



22

# Annual Report



CYCLING IRELAND





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A full-page background image of a mountain biker in a black and yellow jersey riding a trail bike through a forest on a rocky path. The biker is wearing a helmet and gloves, and the bike has orange accents. The scene is set in a lush green forest with large rocks in the foreground and a blue sky with light clouds in the background. A large, semi-transparent teal shape is overlaid on the right side of the image.

# CEO MESSAGE



## 2022 at Cycling Ireland has been referred to using many adjectives.

Within this Annual Report and accompanying commentary at the AGM, myself and others will reference the great amount of activity and effort that has been expended in 2022 in aid of the strategic and operational progress of Cycling Ireland – and I thank all involved for their contribution.

It was Stephen Covey who suggested that progress moves at the speed of trust. On foot of some of the upheaval experienced in 2021 and early 2022 it is fair to say the pace of progress has been impacted. Significant time, effort and money has been necessarily invested in ensuring we have the foundations and features of a compliant, modern and functional National Federation. Whilst this has consumed considerable resource band-width and should be acknowledged as a noteworthy feat in itself – there are a significant number of 2022 achievements to highlight and build on.

The following reports will provide greater detail but the leading headlines of 2022, among others, include:

- A.** A continued growth in membership (^5% to 26,000+)
- B.** A return to a full calendar of events and National Championships/Series across all disciplines; and greater support and coverage of these events by Cycling Ireland;
- C.** The launch of the “Cycling Show” on TG4 and the Independent iCycle newspaper supplement as a means to showcase the sport;
- D.** A continuation of inspiring international performances from our High Performance athletes - especially those of our paracyclists;
- E.** The launch of our TahDah coaching management platform, a commuter membership offering, and the continuation of our high-volume education and participation programs: CycleRight and Community Bike Rides.

A series of Cycling Ireland staff will present to you at today’s AGM on a number of important topics. These include Anti-Doping, Safeguarding, Women in Sport, and High Performance.

The broader societal events of 2022: The return from Covid and the cost of living crisis have impacted on the sport in a variety of ways. This has been evident sport sector wide in respect of event registrations, in volunteer attrition, and in the form of a buoyant labour market that has made it difficult to recruit and keep talented staff.

I must acknowledge and thank the staff team at Cycling Ireland. We’ve made a number of strategic additions to the team in 2022 – and along with existing personnel, as always your contribution and commitment to the sport and the organisation has been mighty.

Equally I must pay testament to all the provinces, clubs, volunteers, marshals, Commissaires, commissions, event organisers and all of the cycling community who make the activities of Cycling Ireland happen. From club leagues to weekend spins – your hard work and commitment is hugely appreciated by all in the cycling family.

As a key group of volunteers, the Cycling Ireland Board are to be commended for their efforts in 2022. I thank them for their commitment to the governance reform of the organisation and their unwavering resolve to this aim.

I also express my gratitude to our key funding partners and stakeholders Sport Ireland, Sport Northern Ireland, Paralympics Ireland, the Olympic Federation of Ireland, the Dept of Transport and our commercial sponsors. Your support, financial and otherwise, is greatly appreciated and enables a level of activity and achievement that without you simply would not be possible.

Significant operational and financial planning is well underway for 2023 and we look forward to it being a successful year as we continue the journey mapped out by our 2020-2024 Strategic Plan. I thank you all for all you do for cycling and look forward to working with you to promote and develop the sport to its future potential.

**Matt McKerrow**  
**Chief Executive**

November 2022.



**STRATEGIC PILLAR**  
**ENABLE**









# GOVERNANCE



# AUDIT, FINANCE & RISK COMMITTEE



## MEMBERS OF COMMITTEE

POSITION	NAME
Chair (CI Independent Board Director)	Susan Ahern
Member (CI Board Director)	William Byrne
Member (Independent)	Paul Sanders
Member (Independent)	Jane Ryan

## TERMS OF REFERENCE

The Audit Finance and Risk Committee was established by the Cycling Ireland Board on 25 April 2022. All members of the AFRC have accounting, finance, governance and/or risk experience garnered in industry and in sport. Under the AFRC Terms of Reference, the role of the Committee is to support the Board in their responsibilities for issues of risk, control and governance and associated assurance through a process of constructive challenge.

## FINANCE STRUCTURES

During the course of the year, the AFRC was focused on bringing structure to the Finance function and working with the existing and new staff members to achieve this. The Finance Department is central to the proper administration of the Organisation and despite challenges of a technological and recruitment nature, it has delivered exponentially in 2022, for which the Finance Manager and Interim CFO's deserve considerable credit.

## AUDITED ACCOUNTS 2021

It will not have gone unnoticed that the Audited Accounts for 2021 presented to the AGM are more detailed than in the past. There has been a conscious approach to ensure greater transparency and to follow best industry practice which has resulted in a clearer reflection of the assets and liabilities of the Company in a fully consolidated form. The mature support of the Provinces in enabling the Company to achieve this objective is appreciated.

The Company's external auditors are OSK. No significant difficulties were encountered during the audit. A Letter of Representation was signed on behalf of the Directors prior to the audited accounts being issued. The Audit Opinion was unmodified.

## WORKPLAN

The AFRC held 8 meetings between April and October 2022.

Much of the early focus of activity was on ascertaining the financial health of the Company, reviewing authorisation limits, updating bank mandates to reflect the new Board / staff compositions, and engaging in a process of the review and completion of a suite of financial policies, necessary for the proper governance of the financial affairs of the Company.

While BDO continue to play a role in externally reviewing Company grant applications, the Company has completed its delivery of the KOSI Recommendations. Under the AFRC remit, that included revised grant processes, new

procurement procedures and a review of the Finance function. An Internal audit programme is being developed for delivery in 2023. In all, 12 new or revised Financial Policies and Procedures were successfully recommended by AFRC to the Board for approval (refer table below).

## LIST OF APPROVED GOVERNANCE AND ETHICS RELATED POLICIES AND PROCEDURES

POLICY NAME	DATE OF APPROVAL
Finance Policy	19/09/22
Approvals	25/06/22
Banking & Cash	25/06/22
Nominal Ledger and Journal	15/08/22
Budgeting	15/08/22
Reporting	15/08/22
Procurement	15/08/22
Payments to Suppliers/Volunteers	19/09/22
Accounting for Receipts	19/09/22
Travel & Miscellaneous Expenses	19/09/22
Salary Administration	19/09/22
Taxation	19/09/22

## RISK

The AFRC is also tasked with advising the Board on strategic processes for risk mitigation and management, control assurance and governance. A new risk framework is in the process of being completed which will be more dynamic in nature and enable the early identification of risk, tracking of the movement of risks (higher / lower / neutral) to be more easily identified and thus aid mitigation efforts. Opportunities should also become more apparent. This framework will marry in with the Risk Management Policy and Risk Appetite Statement of the Company which were approved by the Board in September.

My thanks to all the Members of the AFRC, the Committee Secretary and the Executive Team for the trojan work done in 2022.

**Susan Ahern**  
Chair Audit Finance & Risk Committee

October 2022



# GOVERNANCE & ETHICS COMMITTEE



## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Gary McIlroy
Member	Tom Daly
Member	Louise Reilly
Member	Marian Lamb
Secretary	Myra McGlynn

## REPORT

### The Governance and Ethics Committee (GEC) was established by the Board of Cycling Ireland in April 2022.

At that time, Cycling Ireland was subject to 26 recommendations from the Institute of Public Administration (IPA), 17 recommendations from the Sport Ireland KOSI Audit and 74 sub-principles of the Sport Ireland Governance Code for Sport of which a public declaration of compliance was to be made before December 31st, 2021. These items relate to Good Governance and Financial Management. That public declaration of compliance was not made by that deadline.

However, with the establishment of GEC and other sub-committees by the current Board, along with the

commitment of staff, Cycling Ireland has been brought to a state of compliance through the drafting and implementing of policies and procedures derived from best practice guidelines for the Board and its sub-committees.

This has brought us to a state of readiness to make that public declaration of compliance and it also displays our commitment to the Governance Code for Sport, along with contributing to the restoration of trust with our major stakeholders. We have also achieved a position where the lines of responsibility and communication have been formally established between the Board and the Executive.

The large body of work undertaken in a short space of time is summarised below in the list of policies that have been drafted and implemented. The objective for 2023 is to monitor and conduct reviews of the changes for effectiveness at Board and sub-committee level and to focus on a review of the Constitution to ensure compliance with the Companies Act 2014. In addition, the focus will also shift towards providing information for the Board's standing committees at Commission and Provincial level to help ensure that the best practices that have been adopted at Board level, filter down into the Standing Committees to strengthen the overall structure of the organisation.

We look forward to working with you all in 2023 as we continue to strengthen the governance structures of the organisation and ensuring ethical principles are adhered to.

## LIST OF APPROVED GOVERNANCE AND ETHICS RELATED POLICIES AND PROCEDURES

POLICY NAME	DATE OF APPROVAL
Code of Conduct and Register of Conflicts of Interest	21/03/22
Schedule of Reserved Matters for the Board of Directors	21/03/22
Audit Finance and Risk Committee Terms of Reference	16/05/22
Governance and Ethics Committee Terms of Reference	16/05/22
People and Culture Committee Terms of Reference	16/05/22
Consultation and Review Working Group Terms of Reference	16/05/22
Cycling Ireland Board – Terms of Reference	20/06/22
Chairperson Roles and Responsibilities	20/06/22
CEO Roles and Responsibilities	20/06/22
Social Media Policy	20/06/22
Spokesperson Policy	20/06/22



# HIGH-PERFORMANCE MANAGEMENT GROUP



## MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson	Pierre McCourt
Board representative Member	Conor Campbell
Independent member	Simon Jones
Independent member	Paul Doyle
Independent member	Rachael Mulligan
Independent member	Laurence Birdsey
Independent member	Urban Monks
Independent member	Jon Wiggins
Ex-Officio – HPD	Iain Dyer
Ex-Officio – Administration	Elizabeth Devaney

## REPORT

The High Performance Management Group will support the High-Performance Director in any matter relevant to the delivery of the High Performance programme and provide insight to the Board with expert advice in relation to the execution of the High Performance strategy.

The terms of reference have been agreed, and the composition and membership of the HPMG were agreed by the Board on 19th September.

The group members have just submitted their sub-committee code of conduct and conflict of interest agreements to the company secretary.

We are looking ahead to meeting for the first time later in the month, subject to availability.





# PEOPLE & CULTURE COMMITTEE



## MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson	Louise Reilly
Committee Member	Tom Daly
Committee Member	Conor Campbell
Committee Member	Lauren Myers
Secretary	Myra McGlynn

## REPORT

The People and Culture Committee (PCC) was established by the Board of Cycling Ireland in April 2022. The purpose of the PCC is to advise the Board on all matters relating to staff and Board planning of Cycling Ireland; we aim to engage the talent and nurture the leadership capability of individuals and teams working together to drive the desired culture throughout CI. The Terms of Reference for the PCC were approved by the Board on 16 May 2022. Meetings are held once per quarter, unless circumstances arise that require an additional meeting.

## WORK AND ACTIVITIES TO DATE

It was agreed at its meeting in May 2022, that the PCC's primary focus for the first six months would be on both staff and Board culture, and staff resourcing, benefits, and performance. The newly constituted Board underwent training on ethical decision-making in May 2022.

At its meeting in June, the PCC reviewed the revised Employee Handbook and recommended to the Board that it be approved. The 2022 Employee Handbook was subsequently approved and is now in force. The PCC also agreed to recommend to the Board that Lauren Myers be appointed to the PCC. Lauren is Senior HR Business Partner & Deputy Head of HR for UK Sport and was previously HR Business Partner with British Cycling. Lauren's appointment was approved by the Board, and she brings with her a wealth of experience to the PCC.

At its meeting in September 2022, the PCC noted there have been major improvements in the culture of CI staff and the Board in the past eight months. A number of strategies both formal and informal have been implemented that have led to this change. Key highlights are the expertise of the new Board, the establishment of a Senior Leadership Team, and hiring strong professionals.

The PCC considered the 'Return to Work' survey results completed by staff and agreed to accept the recommendation of the CEO, subject to some adjustments. The terms of the hybrid working model will be submitted to the Board for approval at its next meeting.

### Future Work and Activities

The PCC has agreed to develop and conduct a survey of both staff and the Board to establish their view on the current culture within CI. All Board members will undergo Board Director training post AGM. A formal Performance Management System is being developed for all CI staff and will be rolled out in Q1, 2023, with education to begin Q4, 2022.

The PCC anticipates that once its preliminary work internal to CI is complete, an additional piece of work will be a review of the culture within the wider cycling community.

# CONSULTATION & REVIEW WORKING GROUP

## MEMBERS OF COMMITTEE

POSITION	NAME
Chairperson/Vice President	Tom Daly
Board Member	Helen Kerrane
Board Member	Claire Young
Secretary	Myra McGlynn
CEO	Matt McKerrow
Interim Operations Manager	Scott Graham

## REPORT

This Consultation and Review process can be regarded as ‘Stage 2’ of the reform agenda committed to by the new Board of Cycling Ireland during 2022.

**Stage 1:** The higher-level governance reforms including the recommendations of the KOSI Audit and the Institute of Public Administration’s (IPA) Board Effectiveness Assessment.

**Stage 2:** This consultation and review process which relates to the volunteer-based operational structures – the core mechanisms by which much of Cycling Ireland’s (CI) work is carried out. This process was initiated by the Board in April 2022 by setting up a Working Group with the brief of developing and undertaking a consultation process with the members and the various structures and bodies of Cycling Ireland, to synthesize the findings and report to the Board in the Autumn.

## THE PLAN

The Working Group developed a plan with the following main elements:

1. A Governance Workshop with a representative group of members in May 2022
2. In-person meetings with the four Provincial Executives
3. On-line meetings with members of the Commissions
4. A survey of all members
5. A survey of clubs
6. Informal discussions with various individuals

## SUPPLEMENTARY FUNCTIONS OF THE CONSULTATIONS

In addition to its core aims, the consultation process also enabled members of the new Board to meet key volunteer members and answer their direct questions. Similarly, the CEO was available to provide information on operational issues.

Summary findings from consultations with Provinces and Commissions

1. The Board has 15 sub-committees which makes control and management by the Board very difficult.
2. These structures had grown in an ad-hoc way over many years and with lack of coherence in some aspects.
3. There are no clear Standard Operating Procedures and there is some uncertainty about roles and functions (some have no Terms of Reference).
4. There is much overlap and duplicity in functions between various sub-committees.
5. Financial management and control is neither standardised nor optimal.
6. In cases, annual work planning is not aligned with CI’s Strategic Plan.
7. The nature of the work undertaken can be influenced by the preferences and enthusiasm of individuals involved at any given time, rather than on longer-term strategic aims and planning.
8. Strategic and operational planning needs to be improved in some cases in order to provide guidance and continuity from year-to-year.
9. There are limited and unclear linkages between the professional staff and the volunteer-level operational groups: these need closer support from staff, under the direction of the CEO.
10. The control and accountability of some current Commissions at least could be shifted to the Executive from the Board.
11. For the bodies promoting competitive cycling, there are unclear pathways from Youth level, through to high-performance Junior and U-23 levels.
12. While there may be potential for the Provincial bodies to take a more central role, the current bodies have evolved in different ways and clear consistency in governance and operating procedures would help in any such longer-term role (Ulster covering two jurisdictions needs to be recognised and facilitated).

## SUMMARY FINDINGS FROM SURVEYS OF MEMBERS AND CLUBS

These surveys produced a large amount of information that can be accessed online (see below). The standout points were:

1. The relevance of Commissions and Provincial Executives to clubs needs to be strengthened
2. Communication through all levels of the organisation can be improved
3. Recruiting volunteers to sustain activity is problematic at all levels
4. Clubs requested more support in areas such as liaison with Gardaí and Local Authorities; administration, training, running and promotion of events and volunteer recruitment and training.

For more information – see Appendices published at [www.cyclingireland.ie/about-us/governance/board](http://www.cyclingireland.ie/about-us/governance/board).



# TECHNICAL WORKING GROUP

## MEMBERS OF COMMITTEE

POSITION	NAME
Cycling Ireland Sports Operations and Technical Consultant	Paul Watson
Member	Anthony Mitchell
Member	Jack Watson MBE
Cycling Ireland Events Coordinator	Chris White
Cycling Ireland Operations Coordinator	David Mullin

## REPORT

### The Technical Working Group is to be renamed the Technical Management Group.

The Technical Working Groups planned meetings are every second Friday morning (09.30-10.30) where issues arising for the technicalities of the sport are discussed.

- Clarification of Regulations
- Solving Complex Technical issues raised by Commissions, Provinces and Members
- Records
- Championships
- National Leagues
- Review of Proposals for changes to Technical Regulations
- Technicalities of Major Cycling Ireland Events
- Implementation of Policies handed down from UCI and UEC

Adhoc meetings can also be called for Critical issues

This is the first year in existence for the TWG and it has been established to deal with the Technical Issues raised by Commissions, Provinces, Clubs and Members - that in the past would have ended at Board Level, but now with the improvements to the Governance and Structure, this group deals with these issues and not the Board.

We have discussed several issues over the year and used Cycling Ireland Website and Social Media to keep members informed of all changes as they occur.

Any proposals made are discussed with all relevant parties, commissions and provinces to ensure implementation, or full explanation of the reasons for rejection and any possible issues raised. Some of the challenges we have faced this year with proposals and technical motions is that provinces, commissions or proposers are making proposals that will

possibly have a negative impact on other disciplines or commissions without any discussions with these other parties.

An example of this is we have a club proposing that all youth racing is now based on ability rather than age – with A, B & C youths; and this proposal has been made without any reference to the Youth Commission or Cycling Ireland who are responsible for Youth Cycling.

After review of the method of implementation used by the UCI and across other sports governing bodies, the way of working going forward will be as follows

- Proposals for changes can be made by Provinces, Commissions or Clubs to the TWG at any time throughout the year – as per the current regulations, but many members do not know this they feel you must wait to the AGM to make a proposal.
- TWG after discussion with all parties affected by the proposals – commissions, provinces, staff etc will decide whether or not to implement these changes – if these are critical, they can be implemented in 28 days or non-critical for the following year – again as per current regulations.
- TWG may also refer a proposal to a Commission to investigate the possible implementation difficulties – and respond based on their feedback.
- Any rejection by the TWG will be responded to with a full explanation of the reasons for rejection – impacts on the sport, impacts on other commissions etc
- These reasons can then be discussed by the proposer, and they may decide to modify and resubmit a revised proposal.

This method of working and implementation is in line with UCI processes and will ensure that the AGM is a place for discussion of the performance and direction of the Company.



# COMMERCIAL WORKING GROUP

## MEMBERS OF COMMITTEE

POSITION	NAME
Board Member	Emma Hunt-Duffy
Interim Operations Manager	Scott Graham
Marketing & Communications Officer	Ciara O'Shea

## REPORT

The Commercial Working Group was established to explore commercial and sponsorship opportunities for the organisation. The group has undertaken a review of the sponsorship arrangements that are currently in place along with the sponsorship strategy and go-to-market materials/proposals.

The group is currently working on the identification and shortlisting of brands and companies which align with Cycling Ireland's values and vision for the sport. Consideration is also being given to the merits of agency support for the procurement of sponsorship.

The Commercial Working Group looks forward to meeting with a range of companies over the coming months and showcasing the unique and valuable sponsorship opportunities available with Cycling Ireland.







# MARKETING & COMMUNICATIONS

2022 saw the launch of two exciting media initiatives – The Cycling Show on TG4 and iCycle in the Irish Independent - aimed at increasing exposure for cycling and guaranteeing a level of media coverage.

Cycling Ireland secured a monthly slot on TG4 and produced an action packed 30-minute English language programme covering all aspects of Irish Cycling between March and September. The production has been very well received with strong engagement and viewership figures on terrestrial television as well as the TG4 Player. A real highlight was the ability to showcase the unique diversity of cycling, with fans getting the opportunity to see a wide range of disciplines and ability levels.

The monthly eight-page iCycle supplement was produced in partnership with the Irish Independent and provided another avenue for highlighting the achievements and positive developments within Irish Cycling. The Irish Independent is Ireland's best-selling daily newspaper and number one ranked news and media website in Ireland - providing an excellent platform for the promotion of our sport.

Alongside these new projects, there was a focus put on increasing the quality and quantity of our social media content, developing the website, and updating members regularly via the newsletters.

Pre-promoting and providing media coverage of 20 National Championship weekends, 45 National Series events along with international events including European and World Championships across all disciplines, remains a challenge and ensures the marketing & communications team is busy year-round.

## BRANDING

Since the launch of our new brand identity was revealed on World Bicycle Day last year, we have been working with all sectors of the sport to ensure the consistent application of brand guidelines.

This has been evident at National Championships and National Series events up and down the country with a consistent look and feel at these events. All disciplines and sectors of the cycling community fall under the Cycling Ireland umbrella and are now using the Cycling Ireland logo.

## WEBSITE

The new optimized website was launched in mid-2021 on World Bicycle Day and has already yielded results in terms of increased page views and usability. Several new features and enhancements have been made in recent months - including the addition of an automated ranking and results system, coaching calendar and candidate management system as well as the building of new pages for National Championships and programmes.

With 1.2 million views per year, cyclingireland.ie is becoming the go-to location for news and information on all cycling disciplines. The marketing & communications team is eager to work with commissions to transition the necessary information onto cyclingireland.ie and reduce the number of auxiliary websites and social media channels in operation.

## YEAR ON YEAR COMPARISON

**User Numbers up 21%**

**Sessions up 21%**

**New Users up 19%**

**1.2 million Page Views up 12%**

## SOCIAL MEDIA

The @CyclingIreland social media channels have continued to grow and have seen a big increase in engagement and reach across all channels compared to last year. The focus on content capture at major events has allowed Cycling Ireland to connect with a wider audience and grow our reach considerably.

Through short form video content on Instagram (Reels), Cycling Ireland has been able to reach a far wider audience, recording a record reach of close to 4 million. In an effort to reach a younger audience, Cycling Ireland has created a TikTok account and will tailor the content to grow the audience and showcase the variety of cycling through short-form videos.

PLATFORM	VIEWS
Facebook Followers	28,723 (up 11% vs previous year)
Twitter Followers	19,100 (up 7% vs previous year)
Instagram Followers	15,400 (up 22% vs previous year)
TikTok Followers	1217 (New)
Facebook Video Views	377.9k
Instagram Reach	3,740,943 (up 1.5k% vs previous year)
Facebook Reach	1,298,608 (up 11% vs previous year)
Twitter Impressions	4.8m

## HIGHLIGHT

Instagram Reels



3.9m plays



1m plays

## THE CYCLING SHOW COVERAGE

### March

- IT'S NOT A RACE\* Women's Campaign
- Women's Online Training Programmes
- BMX High Performance Squad
- Oisín O'Callaghan Interview
- Ryan Mullen Interview
- Nicolas Roche Interview
- Road National Series Round 1



## CYCLING IRELAND

### April

- Paracycling National Championships
- Track Nations Cup – Glasgow
- Cycling Ireland High-Performance feature
- Community Bike Rides
- Road National Series Round 2
- BMX National Series
- Downhill National Series

### May

- Road National Series Round 3
- Greenways feature
- Megan Armitage Interview
- Greg Callaghan Interview
- Bike Week
- Cross-County National Series

### June

- Eddie Dunbar Interview
- Road & Time Trial National Championships
- Road National Series Round 4
- Rás Tailteann

### July

- Mondello 24
- Downhill National Championships
- Cross-Country National Championships

- Enduro National Championships
- BMX National Championships
- Lara Gillespie Interview
- European Youth Olympic Festival

### August

- Youth National Championships
- Road National Series Round 5
- Master's National Road Championships
- Ryan Henderson Interview
- European Championships (Road, Track & BMX Freestyle)
- Paracycling Road World Championships

### September

- McCrystal's CX Track
- UCI Cyclo-cross World Cup Dublin
- Great Dublin Bike Ride
- Sam Bennett Interview
- MTB Trail Centres
- Old Velo Cycling Festival
- Track National Championships & Dublin Track International
- Rás na mBan

### Scott Graham

**Interim Operations Manager.**







# ANTI-DOPING & SAFEGUARDING



## SAFEGUARDING

Welcome to our Cycling Ireland Safeguarding Report – setting the standards for keeping young people safe in our sport. This report covers our cycling disciplines from November 2021 to November 2022.

It is important to restate the functions of Safeguarding in Sport. The Childrens First Act 2015 emphasises the need to “Keep Children Safe from Harm”. This Act places responsibilities on Clubs to conduct a “Risk Assessment” to determine the potential for harm and adopt a “Child Safeguarding Statement” outlining Policies Procedures and Practice to mitigate against these risks. Safeguarding functions include:

- Safeguarding Policy Development and Implementation
- Education
- Supporting Club Recruitment through the National Vetting Process and Access NI clearance
- Responding to concerns and supporting Clubs in dealing with concerns as they arise
- Legislative compliance

As always, it is important to acknowledge the hard work carried out by Youth Safeguarding Officers throughout the organisation. I extend my thanks to Provincial Safeguarding Officers, Commission Safeguarding Officers and Club Safeguarding Officers. Without committed Officers in these positions willing to take on the role meeting our expectations and responsibilities in Keeping Children Safe would be almost impossible. These roles are pivotal in ensuring that Cycling Ireland continues to implement the best standards to safeguard the wellbeing of Youth and Children throughout the sport either in the competitive field or the leisure side of the sport. I have met with or spoken with almost all Safeguarding Officers at one point or another whether in a briefing or directly this year and it is encouraging that the organisation has these committed Officers in place. A further thank you is extended to the various management committees and commissions throughout Cycling Ireland, the CEO, Board of Directors and the Board Safeguarding Representative, for the invaluable work put into creating a safe fun environment where fair play is promoted in the best interests of our young members.

The Board have appointed a New Safeguarding Representative this year. We have met on several occasions. I look forward to continued work in the coming year. Having a Board Representative responsible for Safeguarding means that the functions of Safeguarding are always present at the highest decision-making point in the organisation. I have met individual Board members on several occasions and made a presentation to the Board in September. I am heartened by the importance they place on Safeguarding.

I wish to mention and pay special thanks to Rachel Ormrod who previously had the role of Vetting Liaison Officer. Rachel supported Safeguarding development both in my time with the organisation and with our previous National Safeguarding Officer. Finally, I would like to acknowledge

the support of Helen Mc Hugh and all her staff at Sport Ireland Ethics Unit as well as Paul Stephenson in the Child Protection and Sport Unit in Northern Ireland. Both are a constant support and always available for advice.

This year has been a challenging one in Safeguarding with the implementation of an organisation wide Safeguarding Audit. The Audit was conducted during Feb/March this year requiring all clubs with one or more members under 18 years of age to carry out a Self-assessment of their Safeguarding Systems. I am happy to report that the majority of Clubs have been able to complete this Audit. I continue to work with a small few to make their final submissions. The self-assessment measures both the meeting of our legal obligations under the Childrens First Act 2015 and the National Vetting Bureau Act 2012 as well as implementation of best practice in Childrens sport as outlined in the Cycling Ireland Safeguarding Policy. Clubs still have access to their individual assessment which can be updated at any time. Initial findings from the Self-Assessment are positive overall. I have and will continue to be in touch with individual Clubs where necessary as well as providing a series of online information sessions for Safeguarding Officers. These will begin late November and continue through the first quarter of 2023.

In addition to the Sport Ireland Self-Assessment, I also met with the Child Protection in Sport Unit to review our Safeguarding Procedures and plans. We also have had reports for Cycling Ulster and Cycling Ireland from two mystery shoppers who did a desk top review of our Safeguarding information. Sport NI also required Cycling Ireland to assess our Safeguarding Systems and submit a report which was signed off by the Board of Directors. Feedback received to date has been positive with valuable suggestions and advice which is being actioned and will continue to be actioned.

I continue to sit on the Sport Ireland Children in Sport Group as well as the National Childrens Officers group which is a source of excellent support and information. These groups along with Sport Ireland inform the direction of Safeguarding Practice in Sport in Ireland. Additionally, I continue to attend the Youth Commission and will continue to offer support to this Commission in 2023. I will be in contact with all Commissions in late November requesting an invite to attend one of their early meetings to support their Safeguarding implementation plans. We have many disciplines, and it is my desire to work with all commissions to ensure our Safeguarding Policies are fit for purpose across each discipline.

Vetting continued at pace this year but was subject to some delays as our Liaison Officer was no longer with us. I have now taken on this role and vetting is now being processed at a much more acceptable rate. I wish to thank Michael Atkinson for his support in administering vetting within the organisation as well as Julie Rea, Cycling Ulster, for administering the Access NI process. Our aim in vetting is to turn around applications within five weeks of receiving a correctly completed application.

Cycling Ireland continued to utilise the Local Sports Partnership and Sport NI in provision of Safeguarding Courses. Whilst we will continue to encourage this utilisation, I am happy to announce that I will be commencing a series of Safeguarding courses in early December running right throughout next year.

I intend to provide a fortnightly online presence to give advice and support to Safeguarding Officers using the Zoom platform. Safeguarding Officers will be able to log on and gain support or have their questions answered and leave within a short period of time.

This year, the requirement for all Clubs to have a Safeguarding Officer in place becomes effective following last year's AGM vote. No Club will be permitted to affiliate in the absence of a Safeguarding Officer. This will increase the demand for training and will require these Officers to complete the Garda Vetting/Access NI screening. Cycling Ireland is committed to the safeguarding and wellbeing of all its members and recognises that it has a duty of care, to protect all young and vulnerable people and to safeguard their welfare, irrespective of age, disability, gender, racial origin, religious belief, and sexual identity. These new Safeguarding Officers will be a great support in achieving this commitment.

If you have any queries, please consult the relevant Safeguarding section of the Cycling Ireland Website.

**Donal Gillespie**  
**National Safeguarding Officer**

[safeguarding@cyclingireland.ie](mailto:safeguarding@cyclingireland.ie)

## ANTI-DOPING

Cycling Ireland's commitment to Anti-Doping and ensuring the sport of cycling stays clean, remains strong and working with Sport Ireland there was an increase in competition testing this year. Information for athletes on Anti-Doping regulations has been provided online and directly on request in addition to the distribution of information via Anti-Doping wallet cards.

The ADO role includes supporting the functions of administering the Registered Testing Pool (RTP), ensuring all athletes maintain their Athlete Whereabouts requirements, administering any requests for Therapeutic Use Exemptions (TUEs) and notifying those tested of the results of any tests undertaken.

Thanks to all our riders for ensuring that they complied with all policies and requirements of Cycling Ireland, Sport Ireland and the UCI. I met with Paul O'Donovan of Sport Ireland Anti-Doping unit in agreeing an Anti-Doping Plan and indeed once approved will publish this plan for 2023. Additionally, thanks must go to Paul for facilitating our education workshops this year. Having now identified a number of potential tutors internally, the anticipation is that next year we will deliver more of these ourselves both online and in person.

The statistics of tests undertaken from Sept 2021 to Sept 2022 appear below. As stated above, with the increase in in person competition as we moved out of Covid-19 restrictions, there was an increase in competition testing and a decrease in out of competition testing. Special thanks must go to Janine Merriman of Sport Ireland for working with us in identifying competitions to carry out testing and the professionalism of the testing staff.

Once again, the key message for all cyclists, regardless of discipline, age or ability is Anti-Doping is both a key concern and integral facet of the compliant operation of the Federation – and as such you can expect you may be tested at any Cycling Ireland sanctioned event. As

doping offences carry strict liability you are responsible for the substances with which you fuel your body, and which are detected in your system via testing.

Key developments in the next year will be the implementation of a programme of education at all levels in the organisation, face to face training for all High-Performance athletes and attendance at a number of events to provide information on Anti-Doping requirements. Additional resources are available on the Cycling Ireland and Sport Ireland websites. Cycling Ireland encourage all riders and those supporting riders to complete the Anti-Doping E-Learning programme on the Sport Ireland website.

Tests from 30th Sept 21 to 14 Sept 2022:

- Total Tests:116
- Out of Competition: 76
- Within Competition: 40

Therapeutic Use Exemptions Granted: 1

Some of the Events where testing was undertaken in 2021/22:

- National Track Championships
- National Road Championship
- Cycling Ireland Hill Climb Championships
- Cycle Cross

Female and Male Cyclists in Track, Road, Paracycling, across numerous disciplines have been tested.

If you have any further queries, please contact [antidoping@cyclingireland.ie](mailto:antidoping@cyclingireland.ie)

**Donal Gillespie**  
**Anti-Doping Officer**





**STRATEGIC PILLAR**  
**PARTICIPATE**









# COACHING



2022 saw the first ‘new normal’ year for education delivery since the Covid-19 pandemic, with a full coach education programme and an increase in face-to-face engagement with learners.

To date, as of the 20th of September, we have seen an increase of coaches, instructors and leaders in the order of 221 (see course breakdown below) who have attended one of 26 individual courses to date. This is a slight decrease compared to 2021, however there are several courses planned in the final quarter of 2022 and a lot of time this year has been spent on preparing TahDah, Cycling Ireland’s new online Candidate Management System. There are now a total of 4,864 coaches, instructors or leaders on our coaching database.

COURSE BREAKDOWN	2022 LEARNERS
Ride Leader	98
Foundation Coaching	14
Level 1	0
Level 2	0
Sprocket Rocket	32
MBL	0
TCL	65
Handcycle	4
Tandem cycle	8



The commencement of a Coach Education Manager in June with a specific role for coaching, coach education and development enabled reignition of the Level One Discipline Combined pilot course that started in the summer 2021. The course was not completed because of

Covid-19 restrictions at the end of 2021 and also a change of personnel within Cycling Ireland’s Education and Development unit. The pilot course will now be completed by December 2022, once the final online module (discipline specifics) and a face-to-face practical weekend has been delivered.



August saw the celebration and photo shoot of the recently developed Tandem Pilot Training course at the beginning of the ‘Pedal the Peaks’ event in Offaly. The course, in partnership with Vision Sport Ireland, was launched in 2021 with the aim of training and recruiting tandem pilots across the country that will allow more people with a vision impairment to participate in cycling. The course is a blended learning course consisting of an online module and face-to-face practical day.



Also in August, Cycling Ireland held its first Handcycling training course. An introductory Handcycling course has been developed as part of the Cycle Right programme in association with Active Donegal. This course, which draws on the great work done in recent years by Martin McDevitt and his team in Donegal, will offer skills to those who will support individuals interested in getting involved in handcycling.



In September, Cycling Ireland launched a Candidate Management System called TahDah. The functionality of the new online education platform centres around course administration, payments, enrolment, and learner communication. These processes enable a full and transparent history of all coaches’ qualifications and development as the platform automatically tracks learners’ journey through assessment tasks. This can only be of benefit to the individuals, clubs, tutors, and Cycling Ireland. Other benefits include reduced administration time, depository of digital resources moving away from printed material, being able to award CPD points for learning undertaken and potential for self-graded e-learning. Soon, there will also be additional functionality for coach profiling made visible through the platform on completion of qualifications and other important credentials such as Garda Vetting/ Access NI, safeguarding and the coach’s charter.



In December, several tutors were supported by Cycling Ireland to attend a Sport Ireland Coaching (SIC) one day Tutor CPD event in Limerick. Invitation for the event went out to all SIC qualified tutors on our tutor database four months prior to the date giving people plenty of notice.

**Tom Causer**  
Coach Education Manager

**Róisín Hickey**  
Coach Education and Development Administrator

**Darragh Whelan**  
Coach Education and Development Intern.





# DEVELOPMENT

## DEVELOPMENT

As Development Officer for Ulster, the following report gives an overview of activities for the past 12 months from Sept 2021 - Sept '22.

### CYCLING HUBS PROJECT

Investment of €60,000 was secured in 2019 (€30k) and 2020 (€30k) for six Cycling Hubs in Ulster from the Department of Communities to support cycling in Northern Ireland.

5 of the 6 Cycling Hubs are now sited and operational in the following areas:

- Fermanagh and Omagh Council:  
Eccellesville, Fintona.
- Newry, Mourne and Down Council:  
Downpatrick, Down.
- Causeway Coast and Glens Council:  
Jim Watt SC, Garvagh.
- Armagh Banbridge and Craigavon Council:  
Gosford, Armagh.
- Antrim and Newtownabbey Council:  
Valley LC, Belfast.
- \*Mid Ulster Council:  
Dungannon Park, Dungannon.

\*The final hub will go on site in 2023.

### HENRY JONES PLAYING FIELDS PROJECT 2022

Meetings have taken place during 2022 with Belfast City Council staff and councillors regarding the Henry Jones project.

A feasibility study contracted by Cycling Ulster was completed in April 2020 by Abacus for the project and has been included in the Belfast City Council Sports Strategic Plan 2021-2024 to enable funding to be designated to the project.

The East Belfast Area Working Group have agreed €70,000 funding support towards the project. The funds will support areas of the project including public consultation, planning applications/design and a business case.

In May, a funding application was submitted to the Neighbourhood Regeneration Funding Programme for €350,000 and if successful will support the first phase of the project to include MTB Trials, Pump Track and a Learn to Cycle facility.

### ORMEAU PARK BMX TRACK PROJECT 2022

Several meetings have taken place with Cycling Ulster, Cycling Ulster Off Road Commission Chairman, Belfast City Council and BMX clubs over the past twelve months regarding the re-development and upgrading of the Ormeau Park BMX Track.

As a result of the meetings, a facility user agreement was agreed in April with Belfast City Council and Cycling Ulster/Belfast BMX Club for the track and an application has been submitted to the Neighbourhood Regeneration Funding Programme in May for €150,000 to complete

the upgrade/refurbishments works of the track.

### CLUB SELF-ASSESSMENT SYSTEM

A new Club Self-Assessment Online System and Tool Kit which will support all existing cycling clubs has been agreed and is now in its development phase with several clubs agreeing to trial the system before full rollout with all cycling clubs.

The new system will support cycling clubs with a new club development plan covering key club areas including governance, financial, club operations, marketing and communications, facility development, coaching, plus several other key areas.

### CLUB SUPPORT

Meetings throughout the past twelve months have been held face-to-face and online with existing and newly established cycling clubs and ongoing regular engagement with the clubs and their committees on the key areas of club development, membership recruitment and retention opportunities, club self-assessment, funding opportunities, participation programmes and delivery of programmes and coach education courses for volunteers and the recruitment of volunteers.

### CONNACHT YOUTH DEVELOPMENT OFFICER DAIRE FEELEY'S UPDATE

As Connacht YDO, here is a summary of the ongoing activities and projects within the province:

- Analysis of current activity within the province.  
Compiling updates from clubs on their current activities.
- Identifying potential areas for development within the province.
- Identifying and contacting potential partners to assist development work in the province. For example: LSPs
- Developing programmes, activities and events to roll out in the coming weeks.
- Identifying and recruiting potential tutors and coaches within Connacht.
- Assisting and supporting clubs with the recruitment of new youth members and their development.
- Liaising with Cycling Ireland and Connacht Cycling on activities and their support requirements.
- Devising in association with Connacht Cycling a communications strategy to raise the profile of cycling within the province.

### PLANS FOR 2023

#### Youth Development Officers (Connacht and Ulster)

In March 2022, an application by Cycling Ireland was made to the Rank Foundation and Cycling Ireland were successful in obtaining funding for a 3-year post to deploy a new Youth Development Officer in Ulster who will support clubs in the development of their youth activities and those cycling clubs who are keen to develop new youth sections. The new YDO has now been employed and commenced employment with Cycling Ireland in August.

We will provide ongoing support and management to both the new YDO Ulster and existing part-time YDO in Connacht.



**CLUB WORKFORCE PROJECT**

During 2023, an assessment of current Club Workforce in clubs in Ulster and the areas for potential development with all current cycling clubs will take place.

This assessment will help identify the key areas, counties, and clubs for growth in Ulster especially in youth and with the cycling hubs.

**ALL PARTY CYCLING GROUP AND THE DFI CYCLING AND WALKING GROUP**

Further meetings are planned with both these groups, to establish opportunities and support for the development of cycling and cycling infrastructure in NI.

**ALL PARTY GROUP FOR SPORT AND RECREATION**

Further meetings are planned with this re-established working group, chaired by Mike Nesbitt MLA and all governing bodies and key partners. The group has been re-established to support opportunities for the development of sport in NI.

**Gary Lavery**

**Cycling Ireland Development Officer**







# MEMBERSHIP



## MEMBERSHIP

2022 saw membership of Cycling Ireland exceed pre-pandemic levels rising to over 26,000. A digital marketing campaign ran throughout late 2021 into early 2022 and proved effective at generating early membership registrations and increasing membership numbers.

<b>23,280</b> 2020	<b>24,948</b> 2021 (up 7%)	<b>26,180</b> 2022 (up 5%)
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Leisure membership continues to experience significant growth with almost 17,500 within this category, however, competitive memberships also increased from approximately 4,640 in 2021 to 5,400 in 2022. A new membership category for commuters is in the early stages of trial and is currently available to individuals via the Cycling Ireland website or through the EU-backed Cycle Friendly Employer accreditation scheme.

Cycling Ireland’s membership and events system continues to undergo upgrades with additional functionality added, including an automated results and ranking database. The membership team is working to improve levels of customer service and responsiveness and has this year increased staffing levels and implemented a new and improved phone system to ensure member queries are resolved promptly.

### TRAINING HUB

Launched in 2021, the Training Hub continues to be well utilised and valued by members. Access to over 150 training sessions for indoor turbo training, yoga, pilates, strength and conditioning and more are available free of charge to members.

An Android and iOS App launched in early 2022 increasing ease of access to the expert training sessions.

<b>150+</b> workouts	<b>3,000+ hours</b> of training complete <b>Pilates most</b> popular session
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### MEMBER BENEFITS

In addition to insurance coverage and access to the Training Hub, members can also avail of the following benefits. Our partners reported high levels of usage and uptake of member benefits this year. One such example being over half of all members registered to use the Cycling Superstore discount.

ORGANIZATION	DISCOUNT
Cycle Superstore (online or in-store)	€20 voucher and 12.5% VIP discount
See.Sense Lights	30% OFF
Gym+Coffee	25% OFF
Kinetica	15% OFF
TrainingPeaks	20% OFF
Bikmo Bike Insurance	7.5% OFF
Bike Fit Studio	€50 voucher
Spoked Training	2 months free
Bike Register	15% OFF
InfoCrank Power	15% OFF

**Scott Graham**  
Interim Operations Manager.







# EVENTS



## EVENTS

For the first time since 2019, we saw the return of a full calendar with over 800 permits and 1370 event days sanctioned by Cycling Ireland in 2022. This represents a huge body of work as the events unit provides assistance to event promoters throughout the lifecycle of an event - from permit application and online entry set-up to the important job of reviewing risk assessments.

In addition to management of the sanctioning process, the events unit also plays a support role in delivering 20 National Championship weekends and 45 National Series events across the various disciplines. Events such as Great Dublin Bike Ride and Dublin Track International are also delivered with the assistance of Cycling Ireland staff.

In order to meet the challenge, capacity within the events unit was recently bolstered with Denise McKenna joining Events Co-ordinator, Chris White in a new role of Events Officer. The events unit is eager to show a presence 'on the ground' and be available to provide the necessary supports, be that with online entries, liaising with local councils or advising on safety matters.

Cycling Ireland's events and membership system is used by all competitive and non-competitive events and thanks to membership feedback has undergone several major upgrades. This development work will continue as we build a bespoke cycling events system which meets the needs of a diverse range of events – from BMX leagues to mass participation sportives.

Recent system upgrades include a fully automated and integrated road ranking and results system and a seamless Cyclocross event system for members and non-members. Next phase developments include improved calendar display, tailored booking reports and sign-on reports (Leisure, Road, Off-Road, BMX, Track events etc) and direct mail functionality for event organisers.

A series of workshops will be held over the coming months to support promoters with their use of the system and demonstrate some of the powerful finance, marketing, and event management functionality.

The Safety Working Group is in the process of undertaking a redesign of the risk assessment document and has plans to provide training to event promoters prior to the 2023 season. Safety remains an important area of focus for all involved in the delivery of our sport.

In Northern Ireland, the Accredited Marshall Scheme has rolled out successfully with over 200 volunteers trained at date. The scheme gives Accredited Marshall the legal right to stop traffic for cycling events and reduces event organisers reliance on police services. We are conscious of the challenges faced by event organisers and the escalating cost of securing road closures, so discussions are taking place with the relevant authorities within the Republic of Ireland to explore the potential for implementing a similar scheme.

2022 saw the introduction of exciting new National Series for Cyclocross, Leisure and Time-Trailing. The events unit has been working with commissions and relevant parties to standardise and integrate the Road, BMX, Cross-County, Time-Trial, Downhill, Paracycling, Leisure and Cyclocross National Series. While previously the events didn't look like part of the Cycling Ireland family, in 2022 we saw all events with a consistent look and feel. This brings new opportunity with enhanced media coverage and potential for securing sponsorship revenue.

Another exciting development is the hosting of the UCI Cyclo-cross World Cup Dublin on December 11th. Large crowds are expected to descend on the Sport Ireland Campus for what promises to be a spectacle sure to inspire a new generation of cyclists.

**Scott Graham**  
**Interim Operations Manager**







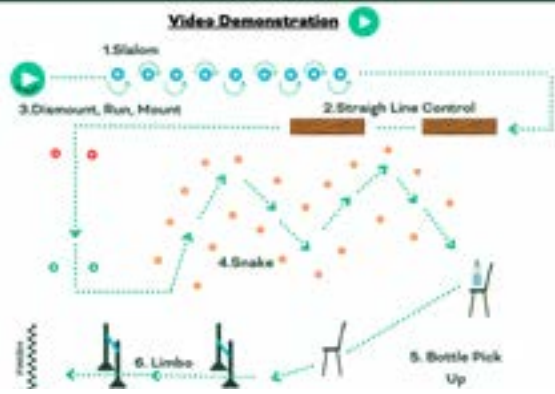
# PROGRAMMES



Cycling Ireland’s Programmes provides opportunities to participate in cycling, developing skills and knowledge for both new and experienced cyclists across a range of ages, abilities, and disciplines.

Working partnership **Local Sport Partnership and Club** for the delivery of a suite of programmes including Sprocket Rocket, Learn to Cycle, Learn to Cycle with a Disability, Gearing Up Off-Road and Bike for Life, enabling stronger relationships between LSP and Clubs to reach local communities and get more people on bikes, as of September with 13 LSP register and 24 clubs - 64 programmes 737 participants.

A **Programmes Review** on current and existing programmes is ongoing taking into consideration the wider position within both Athlete and Participatory pathways and club development, pilot programmes will be completed in the final quarter of the year on Balance Bike and Cycling Skills with a progression on to Introduction to Cycling Disciplines, and additional games resources to support delivery.



Cycling Ireland supported **Active Schools Week**. This year’s theme was Ideas and Inspiration, we encouraged schools to get creative and design a cycling obstacle course, workshops delivery included videos and resource cards presented to over 300 schools.

In 2022, Cycling Ireland was successful in obtaining external funding to support cycling activity for specific groups. Utilising Cycling Ireland’s current suite of programmes and linking in with a variety of clubs, coaches, local sports partnerships, community groups and other stakeholders, two significant projects include:



**DORMANT ACCOUNTS** (Sport Ireland) funding supports the co-ordination and delivery of opportunities, to people in socially, economically and educationally disadvantaged areas.

**Part 1 – Programme Activation** - Delivered across a suite of cycling programmes (Balance Bike and Sprocket Rocket) using a team of Activation Officers equipped with bikes, helmets and supporting equipment which are critical to its success, delivery took place in DEIS schools so far with 2335 participants and will continue through to year end.



**Part 2 – Cycling Hubs** – Cycling Hub Blueprint released for support to clubs, councils and LSP’s in a step-by-step guide. We continue to work in partnership with South Dublin Sport Partnership and Waterford Sports Partnership to support them with Cycling Hub Developments. There is a possibility of a new hub in Kilkenny by end of year. Two Pilot Trail Cycling TY programme for secondary schools completed in South Dublin by 20 students, plan for wider roll out is underway.

**Part 3 – Doorstep Cycling Programme** - Cycling Ireland, in partnership with StreetGames, launched a research project into the perception, barriers and uptake of cycling for young people living in deprived communities across Ireland through an online survey and focus groups. The report and recommendations identified the need for the development of a Bike Maintenance course which will be piloted in the coming months.

**Margo Finnegan**  
Programmes Co-ordinator

## WOMEN IN SPORT

The Women in Sport Programme, funded by Sport Ireland until June 2023, aligns with Sport Ireland's Policy on Women in Sport which focuses on four target areas - Active Participation, Coaching and Officiating, Leadership and Governance and Visibility. Below is a summary of activities and initiatives which have taken place throughout the year

### ACTIVE PARTICIPATION

- Online Training Programme - Engaged 1,700 women and girls through online Zoom sessions
- Women on Wheels (WOW) - Huge demand for WOW Off-Road. Piloted in Ulster this year through Women's Commission Ulster, which was a huge success (40 new MTB'ers at 5 locations). Piloting WOW BMX during final quarter of 2022. WOW Road continues with 21 programmes taking place so far in 2022 across clubs and Local Sports Partnerships (LSPs)
- Women in Sport Week (March 2022) - 21 events held, and 1063 females engaged in cycling activities across the country
- HER Outdoors Week (August 2022) - 19 events, 781 females engaged in cycling activities across the country.
- Féile Rás na mBan (September 2022) - A new festival to coincide with Rás na mBan, was to be held on the final day of Rás na mBan but due to a weather warning for rain, the festival was cancelled on the day. The blueprint is all ready for next year!

### COACHING AND OFFICIATING

- Women in Sport Coaching Pathway - In collaboration with Athletics Ireland, Irish Amateur Boxing Association, Rowing Ireland & Triathlon Ireland. Year two complete (six coaches) with Year three underway (six coaches). Part of this programme includes a mentor programme where coaches who have completed the pathway programme have the opportunity to mentor the new coaches.
- Coaching Teenage Girls Workshop - 19 coaches took part in March 2022
- Menopause Coaching Course - In collaboration with Athletics Ireland, Swim Ireland, Triathlon Ireland in association with the Well HQ. 15 coaches from each NGB took part
- Female Coaches Networking Day - In collaboration with Athletics Ireland, Irish Amateur Boxing Association, Rowing Ireland & Triathlon Ireland, a new initiative will take place on 6th November

### LEADERSHIP & GOVERNANCE

- Sport Ireland Women in Sport Leadership Programme - Two females have completed this programme, with two more to go through it.
- Engaging Women & Girls Club Toolkit - Currently being updated and will be resent to clubs by year end
- Cycling Ireland's Women in Sport Charter - Added to club affiliation for 2022
- Support Cycling Ireland's Women's Commission - Partnership with commission going from strength to strength

## VISIBILITY



- IT'S NOT A RACE\* - New campaign launched during International Women's Day (March), lots of media coverage around this and video planned to boost campaign further
- Advocates - ten new advocates, U18's selected for the first time (21 advocates in total, 16 women, five girls)
- Increased media coverage - There's been significant increase in both local and national media coverage particularly around females through the IT'S NOT A RACE\* campaign. There has also been great coverage of female cyclists within iCycle Magazine, the Cycle Show on TG4 and throughout social media.

**Elaine Cahill**

**Women in Sport Development Officer**

## COMMUNITY BIKE RIDES



Community Bike Rides has completed its transition from 'AXA Community Bike Rides' after the conclusion of AXA's contract in March of this year. This transition included the launch of a new website and social media, as well as the redevelopment of our rewards package. Despite some surface changes, the initiative continues to grow at an impressive pace. With now almost 5,000 members and +120 trained Ride Leaders, Community Bike Rides is active in 29 counties.



Several new Community Bike Ride Leaders have been activated throughout 2022 and this has allowed for a greater Group Ride offering, while Solo Rides have been consistently available to members five days a week for the first time.

At the time of collection, since the start of 2022, over 10,000 ride completions have been registered across 680

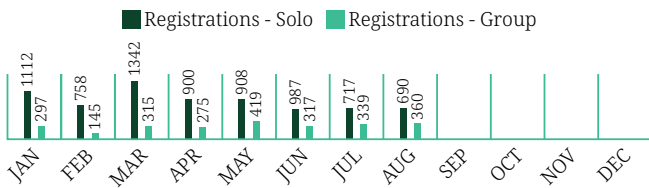


## CYCLING IRELAND

rides, an average of 2.5 rides per day. 28% of these rides in 2022 have been as part of a Group Ride and these figures contribute to a grand total of almost 35,000 ride completions since the beginning of the initiative over 3 years ago.

Community Bike Rides continues to be accessible and inclusive, as it continues to offer free social bike rides to all adults. In line with this, a notable partnership which came to fruition in 2022 was one with Sporting Pride Ireland. Together we succeeded in running two 'Ride with Pride' events on the Waterford and Limerick Greenways, which produced fantastic participation and enjoyment. The future of Community Bike Rides promises to be an exciting one, with many new developments and partnerships on the horizon that will help to develop our community even further.

### REGISTRATIONS MONTHLY DISTRIBUTION



**Jason Goodison**

**Community Bike Rides Development Officer**

## CYCLE RIGHT

### NATIONAL CYCLE SAFETY STANDARD



Cycle Right activity in 2021 topped 18,000 participants, despite school closures for the first three months due to the Covid-19 pandemic. Participation for 2022 has already exceeded 16,000 and looks likely to reach 30,000 by year end, this includes pilot activity in secondary schools supported by An Taisce Green Schools.

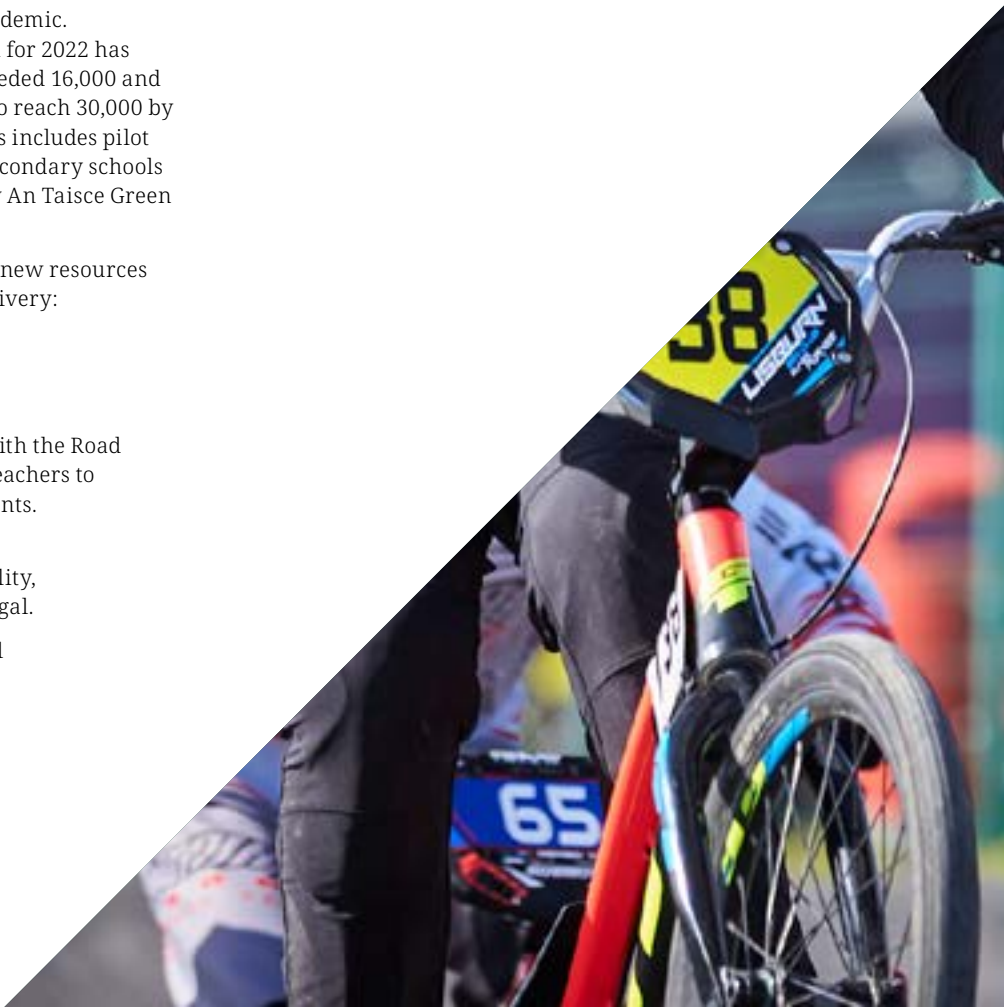
This year has seen the development of several new resources which will add significantly to Cycle Right delivery:

- Parent/guardian resource online for those who wish to support children outside the programme delivered in schools.
- Hazard Perception training – developed with the Road Safety Authority, will allow trainers and teachers to give further essential training to participants.
- Introductory handcycle training course to further support participants with a disability, developed in association with Active Donegal.

This year will also see the launch of the digital Cycle Right management system.

**Barbara Connolly**

**Cycle Right Officer**









STRATEGIC PILLAR  
**PERFORM**







# HIGH PERFORMANCE

## The High Performance Unit (HPU) has emerged from a challenging 2021 with new staff, a new structure and some strong performances in 2022 to look back on.

At the beginning of the year, Paul Manning (interim Head Track Coach) confirmed his departure. Our thanks go to Paul for steering the team through the European and World Championships in quick succession in late 2021. Nico Roche joined the team as National Road DS, coming with his wealth of experience in the pro-ranks.

In mid-February, Iain Dyer was recruited into the role of High Performance Director. Iain was handed the reins by Paul Carragher, who in his role as Interim HPD had brought some much-needed stability and continuity leading the team in early 2022. Falling back on his considerable experience as Head of Performance Support for Cycling Ireland with Sports Ireland Institute, Paul was instrumental in assisting Iain getting to know the Irish HP systems.

Further appointments followed to strengthen the HPU over the course of the year.

First to arrive was Elizabeth Devaney as HP Administration Manager, then Neill Delahaye was promoted to the new role of Head Coach. Soon after, Dan Henchy was recruited into the role of National Track Coach. The HPU is currently recruiting a Paracycling Coach to fill the Paracycling role following Neill's promotion and is also looking to further strengthen its coaching team as winter approaches.

The familiar faces of Tommy Evans, Martin O'Loughlin and Thomas Fallon continued their work in programme delivery with their familiar athlete cohorts and we were delighted to welcome back Martyn Irvine into the coaching fold once again.

Throughout the course of the year, the coaching staff and Service Course have been very ably assisted by fantastic volunteers and contractors who have worked tirelessly to see Cycling Ireland teams deliver their best at races and training camps. We are extremely grateful to them for their commitment and hard work.

Amidst the immediacy required to lift the racing programme off the ground in early 2022 in some disciplines due to the demands of the calendar, or qualification requirements, time has been taken to put in place new structures and organisation that will see the HPU deliver both a successful athlete pathway and inspiring results in the years to come.

Most notably, the creation of the new High Performance Management Group has now been completed. This sub-committee now has a confirmed composition and terms of reference. Its key function is to support the High Performance Director in any matter relevant to the delivery of the High Performance programme and provide insight to the Board with expert advice in relation to the execution of the High Performance strategy.

The HPU has sought to strengthen its relationships with key stakeholder partners and sponsors throughout the year. We have experienced fantastic support from Sport Ireland and Sport Northern Ireland, along with its respective Sports Institutes, as well as the Olympic Federation of Ireland and Paralympics Ireland. Thanks go also to our

valued commercial partners, Spin11, Kinetica, Gym+Coffee, Infocrank and Argon 18 for their continued support.

Competitively in 2022, we have seen some strong Irish performances on the international stage. The demands of the major championships calendar continue unabated for the HPU and this year saw the Commonwealth Games, European Youth Festival, Munich '22 European Championships, and Para Road World Championships in Canada. At the time of writing the Track World Championships and Para Track World Championships (both Paris) are still to come.

Such demands post-Covid have increased our costs considerably, and we have had to make some difficult decisions regarding which events we attend. Seeing other nations do similar possibly hails the beginning of an era where teams will not attend everything as a matter of course where the cost or challenge to resource them all adequately is hard to bear.

In the track programme, the Women's endurance squad set the ball rolling with a new Team Pursuit National Record at Glasgow Nations Cup. The madison pair of Alice (Sharpe) and Mia (Griffin) winning bronze at the Milton Nations Cup in the madison being the highlight so far. This year we have qualified in TP, Madison, Omnium, Elimination, Scratch race, Sprint and 500TT in the women's events at the Track World Championships.

The highlight of the Junior racing this year has also come from the track with the young female pairing of Erin Creighton Grace and Aoife O'Brien ably representing Ireland on track at both the European Championships, and the World Championships with a best result of 4th for Erin in the elimination race. There have been numerous successes for their male counterparts at home and abroad in road racing, including Niall McGloughlin's stage win and Green jersey at Ras Mumhan.

The Commonwealth Games brought a best Northern Ireland performances from Cameron Orr (4th MTB), Matt Teggart (4th road race), ably supported by Alice (5th scratch race). The challenge of delivering the team over three different locations for track, road and MTB was ably met by Gary McKeegan and Anthony Mitchell.

At the same time, Jamie Blanchfield and Liz Roche took our best U16 road riders to the European Youth Olympic Festival in Bankska Bystrica, Slovakia. A strong performance all-round with the highlight being 5th in the TT for Seth Dunwoody and four top ten finishes.

The Munich 2022 European Championships very much had the feel of a mini-Olympics with so many sports and athletes involved. We had representatives in RR, TT, BMX FP, and Track. Sam Bennett's 5th place in the RR was a sign of things to come and only days later had scored two stage wins in the Vuelta a Espana. Ryan Henderson marked Ireland's debut in Freestyle Park and he captured our imagination by making the final, eventually finishing 10th. This discipline has so much to offer, and we look forward to helping it grow further.

Lara Gillespie, competing for Ireland, ended an eight-year drought for a home stage winner in the Rás na mBan with not only a stage win on the first day, but another one soon after! Barry Monaghan steering a great team performance throughout.

The successful Paracycling programme continued to roll



## CYCLING IRELAND

on from Tokyo with a successful European Championships, and most notably Road World Championship Gold for Ronan Grimes, Eve McCrystal and Katie-George Dunlevy a few months later in Canada. The team are now preparing for the Track World Championships in Paris 20-23 Oct.

The U23 Men's road programme raced at home and abroad, rotating through a good number of riders and experienced road captains. Their efforts culminated in a very strong 4th place overall on General Classification at Tour L'Avenir for Archie Ryan. The fact he was our only finisher demonstrates how tough this race is, and the level to aspire to for our young riders.

**Iain Dyer**

**High Performance Director**









# FINANCE





NEWCASTLE  
CYCLING CLUB



A BMX rider in a green jersey and black helmet is performing a wheelie, balancing on the back wheel of the bike. The rider's jersey has 'IRELAND' written on it. The background is a light green gradient with large, faint, semi-transparent letters spelling 'AUDITED' in the background. The text 'AUDITED ACCOUNTS' is overlaid in the center in a bold, white, sans-serif font.

# AUDITED ACCOUNTS

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**COMPANY INFORMATION**

<b>Directors</b>	Conor Campbell (appointed 6 November 2021) Noel Mulroy (resigned 2 February 2022) Emma Hunt-Duffy (appointed 21 January 2022) Anthony Mitchell (resigned 23 February 2022) Ciaran McKenna (resigned 6 November 2021) Carl Fullerton Orla Carolan (resigned 17 October 2021) Eugene Terence Moriarty (resigned 23 February 2022) Ronan McLaughlin (resigned 6 November 2021) Brendan Tallon (resigned 23 February 2022) Gary McLlroy (appointed 18 February 2022) Helen Rachel Kerrane (appointed 23 March 2022) Claire Young (appointed 23 February 2022) Tom Daly (appointed 21 March 2022) William Byrne (appointed 7 April 2022) Susan Ahern (appointed 23 February 2022) Yvonne Nolan (resigned 11 September 2021) Louise Reilly (appointed 23 February 2022)
<b>Company secretary</b>	Myra McGlynn
<b>Registered number</b>	134567
<b>Registered office</b>	The Clock House National Sports Campus Snugborough Road Dublin 15
<b>Independent auditors</b>	OSK Audit Limited Eastpoint Plaza Eastpoint Dublin 3
<b>Bankers</b>	Bank of Ireland 33 Aaran Quay Smithfield Dublin 7
<b>Solicitors</b>	Ogier Leman Solicitors 8 - 34 Percy Place Dublin 2

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****CONTENTS**

	Page
<b>Directors' report</b>	1 - 5
<b>Independent auditors' report</b>	6 - 8
<b>Income and expenditure account</b>	9
<b>Statement of financial position</b>	10
<b>Statement of cash flows</b>	11
<b>Notes to the financial statements</b>	12 - 25
The following pages do not form part of the statutory financial statements:	
<b>Detailed income and expenditure account and summaries</b>	26 - 33



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DIRECTORS' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

The directors present their annual report and the audited financial statements for the year ended 31 December 2021.

**Directors' responsibilities statement**

The directors are responsible for preparing the Directors' report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare the financial statements for each financial year giving a true and fair view of the state of the affairs of the company. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice in Ireland, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying Section 1A of the Standard, which is issued by the Financial Reporting Council.

Under company law, the directors must not approve the financial statements unless they are satisfied they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date, of the profit or loss for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company's financial statements and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Principal activities**

The principal activity of the company is the organisation, development and promotion of cycling in Ireland.

**Results**

The profit for the year, after taxation, amounted to €350,498 (2020 - €7,992).

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****Directors and secretary's interests**

No director has any beneficial interest in the company.

The directors who served during the year were:

Conor Campbell (appointed 6 November 2021)  
 Noel Mulroy (resigned 2 February 2022)  
 Anthony Mitchell (resigned 23 February 2022)  
 Ciaran McKenna (resigned 6 November 2021)  
 Carl Fullerton  
 Orla Carolan (resigned 17 October 2021)  
 Eugene Terence Moriarty (resigned 23 February 2022)  
 Ronan McLaughlin (resigned 6 November 2021)  
 Brendan Tallon (resigned 23 February 2022)  
 Yvonne Nolan (resigned 11 September 2021)

**Review of the year**

Much like 2020, 2021 was also a year without precedent. There continued to be a level of learned adaptation through Covid-19 enabled the return of many events and activities and membership levels were restored to those of 2019. However, there were a series of governance issues encountered in 2021 relating to failings within funding application processes, and this led to a series of audits, investigations and remedial actions needing to be undertaken in 2021-22. This attracted adverse media coverage for Cycling Ireland – however, every step is being taken to ensure it will serve as a platform for long-lasting reform within the organisation.

**Communications, Marketing & Sponsorship**

2021 brought a number of positive developments in the communications and marketing space. We are delighted to have welcomed sponsors Renault Belgard, Gym+Coffee, Kinetica Sports and Wahoo to the Federation. We thank them, along with existing sponsors who have remained with us through 2021: AXA, Spin 11, CycleSuperstore, Sports Travel International, See Sense, Training Peaks and Scribe; for their valued support and look forward to working with them all for our continued mutual benefit.

2021 also saw a number of our major events and championships receive increased coverage and viewership. We were delighted to be able to live stream the National Cyclocross Championships and National Track Championships, each to an audience of tens of thousands, and for our National Road Championships to have featured on RTE2 in a televised highlights package.

**Covid-19**

A number of events including the Great Dublin Bike Ride, the Rás, and many BMX and Off-Road championships, and club activities were not held or did not occur in their usual format in 2021 due to the pandemic which is terribly disappointing. However, we were fortunate to be able to stage a select number of events as the restrictions lifted on social movement and activity. Credit is due to all the volunteers, CV-19 liaison officers, club and event personnel and CI staff who worked tirelessly to keep guidelines and protocols up to date and implemented for the safety, welfare and benefit of all cyclists involved.

In the face of the pandemic, the 2021 Cycling Ireland Zwift League and a series of other online initiatives such as the Bike Like Me campaign were a resounding success. To have thousands take part in these events, and for them to be front page news in the mainstream media is a significant achievement. The precedent has certainly been set for online events and we will continue to offer such initiatives to members of the cycling community in future.

The pandemic has also encouraged more people onto their bikes. The challenge remains for us all now is to capture these riders and introduce them to our programmes, membership, clubs and events.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**High Performance**

Despite international event staging and attendance by Irish riders having been greatly diminished in 2021 – the riders that were able to compete did so with professionalism and pride.

Highlighted performances of 2021 include:

- Gold, Tokyo Paralympic Games Road Race - Katie-George Dunlevy & Eve McCrystal.
- Gold, Tokyo Paralympic Games Time Trial - Katie-George Dunlevy & Eve McCrystal.
- Silver, Tokyo Paralympic Games 3k Pursuit - Katie-George Dunlevy & Eve McCrystal.
- Bronze, Tokyo Paralympic Games Time Trial – Gary O'Reilly.
- 4th, Tokyo Paralympic Games Road Race – Gary O'Reilly.
- 4th, Tokyo Paralympic Games 4k Pursuit – Ronan Grimes.
- Silver, UCI Para-Cycling Road World Championships Road Race - Katie-George Dunleavy & Eve McCrystal.
- Silver, UCI Para-Cycling Road World Championships Time Trial - Katie-George Dunleavy & Eve McCrystal.
- Bronze, UCI Para-Cycling Road World Championships Road Race – Ronan Grimes.
- Bronze, UEC Track European Championships Scratch Race – JB Murphy.
- Bronze, UEC Track European Championships Women's Team Pursuit – Kelly Murphy, Alice Sharpe, Mia Griffin, Emily Kay.
- Silver, UCI Track European Championships, Women's Individual Pursuit – Lara Gillespie.
- Gold, UCI Track Nations Cup Russia, Women's Team Pursuit – Kelly Murphy, Alice Sharpe, Mia Griffin, Lara Gillespie.
- Gold, UCI Track Nations Cup Russia, Women's Individual Pursuit – Kelly Murphy.
- Bronze, UCI Track Nations Cup Russia, Women's Omnium – Lara Gillespie.
- Bronze, UCI Track Nations Cup Russia, Women's Individual Pursuit – Mia Griffin.
- 4th, UEC Road European Championships Junior Time Trial – Darren Rafferty.
- 5th, UCI Junior Downhill World Championships – Oisín O'Callaghan.
- Volta ao Algarve em Bicicleta | Stage 3 – Sam Bennett.
- Volta ao Algarve em Bicicleta | Stage 1 – Sam Bennett.
- Oxyclean Classic Brugge-De Panne ME – Sam Bennett.
- Paris – Nice | Stage 5 – Sam Bennett.
- Paris – Nice | Stage 1 – Sam Bennett.
- UAE Tour | Stage 6 – Sam Bennett.
- UAE Tour | Stage 4 – Sam Bennett.
- Gold, Rás na mBna Team Award – Team Ireland.
- Tokyo Olympic Games – Ireland's largest ever cycling team to qualify for an Olympic Games.

**AXA Community Bike Rides**

Launched in 2019, the AXA Community Bike Rides is a mass participation program aimed at getting more people on bikes across the island of Ireland. July 2020 saw the launch of a TV marketing campaign to promote the programme, and the introduction of Solo Rides in response to the pandemic. The program continues to grow in numbers (approaching 5,000 registrants) and locations – with rides and ride leaders now active in 28 of 32 counties across the island of Ireland.

**Membership**

The total membership of Cycling Ireland for 2021 landed at 24,960. This represents an increase from 22,046 in 2020 (due to Covid-19) but represents a return to the level of 25,010 in 2019.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****Concluding Remarks**

Whilst 2021 was at times a testing year, there thankfully remains a number of remarkable people who each contribute to making our cycling community what it is today and have contributed to ensure the health of Cycling Ireland through these challenging times. The volunteers and staff members have worked tirelessly.

The support of our key funding partners and stakeholders Sport Ireland, Sport Northern Ireland, Paralympics Ireland, the Olympic Federation of Ireland, the Dept of Transport, RSA and others has been of great value and is much appreciated.

During the challenges encountered, your Cycling Ireland Board continues to be inspired by the commitment and passion of our members, clubs, commissions, and event volunteers, who have each gone above and beyond the call of duty in the face of adversity. Our sincere thanks to all for efforts and hard work in 2021.

**Principal risks and uncertainties**

In common with all companies operating in Ireland in this sector, the company faces risks and uncertainties such as reduced government funding, Covid-19 and staff retention.

The Directors have assessed the risks in relation to Covid 19 and have prepared budgets and projections and are confident that the company is in a position to manage the risks associated with it and continue as a going concern.

**Environmental matters**

The company will seek to minimise adverse impacts on the environment from its activities, whilst continuing to address health, safety and economic issues. The company has complied with all applicable legislation and regulations.

**Accounting records**

The measures taken by the directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records, are the employment of appropriately qualified accounting personnel and the maintenance of computerised accounting systems. The company's accounting records are maintained at the company's registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15.

**Statement on relevant audit information**

Each of the persons who are directors at the time when this Directors' report is approved has confirmed that:

- so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware, and
- the director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the company's auditors are aware of that information.

**Small companies exemption**

The entity has availed of the small company exemption contained in the Companies Act 2014 with regards to the requirements for exclusion of certain information in the directors report.




**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

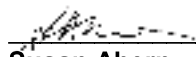
**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**Auditors**

The auditors, OSK Audit Limited, continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board on 17 October 2022 and signed on its behalf.

  
\_\_\_\_\_  
**Tom Daly**  
Director

  
\_\_\_\_\_  
**Susan Ahern**  
Director

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

-

**Report on the audit of the financial statements****Opinion**

We have audited the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland (the 'company') for the year ended 31 December 2021, which comprise the income and expenditure account, the Statement of financial position, the Statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying section 1A of that standard.

In our opinion, the accompanying financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2021 and of its surplus for the year ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which ISA (Ireland) 570 requires us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)**

**Other information**

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

**Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)****Respective responsibilities and restrictions on use****Responsibilities of directors for the financial statements**

As explained more fully in the Directors' responsibilities statement on page 1, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA-700-\(Ireland\)](https://www.iaasa.ie/Publications/ISA-700-(Ireland)). This description forms part of our Auditors' report.

**The purpose of our audit work and to whom we owe our responsibilities**

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



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Brian Dignam  
for and on behalf of  
**OSK Audit Limited**  
Statutory Audit Firm  
Eastpoint Plaza  
Eastpoint  
Dublin 3

17 October 2022



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 DECEMBER 2021**

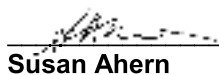
	Note	2021 €	2020 €
Income		5,260,558	3,902,476
Administrative expenses		(5,309,855)	(3,894,484)
Exceptional item	6	399,795	-
<b>Operating surplus</b>	3	<b>350,498</b>	<b>7,992</b>
Retained earnings at the beginning of the year		907,813	899,821
Surplus for the year		350,498	7,992
<b>Retained earnings at the end of the year</b>		<b>1,258,311</b>	<b>907,813</b>

There were no recognised gains or losses for 2021 or 2020 other than those included in the income and expenditure account.

Signed on behalf of the board:

  
Tom Daly

Director

  
Susan Ahern

Director

Date: 17 October 2022


The notes on pages 12 to 25 form part of these financial statements.

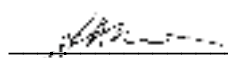
**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****STATEMENT OF FINANCIAL POSITION  
AS AT 31 DECEMBER 2021**

	Note	2021 €	2020 €
<b>Fixed assets</b>			
Tangible assets	9	316,202	333,168
Financial assets	10	450,000	450,000
		<u>766,202</u>	<u>783,168</u>
<b>Current assets</b>			
Stocks	11	8,893	1,095
Debtors: amounts falling due within one year	12	547,049	296,122
Cash at bank and in hand	13	2,365,832	2,343,762
		<u>2,921,774</u>	<u>2,640,979</u>
Creditors: amounts falling due within one year	14	(2,346,042)	(2,430,356)
		<u>575,732</u>	<u>210,623</u>
<b>Net current assets</b>			
		<u>1,341,934</u>	<u>993,791</u>
<b>Total assets less current liabilities</b>			
Creditors: amounts falling due after more than one year	15	(83,623)	(85,978)
		<u>1,258,311</u>	<u>907,813</u>
<b>Net assets</b>			
		<u>1,258,311</u>	<u>907,813</u>
<b>Reserves</b>			
Income and expenditure account	16	1,258,311	907,813
		<u>1,258,311</u>	<u>907,813</u>
<b>Members' funds</b>			
		<u>1,258,311</u>	<u>907,813</u>

These financial statements have been prepared in accordance with the small companies regime.

The financial statements were approved and authorised for issue by the board:

  
 Tom Daly  
 Director

  
 Susan Ahern  
 Director

Date: 17 October 2022

The notes on pages 12 to 25 form part of these financial statements.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>Cash flows from operating activities</b>		
Surplus for the financial year	350,498	7,992
<b>Adjustments for:</b>		
Depreciation of tangible assets	234,040	143,145
(Increase)/decrease in stocks	(7,798)	5,868
(Increase)/decrease in debtors	(250,927)	211,636
(Decrease)/increase in creditors	(86,669)	1,104,691
<b>Net cash generated from operating activities</b>	<u>239,144</u>	<u>1,473,332</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible fixed assets	(217,074)	(111,227)
<b>Net cash from investing activities</b>	<u>(217,074)</u>	<u>(111,227)</u>
<b>Net increase in cash and cash equivalents</b>	<u>22,070</u>	<u>1,362,105</u>
Cash and cash equivalents at beginning of year	2,343,762	981,657
<b>Cash and cash equivalents at the end of year</b>	<u>2,365,832</u>	<u>2,343,762</u>
<b>Cash and cash equivalents at the end of year comprise:</b>		
Cash at bank and in hand	2,365,832	2,343,762
<b>Net funds as at 31st December</b>	<u>2,365,832</u>	<u>2,343,762</u>

The notes on pages 12 to 25 form part of these financial statements.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****1. General information**

The financial statements comprise of the income and expenditure account, the statement of financial position, cash flow statement and related notes that constitute the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland for the financial year ended 31st December 2021.

The Irish Cycling Federation CLG T/A Cycling Ireland is a company limited by guarantee having no share capital, incorporated and registered in the Republic of Ireland (CRO number: 134567). The registered office is at The Clock House, National Sports Campus, Snugborough Road, Dublin 15 which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' report.

**Statement of compliance**

The financial statements have been prepared in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland' (FRS 102), applying section 1A of that standard.

**2. Accounting policies****2.1 Basis of preparation of financial statements**

The financial statements have been prepared on the going concern basis in accordance with the historical cost convention modified to include certain items at fair value. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102, the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland issued by the Financial Reporting Council. The company qualifies as a small company for the period, as defined by section 280A of that Act, in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Act and Section 1A of FRS 102.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements:

**2.2 Foreign currency translation****Functional and presentation currency**

The company's functional and presentational currency is Euro.

**Transactions and balances**

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

**2.3 Income**

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the revenue can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.



**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**2. Accounting policies (continued)**

**2.4 Borrowing costs**

All borrowing costs are recognised in the income and expenditure account in the year in which they are incurred.

**2.5 Pensions**

**Defined contribution pension plan**

The company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payment obligations.

The contributions are recognised as an expense in profit or loss when they fall due. Amounts not paid are shown in accruals as a liability in the statement of financial position. The assets of the plan are held separately from the company in independently administered funds.

**2.6 Exceptional items**

Exceptional items are transactions that fall within the ordinary activities of the company but are presented separately due to their size or incidence.

**2.7 Government grants**

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the income and expenditure account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the income and expenditure account in the same period as the related expenditure.

OSK confirm that Sport Ireland grants received during the year were expended for the purpose for which they were intended.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****2. Accounting policies (continued)****2.8 Tangible fixed assets**

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

At the 1/1/2021 the company changed its depreciation policy from reducing balance basis to straight line basis.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the straight line method.

Depreciation is provided on the following basis:

Motor vehicles	- 25% on a straight line basis
Fixture and fittings	- 20% on a straight line basis
Cycling and other equipment	- 25% on a straight line basis
Computer equipment	- 33.33% on a straight line basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

**2.9 Revaluation of tangible fixed assets**

Individual freehold and leasehold properties are carried at current year value at fair value at the date of the revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. Revaluations are undertaken with sufficient regularity to ensure the carrying amount does not differ materially from that which would be determined using fair value at the Statement of financial position date.

Fair values are determined from market based evidence normally undertaken by professionally qualified valuers.

Revaluation gains and losses are recognised in the income and expenditure account unless losses exceed the previously recognised gains or reflect a clear consumption of economic benefits, in which case the excess losses are recognised in the income and expenditure account.

**2.10 Investment property**

Investment property is carried at fair value determined annually by external valuers and derived from the current market rents and investment property yields for comparable real estate, adjusted if necessary for any difference in the nature, location or condition of the specific asset. No depreciation is provided. Changes in fair value are recognised in the income and expenditure account.

Rental income arising on investment property is accounted for on a straight-line basis over the lease term of the ongoing leases and is recognised in rental income in the income and expenditure account.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****2. Accounting policies (continued)****2.11 Stocks**

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first out basis.

**2.12 Debtors**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**2.13 Cash and cash equivalents**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**2.14 Creditors**

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

**2.15 Financial instruments**

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

**3. Surplus on ordinary activities**

The surplus is stated after charging/(crediting):

	<b>2021</b>	<i>2020</i>
	€	€
Depreciation of tangible fixed assets	<b>234,040</b>	<i>143,144</i>
(Surplus) on foreign exchange	<b>(30,772)</b>	<i>(5,056)</i>
Rental Income	<b>(35,000)</b>	<i>(32,750)</i>
Defined contribution pension cost	<b>25,416</b>	<i>10,909</i>
	<b>=====</b>	<b>=====</b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****4. Sport Ireland Grants**

Sport Ireland - Core Funding Grant of €420,000

This grant contributes towards the annual general administration costs incurred by Cycling Ireland. The grant covers the calendar year ending on 31 December 2021. The grant received is included in the Income and Expenditure Account of Cycling Ireland for the financial year ended 31 December 2021 with €120,000 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Women in Sport Funding Grant of €70,000**

This grant contributed towards expenditure incurred by Cycling Ireland in promoting women's participation in sport. The grant covers the calendar year ending 31 December 2021. The grant received is included in the Income and Expenditure Account of Cycling Ireland for the financial year ended 31 December 2021 with €18,801 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Dormant Accounts Funding Grant of €150,000**

This grant contributed towards expenditure incurred by Cycling Ireland in increasing participation in our Sport. The grant covers the calendar year ending on 31 December 2021. The grant received is included in the Income and Expenditure Account of Cycling Ireland for the financial year ended 31 December 2021 with €112,005 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Aspire Funding Grant of €Nil**

This grant contributes towards expenditure incurred by Cycling Ireland in hiring an employee under the Sport Ireland 'Aspire Programme'. In 2021, €22,094 of the 2020 Grant received has been spent as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Special Projects Grant €18,000**

This grant contributes towards special projects of Cycling Ireland. The grant covers the calendar year ending on 31 December 2021. In 2021, €4,000 of the grant received under this scheme in 2020 has been spent and is included in the Income and Expenditure account of Cycling Ireland for the financial year ended 31 December 2021. A further €18,000 was received in 2021 for IT enhancement and is included in the Income and Expenditure account for the year ended 31st December 2021 with €4,000 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - COVID-19 Grant Scheme II Funding Grant of €NIL**

This grant contributed towards the sustainability of the Association resulting from the financial impacts of the COVID-19 Pandemic. In 2021, €283,000 of the 2020 Grant received has been spent as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**Sport Ireland - Covid-19 Grant Scheme IV Club Resilience Funding Grant of €NIL**

This grant contributes towards the sustainability of Cycling Ireland resulting from the COVID-19 Pandemic with this Scheme focused on a 'Restart & Renew Programme'. In 2020 Cycling Ireland received a Sport Ireland – Covid 19 Scheme IV Club Resilience Fund grant totalling €250,000. At 31st December 2021, €150,000 of the 2020 Grant received has been spent as highlighted in Note 5 within the Financial Statements, with a balance of €100,000 being carried forward into 2022. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - High Performance Core Grant of €650,000**

This grant contributes towards the costs incurred by Cycling Ireland in relation to its High Performance programme. The grant covers the calendar year ending on 31 December 2021. In 2021, €210,000 of the grant received under this scheme in 2020 has been spent. A further €650,000 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Healthy Ireland Funding - Keep Ireland Cycling Grant of €103,500**

The grant covers the calendar year ending on 31 December 2021. In 2021, €38,000 of the grant received under this scheme in 2020 has been spent. A further €103,500 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021 with €62,500 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - High Performance Carding Grant of €436,000**

The grant covers the calendar year ending on 31 December 2021. €436,000 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - High Performance Impact Funding of €20,000**

This funding is ring-fenced for expenditure on Olympic and Paralympic costs to include Vaccination Related Costs, Olympic Games Costs – flights and accommodation, Rider Accommodation in Majorca and Aerodynamic Consultancy Costs associated with Olympic and Paralympic Innovation projects. The funding covers the calendar year ending on 31 December 2021. €20,000 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**Sport Ireland - Ras Na MBan Grant of €8,000**

This funding is in relation to Sport Ireland's sponsorship of the Ras Na Mban Womens stage race – specifically provision of €8,000 as the Points Jersey Sponsor. The funding covers the calendar year ending on 31 December 2021. €8,000 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

Sport Ireland - Great Ireland Bike Ride Grant of €25,000

This funding is in relation to the Great Ireland Bike Ride Event. The funding covers the calendar year ending on 31 December 2021. €25,000 was received in 2021 and is included in the Income and Expenditure Account for the financial year ended 31 December 2021. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Athlete Career Transition Programme Grant of €77,025

This programme provides financial and services support to carded athletes on retirement. The funding covers the calendar year ending on 31 December 2021. €77,025 was received in 2021 and is included in the Income and Expenditure account for the year ended 31st December 2021 with €55,875 of the 2021 grant received, deferred into 2022 as highlighted in Note 5 within the Financial Statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

**5. Sport Ireland Deferred Grants**

	<b>2021</b>	2020
	€	€
<b>Sport Ireland Dormant Funding</b>		
Grant received during the year	<b>150,000</b>	146,000
Unspent grant brought forward	<b>189,500</b>	106,500
Grant expenditure during the year	<b>(227,495)</b>	(63,000)
<b>Grant deferred</b>	<b>112,005</b>	189,500

	<b>2021</b>	2020
	€	€
<b>Sport Ireland High Performance</b>		
Grant received during the year	<b>650,000</b>	440,000
Unspent grant brought forward	<b>210,000</b>	-
Grant expenditure during the year	<b>(860,000)</b>	(230,000)
<b>Grant deferred</b>	<b>-</b>	210,000



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>Sport Ireland Healthy Ireland Funding - Keep Ireland Cycling</b>		
Grant received during the year	103,500	-
Unspent grant brought forward	38,000	45,000
Grant expenditure during the year	(79,000)	(7,000)
<b>Grant deferred</b>	<b>62,500</b>	<b>38,000</b>

	2021 €	2020 €
<b>Sport Ireland Core Grant</b>		
Grant received during the year	420,000	420,000
Unspent grant brought forward	80,000	40,000
Grant expenditure during the year	(380,000)	(380,000)
<b>Grant deferred</b>	<b>120,000</b>	<b>80,000</b>

	2021 €	2020 €
<b>Sport Ireland Women in Sport</b>		
Grant received during the year	70,000	37,500
Unspent grant brought forward	12,500	30,000
Grant expenditure during the year	(63,699)	(55,000)
<b>Grant deferred</b>	<b>18,801</b>	<b>12,500</b>

	2021 €	2020 €
<b>Sport Ireland Special Projects Programme</b>		
Grant received during the year	18,000	-
Unspent grant brought forward	4,000	4,000
Grant expenditure during the year	(18,000)	-
<b>Grant deferred</b>	<b>4,000</b>	<b>4,000</b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>Sport Ireland Covid 19 Scheme II Resilience Funding</b>		
Grant received during the year	-	283,000
Unspent grant brought forward	<b>283,000</b>	-
Grant expenditure during the year	<b>(283,000)</b>	-
<b>Grant deferred</b>	<b>-</b>	<b>283,000</b>

	2021 €	2020 €
<b>Sport Ireland Covid 19 Scheme IV Resilience Funding</b>		
Grant received during the year	-	250,000
Unspent grant brought forward	<b>250,000</b>	-
Grant expenditure during the year	<b>(150,000)</b>	-
<b>Grant deferred</b>	<b>100,000</b>	<b>250,000</b>

	2021 €	2020 €
<b>Sport Ireland Aspire Programme</b>		
Grant received during the year	-	22,904
Unspent grant brought forward	<b>22,904</b>	-
Grant expenditure during the year	<b>(22,904)</b>	-
<b>Grant deferred</b>	<b>-</b>	<b>22,904</b>

	2021 €	2020 €
<b>Sport Ireland Athlete Career Transition Programme</b>		
Grant received during the year	<b>77,025</b>	-
Grant expenditure during the year	<b>(21,150)</b>	-
<b>Grant deferred</b>	<b>55,875</b>	-



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021****6. Exceptional item**

	2021 €	2020 €
Exceptional item	<b>(399,795)</b>	-
	<b>(399,795)</b>	-

An exceptional item in the 2021 financial statements related to an updated accounting treatment of the funds of the provincial sub-committees of Cycling Ireland (the Provinces). Prior to 2021 these were reported in the Cycling Ireland balance sheet as a net zero item and a simple year-end bank statement balance for each Province was provided to members in the 2020 annual report and financial statements. Based on professional advice received and consideration of the best practice approach of other national governing bodies - these are now accounted for in the bank balances within the financial statements.

Please note: Whilst this update presents an exceptional increase to the Company's year-end financial position for 2021, it has no implication whatsoever on the current operating status, accessibility or control of provincial funds by the Cycling Ireland provincial sub-committees.

**7. Employees**

The average monthly number of employees, including the directors, during the year was as follows:

No directors emoluments were paid during the year (2020 - nil).

	2021 No.	2020 No.
Employees	<b>26</b>	24

Number of employees whose benefits (excluding pension) are €60,000 or greater:

	No. of employees	
	2021	2020
€60,000	0	1
€70,000	1	1
€90,000	1	1

**8. Taxation**

The Irish Cycling Federation CLG is exempt from Corporation Tax in Ireland. The company is fully tax compliant.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021****9. Tangible fixed assets**

	Motor vehicles €	Fixtures & fittings €	Computer equipment €	Cycling & other equipment €	Total €
<b>Cost or valuation</b>					
At 1 January 2021	98,892	156,428	441,015	1,081,472	1,777,807
Additions	45,000	13,372	70,547	88,155	217,074
Disposals	(57,676)	-	(294,986)	(830,529)	(1,183,191)
At 31 December 2021	<u>86,216</u>	<u>169,800</u>	<u>216,576</u>	<u>339,098</u>	<u>811,690</u>
<b>Depreciation</b>					
At 1 January 2021	80,212	104,212	326,886	933,329	1,444,639
Charge for the year on owned assets	19,455	33,068	84,896	96,621	234,040
Disposals	(57,676)	-	(294,986)	(830,529)	(1,183,191)
At 31 December 2021	<u>41,991</u>	<u>137,280</u>	<u>116,796</u>	<u>199,421</u>	<u>495,488</u>
<b>Net book value</b>					
At 31 December 2021	<u>44,225</u>	<u>32,520</u>	<u>99,780</u>	<u>139,677</u>	<u>316,202</u>
At 31 December 2020	<u>18,680</u>	<u>52,216</u>	<u>114,129</u>	<u>148,143</u>	<u>333,168</u>

**10. Financial Assets**

	Investment property €
<b>Valuation</b>	
At 1 January 2021	<u>450,000</u>
<b>At 31 December 2021</b>	<u>450,000</u>

The Freehold Property located at 619 North Circular Road, Dublin 1 was revalued by REA Grimes, 34 Pembroke Street, Dublin 2, as set out in their report dated 1st March 2019. The valuation was commissioned by the Irish Cycling Federation. The basis of the valuation used was the current open market value of the property. The freehold property was reclassified as an investment property during the year ended 31st December 2019 as this property was rented out from October 2019 under a 5 year lease agreement.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021****11. Stocks**

	<b>2021</b>	<i>2020</i>
	€	€
Finished goods and goods for resale	<b>8,893</b>	<i>1,095</i>
	<b>8,893</b>	<i>1,095</i>

**12. Debtors**

	<b>2021</b>	<i>2020</i>
	€	€
Trade debtors	<b>68,850</b>	<i>98,862</i>
Other debtors	<b>357,190</b>	<i>120,202</i>
Prepayments	<b>99,859</b>	<i>77,058</i>
Grants receivable	<b>21,150</b>	<i>-</i>
	<b>547,049</b>	<i>296,122</i>

**13. Cash and cash equivalents**

	<b>2021</b>	<i>2020</i>
	€	€
Cash at bank and in hand	<b>2,365,832</b>	<i>2,343,762</i>
	<b>2,365,832</b>	<i>2,343,762</i>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021****14. Creditors: Amounts falling due within one year**

	2021 €	2020 €
Deferred grant income	473,181	1,089,904
Deferred income	725,482	825,806
Trade creditors	174,002	80,007
PAYE/PRSI	26,083	28,540
Other creditors	357,931	159,122
Accruals	589,363	246,977
	<u>2,346,042</u>	<u>2,430,356</u>

**15. Creditors: Amounts falling due after more than one year**

	2021 €	2020 €
Deferred capital grants	83,623	85,978
	<u>83,623</u>	<u>85,978</u>

**16. Reserves****Income and expenditure account**

The income and expenditure account reserve represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to / from other reserves.

**17. Company status**

The company is limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding €1.27 towards the assets of the company in the event of liquidation.

**18. Pension commitments**

The company operates a defined pension contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund amounted to €25,416 (2020 - €10,909).

**19. Post balance sheet events**

COVID-19 is having a material impact on the company's operations. Post year end COVID-19 continues to have an impact on the company's financial statements. In response to this the company has implemented a series of measures to reduce operating costs, maximise available cash flow and maintain and strengthen the company's liquidity position.

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**20. Approval of financial statements**

The board of directors approved these financial statements for issue on 17 October 2022.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**DETAILED ACCOUNTS**

**FOR THE YEAR ENDED 31 DECEMBER 2021**



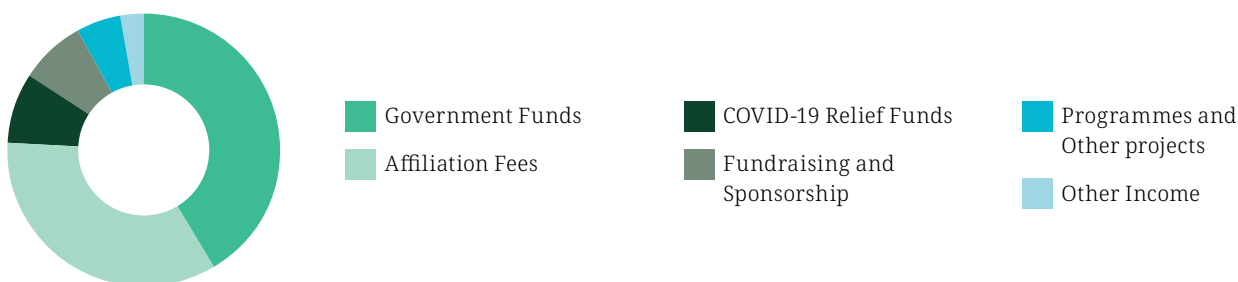
# FINANCIAL OVERVIEW

Cycling Ireland’s 2021 Financial Statements and financial report are presented within the Annual Report available at [cyclingireland.ie](http://cyclingireland.ie). The finance report provides a detailed overview of the finances, including the Auditors Report, Accounting Policies and Reserves position of the company.

In brief, the report shows that Cycling Ireland is in a strong financial position, driven to some extent by grant income received during the year as well as affiliation fees. The finances show that 41% of the company’s 2021 income has been funded by Sport Ireland and Sport Northern Ireland through a range of grants. As always, we remain extremely thankful to all our members and to our funding partners for their continued support.

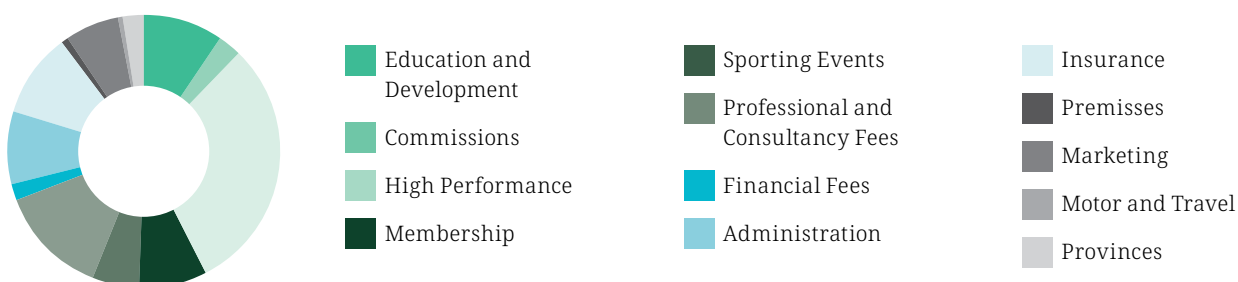
INCOME		
Government Funds	€2,179,116	41%
Affiliation Fees	€1,818,249	35%
COVID-19 Relief Funds	€433,000	8%

INCOME		
Fundraising and Sponsorship	€409,056	8%
Programmes and Other projects	€286,947	5%
Other Income	€533,985	3%



EXPENDITURE		
Education and Development	€507,709	10%
Commissions	€153,438	3%
High Performance	€1,598,774	30%
Membership	€435,746	8%
Sporting Events	€284,927	5%
Professional and Consultancy Fees	€706,129	13%
Financial Fees	€89,792	2%

EXPENDITURE		
Administration	€456,965	9%
Insurance	€538,247	10%
Premises	€45,689	1%
Marketing	€344,583	6%
Motor and Travel	€21,827	.5%
Provinces	€126,033	2%





**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021	2020
	€	€
<b>Income</b>		
Affiliation Fees	1,818,249	1,506,628
Sport Ireland - Core Grant *	380,000	380,000
Sport Ireland - Women in Sport Grant *	63,699	55,000
Sport Ireland - Great Dublin Bike Ride *	50,000	-
Sport Ireland - HP Carding Grant *	436,000	429,000
Sport Ireland - High Performance Grant *	440,000	230,000
Sport Ireland - High Performance Grant (additional) *	210,000	-
Sport Ireland - Get Ireland Cycling	54,000	7,000
Sport Ireland - Dormant Funding*	92,495	63,000
Sport Ireland - Special Projects *	18,000	-
Sport Ireland - Aspire Graduation Programme *	22,904	-
Sport Ireland - Stage Grant Others *	8,000	-
Sport Ireland - Covid 19 Grant Scheme 2 *	283,000	-
Sport Ireland - Covid 19 Grant Scheme 4 *	150,000	-
Sport Ireland - ACT Carding Grant *	21,150	-
Sport Ireland - High Performance Impact Funding *	20,000	-
Cycle Right Resource **	104,893	76,390
Cycle Right Programme **	19,800	489,950
Bike Week **	16,259	5,142
Sports Northern Ireland Grants	346,609	225,085
Sponsorship	20,000	70,510
Sponsorship in Kind	285,500	74,000
Paralympics Ireland Contribution	94,907	80,000
Axa Bike Hub	137,718	167,155
Coaching and Education Income	10,931	10,866
Entry Fees	13,604	-
Olympic Federation of Ireland Income	8,649	-
Other Income	68,210	-
Financial Income	30,981	-
Rental Income	35,000	32,750
<b>Total</b>	<b><u>5,260,558</u></b>	<b><u>3,902,476</u></b>

\* The Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media is the sponsoring Department for all Sport Ireland grant income except Get Ireland Cycling grant which is funded by the Department of Health.

\*\* The Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media is the sponsoring Department for Cycle Right and Bike Week funding.

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>Education &amp; Development Expenses</b>		
Gross Wages	304,473	258,815
Coaches Expenses	1,783	3,488
Women in Sports Programmes	25,299	19,404
Cycle Right and Other Programmes	44,217	523,926
New Coaching & Development Programmes	23,915	15,401
Coaching Courses Running Costs	13,659	7,546
Office Stationary	3,102	2,437
AXA Bike Hub Project	46,678	84,069
Dormant Account Expenditure	44,581	31,884
<b>Total</b>	<b><u>507,709</u></b>	<b><u>946,969</u></b>

	2021 €	2020 €
<b>Commissions</b>		
Women's Commission	24,098	3,389
Road Activities	42,862	18,229
BMX Commission	27,610	12,500
Off Road Development	8,118	3,780
College of Commissaries	13,836	4,536
Youth Initiatives	17,975	2,279
Track Commission	3,876	4,873
Paralympics Commission	6,373	310
Others	8,690	3,116
<b>Total</b>	<b><u>153,438</u></b>	<b><u>53,014</u></b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>High Performance Central Costs</b>		
Gross Wages	228,675	221,267
Staff Expenses	33,031	19,822
Miscellaneous Expenses	1,660	7,520
Training Camp Majorca	49,817	43,322
Consultancy	50,568	32,472
Consumable Equipment	519	6,044
Depreciation	70,852	-
Sponsorship in Kind	150,000	-
High Performance - Competition	-	11,149
<b>Total</b>	<b><u>585,123</u></b>	<b><u>341,596</u></b>

	2021 €	
<b>Elite Track Training</b>		
International Carding Scheme	457,326	450,462
Athlete support - (S.N.I)	17,440	21,143
High Performance - Competition	538,885	226,878
<b>Total</b>	<b><u>1,013,651</u></b>	<b><u>698,483</u></b>

	2021 €	2020 €
<b>Membership Expenses</b>		
Gross Wages	137,550	123,962
Membership Database Support	16,605	-
Development Membership Database	21,016	-
Membership Database Fees	178,394	-
Printing, Postage and Carriage	16,026	15,437
Printing of Licences and Handbooks	33,975	41,509
Website	19,214	26,572
Miscellaneous Expenses	4,359	-
Medals, Jerseys and Other	8,606	13,394
<b>Total</b>	<b><u>435,746</u></b>	<b><u>220,874</u></b>



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	2021 €	2020 €
<b>Sporting &amp; Events</b>		
Gross Wages	127,099	104,879
Staff Expenses	16,035	8,090
Stage Race Grant & Others	34,215	-
GDBR Costs	88,454	5,530
Track GP Event Costs	-	26
SNI Club Development	9,490	2,275
Get Ireland Cycling	-	8,280
Other Miscellaneous Events	9,634	-
<b>Total</b>	<b><u>284,927</u></b>	<b><u>129,079</u></b>

	2021 €	2020 €
<b>Professional Fees</b>		
Payroll Fees	1,207	1,789
Board Expenses	6,845	6,344
Exceptional Governance Review	80,365	-
Consultancy	327,420	12,299
Legal Fees	227,812	6,121
Audit Fees	7,500	6,455
Subscriptions	13,692	7,993
Miscellaneous Expenses	5,459	549
Sage 200 Fees	5,829	16,439
Non Payroll Contracts	30,000	-
Anti Doping Charges	-	59
<b>Total</b>	<b><u>706,129</u></b>	<b><u>58,047</u></b>

	2021 €	2020 €
<b>Financial</b>		
Bank & Online Payments Provider Charges	88,679	17,806
Exchange Rate Difference	1,113	5,328
<b>Total</b>	<b><u>89,792</u></b>	<b><u>23,134</u></b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

	<b>2021</b>	<b>2020</b>
	€	€
<b>Other Administration Expenses</b>		
Gross Wages	231,257	261,664
Covid-19 Subsidy	-	(78,840)
Staff Expenses	16,947	12,478
Staff Training	1,523	6,549
Telephone	6,671	4,644
Miscellaneous	100	4,216
Equipment Maintenance	4,621	17,612
IT Support from Sports Ireland	40,982	33,809
Capitation Grants to Provinces	45,352	38,072
Depreciation	145,575	141,563
Exceptional Item	(399,795)	-
Capital Grant Amortisation	(36,063)	(70,848)
<b>Total</b>	<b><u>57,168</u></b>	<b><u>370,918</u></b>

	<b>2021</b>	<b>2020</b>
	€	€
<b>Insurance</b>		
Public Liability	260,258	303,197
Personal Accident	247,997	296,639
Travel	9,443	10,000
Building and Contents	3,359	2,300
Provision for Self-Insured Costs	3,609	1,300
Motor Insurance	13,581	7,500
<b>Total</b>	<b><u>538,247</u></b>	<b><u>620,936</u></b>

	<b>2021</b>	<b>2020</b>
	€	€
<b>Premises</b>		
Electricity	-	300
Utilities	1,762	1,614
Rates/Rent	20,984	19,794
Office Security	318	923
Abbotstown Storage & Sport HQ Costs	19,279	4,681
KR House Repairs	3,346	2,032
<b>Total</b>	<b><u>45,689</u></b>	<b><u>29,344</u></b>

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	<b>2021</b>	<b>2020</b>
	€	€
<b>Marketing</b>		
Gross Wages	89,214	53,348
Awards Night	16,675	-
AGM Costs	3,112	14,822
Staff Expenses	1,967	893
Advertising	43,278	83,275
Members' Newsletter	5,912	1,525
Consultancy Fees	15,495	-
TV Production / Video Livestreaming	34,305	-
Miscellaneous and Other	7,927	-
Sponsorship in Kind	125,000	-
Sponsorship	1,700	74,000
<b>Total</b>	<b><u>344,583</u></b>	<b><u>227,864</u></b>

	<b>2021</b>	<b>2020</b>
	€	€
<b>Motor and Travel Expenses</b>		
Repairs and Servicing	11,150	2,182
Vehicle Tax	2,178	4,056
Fuel and Oil	3,708	1,071
Miscellaneous Motor Expenses	1,186	162
Vehicle Insurance	614	-
Staff Expenses	2,991	1,858
<b>Total</b>	<b><u>21,827</u></b>	<b><u>9,330</u></b>



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND****SCHEDULE TO THE DETAILED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	<b>2021</b>	<b>2020</b>
	€	€
<b>Provinces</b>		
Connacht	27,494	18,729
Leinster	7,224	58,340
Munster	39,799	40,799
Ulster	51,516	47,028
<b>Total</b>	<b><u>126,033</u></b>	<b><u>164,896</u></b>







# COMMISSIONS & PROVINCES REPORTS



# BMX COMMISSION



The BMX Commission continues to make steady progress in the development of BMX racing in Ireland. In 2022, Post-Covid-19 BMX licence holders decreased by 10% from 745 in 2021 to 672 in 2022.

BMX freestyle is now an Olympic and UCI affiliated discipline and will require support. The BMX Commission will be working with Matt Gillespie from Thunder Park in Belfast in 2023.

The BMX Commission also works closely with clubs to encourage local participation, coaching, Commissaire training and race days. BMX clubs are now established as far apart as Co. Cork and Larne in Co. Antrim. Track development is ongoing.

The 2022 National series consisted of ten rounds (five double-headers) that ran from April to October at five different venues. The BMX Commission successfully rolled out a new Mylaps/Sqorz timing system across five different clubs during 2022. The new technology was a great success and greatly received by the BMX Community and race organisers.

The 2022 All Ireland BMX National Championships returned in August to Lisburn BMX Club facility. The Cycling Ireland BMX Commission would like to thank the fantastic volunteers of Lisburn BMX Club for their tireless work to organise and host such a top-class

event. A fantastic day was had by all who attended.

We also saw some great results in the UK and farther afield with Irish riders climbing the podiums across Europe in 2022.

Freestyle BMX was also represented on the international stage for the first time by Ryan Henderson, who managed to place inside the top ten at the European Championships in Munich.

Going forward into the 2023 season and beyond, the BMX Commission is committed to further promoting and developing BMX racing at club and national level, track building, encouraging local participation, and managing our national BMX squad to attain success at international level.

Coaching is the key word for 2023. Coaching programmes from beginner level fundamentals and all the way up to L5 Elite level are now in place and are available for all clubs. 'Coach the coach' programmes to be rolled out at club level by newly qualified coaches. We will also be running Commissaire training courses and Sqorz race software courses in 2023.

There has been a progressive and sustained racetrack and pump track building program in place. We have a busy schedule of track development and proposals across all Provinces for 2023.

The National BMX Squad is heading into its eighth season being managed by Eugene Jackson and UK-based coach Jeremy Hayes. The Senior High Performance squad consists of Matthew Malone.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Tom Campbell - <a href="mailto:chairperson.bmx@cyclingleireland.ie">chairperson.bmx@cyclingleireland.ie</a>
National Rider Development Officer	Eugene Jackson - <a href="mailto:eugene@bmxireland.ie">eugene@bmxireland.ie</a>
Treasurer/ Race Team Organiser	Nathalie Lawlor - <a href="mailto:Natalie@bmxireland.ie">Natalie@bmxireland.ie</a>
Coaching Development Officer	Derek Jolly - <a href="mailto:derekjolly@gmail.com">derekjolly@gmail.com</a>
Chief Commissaire	Kevin McShane - <a href="mailto:kevin@bmxireland.ie">kevin@bmxireland.ie</a>
Womens Spokesperson	Sorcha McConnell - <a href="mailto:sorcha@bdlshopfitting.com">sorcha@bdlshopfitting.com</a>
Web and Race Entry	Shay McNally - <a href="mailto:cabrinha122@yahoo.com">cabrinha122@yahoo.com</a>
Track Development	Eamonn Wyer - <a href="mailto:eamonn@bmxireland.ie">eamonn@bmxireland.ie</a>

# BMX COMMISSION (CONTINUED)



## 2022 PROVINCIAL COMMISSION MEMBERS & THEIR ROLES

POSITION	NAME
Chairperson	Tom Campbell - Leinster
National Rider Development Manager	Eugene Jackson - Leinster
Treasurer/Race Team Organiser	Nathalie Lawlor – Leinster
Coaching Development Officer	Derek Jolly – Munster
Chief Commissaire – Kevin McShane	Kevin McShane – Ulster
Women’s Spokesperson	Sorcha McConnell – Ulster
Web and Race Entry	Shay McNally – Leinster
Track Development	Eamonn Wyer – Leinster

## CO-OPTED COMMISSION MEMBERS & THEIR ROLES

POSITION	NAME
Media Design & Branding	Lar Massey – Lar@15.ie
National BMX Development Coach	Jeremy Hayes – jeremy@bmxprocoaching.com

# OFF ROAD COMMISSION



2022 seen a return to a full schedule of off-road events. The commission continues to work hard in the background supporting clubs, co-ordinating calendars and acting as the information hub for the disciplines.

This year saw an increased Cycling Ireland presence at the off-road series and championships with podium backdrops, coverage on social media and coverage on the monthly 'The Cycling Show' TV program.

**Cross-Country:** We had five rounds of the Cross-Country National Series races spread across the country. Attendance was not as good as previous years. The National Championships were held in Bellurgan Park, Co. Louth in July and had a good turnout of riders. The commission sent one rider to the World Championships in France, but he got injured in practice and couldn't race.

**Downhill:** The Downhill Series has seen incredible growth with all three rounds selling out weeks in advance. The National Championships were held in Bree in July. The World Championships in France had eight riders competing, with Henry Kerr earning a top ten result in the Elite men's race.

**Enduro:** There were plenty of Enduro events provided by Biking.ie, Vitus First Track and the Grassroots series. The National Championships were held in Ravensdale, Co. Louth

over a great weekend in July. The commission has sent a team of riders to the Trophy of Nations, organised by the Enduro World Series, in Finale, Italy. At the other end of the scale, the commission is involved in doing youth assessments for 12-year-olds to see if they are capable of competing in enduro.

**Cyclocross:** The 2021 season saw plenty of events across the country with the first UCI C2 race held in October in Clonmel. Numbers were not as good as in 2019. The National Championships were held in Armagh in January 2022 and got great coverage from Cycling Ireland. The Youth National Championships saw a big increase in attendance, with 95 riders across the Under 14s and 16s. The commission sent a team of riders to the World Championships in Arkansas at the end of January. The 2022 season has started well with many local events on the calendar as well as the return of the UCI C2 race in Clonmel, a World Cup round coming to Dublin and the inaugural year for the Cyclocross National Series - which starts in November.

**Club MTB Trails:** The commission is still working with Cycling Ireland and Coillte to try to set up permits for sections of forest trails to be managed by local mountain bike clubs. A lot of work has been done on this and we await discussions from insurance companies to move this forward.

**AGM:** The commission held their AGM this year on 5 September. We have secured a full commission again for 2022/2023.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Geoff Robinson - chair@offroadcyclingireland.ie
Secretary	Martin Grimley - secretary@offroadcyclingireland.ie
Treasurer	Colm Mullen - treasurer@offroadcyclingireland.ie
Downhill co-ordinator	Bernie Commins - downhill@offroadcyclingireland.ie
Cross Country co-ordinator	Caroline Martinez - cross-country@offroadcyclingireland.ie
Cyclocross co-ordinator	Paul Birchall - cyclocross@offroadcyclingireland.ie
Enduro rep	Al Redmond - enduro@offroadcyclingireland.ie
Trail Development Rep	Kevin Moran - trails@offroadcyclingireland.ie
Women's Rep from Women's Commission	Bernie Commins - women@offroadcyclingireland.ie



# PARACYCLING COMMISSION

The Paracycling Commission had successful teams entered in the Road World Championships in Baei-Comeau in Canada along with sending a team to the forthcoming World Track Championships in Montigny-le-Bretonneux, France.

The Commission also had a mixture of Elite and Development riders participate at World Cups in Ostend,

Elzbach & Quebec. Various Elite and Development riders also participated at C1 events across mainland Europe. There were seven rounds of the National Paracycling League, and the Commission continued its monthly training days with development riders in Corkagh Park.

The Commission and its coaches also encouraged riders to participate in mainstream events such as road races and TT's within their own communities and local clubs, which was also seen as an excellent way of developing riders.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Seamus Wall - <a href="mailto:swall@wallsteel.ie">swall@wallsteel.ie</a>
Secretary	Declan Slevin - <a href="mailto:declanslevin@hotmail.com">declanslevin@hotmail.com</a>
Treasurer	Denis Toomey - <a href="mailto:dmttoomey@yahoo.com">dmttoomey@yahoo.com</a>
National Elite Coach	Neill Delahaye - <a href="mailto:neill.delahaye@cyclingireland.ie">neill.delahaye@cyclingireland.ie</a>
Development Panel Manager	Andrea Radford - <a href="mailto:andrearyan76@hotmail.com">andrearyan76@hotmail.com</a>
Development Panel Coach	Tony Woods - <a href="mailto:jtonywoods1973@gmail.com">jtonywoods1973@gmail.com</a>
Cycling Ireland Rep	Carl Fullerton - <a href="mailto:carl.fullerton@cyclingireland.ie">carl.fullerton@cyclingireland.ie</a>
Development Panel Mechanic	Gerry Beggs - <a href="mailto:gerry_beggs@hotmail.com">gerry_beggs@hotmail.com</a>
Riders Representative	Richael Timothy - <a href="mailto:richaeltimothy@gmail.com">richaeltimothy@gmail.com</a>
Riders Representative	Gary O' Reilly - <a href="mailto:garyreilly93@hotmail.com">garyreilly93@hotmail.com</a>



# TRACK COMMISSION



Whilst 2022 was a slightly more normal year due to the lifting of Covid-19 restrictions, it has been a difficult year to take the commission forward due to the challenges within Cycling Ireland.

Sundrive Track in Dublin was able to run weekly leagues and a full programme of National Championships. This has led to continued improvement in sprint abilities at Senior and Masters level. Whilst maintaining these levels, focus will now turn to raising abilities across other aspects of track cycling.

On the 4th June, we also saw over 25 youth competitors gathered at Sundrive Velodrome for the inaugural Paddy Doran memorial Youth Omnium. Throughout the year, Sundrive have seen a downturn in numbers however, particularly in youth. Some of this can be attributed to competing with other events on at the same time, Mondelo and Corkagh for example, but also as members struggle with the cost of living etc.

Orangefield Track in Belfast enjoyed a reasonably full season although had to close for three weeks in order to get the back straight resurfaced, however, this was worth it as the track is now significantly improved. They have had consistent number of youth riders with strong performances in the National Championships at both Youth and Junior, as well as fielding two strong teams for the UK School Games. This also introduced certain events that our youth do not normally ride, being Madison and Team Pursuit. Orangefield often struggle to get Senior riders, and this is something that they are working on improving.

We continued to work with Kanturk Velodrome to achieve closer integration to the Cycling Ireland Track

Commission National Facility Strategy, which will secure the long-term approval for National Grade Competition at Kanturk, delivery of facilities to a national standard and ultimately open access for the Kanturk Facility to a growing support from the National Governing Body for Track Cycling in Ireland. This work is an ongoing project.

Unfortunately, numbers were down in some events in 2022, and this resulted in some of the National Championships being issued with a yellow card. We will be looking at this going forward to see how to improve numbers both taking part in training and competing in events.

Notwithstanding this, it is important to recognise that we have excellent coaches and willing volunteers, however these resources are stretched to their max. As we are keen to expand our programme, this means we are still struggling with the lack of volunteers of coaching/timing/running events and a serious lack of commissaires is also a concern. Properly trained commissaires are essential if we are to run events in a fair and safe manner.

Again, looking forward we will be looking to recruit and train more commissaires, timekeepers and volunteers to help with the workload. This is essential if we are to expand our programme and we will work with Cycling Ireland to get the appropriate courses set up for new recruits. We would welcome the running of more coaching courses and this is something we need to work towards with the hope of an indoor velodrome.

On behalf of the commission, we would like to thank all the volunteers, coaches and commissaires who turn up on a regular basis and give freely of their time - even on the rainy days - and all the riders and parents who support track activities around the country. We wish everyone good luck in 2023.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Paul Dixon - paulbt38@gmail.com
Secretary	Alec Darragh - adarragh@trackcycling.ie
Treasurer	John Coates - johnco51@yahoo.co.uk
Member	Malcolm Goggins - malcolmgoggin@gmail.com
Member	Ger Ivory - gerivory1@gmail.com
Member	Liam Walker - Walkerliam1056@gmail.com
Member	Hugh Byrne - hughabyrne@gmail.com
Member	Eammon Byrne - eammon.byrne@gmail.com
Member	Orla Hendron - orlahendron@hotmail.com
Member	Colin MacHale - Colin.machale@gmail.com
Member	Peter Finn - peterfinntractors@gmail.com

# ROAD COMMISSION

To improve the standard, profile, and promotion of road competition in Ireland, along with supporting home-based riders make the transition to the High-Performance (HP) programme, the Road Commission (RC) organised the Men's and Women's Elite and Junior Road Nationals Series - five rounds for each category.

The number of rounds were reduced from a planned seven due to circumstances beyond the control of the RC in late December 2021.

Due to changes in the HP programme and increases in the costs involved, initiatives to further support and enable Women and U-23 Men to make the move from domestic to international competition for riders on the fringe of the HP programme were not realised.

The RC hope that with the appropriate support and communication in 2023, that initiatives to further strengthen the pathway from domestic to international competition for both Women and U-23 riders will be realised.

The RC would like to thank and acknowledge the support of former Cycling Ireland events co-ordinator Garry Nugent and the numerous staff members in Cycling Ireland for their support throughout the year. Without the support of staff within the Cycling Ireland office, the RC's plans for the year could not have been realised.

## COMMITTEE MEMBERS

POSITION	NAME
Connacht Representative	Daire Mooney
Munster Representative	Seán Lacey
Ulster Representative	Frank Campbell





# WOMEN'S COMMISSION

The Women's Commission of Cycling Ireland has endeavoured this year to extend its profile in women's cycling. We continued to run our monthly meetings online.

**Grading System:** We restructured our grading system to bring it more in line with existing grading. A clear and more concise format was laid out and is readily available online on Cycling Ireland's Page.

**Training:** Provincially and nationally, we ran road, off-road and BMX training camps. The first two training sessions took place in Glencullen Adventure Park with Gavin Carroll in March. Two separate groups – beginner and intermediate. General Enduro-focussed sessions featuring flat skills, followed by trails with an emphasis on cornering and drops. The second two training sessions took place in Cahir, Co. Tipperary on the August Bank Holiday weekend, with Killian Callaghan. This was part of/connected to Her Outdoors week (which took place later in August). Sessions five and six took place on September 11 in Glencullen Adventure Park with Killian Callaghan. This was a downhill coaching session with a focus on drops and jumps.

**Corkagh Park:** We ran race training sessions before our track league at Corkagh Park which was a huge success. Corkagh Park is an ideal venue for an introduction to racing and again this year we saw an increase in participation numbers. Weekly racing was hosted by a variety of clubs and the Women's Commission.

**Mondello 24:** We entered a team of eight riders from a variety of disciplines to compete in Mondello 24. A unique

event where riders raced over a 24-hour period. The team and support crew gained invaluable experience.

**Gorey 3 day:** The Women's Commission supported this event with finding and helping towards the cost of accommodation and meals for Junior and Senior Women Riders.

**Intermediate League:** Our Intermediate League restarted this year following a break due to the Covid-19 pandemic. Four rounds, incorporating Road, Crit and TT was ran by various clubs all over Ireland - Boyne GP, Greenmount Crit, Beechmount Cup, and Thomas White TT.

**Ras na mBan:** We continued to support Ras na mBan this year. We entered a development team, a mixture of Juniors and Elites. The Ras is a highly competitive international event, and our riders rode well together and were competitive throughout. With the aid of an excellent support crew, our team finished second placed in the Paddy Doran, Best Irish Team Classification.

**Provincial Reps:** Our Provincial Reps helped run and support events and training in their own provinces. We hope to run some Track training in the coming months. We supported and endeavoured to secure more National Championships for women going forward. We are working on the inclusion of Masters events (road this year,) U23 Road National Championships next year, and a few more being worked on. Two of our members took part in a Commissaires training course held this year and have completed their assigned training, with regards to becoming full Commissaires next year.

We were fortunate to have the assistance of Cycling Ireland Women in Sport Officer Elaine Cahill this year, her advice and guidance has been immeasurable.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Colin MacHale - chairperson.women@cyclingsireland.ie
Treasurer	Jennifer Bates - treasurer.women@cyclingsireland.ie
Secretary	Theresa Finn - secretary.women@cyclingsireland.ie
Off-Road Rep	Bernie Commins - offroad.women@cyclingsireland.ie
Corkagh Park	Hannah Marie Gibney - track.women@cyclingsireland.ie
Munster Rep	Theresa Finn - secretary.women@cyclingsireland.ie
Ulster Rep	Julie Rea - ulster.women@cyclingsireland.ie
Leinster Rep	Alison Smith - leinster.women@cyclingsireland.ie
Connacht Rep	Stefanie Carr - connacht.women@cyclingsireland.ie
Women in Sport Rep (CI)	Elaine Cahill - elaine.cahill@cyclingsireland.ie

# LEISURE COMMISSION



The Leisure Commission, ratified at the 2021 AGM, held meetings early in the year and set out its primary goal of supporting and assisting affiliated clubs with their leisure events in the aftermath of the Covid-19 pandemic. The provision of support and assistance to organisers key to creating the platform for riders to get off the couch, get back on the saddle, renew their membership and register for events.

In general, some events were well supported while others were notably down in numbers. The commission, supported by Cycling Ireland (CI), piloted a Leisure National Series. One event was chosen in each province over the season. The commission brought the CI branding, feet on the ground assistance and advice to these events - something that was hugely appreciated.

It has created a vital link between CI and the organisers of events, the participants and the membership. Positive and meaningful interaction which ordinarily is not there outside of just the licence renewal process for members. Cycling Ireland provided a limited budget for each event, media exposure and the branding. Our ESO's participated in some of these events wearing specially designed and CI branded kit, bringing a visual presence into the peloton.

Standout participants have been chosen from the Leisure

National events and they are to receive an award by the end of the year. Host clubs received financial support, which was predominantly for ambulance cover at these events. Outside of the National Series our ESO's attended several other events to assess them and to ensure standards are maintained and continue to improve.

Commission members have put a lot of work into a creating a template document to assist leisure specific event organisers. It is hoped this will simplify the process when it comes to organising, registering and compiling a leisure specific risk assessment for their event. A note of appreciation to Cycling Connacht this year - who set up a Provincial Leisure Series which was a huge success, something the Leisure Commission believe can be rolled out in the other provinces and can feed into the Leisure National Series for 2023.

The commission have also received feedback from the membership and clubs in relation to ongoing issues and concerns. The Commission will continue to keep the best interests of the membership in mind and keep the Board of CI informed of matters directly impacting on membership and clubs. This communication is vital if leisure licence members are to feel that they are and will continue to be an integral part of the Cycling Ireland community.

The Leisure Commission will continue to encourage affiliated clubs, especially leisure-only clubs to take an active part in their Provincial and National AGM's. The commission would like to take this opportunity to remember our members who passed away and are no longer with us, some while doing what they loved most, cycling.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	John Maloney
Treasurer	Kieran Gardiner
Communications	Joanna Gray
Secretary	Mark Moroney
Committee Member	Gerry Wallace
Committee Member	Edel Gallagher
Committee Member	John Greene

**Email : [leisure@cyclingireland.ie](mailto:leisure@cyclingireland.ie)**

# YOUTH COMMISSION



## A few resignations have affected the Youth Commission's function this year.

Using the results of the 2021 National Championships, the Youth Commission selected a team for the Youth Tour of Scotland. Seth Dunwoody finished 4th overall, Stephen Sheehan 20th, Samuel Coleman 40th, and Willem O'Connor started but did not finish due to injury. Liz Roche managed the team, while Jamie Blanchfield and Pat O'Connor were coaches and mechanics.

In preparation for the Youth Olympics, we formed a selection and criteria committee composed of Orla Hendron, Liz Roche, and Peter Finn. In Ulster, Munster, and Leinster we had selection races, and in Connacht we used the Kanturk Time Trial. The Olympic Federation of Ireland announced the selection of the following teams:

**Boys:** Seth Dunwood, Sam Coleman, Patrick Casey, Josh Callely (reserve)

**Girls:** Aine Doherty, Ailyah Rafferty, Mya Doucey, Lucy Brown (reserve)

### RESULTS

**Boys:** Sam Coleman 10th, Seth Dunwoody 27th, 41st Patrick Casey

**Girls:** Aine Doherty 25th, Ailya Rafferty 41st, Mya Doucey 69th

National Road Championships: Over 180 young competitors raced in the National Road Championships held by Orchard CC. It was a great weekend of safe and competitive racing. Thank you also to the commissaires and Cycling Ireland for their support, banners, and medal ceremony

**Off-road:** With regards to off-road activities, there are plenty of racing opportunities for Under-6s up to Juniors at cross-country and Cyclocross. For Enduro and Downhill,

racing starts in older age groups. The off-road commission has a Youth Assessment Program for 12-year-olds aspiring to compete in Enduro racing. The assessment takes place over a couple of hours where the assessors ensure the rider is capable of being out on their bike for a few hours. There have been youth training days for Enduro and Cyclocross at national level. At provincial level, there has been training days for cross-country. Downhill has seen a surge of riders in the Juvenile (U14) and Youth (U16) categories since lockdown was lifted. The trail centres have seen a big increase in youth riders enjoying mountain biking and pump tracks

**Track:** 2022 saw the introduction of two new Youth events on the track in May as part of the new look Bike Fest – Track Fest - was born, with several different days set aside to encourage more young riders to give the track a go. On Saturday, May 14th, the track was opened to complete newbies and with top class coaching from Hugh Byrne, John Coats and Colm Sevastopulo. Over the following days some schools were engaged with and over 60 pupils from two schools dipped their toes into the fun of riding a track bike. Track Fest was a new initiative and, while we are yet to reap the rewards of it, hopefully persistence will win out and it will introduce more kids to the sport of track racing.

**Paddy Doran Memorial:** This was another new event to the calendar. This event was more aimed towards riders already racing on the track and ran in the same format as the very popular Duane Delaney, where the event is run on ability grading rather than age or gender categories. The overall winner can come from any of the ability groups because the person with the highest number of points wins. This makes for a very friendly, sporting and fun competition. A very fitting competition and trophy to remember one of our greatest advocates for youth participation for both girls and boys in the country - Paddy Doran.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Marian Lamb
Secretary	Pamela Ward
Treasurer	Orla Hendron
Track	Orla Hendron
Off-road	Martin Grimle
BMX	Eugene Jackson
Leinster	Liz Roche
Muster	Peter Finn
Ulster	TBC
Connacht	TBC



# COLLEGE OF COMMISSAIRES



**College Membership:** With three members departing the College of Commissaires in early 2022; Paul Watson (Chair), Gary McIlroy (Secretary) and Oliver McKenna, there was a new feel to the College with the introduction of John Breen as the new Chairperson and Aaron Wallace stepping into the Secretary role.

All three had been with the College for considerable time, with Paul being involved in the initial set up of the college 20+ years ago. Their knowledge and international experience were of great value to the College. Gary was appointed to the Cycling Ireland Board, whilst Paul had taken on the role of Sports Operations and Technical Consultant for Cycling Ireland. Due to their appointment to these new roles, they had to relinquish their membership of the College of Commissaires, in accordance with the Memos and Articles. Oliver McKenna, another long-standing member, decided that with the change at the top, it was time to also move on and he has resigned. The College would like to thank Paul, Gary and Oliver for their input to the College over the years and wish them well in their new roles.

**Commissaire Training:** In February of 2022, the College hosted a Trainee Road Commissaire course in Munster with 12 attendees. Ten attendees attained the pass mark and have been attending events as Trainee Road Commissaires in the hope of being upgraded to National B Road Commissaires. It is also hoped that a Trainee Cyclocross course will be hosted over the 2022/23 Cyclocross season to help support the growing demand within this discipline.

**Return of the Road Season:** The College were encouraged to see the return of a full road racing season in 2022. This included the return of various stage races where our teams of commissaires work closely with full teams of other experienced officials and are hugely beneficial to the development of all our Cycling Officials. We also supported multiple place-to-place national record attempts with assignment of Cycling Ireland Commissaires to attend the attempts for the full duration of their efforts.

**Fees:** Road Commissaire fees and expenses were revised as part of the 2022 season, with a new fee scale for National Championship events agreed and approved Nationally. Moto-Commissaire fees were also revised and updated to reflect the rising maintenance and running costs for the Commissaires motorcycles. During the off-season of 21/22, UCI standard Time Trial bicycle measuring jigs were purchased by the College. These have distributed among the four provinces and have been successfully utilised at the CI TT National Series and applicable National Championships, ensuring our flagship TT events have the appropriate technical scrutiny applied.

**Budget Management:** With annual budgets under review by Cycling Ireland, there was an increased focus on the College financial budget for 2022. This has proved very challenging for our Treasurer and the College. This is an area we feel needs increased attention from Cycling Ireland to support Commissions with their budget management. It was also agreed that all Commissaires working on National Championships would have to process any expenses and fees within the Cycling Ireland expenses system, Webpos. We would wish to see greater support from Cycling Ireland for our volunteers in this process to ensure they are not out of pocket for their services.

The College would like to thank all commissaires and volunteer officials for their ongoing efforts and support at events during 2022.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	John Breen
Secretary	Aaron Wallace
Treasurer/Vice Chair	Jack Watson
Munster Coordinator	Brian Jordan
Ulster Coordinator	Jim Kelly
Leinster Coordinator	Pat Moss
Connacht Coordinator	Loch Miwa
Member	Laura Wilson

# ULSTER



This year has seen a return to our core activities after being disrupted by the impact of the Covid-19 pandemic during 2020 and 2021. Competitive teams have represented Ulster across a range of events on the Road, Track, Cross-country Mountain Biking, Cyclocross and at youth, junior and senior level.

On the road, there were stage wins for Matthew Teggart and Darcey Harkness at the 2022 Rás Tailteann and Women's Newry 3 Day respectively, while Seth Dunwoody won the road race and street sprint in the School Games.

The cross-country mountain bikers competed in the season-long British XC Series with Áine Doherty taking second place in the final round. The Ulster Youth team finished second at the Inter-Regional XC MTB Championships. It was the first time Cycling Ulster fielded a BMX Team at the Games.

Track coaching continues at Orangefield. Due to changes in legislation and police support for events, Cycling Ulster has been proactive in developing the Accredited Marshal Scheme in North Ireland which provides event marshals with the ability to stop traffic. This provides a sustainable model for marshalling and safety at road events. There has been positive feedback from clubs. We are also working with the organisers of this course to roll out a further course to provide event organisers with information on running events.

Progress has been made with the development of facilities and cycling infrastructure in the province. Five regional

cycling hubs are now on-site and operational across Ulster. A facility user agreement has been signed by Cycling Ulster/ Belfast City BMX Club for the use of Ormeau Park BMX Track, which is due to be upgraded subject to a successful funding application. The Henry Jones Playing Fields Project has also applied for funding to support phase one of the development for MTB trails, a pump track and a Learn to Cycle facility.

As part of our efforts to increase participation, Cycling Ulster launched a provincial Leisure Commission this year. The Women on Wheels project has been expanded to include Off-Road. The inaugural 'Big Day Out – Women's Cycling Festival', aimed at celebrating all levels of women's cycling, took place in October. A new Youth Development Officer for Ulster, Mark McKane was recruited in September. This role will focus on increasing youth participation by working with clubs, schools, local sports authorities, councils and other groups.

Cycling Ulster continues to be active in lobbying government at regional level, attending the Department for Infrastructure's Cycling and Walking Group and Sport and Recreation Group which enables us to meet with political parties and other stakeholders.

2022 has also seen Cycling Ulster agree new sponsorship and partnership arrangements with O'Reilly Stewart Solicitors, Donnelly Group and Phillip McCallen E-Bikes. Cycling Ulster is conscious of the need to promote and market the sport and has sought to update its social media and website regularly with content covering our members, clubs, events and sponsors.

The winter period will see the Executive engage with clubs through workshops, hold discussions with Commissions and continue to improve dialogue with other Provincial Executives.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Tommy McCague - chair@cyclingleulster.com
Secretary	Paul Sanders - secretary@cyclingleulster.com
Treasurer	Marian Lamb - marianlamb@ulstercyclingnews.com
Safeguarding Officer	Julie Rea - julierea@ntlworld.com
Executive Officer	Tommy Lamb - tommylamb1954@hotmail.com
Executive Officer	Joanna Gray - joannagray@mail.com
Executive Officer	James McLaughlin - jamesmclaughlin44@gmail.com
Executive Officer	Tommy Lamb - tommylamb1954@hotmail.com
Executive Officer	Stephen Connolly - sconolly1200@yahoo.ie

# MUNSTER



2022 proved to be a busy year for Cycling Munster. A number of youth and U23 teams competed abroad in the UK and Europe under the Guardianship of the Munster Youth Commission. Cycling Munster also presided over the running of Ras Mumhan. Four Munster clubs, facilitated by Cycling Munster, hosted a stage each. This proved to be very successful approach in that the burden of running the event was shared between the four clubs.

This approach was also adapted for the running of the Elite, U23 Road and Time Trial National Championships in June 2022. Cycling Munster facilitated the running of these events by co-ordinating with clubs within the province and by providing the support required.

Cycling Munster initiated a Leisure Series in line with Cycling Ireland's strategy of promoting and encouraging cyclists to take part in events. This is a new proposal which will hopefully develop into a successful series in the years to come.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Dan Curtin
Treasurer	John Breen
Secretary	Fearghal Pattwell - <a href="mailto:secretary.munster@cyclingireland.ie">secretary.munster@cyclingireland.ie</a>
Commissaires	Brian Jordan
Board Member	Peter Finn
Board Member	Pat Tarrant
Calendar Co-Ordinator	John Colleran



# CONNACHT



For Cycling Connacht, 2021/22 was about creating a positive momentum for our clubs and membership. We believed, as a committee, that cycling needed a lift. We came up with the idea of a "Building for the Future" weekend where we combined training rides and workshops with the latest subject-matter expertise. It was a huge success and set us up for a great 2022 season.

Our Women's Officer, Stef Carr, set up the first ever women's gravel series, four rounds spread across the province with great numbers taking part. The increased focus on women's cycling has seen the recent Western Lakes CC Women's sportif becoming the biggest women's sportif in Ireland this year.

Our leisure officer, John Greene, set up the first ever provincial leisure series, with a supported event in each of the five counties, which rewarded participants, clubs and counties with participation points. The concept was well received and helped drive increased participation and has now been expanded into a National Leisure Series. We look forward to supporting and growing this initiative into the future. John also launched the Cycling Connacht Majorca Tour 2022, a new initiative for Cycling Connacht, which will hopefully be the first of many trips to various parts of Europe

for members of Cycling Connacht in the years to come.

2022 has also seen a growth in A3-only road races, following a request to support this initiative at last year's AGM. There is also a healthy road racing scene in the province with the Mayo Cycling League, Sligo Cycling League and Challenge CC Race League in Galway all taking place this year. The province hosted two ultra-events this year and is now leading the gravel event promotions in the country with three events and a gravel series. The Connacht Cyclocross League saw its highest-ever numbers especially amongst the youth categories. The MTB sessions early last year with Cillian Callaghan saw a renaissance in MTB in the province and the Cycling Connacht MTB league in the Autumn saw a return with big numbers taking part. We expect to continue this momentum for the upcoming 2022 MTB season.

Cycling Connacht fielded two teams at the Galway Classic, a team in the Junior Tour as well as a team in the inaugural Western Challenge. On the International front, Niall McLoughlin from Westport Covey Wheelers pushed for honours at the European Track Championships.

Cycling Connacht are thrilled to have Daire Feeley take up the position of Youth Development Officer and we are looking at the best ways we can support him in this role. We believe that his appointment is a game-changer and, with the backing of our clubs and members, cycling in the West has a bright future.

Finally, Cycling Connacht have changed our branding to be more in line with Cycling Ireland branding. We have also invested in team clothing and promotional branding at events, and we are also focusing a lot of effort in social media.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Padraic Quinn - chairperson.connacht@cyclingireland.ie
Secretary	David Murray - secretary.connacht@cyclingireland.ie / challengecc.treasurer@gmail.com
Treasurer	Loc Miwa - loch.miwa@hotmail.com
MTB/ Off Road Rep	Gary Collins - gary.collins555@gmail.com
Youth Rep	Daire Feeley - daire.feeley@cyclingireland.ie
Leisure Rep	John Greene - jxgreene70@gmail.com
Women's Rep	Stefanie Carr - carrstefanie@hotmail.com
PRO	Padraig Marrey - padraigmarrey@gmail.com
Sporting Rep	Mick Ruane - mickruane@eircom.net
Safeguarding Rep	David O'Loughlin - safeguarding.connacht@cyclingireland.ie

# LEINSTER

## Cycling Leinster enjoyed a very positive and successful 2022. We focused on developing riders across all disciplines.

In road racing, we gave riders (from U12's through to Seniors, both Men and Women) a chance to enter all the major stage races. With experienced support structures in place riders were able to compete to the best of their ability.

Our underage riders had a very successful season, picking up wins and prizes in stage races. All our underage riders represented Leinster with great enthusiasm, and we're looking forward to watching them move through the age groups in the future.

We continued to provide coaching to our Off-Road riders, giving them the opportunity to learn new skills from very experienced coaches. The Cycling Leinster executive are also working with clubs who organise races across Leinster to ensure they provide competitive and exciting races for our riders at all levels.

At a recent meeting, we discussed a range of good ideas and plans that we hope will benefit both our racers and organising clubs. Working together, Leinster has had some great progress this year and we plan building on this to bring more developments across all areas of cycling in the province. We are looking forward to the 2023 season and all the challenges that it brings.

## COMMITTEE MEMBERS

POSITION	NAME
Chairperson	Brian Hayden - leinsterchair@yahoo.com
Secretary	Nina Doyle - doyle.nina@gmail.com
Treasurer	Daragh Campbell - daraghcampbell95@hotmail.com
Youth Rep	Lorna Reilly - lornapreilly@gmail.com
Youth Rep	Liz Roche - runliz@gmail.com
Road Rep Jr	Stephen O'Shea - stephen.oshea2011@gmail.com
Road Rep Snr	Shay Murphy - shaser68@gmail.com
Womens Rep & CX Rep	Brian Hammond - hamo87@hotmail.com
Track Rep	Gen Sheridan - geneviesheridan1@gmail.com
MTB Rep	Lisa Davis - lisa@thegap.ie
BMX Rep	Emma Lang - emma.lang78@gmail.com
Commissaire Rep	Pat Moss - patcepta@hotmail.com
Calendar Co-ordinator	Ger Campbell - gercampbell1@hotmail.com







# PARTNERS



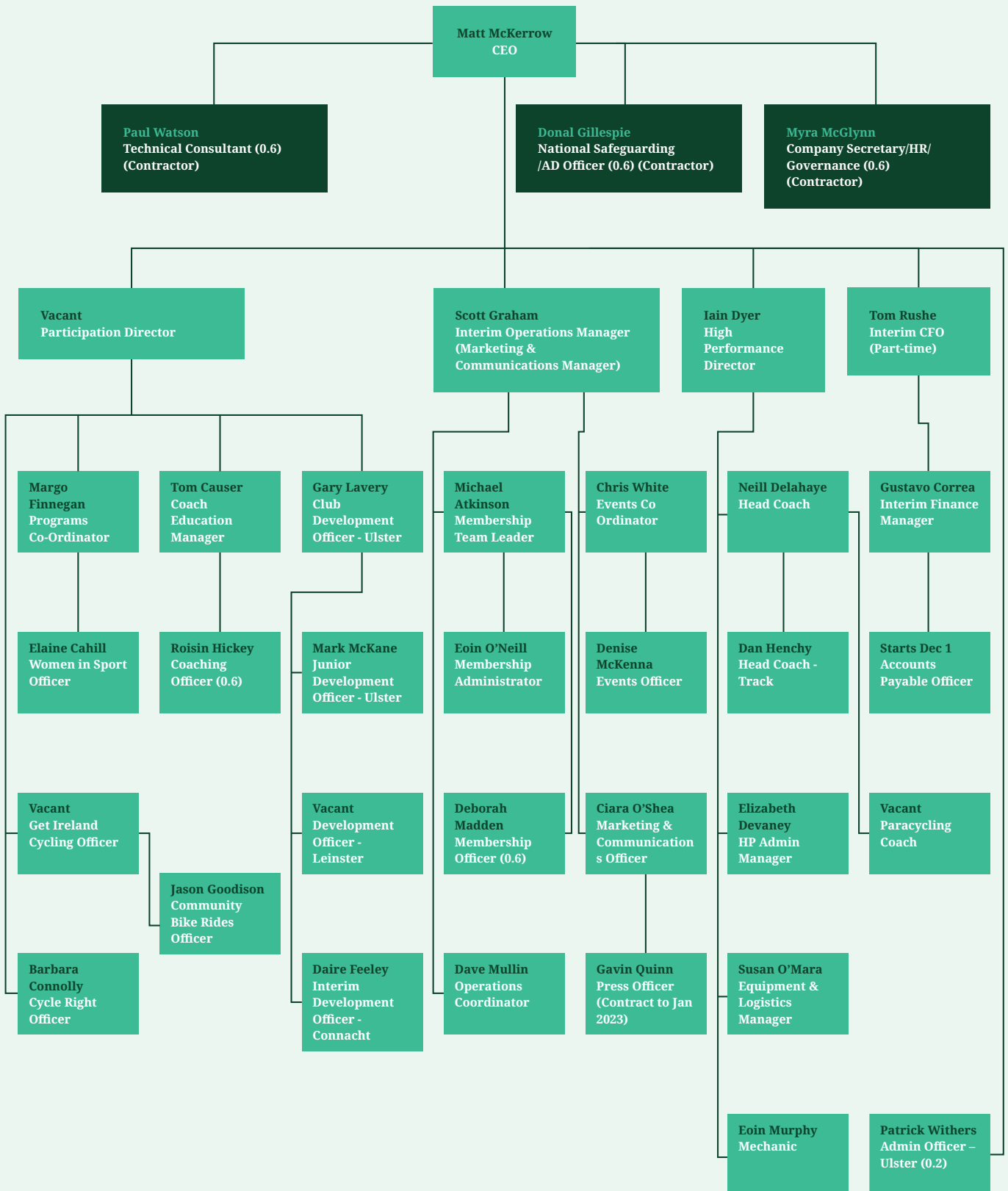




# APPENDIX



# ORGANISATIONAL STRUCTURE



## BOARD ATTENDANCE RECORD

	"19/11/2021 (IN PERSON)"	"19/12/21 (HYBRID)"	"13/02/22 (VIRTUAL)"	"16/02/22 (VIRTUAL)"	"18/02/22 (VIRTUAL)"	"23/02/22 (VIRTUAL)"	"21/03/2022 (IN PERSON)"	"07/04/2022 (VIRTUAL)"	"25/04/2022 (VIRTUAL)"	"16/05/2022 (VIRTUAL)"	"21/05/2022 (IN PERSON)"	"30/06/2022 (IN PERSON)"	"22/08/2022 (VIRTUAL)"	"19/09/2022 (IN PERSON)"	"17/10/2022 (VIRTUAL)"
Liam Collins	Y	Y	N	Y	N	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Anthony Mitchell	Y	Y	Y	Y	Y	Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Eugene Moriarty	Y	Y	Y	Y	Y	Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Brendan Tallon	Y	Y	Y	Y	Y	Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Noel Mulroy	Y	Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Conor Campbell	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Carl Fullerton	Y	Y	N	Y	N	N	Y	Y	N	N	Y	Y	Y	N	Y
Emma Hunt Duffy	N/A	N/A	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Marcus Dowling	N/A	N/A	Y	Y	Y	Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Susan Ahern	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	N	Y
Tom Daly	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	Y	Y
Gary McLlroy	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Louise Reilly	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	Y	Y
Claire Young	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	Y	Y
Will Byrne	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y	Y	Y
Helen Kerrane	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Y	Y	Y	Y	Y	Y



# CYCLING IRELAND

For each & for all.





# 2022



## REGISTERED OFFICE:

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**Website:** [www.cyclingireland.ie](http://www.cyclingireland.ie)

**Directors:** Conor Campbell, Tom Daly, Claire Young,  
Louise Reilly, Emma Hunt-Duffy, Susan Ahern, Gary  
McIlroy, Carl Fullerton, Helen Kerrane, Will Byrne .

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