coaches and ride leaders to become qualified which will increase clubs coaching capacity and help with the development of cycling.

It is intended that more representative teams will be entered into high level national events and international events in all disciplines which will support a pathway for cyclists to transition from provincial squads to national squads.

Through the Membership Development Officer, work will continue the implementation of the CI Club Quality Mark System which will improve the capacity and functioning of our clubs to support participation and sport development.

Enhance the pathway for youth cyclists by the development of more non-competitive activities for youth which will add to the existing introductory youth programmes. Using the new hubs for the creation of youth academies between several clubs, for development sessions and for a youth cycling festival.

The Women on Wheels programme will continue next season which will increase female participation. Women specific leagues will be organised in various disciplines to provide more opportunities for competitive women as well as training events to help women transition from non-competitive to competitive cycling.

We will engage with the PSNI and Garda on initiatives which improve cyclists' safety at events and training rides.

We will also seek further progress on developing better infrastructure and facilities with regional and local government which will benefit all types of cyclists.

## COMMITTEE MEMBERS

POSITION	NAME	CONTACT EMAIL
Chair	Tommy McCague	tommymccague@gmail.com
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