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MTB • BMX • PARA CYCLING • SPORTIVES

 cyclingireland

# ANNUAL GENERAL MEETING

CITYWEST HOTEL, GARTERS LANE,  
SAGGART, CO. DUBLIN  
23<sup>TH</sup> NOVEMBER 2019



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1

STANDING ORDERS

KANTURK CC

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**STANDING ORDERS FOR 2019 CYCLING IRELAND AGM**

1. Only club, commission or provincial executive delegates and persons invited by the Chairperson may address the meeting.
2. A motion can only be moved by a representative of the member, as defined in the Articles of Association 2 (a) to (g) inclusive, who proposed the motion or by a Board member.
3. A motion or amendment shall be seconded immediately after the mover's speech and before any discussion is permitted.
4. A speaker shall not speak more than once in debate on any motion or amendment except in the following circumstances:
  - a A seconder may reserve their speech until later in the discussion providing the seconding is purely formal;
  - b The mover of the motion shall be entitled to reply to the debate on the motion;
  - c The movers of any amendment and the original motion shall be entitled to reply in that order at the end of the discussion on each amendment and before voting takes place;
  - d By permission of the Chairman where an explanation, information or correction is necessary.
5. In reply to debate the movers must confine themselves to answering previous speakers and must not introduce new matters into the discussion.
6. Speakers may be limited to three minutes for the mover of the motion, two minutes for the mover of the amendment and one minute for other speakers.
7. If more than one amendment is proposed to the original motion they shall be set against the motion in their order in the final agenda. If an amendment is carried, then the motion, as amended, shall become the substantive motion.
8. A decision shall not be rescinded or amended at the same meeting by any subsequent motion.
9. It shall be compulsory for any delegate, who has not taken part in the debate, to move formally.
  - a That the question be put;
  - b That the meeting proceed with the next business;
  - c That the debate (or meeting) be adjourned;
  - d The previous question
10. The vote on such motion shall be taken immediately without discussion - if the motion that the question be now put is carried.
11. Any person ruled out of order by the Chairman will cease speaking and resume their seat.
12. Any person who, having been ruled out of order by the Chairman, refuses to comply with these Standing Orders will be expelled from the meeting.
13. The meeting shall, on a motion duly moved and seconded, and with the consent of not less than two-thirds of the delegates voting, suspend such provisions of these Standing Orders as shall be specified by the motion. In moving any such motion, the mover shall state the purpose for which the suspension is sought and the motion shall be put to the meeting without discussion





# 2

## AGENDA

- 1 President's address
- 2 Update on board activity for 2019
- 3 To adopt the attached standing orders for the orderly conduct of the AGM.
- 4 To consider the minutes of the 2018 AGM held on the 10th November 2018.
- 5 To:
  - a. receive and consider the Directors' report annexed to the 2018 annual accounts of the company;
  - b. receive and consider the certified audited financial statements of the company for the year ended 31st December 2018;
- 6 To fix membership and affiliation fees for 2020.
- 7 To appoint Auditors for 2020 who will prepare the 2019 statutory accounts.
- 8 To consider the following reports:
  - Anti-Doping Report
  - BMX Commission Report
  - College of Commissaires Report
  - Connacht Commission Report
  - Leinster Commission Report
  - Leisure Commission Report
  - Munster Commission Report
  - Off-Road Commission Report
  - Para-Cycling Commission Report
  - Road Commission Report
  - Track Commission Report
  - Ulster Commission Report
  - Women's Commission Report
  - Youth Commission Report

And the following Executive reports:

  - Chief Executive Officer's Report
  - Coaching and Education Programmes Report
  - Events Report
  - High Performance Report
  - Marketing and Communications Report
  - Membership Report
- 9 To consider the following motions:
  - See the full list of motions at the end of the agenda
- 10 To elect a President, the following have been nominated;
  - Mr Ciaran McKenna has been nominated by Murphy Surveys Kilcullen CC



- 11 To elect Board Directors without executive post, the following have been nominated:
- Mr Carl Fullerton has been nominated by North Donegal CC
  - Mr Ronan McLaughlin has been nominated by Team Dan Morrissey - McCarthy Insurance Group - Pactimo
- 12 Presentations:
- Declan Troy - O'Driscoll O'Neill (ODON) Insurance brokers for Cycling Ireland
  - Matt McKerrow - 2020 - 2024 Strategic Plan
  - Donal Gillespie - Safeguarding & Anti-Doping Report
  - Rachel Ormrod - AXA Community Bike Rides
  - Ronan McLaughlin - Vision for future of road racing
- 13 Any other business

## MOTIONS IN RESPECT OF CHANGES TO THE TECHNICAL REGULATIONS

### **Motion 1: Proposed by Cycling Munster**

Proposed rule changes that effect specific disciplines or sectors of cycling sport should first be considered by the appropriate Commission or Commissions at their AGM's and if they are approved, they are then sent forward to the AGM of Cycling Ireland for approval by the members.

### **Motion 2: Proposed by Cycling Ulster**

EVENT LICENCE: An Event Licence may be issued by an appropriate Cycling Ireland Official on receipt of a completed application form and appropriate fee. It shall entitle the holder to satisfy the requirements of rule G1.15, for the event in which the licence is issued. Not available for riders in National Championships, Criteriums, Stage Races, Massed Start Open or Handicapped Open races before 1st August each year. Such a licence must not be issued to any person under suspension from any National Cycling Federation. Such a licence does not grant the holder membership of Cycling Ireland.

Where an organiser of a leisure event so wishes he may use the Event Licence system for those entrants who do not hold a licence issued by a National Federation. In such circumstances the licence fee to be applied will be agreed, in advance with the staff at Cycling Ireland HQ. Notwithstanding the organiser may agree an overall fee in advance with the staff at Cycling Ireland HQ and in such circumstances the sign on sheet will list all those competing.

&

### Chapter G1.15

An appropriate Event Licence will permit the holder to participate as a rider in Cycling Ireland Events excluding all Open Road Races before 1st August each year.

However for Women's Beginners Closed Circuit Races and Women's Training Days, an Event Licence limited to one time per participant may be permitted.

Officials may take out an Event Licence referred to as Temporary Membership at any time. Such Temporary Membership fulfils the requirements of rule T1. Such licence grants the holder membership of Cycling Ireland for insurance purposes only, in respect of that event only.

**Motion 3: Proposed by Cycling Ulster**

Insert a new regulation at G8.7:

The Cyclo Cross racing season cannot start before the 1st Saturday in October.

**Motion 4: Proposed by Cycling Ulster**

ARTICLE 2 - PROVINCIAL CHAMPIONSHIPS

1. The regulations and eligibility regarding the control of Provincial Championships will be established by Provincial Federations. Provincial Executives will forward a copy of their regulations to Cycling Ireland.

**\*Note: LC licence holders are not eligible for Road Race Championships.**

**Motion 5: Proposed by Cycling Ulster**

Amendment to Article 2.2 - Provincial Championships

2. Those eligible to compete in a Provincial Championship will be those Licence holders who hold a Cycling Ireland Competitive Licence, or who hold an appropriate recognised UCI competitive licence, irrespective of National Code, and who must either have a direct connection to the province by virtue of parentage or through residency.

Qualifying License holders as above, satisfying one of the following criteria may compete in the Provincial Championships

- a) Belonging to a club / team based in the Province;
- b) Unattached and resident in the Province;
- c) Residency in the Province;
- d) Belonging to a club / team based outside Ireland but,
  - 1) Immediate past address was in the Province or
  - 2) Most previous Irish club / team was based in the Province,

**\*Note : A rider may only compete in one set of Provincial Championships in any one season.**

Provinces may declare certain Championships as “Open Championships”, in which case the above criteria does not apply. However in these circumstances the Province must advertise this in advance and confirm as to who is eligible for the Championship Medals.

Minimum Numbers for each Provincial Championship event will be decided by each province. There is no requirement to have a minimum number of starters to award medals.

Provinces may award Provincial Championship Medals and/or trophies.

Provinces may award a Champions Jersey for a Provincial Championship. Winners of such a provincial Champions Jersey will be permitted to wear it, within the Province, in competition in the same discipline and category in which it was won up until the day prior to the following year’s Championship.

**Motion 6: Proposed by North Donegal CC**

We propose that a new category M70 be created, similar to what was done for M50 and M60 cyclists in 2014.

**Motion 7: Proposed by CI Off Road Commission**

Amend AT 6 Article 7.4 as follows:

Protective Clothing

A full-face protective helmet, which must comply with established safety standards, is mandatory whilst training on the course and racing, including timed stages and transitions. Failure to comply with this or removal of the helmet during racing and training may be subject to a penalty.

Cycling Ireland recommends that all riders wear: Full Fingered Gloves along with Back, Elbow, Knee and Shoulder protection with a rigid surface.

**Motion 8: Proposed by CI Off Road Commission**

Amend Appendix AT.7 National Championships, Mountain Bike

Enduro racing categories to read: Under 17, 17- 21, Senior Men, M30, M40, M50, Women.

**Motion 9: Proposed by the Women's Commission**

Junior Women Race Entry Fees: We request that the Board of Cycling Ireland set the maximum amount of €5 Race Entry Fee for all Junior Women competing in Cycling Ireland sanctioned Open Race events.

This will apply to riders:

- Who have a Junior designation on their license
- Who hold a current Competition or Limited Competition Cycling Ireland license.

**Motion 10: Proposed by the Women's Commission**

Calendar G8 Point 12 Include Women's Masters TT in bundle including the Senior Men, Senior Women etc. i.e. end of June bundle.

Appendix AT7: National Championships to be amended in line with the approval of a separate Women's Masters TT Championship at 20 Km. Going forward there would now be a separate Senior Women's Championship of 40 Km and a separate Masters Women's Championship of 20 Km.

The riders that are eligible to compete in the Women's Masters Time Trial Championship are those:

- Who have an IRL designation on their license
- Who hold a current Competition or Limited Competition license
- Who satisfy the age conditions for M40 events
- Who have pre-registered for the event
- Who have not entered the Women's Senior Time Trial Championship in the same year

**Motion 11: Proposed by the Women's Commission**

Women's Masters Time Trial: We request that the Board of Cycling Ireland introduce an amendment to regulation T10.1 Article 11 to include a figure of 6 riders as the minimum requirement for the number of female riders for M40 Championships.

**Motion 12: Proposed by the CI Road Commission**

On the day of an event which is part of the National Road Series that there be no other race available to A1 riders. This will be managed by the road commission and the calendar coordinators with a view to bringing the best riders together on a regular basis to enhance the standard of domestic competition and give riders a platform to jump to international standard.

**Motion 13: Proposed by the CI Leisure Commission**

Marshals at events to complete a minimum standard of mandatory training before being permitted to Marshal at leisure events approved by C.I.

**Motion 14: Proposed by the CI Leisure Commission**

Event safety statements to be read and agreed by participants before the event. (This could be done online during registration or during sign on).

**Motion 15: Proposed by the CI Leisure Commission**

All approved leisure events display the Cycling Ireland Approved Event logo.

**Motion 16: Proposed by the CI Leisure Commission**

All registration for leisure events is done online by event organisers with approval from C.I needed for "on the day" cash registration.



## EXTRAORDINARY GENERAL MEETING (EGM) NOTICE

30th October 2019

Notice is hereby given under Article 28 of the Articles of Association of the Irish Cycling Federation of the holding of an Extraordinary General Meeting on Saturday the 23rd of November at 4pm or at the conclusion of the Annual General Meeting of the Irish Cycling Federation trading as Cycling Ireland.

The meeting will consider changes to the Constitution of the Irish Cycling Federation.

### **Agenda**

(1) To approve the revised constitution of the Irish Cycling Federation

Or if item 1 is not agreed then:

- (2) To approve the changes listed as typos and updates in the attached document
- (3) To approve changes in the length of a term and other related issues in: definition number 13 in the list of definitions, Article 41 and Article 44 of the Articles of Association.
- (4) To approve changes to the nomination, election and term lengths for members elected as President in Article 39 and Article 42.
- (5) To approve changes to the selection and the term lengths for Appointed Directors and the gender bias of the board in Article 37 b, Article 37 c, Article 37 d.
- (6) To approve changes to the definitions of Club Member and Honorary Member in Article 8 and Article 11.
- (7) To approve changes to the time for the receipt of nominations and motions for the Annual General Meeting in Article 27 (b).
- (8) To insert a new article on financial awards to sub committees as Article 62.

Yours sincerely,



**Micheal Concannon**  
**Company Secretary, Irish Cycling Federation t/a Cycling Ireland**





# MINUTES OF THE 30<sup>TH</sup> AGM

# 3



# MINUTES OF THE 30TH AGM

## MINUTES OF THE 30TH A.G.M. SATURDAY 10TH NOVEMBER 2018 SHEARWATER HOTEL, BALLINASLOE.

### 1) President's Address

President Ciaran McKenna declared the meeting open at 11:00 AM by welcoming the delegates from 51 clubs, commissions and the 4 Provinces with a voting representation of 100. He invited all those in attendance to stand for a minute's silence in acknowledgement of those members and friends who had died since the 2017 A.G.M. with particular reference to Gabriel Howard.

The President commented on the following in his address:

- Thanked the volunteers from clubs, Provincial Executives and commissions.
- Indicated that strong clubs are the backbone of the sport.
- He was now completing his third year as President and the work required does not get any easier.
- Budgets. In anticipation of a possible fall off in membership, fees had been increased for 2018, partially to facilitate a rise in insurance premiums, the assumption proved correct allowing the Board to maintain a balance budget. He acknowledged the work of Treasurer Michael Mannix and Chief Financial Officer Frank Keenan in their diligence with the finance.
- The change in the date of the start of the road season had been successful in that the road season had continued into September although the cancellation of a number of races for various reasons was a concern as was the failure of our three major tours to attract sponsorship.
- The new Leisure Commission, referred to at last year's AGM was well bedded in and things were now starting to happen.
- The continued success in all discipline at International Level was particularly encouraging.
- The movement of our administrative office to the National Sports Campus was only weeks away and it was intended to keep the lease of the current Kelly Roche House as an asset.
- There were very strong vibes from Sport Ireland that the Velodrome will be on line by 2020 and this was very encouraging.
- The introduction of a Level 2 Coaching Course had been talked about for Year and he was glad to report that such a course was now underway thanks to the commitment of Board member Gillian McDerby and Rachel Ormrod the Coach Education and Programmes Officer.
- Thanked the outgoing CEO Geoff Liffey for his work over the 10 years he had held the position whilst there were massive changes in the organisation over that time and he had driven them forward.
- The organisation was currently in a good position and female membership was now in the region of 20%.
- The main concern for 2019 could be finance as two of the items for discussion later on today would cost the organisation dearly in financial terms.
- Thanked the Staff and Board for their commitment and effort.
- Paid tribute to the outgoing Secretary Jack Watson (MBE) who was leaving the Board after 31 years. Since it's inception in 1988 he had filled the role of President for 5 years and Secretary for 24 years but a change to the Ms and As regarding number of terms a member could sit on the Board now led to him standing down. This was acknowledged by applause.

**2) Standing Orders**

These were accepted on the proposal of Liam Walker seconded by Tomás ó Miadhacháin

**3) To consider the Minutes of the 2017 AGM**

These were accepted on the proposal of Gerard Campbell seconded by John Horgan with a query raised seeking clarification on the continuation use of frame numbers. It was confirmed that these would now become permanent.

**4) Financial Statements**

The Honorary Treasurer Michael Mannix presented the Audited Financial Statements for 2017 and, these are contained within the AGM handbook. These was accepted on the proposal of Malcolm Goggin seconded by Liam Walker The Honorary Treasurer went on to present the Income and Expenditure Account for the 9 months to September 30th 2018 and these are also contained within the AGM Handbook. The Treasurer highlighted items within the accounts which contributed to the increase in overall income particularly mentioning the fall in 2018 membership which had been anticipated and off set by the increase in 2018 fees also the GDBR which returned a healthy profit. A query from one of the delegates as to the non attendance of a representative of CI Insurers when they were receiving almost half a million euro led to a lengthy debate on insurance. The CFO Frank Keenan indicated that a revised and updated insurance fact sheet would be forthcoming and plans were underway for a series of country wide workshops on insurance to commence in January. Queries were also raised in respect of the current North Circular Road office and the anticipated bringing the building up to a standard that would allow it to be leased. The future of the building would eventually require approval from the membership. Further queries were raised in respect of the low amount of money raised in sponsorship. Increase in funding to commissions in an attempt to grow membership. More money needs to be spent on marketing and a marketing expert should be recruited. The President explained the concept of recruiting the new CEO who would become involved in the qualities needed in the person to replace the Communications Officer. More publicity at a local level needs to be targeted. Delegates generally felt that the amount of money shown in the accounts for coaching needs to be better laid out in the accounts and explained. The President thanked the Treasurer and the CFO for their diligence in maintaining the accounts.

**5) 2019 Membership and Affiliation Fees**

The Board was recommending no increase in the 2018 Fee Structure for 2019 and this was accepted on the proposal of Liam Walker seconded by Jim McGuire and accepted.

**6) To appoint Auditors for 2019 in respect of the 2018 Accounts**

The Board was recommending the re-appointment of OSK and they were accepted on the proposal of Martin Grimley seconded by Jim McGuire.



## 7) Commission Reports

The following reports are all contained in the AGM Handbook and queries as detailed hereunder were all dealt with by a member of the relative commission.

- Off Road – Query raised in respect of a low International Travel budget figure in respect of Cyclo Cross. This should be taken into account when the commission is preparing the 2019 budget and a case prepared for an increase in budget.
- Track – Currently no official link between the Commission and the HP Unit.
- Road -- Need for better communications between the Road Commission and the Provinces in respect of planned road programmes. A Road Pathway needs to be established and circulated
- BMX – No points raised.
- Women's-Is there a need for the Women's National League Events to be aligned with the Men's National League events? This was confirmed as currently under the Road Commission and seems to be working successfully
- Para Cycling – No points raised.
- Leisure.- As this was the first time there had been a Leisure Commission established for many years the President invited the Chairman of the commission John Maloney to give a presentation. This provoked a lively discussion on various matters relating to leisure. What can CI give the leisure cyclist? How can events not associated with CI or CI clubs be curtailed. If there is not a more attractive programme of events there could be the possibility of a breakaway organisation. Are Timed Events the answer? Why is there a Leinster Leisure Officer Report but no other Province has one? The President outlined that Cycling Leinster contribute the €5 Leisure Levy to the role. John acknowledged the support he had received from Dermot Anglin the Leinster Leisure Development Officer and Board member Brendan Tallon.
- Youth Academy – Concern was expressed from the floor that the Youth Academy was solely concentrating on road racing and it was felt that there should be more Skills Programmes introduced. It was noted that there had been trips abroad for track racing.
- Anti Doping – It was noted that there had been a change in the Anti Doping Officer during the year and the role was now filled with Siobhan Horgan. No points raised.
- Commissaires – No points raised

## 8) Business Update

Reports were given by the following staff members.

Frank Keenan, Chief Finance Officer. His report generally dealt with membership highlighting where the fall off in membership was more pronounced both by category and province. Suggesting possible causes and remedies.

Rachel Ormrod, Coach Education and Programmes Officer. Gave a presentation on the programmes available and what was coming up in the future. She highlighted that for the first time a Level 2 Coaching Course was now available within CI. The initial course was underway consisting of 3 weekends of workshops and lectures and to date had been well received. The usefulness and viability of Sprocket Rocket was discussed as the CI youth membership was falling faster than any other class of membership and yet CI was putting a lot of money and resources into Sprocket Rocket. Unfortunately those coming through the programme did not appear to find their way into clubs.

Brian Nugent, Performance Director. Gave a detailed report on the pathway to Tokyo 2020 and beyond 2024. He highlighted the difficulties experienced in getting Olympic Qualification points via the UCI World Cup events and how costly these were proving in chasing points. He answered questions from the floor on the use of using current CI track riders versus recruitment via Talent Transfer. Also the problems experienced in 2018 in selection both in criteria and communications. It was noted that the Board had appointed Board members Anthony Mitchell and Eugene Moriarty to make a complete appraisal of the current HP system and to provide an interim report back to the Board with their recommendations. It was noted that they intended this report to be complete by year end / mid January.

Jack Watson, Secretary. Highlighted some of the points from the Directors Report in the AGM Handbook and give a brief overview of his involvement in the setting up of the Federation of Irish Cyclists in 1988 which became Cycling Ireland. He noted that he first became an administrator in 1970 and has had an unbroken period of 49 years. He also noted that he was not leaving the post because he wanted to but because of a change in the Ms & As limiting the number of two year terms a Director could serve. His commitment was recognised by the Delegates with a standing ovation. Liam Walker responded on behalf of the delegates and presented the Secretary with a gift from his club Murphy Surveys Kilcullen C C.

## 9) To consider the following motions and recommendations

### **Motion 1**

Proposed by Board of Irish Cycling

29.2 One day Race. In respect of change of penalty for “offending public decency”

**Current Penalty.** Warning and Report to Provincial Executive.

**Proposed Change to.** In severe cases disqualification and report to Provincial Executive. The race organisation has the right to apply monetary fines but competitors must be made aware of this in advance.

Proposed by Jack Watson seconded by Martin Grimley and **carried.**

### **Motion 2**

Proposed by Board of Irish Cycling

Chapter T7 Article 2 Criteriums. Relates to dealing with lapped riders in criteriums

**Current point 11. Add.** With the exception of the situation as defined in point 13.

**Add new point.** 13. Where a group of riders (2 or more) lap the field and are still in a lapped group at the bell lap then the bell will sound for the lapped riders and those riders a lap up will continue for another 3 laps when the bell will sound again for their final lap.

Proposed by Jack Watson seconded by Gary McIlroy and **carried.**

**Motion 3**

Proposed by Board of Cycling Ireland

Chapter R1 Records. Relates to the recognised method of measuring time trial courses,  
**New number 4.** and renumber following points.

**Add new point 4.** In respect of the measuring of a new time trial course for record purpose a minimum of 3 GPS cycle computers will be used and the mean of all 3 be the accepted distance providing it is equal to or greater than the record distance. This measurement must be observed by a commissaire who will be responsible for completing the course verification form.

Proposed by Jack Watson seconded by Tommy McCague and **carried.**

**Motion 4**

Proposed by Ratoath BMX Club

Chapter T10 A1 point 11 Relates to all BMX championships in that these will only require a minimum of 6 riders to ensure championship status.

**Add new line to bottom of Point 11 table**

BMX Championships (all categories)                      6 entries

Proposed by Tom Campbell seconded by John Breen and **carried.**

**Motion 5**

Proposed by Ratoath BMX Club

Appendix AT 7 Add new section “BMX”. To define the championship categories for BMX.

**Add new section “BMX”.**

age 6 and under	Mixed	Cruiser 30+	Male
age 7 to 10	Male & Female	Junior	Male & Female
age 11 and 12	Male & Female	Elite	Male & Female
age 11 to 14	Female	Masters	Male & Female
age 13 and 14	Male		

Proposed by Tom Campbell seconded by Padraig Marrey and **carried.**

**Motion 6**

Proposed by C I Off Road Commission

Appendix AT.6 Mountain Bike Regulations. Article 7 Enduro. To ensure that official and photographers are readily recognised.

Add new point 7. Officials and photographers on bicycles must have a number board attached marked “TECH” on their bicycle.

Proposed by Martin Grimley seconded by Malcolm Goggin and **carried.**

**Motion 7**

Proposed by C I Off Road Commission

Enduro Penalties. To ensure better behaviour within the paddock.

15	Anti-social or irresponsible riding within the paddock area especially where it is likely to cause injury or damage,	1st Offence Verbal Warning	2nd Offence 5 min penalty
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Proposed by Martin Grimley seconded by Jim McGuire and **carried.**

**Motion 8**

Proposed by C I Off Road Commission

Chapter 2 Categories Point 2. To include M6Os as a stand alone category for Cyclo Cross hence remove Cyclo Cross from the Note.

Note - In MTB, Enduro and Cyclo Cross there is no M6O Category, M5O relates to all male riders of 50 years of age and over in the current year.

Proposed by Martin Grimley seconded by John Maloney and **carried.**

**Motion 9**

Proposed by C I Off Road Commission

Chapter T10 A1 point 11. To facilitate the inclusion of championships for Espoirs, if, and when there are championships for this category.

**Add new line to Point 11 table**

Espoir Championships 6 entries.

It was noted that if and when such an event is approved it will necessitate an initial Demonstration event.

Proposed by Martin Grimley seconded by Pdraig Marrey and **carried.**

**Motion 10**

Proposed by C I Off Road Commission

Appendix AT7 National Championships. To introduce a Cyclo Cross National Championship for M6Os.

Proposed by Martin Grimley seconded by Maurice McAllister and **carried.**

**Motion 11**

Proposed by C I Off Road Commission

Appendix AT7 National Championships. To introduce a set of team medals for the M40 Cyclo Cross Championship.

Proposed by Martin Grimley seconded by Jack Watson and **carried.**

**Motion 12**

Proposed by C I Off Road Commission

Appendix AT7 National Championships. To remove the option for Juniors to ride the M40 National Cyclo Cross Championship when there are insufficient entries to justify a stand alone National Junior Championship.

Proposed by Martin Grimley seconded by Jack Watson and **carried.**



**Motion 13**

Proposed by C I Off Road Commission

Appendix AT 6 Mountain Bike Regulations Article 7-Enduro. To introduce U14 and U16 National Championships (male and female). It was noted that if and when such an event is approved it will necessitate an initial Demonstration event.

Proposed by Martin Grimley seconded by Jack Watson and **carried**.

**Motion 14**

Proposed by C I Off Road Commission

Chapter T3 Point 3 (a). To increase the number of points required for a junior to upgrade and also limiting the maximum distance a junior can race.

Current Wording.

3. (a) A youth rider on becoming a Junior will be graded as A3. However upon reaching 60 points as a first year Junior he may be upgraded to A2 for the remainder of that season. As a 2nd year Junior he will commence the season as an A3 on Zero points. However on reaching 30 points he may be upgraded to A2

for the remainder of that season. Such a Junior will continue to ride Junior Gearing as defined in T4.A2 but be exempt from the Junior Maximum Distance and will be entitled to ride Junior only events.

Proposed Wording

3 (a) A youth rider on becoming a Junior will be graded as A3. However upon reaching 90 points as a first year Junior he may be upgraded to A2 for the remainder of that season. As a 2nd year Junior he will commence the season as an A3 on Zero points. However on reaching 60 points he may be upgraded to A2 for the remainder of that season. Such a Junior will continue to ride Junior Gearing as defined in T4.A2 and not be exempt from the Junior Maximum Distance (140k) and will be entitled to ride Junior only events. In the event of a race (A2) being above the maximum distance a junior with an A2 licence may ride the A3 race at that event.

Proposed by Timmy Barry seconded by Neil Teggart and **carried**.

**Motion 15**

Proposed by Newry Wheelers

Chapter T3 Upgrading Points Table. To reduce the number of points available to A2 A3 riders in respect of Stage race final GC.

Points Table

Stage Race Final GC to be A1 Stage Race Final GC (15 points downwards)

A4 Stage Race Final GC to be A2 A3 A4 Stage Race Final GC (10 points downwards)

Proposed by Mark Mc Kinney seconded by Jack Watson and **carried**.

### **Motion 16**

Proposed by Newry Wheelers

Chapter T3 Upgrading. Attempt to reduce the rate at which A3 riders upgrade to A2

Current Wording.

2 (c) An A3 rider with less than 10 points at year end will carry the points earned through to the following year.

Proposed Wording.

2 (c) An A3 rider with less than 10 points at year end will carry **50%** of the points earned through to the following year.

Proposed by Mark McKinney seconded by Maurice McAllister and **carried**.

### **Motion 17**

Proposed by Newry Wheelers

Chapter T3 Upgrading. Attempt to reduce the rate at which A2 riders upgrade to A1.

Current Wording.

3 (c) An A2 rider on amassing 15 points this includes points carried from the previous year in a calendar year will be upgraded to A1 with zero points.

Proposed Wording.

3 (c) An A2 rider on amassing **20** points this includes points carried from the previous year in a calendar year will be upgraded to A1 with zero points.

Proposed by Mark McKinney seconded by Liam Walker and **carried**.

**Note ! Motions 18 and 19** refer to different changes to the same regulation, Chapter T3 3(f) in an attempt to reduce the rate at which A2 riders upgrade to A1 and remove the responsibility from the Grading Officer.

Current Wording.

3 (f) An A1 rider may apply to the National Grading Officer for a downgrade to A2 with 5 points if they fail to score 6 points in a full season at A1. Downgrades will be at the discretion of the National Grading Office (grading@cyclingireland.ie) taking account of the rider's known ability. Such requests must be made prior to the 28th February.

### **Motion 18**

Proposed by CI Road Commission

3 (f) An A1 rider at the end of the year with zero points will be graded as A2 with 5 points at the beginning of the following year, unless the rider had already been upgraded to A1 during that year.

### **Motion 19**

Proposed by Newry Wheelers

3 (f) An A1 rider with less than 6 points at year end will be automatically downgraded to A2 with 5 points.

Timmy Barry on behalf of the Road Commission requested permission to propose an amendment to their motion, and this was agreed.

**Motion 20**

Proposed by Cycling Ulster Executive

That the Capitation Levy paid to each Provincial Executive be set at €8 percapita in respect of every senior competitive licence holder.

Proposed by Tommy McCague seconded by John Breen and **carried.**

**Recommendation 1: Recommended by the CI Track Commission**

That all eligible riders selected by National Teams, must have their Track credentials / accreditation verified by the Track Commission.

Proposed by Dave Swift seconded by Jim McGuire and **carried.**

**Recommendation 2: Recommended by the CI Track Commission**

That the Track Commission should be eligible to nominate a member to sit on the selection panel for all National and International Track Teams.

Proposed by Dave Swift seconded by Philip Wade and **carried.**

**Recommendation 3: Recommended by the CI Track Commission**

That there should be clear and defined selection criteria published at the start of each year for specific track disciplines.

Proposed by Dave Swift seconded by Jim McGuire and **carried.**

**Recommendation 4: Recommended by Black Rose Racing**

That Cycling Ireland develop a fair and transparent system for selecting U23, Junior and Youth Riders for International Competitions for both Road and Track events

Proposed by Philip Wade seconded by Jack Watson and **carried.**

**Recommendation 5: Recommended by Tullamore C and T Club**

That all Cycling Ireland Leisure Members will receive a 'credit card sized' membership card, including a membership number, in the post for the calendar year 2019 and each year thereafter.

This will be only when membership has been paid in full for that year.

Withdrawn by the delegate from Tullamore C and T Club.

**Recommendation 6: Recommended by Tullamore C and T Club**

That all membership will not be increased in price for the calendar year 2019.

Withdrawn by the delegate from Tullamore C and T Club

**10) To elect an Honorary Secretary**

The following have been nominated:

- Mr Michael Concannon has been nominated by Killorglin C.C. and O'Leary Stone Kanturk C.C.
- Mr Carl Fullerton has been nominated by North Donegal C.C. and Cycling Ulster Executive

The two nominees were allowed 5 minutes each to make their presentation to the delegates but as Micheal Concannon was not in attendance his presentation was made by his son. Following a secret ballot Michael Concannon was elected for a term which was acknowledged by acclaim.

### **11) To elect an Honorary Treasurer**

The following have been nominated:

- Mr. Michael Mannix (incumbent) has been nominated by Tralee Manor West CC. As there was only one nominee he was declared elected and his election was acknowledged with applause

### **12) To elect a Board Director without Executive Post**

The following have been nominated:

- Mr Carl Fullerton (incumbent) has been nominated by North Donegal C.C. and Cycling Ulster Executive
- Mr Malcolm Goggin has been nominated by the Track Commission.
- Mr. Noel Mulroy has been nominated by Westport Covey Whs C.C.

Messrs Goggin and Mulroy both availed of their 5 mins presentation whilst Carl Fullerton declined as he had previously given his presentation. Following a secret ballot Noel Mulroy was elected for a term which was acknowledged by acclaim.

### **13) To confirm two Appointed Directors**

The following have been nominated:

- Mr. Brenda Tallon
- Mr. Dave Smyth

The two nominees, for a term, were accepted by acclaim.

### **14) Close of the AGM**

As it was now 17:30 the President declared the close of the AGM and thanked the delegates for their indulgence for what had been an extremely long day.





**PROPOSED MEMBERSHIP FEES STRUCTURE FOR 2020**

# 4

# PROPOSED MEMBERSHIP FEES STRUCTURE FOR 2020

1. Membership Fees:		Euro	Stg£
<b>A: Life Membership</b>		2,500	£2,252
<b>B: Cycling Supporter Membership (existing members only)</b>		€20	£18
<b>C: Leisure Membership (10% reduction for Perpetual 5 year recurring Direct Debit)</b>			
	Connacht, Leinster & Munster (incl €5 Provincial Levy)	€50	
	Ulster (incl €11/£10 Provincial fee) (Note 1)	€56	£50
	Family Membership (2 adult & 2 youths U14 or younger)	€85	£77
<b>D: Limited Competition: (Note 2)</b>		€80	£72
	Youth U10/U8 (born on or after 1st January 2008/2010)	€10	£9
<b>E: Full Competition: (Note 3)</b>		€135	£122
	Youth U12, U14 (born in 2004, 2005, 2006 or 2007)	€20	£18
	Youth U16 (born in 2002 or 2003)	€35	£32
	Junior (born in 2000 or 2001)	€50	£45
<b>F: Supplementary Fees:</b>			
	Unattached Fee (Applies to Limited and Full Competition over 14's)	€30	£27
	Cycling Ulster Levy (applied to Limited, Full Competition and Leisure renewals over 18)	€11	£10

1. Excluding under 18's & new Leisure members

2. Limited Competition also includes Track, Off-Road, BMX or TT specific domestic licences.

3. Students (over 18) holding a Full Competition Licence can avail of a 50% discount, They must upload suitable ID to be eligible.

<b>Average Exchange Rate (rounded)</b>	€1.11	= £1.00	€1.00 =	£0.90
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2. Club Affiliation Fees						
<b>New Clubs:</b>	€100	£90	<b>Cycle Promotions Group:</b>		€100	£90
<b>Existing Clubs:</b>	Pre 31 <sup>st</sup> December 2017	Pre 31 <sup>st</sup> January 2018	Pre 28 <sup>th</sup> February 2018	Post 28 <sup>th</sup> February 2018		
	€150	£135	€200	£180	€250	£205
					€300	£270

3. Provincial Fee - per Club			
	<b>Cycling Connacht</b>	<b>Cycling Leinster</b>	<b>Cycling Munster</b>
	€140	€130	€150

4. Temporary Membership: (ODL's)		Cycling Ireland (Leisure) Members		Non-Cycling Ireland Members	
Competitive - Senior and Masters		€10	£9	€20	£18
Competitive - Junior		€10	£9	€10	£9
Leisure - Youth	(Non-licence Holders All Year)			€2	£2
Leisure - Senior	(Non-licence Holders All Year)			€5	£5

5. Miscellaneous Fees:			
Letter of Indemnity	(Fixed-based youth training applications free of charge)	€60	£54
International Authorisation	(Required, incl passport style photo if competing in UCI races abroad)	€20	£18
Hire of Photo Finish Equipment	(Operator's costs to be borne separately by the organiser)	€30	£27
	(For each additional day)	€15	£14
All Replacement licences	(With back No.)	€20	£18
	(Without back No.)	€10	£9





# APPOINTMENT OF AUDITORS

# 5

**To Appoint OSK as Auditors for 2020 who will prepare the 2019 Statutory Accounts**





# COMMISSION REPORTS

# 6

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# 6A

COMMISSION REPORTS - ANTI-DOPING REPORT

Ensuring a clean and fair playing field across all disciplines of cycling is of paramount importance for Cycling Ireland.

During 2019, a number of anti-doping initiatives, tests and activities have been undertaken in the fight against doping.

The role of Anti-Doping Officer was undertaken by Siobhan Horgan through until 31 August when she stepped down from the position. Cycling Ireland would like to thank Siobhan for her efforts and commitment to this important function for the organisation.

The ADO role has been undertaken since September by Matt McKerrow in an interim capacity until the end of 2019. A new appointment will be made for 2020.

The ADO role includes supporting the functions of administering the Registered Testing Pool (RTP), ensuring all athletes maintain their Athlete Whereabouts requirements, administering any requests for Therapeutic Use Exemptions (TUEs) and notifying those tested of the results of any tests undertaken.

The ADO also undertakes education with coaches and athletes within training camps and via outreach at events.

The statistics of tests undertaken to date in 2019 (to 8 Oct) appear below.

The key message for all cyclists, regardless of discipline, age or ability is that anti-doping is a serious matter and you can expect you may be tested at any Cycling Ireland sanctioned event.

**Tests In 2019:**

- Out of Competition: 75 (75 negative results)
- Within Competition: 35 (35 negative results)

**Therapeutic Use Exemptions Granted: 3**

**Some of the Events where testing was undertaken in 2019:**

- Cycleways Cup
- Ras Na MBan
- National CX Championships
- Gorey 3 Day
- Tour of Ulster
- National Track Championships
- National Enduro Championships
- National Road Championships
- National Criterium Championships
- Dublin Track Challenge
- Masters Road and TT Championships

**Matt McKerrow,**  
**Interim ADO**





COMMISSION REPORTS - BMX COMMISSION REPORT

# 6B

## OVERVIEW

BMX Ireland, formed by former BMX racers, has been organising and promoting BMX Racing since 2011. In March 2014, BMX Ireland became the Cycling Ireland BMX Commission, a sub-committee of the Board of Cycling Ireland.

The BMX Commission continues to proactively engage in all operational, developmental, technical, promotional and governance of BMX Racing in Ireland. It operates under the auspices of the National Federation, Cycling Ireland, and is governed by its Procedures, Rules, Ethics and Codes of Conduct.

The 11 members of the Commission are drawn from the four provinces Leinster, Connacht, Munster and Ulster. The Commission continues to have co-opted members who provide invaluable services such as web and social media, graphic design & publications production, race reports, financial management, coaching and race day operations support. The Commission now also has a National BMX Development Coach.

## 2018 PROVINCIAL COMMISSION MEMBERS & THEIR ROLES

- Tom Campbell - Chairperson
- Nathalie Lawlor - Treasurer & National Race Director.
- Eugene Jackson - Child Safety Officer
- Kevin McShane - Ulster Provincial Member.
- Bill Mackness - Secretary & Ulster Provincial Member.
- Eamonn Wyer - National Track Development & Leinster Provincial Member.
- Shay McNally - Race registrar and Website Admin.
- Jonathon Reid - Ulster Provincial Member
- Sorcha McConnell - Commission Member.
- Derek Jolly - Munster Provincial member
- Jane Dunne - Commission Member.

## CO-OPTED COMMISSION MEMBERS & THEIR ROLES

- Lar Massey - Media Design & Branding.
- Simon Murphy - Development Squad Manager.
- Chad Gilmer - Commission Website & Email hosting and maintenance.

## NATIONAL BMX

**Development Coach** Jeremy Hayes

## ACTIVITIES AND ACHIEVEMENTS FOR 2019

### The 2019 Irish National BMX Race Series.

Round 1: April Lisburn BMX  
 Round 2: April - Lisburn BMX  
 Round 3: May - Courtown BMX  
 Round 4: June - Cork BMX  
 Round 5: July - Ratoath BMX  
 Round 6: July - Ratoath BMX  
 Round 7: September - Lucan BMX  
 Round 8: September - Lucan BMX

Event 2019	Total Entries	Boys	Girls
Round 1 Lisburn	127	99	28
Round 2 Lisburn	125	100	25
Round 3 Courtown	121	96	25
Round 4 Cork	94	76	18
Round 5 Ratoath	114	94	20
Round 6 Ratoath	113	95	18
Round 7 Lucan	115	91	24
Round 8 Lucan	114	91	23
All Irelands Cork	89	71	18
Total Unique Riders 2018	179		

The 2019 Irish National BMX Race Series was an 8 Round series run from April to September. The National Race Series began with a bang with Round 1&2 at Ulster's premier track at Lisburn BMX Club. The Courtown BMX Track held Round 3 in fantastic weather conditions. Round 4 moved to Cork BMX club with some exciting racing in dry conditions. Ratoath BMX Club hosted Round 5 & 6. Round 7 & 8 went to the premier track of the Irish BMX scene at Lucan BMX, The National Series had a total of 179 riders racing in 2018 similar to last year. The Commission fully expects rider participation to continue to grow.



## **THE 2019 ALL-IRELAND NATIONAL CHAMPIONSHIPS**

The 2019 All Ireland BMX National Championships returned in June to Cork BMX Club facility in Tramore Valley Park outside Cork City.

The All Ireland Championships is the single biggest one day race in Irish BMX and the National Champion Title is the next most coveted title after the No.1 Plate of the National Series.

The racing was fast and furious, as always, with a record number of both male and female categories racing for the glory of All Ireland Champion. The main event of the day was the Junior Men, Ireland's fastest crop of riders. The race was tight with Calvin Dunne leading the charge all day to win the coveted title and jersey for 2019. Jerseys were also awarded to the younger age categories for the first-time following changes to the BMX championships at the 2018 CI AGM.

The Cycling Ireland BMX Commission would like to thank the fantastic volunteers of Cork BMX club for their tireless work to organise and host such a top-class event. A fantastic day was had by all who attended.

## **2019 HIGHLIGHTS**

In 2019, BMX licence holders grew by 5% with 130+ riders competing at National events. The BMX Commission also works closely with clubs to encourage local participation, coaching, Commissar training and race days. BMX clubs are now established as far apart as Cork and Larne in Co Antrim. Track development is on-going.

The international highlights of the year were the BMX European championships in Valmeria Latvia and the BMX World Championships in Zolder Belgium.

8 riders competed in Latvia in July over 3 days of racing. Highlights of the weekend was Carly Hayes and Reuben Byrne securing the E2 and E3 plates in their categories.

34 riders competed in Zolder in July. Main highlight was Evan Bartley from Lucan BMX Making the final and battling hard for the World No 4 plate. Our international riders are improving year on year at this international level. The world championships move to Texas USA in 2020 with the European Championships in Dessel Belgium.



## **PLANNED ACTIVITIES AND GOALS FOR 2020**

Going forward into the 2020 season and beyond, the BMX Commission is committed to further promoting and developing BMX racing at club and national level, track building, encouraging local participation, and managing our national BMX squad to attain success at international level.

Coaching is the key word for 2020. With Level one coaching courses completed in Oct with the UCI WCC by Matthew Campbell and Eugene Jackson. Coaching programs and coach the coach programs to be rolled out at club level by newly qualified coaches.

There will be several talented riders representing Ireland at the British National series, European Championships in Belgium and the World Championships in Texas USA, in 2020.

## **TRACK DEVELOPMENT**

There has been a progressive and sustained race track and pump track building programme in place. The Commissions' National Track Development officer, Eamonn Wyer, has a busy schedule of track development and proposals across all Provinces for 2020. In 2020 we envisage 1-2 more tracks countrywide. It's a huge achievement to get these projects over the line, and to progress track development in 2020 and beyond. Big challenge for us is to assist in the development of clubs to manage these tracks.

## **NATIONAL SQUAD AND RIDER DEVELOPMENT**

The National BMX Squad is heading into its 5th season being managed by Simon Murphy and coached by Jeremy Hayes. The HP Squad consists of Matthew Malone, Calvin Dunne and Matthew Campbell.

The Junior Development squad has been phased out for 2020.

**CYCLING IRELAND BMX MEMBERS 2018/19**

	<b>Club Name</b>	<b>Province</b>	<b>Members 2018</b>	<b>Members 2019</b>	<b>Diff</b>
2	Belfast City BMX Club	Antrim	47	36	-11
3	Cork BMX Club	Cork	76	64	-12
4	Courtown BMX Club	Wexford	38	27	-11
6	East Coast Raiders BMX Club	Antrim	7	7	0
7	Lisburn BMX Club	Antrim	89	118	29
8	Lucan BMX Club	Dublin	77	82	5
10	Newry & Mourne BMX Club	Ulster	1	1	0
11	Ratoath BMX Club	Meath	53	65	12
12	St. Anne's BMX Co-op	Dublin	4	8	4
				408	16

**CONCLUSION**

BMX Racing in Ireland has now successfully completed its 8th full season with a 0% growth in riders competing at the National Series, and a 5% increase in BMX license holders. The BMX Commission continues to make steady progress in the development of BMX racing in Ireland. We are continually working to increase our 'promotional activity' for the 2020 National Race Series, which will be formulated over the winter. In the shorter term the Commission will work hard at canvassing for more top quality tracks to be built in the right places across the nation, more volunteers, more coaches to grow the sport at grass roots level.

Finally, we would like to acknowledge the invaluable support from our colleagues in Cycling Ireland. May we also offer our sincere thanks to all the volunteers who give up their spare time to assist at National Race events, Club events, Coaching, and BMX activities throughout the year.

**Tom Campbell**  
**Chairperson, BMX Ireland**

# COMMISSION REPORTS - COLLEGE OF COMMISSARIES REPORT

# 6C





## SUMMARY

The College of Commissaires organised a Basic Road Commissaire Course in February 2019 which resulted in six new Commissaires.

A Road Upgrade Course in February 2019 whereby eligible Commissaires could pursue the avenue of upgrading from Grade B to Grade A Commissaire. As of the end of 2019 six candidates have successfully passed their theoretical and practical assessments while another six candidates will undergo their practical assessment during the 2020 road season.

Congratulations to Gary McIlroy on passing the theoretical phase of the UCI Cyclo Cross International Commissaires Course at UCI headquarters in Aigle, which took place in September.

We also congratulate Paul Watson on his appointment for the Tokyo 2020 Paralympic Games.

The College of Commissaires will be focussing on the development of our current Road Commissaires in 2020 while also attempting to increase the number of Commissaires in the Track Discipline also.

## ACTIVITIES 2019

In 2019, the College of Commissaires delivered on the following:

- Commissaire Basic Course (Road)
- Commissaire Upgrade Course (Road)
- Commissaire Seminar (Road)
- Appointed Commissaires to all National Championships and International Events (Road & Track)
- Appointed the Chief Commissaire to Road Stage Races of 3 days or more
- Liaising with BMX Ireland on the review of the current BMX technical regulations.

## PLANS FOR 2020

The College of Commissaires intend to undertake the following in 2020:

- Further training courses for Road Commissaires in Judging and Timekeeping
- Refresher training course for Moto Commissaires
- Refresher training for Cyclo Cross Commissaires
- Training Course for new Track Commissaires
- Make the Road Seminar an annual event.
- Continue to appoint all Commissaires for National Championships and support Championship organisers in ensuring a consistently high standard of event is delivered.
- Reviewing and updating the Cycling Ireland Technical & Administrative Regulations in accordance with changes from the UCI & Cycling Ireland AGM



## COMMISSION MEMBERS AND ROLES 2019

(Please list all of the commission members in your commission and their roles, with their preferred email address. These details will be published in the yearbook)

Gary McIlroy	<a href="mailto:garymcilroy83@hotmail.com">garymcilroy83@hotmail.com</a>
Jack Watson	<a href="mailto:jackwatson@onetel.com">jackwatson@onetel.com</a>
Paul Watson	<a href="mailto:paulwcycling@gmail.com">paulwcycling@gmail.com</a>
Oliver McKenna	<a href="mailto:olivermckenna1@gmail.com">olivermckenna1@gmail.com</a>
John Breen	<a href="mailto:johnbreen@p-h-d.info">johnbreen@p-h-d.info</a>
Brian Jordan	<a href="mailto:brianjordan101@gmail.com">brianjordan101@gmail.com</a> (Munster Coordinator)
Laura Wilson	<a href="mailto:lwcyclingireland@gmail.com">lwcyclingireland@gmail.com</a> (Ulster Coordinator)
Pat Moss	<a href="mailto:patcepta@hotmail.com">patcepta@hotmail.com</a> (Leinster Coordinator)
Daire Mooney	<a href="mailto:connachtcycling@gmail.com">connachtcycling@gmail.com</a> (Connacht Coordinator)

**Jack Watson,**  
**Chairperson, College of Commissaires**

# COMMISSION REPORTS - CONNACHT COMMISSION REPORT

# 6D



# CONNACHT COMMISSION REPORT

## SUMMARY

The Connacht Commission has done the following;

1. Organised all relevant regional championships
2. Facilitated and supported riders in youth, junior and senior races by supporting regional and club teams in multiple national and international races
3. Established a bursary for Connacht riders wishing to race abroad
4. Promoted cycling in the province in tandem with county leagues and various Connacht clubs
5. Organised and or supported various training / development courses for members of Connacht clubs to facilitate their training, i.e. Child Protection training / Comm. Courses

## ACTIVITIES 2019

The Key Activities of the Connacht Commission are as follows;

1. Promotion and Development of leisure cycling in the province
2. Promotion of Youth Cycling in the province
3. Promotion of Racing Cycling in the province
4. Organising regional championships in road / mtb and cyclo cross
5. Administrative Activities associated with the organisation of cycling in Connacht

## ACHIEVEMENTS 2019

The Connacht Cycling Committee carried out its work in promoting and developing cycling in Connacht for 2019.

## COMMISSION MEMBERS AND ROLES 2019

The Connacht Commission have not had their AGM at time of printing so positions for 2020 have not been confirmed yet.

***Eddie Campbell,***  
***Chairperson, Connacht Commission***





COMMISSION REPORTS - LEINSTER COMMISSION REPORT

# 6E

# LEINSTER COMMISSION REPORT

## SUMMARY

Cycling Leinster continued to work on developing all aspects of cycling but it was the competitive side that took most of the focus for 2019. We worked with our representatives closely to develop our junior/youth section in both road racing and BMX primarily.

Since we had a new BMX representative on our commission it was important to assist in developing up and coming riders. Within BMX there were several days that involved coaching with international coaches, we also assisted in riders attending races in the UK to ensure they got a chance to compete at a higher level.

Cycling Leinster were able to enter 3 teams (a total of 13 riders) in the Junior Tour of Ireland. This was a big task logistically but with the assistance of parents and volunteers it was possible to give the experience of international stage racing to our young riders.

Another new development was co-opting a touring representative onto the committee which has helped us look at the needs of the leisure cyclist in Leinster.

Our women's and senior road racing team continues to develop year on year. We entered teams in all the major stage races in the country. We are also continuing to invest in the tools necessary to develop cycling in the Leinster region.

## ACTIVITIES 2019

- Providing support and back up to 3 junior teams in the Junior Tour of Ireland.
- We have started to provide assistance for our underage girls, this is in the early stages but will be continued into 2020
- Our leisure reps are developing ideas to improve the involvement of leisure riders, they have also consulted and assisted in the organisation of a number of high profile sportives.
- Providing coaching and training weekends for youth riders.
- Entering teams into all major stage races in Ireland - Rás Mumhan, Tour of Ulster, Omagh 2 Day and Ras na mBan.

## **ACHIEVEMENTS 2019**

- 2 stage wins at Rás Mumhan
- 3rd overall at Rás Mumhan
- 3 stage wins at the Tour of Ulster
- A2 overall winner Tour of Ulster
- Young rider overall Tour of Ulster
- 2nd place for team category overall Tour of Ulster
- BMX Nationals:
- 1st and 2nd Males 9yrs-10yrs
- 2nd place males 11yrs-12yrs
- 2nd place BMX Europeans (F) Under 10
- 4th place BMX Worlds (M) Under 8

***Jimmy Stagg,***  
***Chairperson, Leinster Commission***





COMMISSION REPORTS - LEISURE COMMISSION REPORT

# 6F



## OVERVIEW

The Cycling Ireland Leisure Commission continues to establish itself having been re-established in February 2018. It is comprised of a core group of 12 members, representing each of the provinces. It is important that Cycling Ireland hears from the leisure members through the Commission. To date the Leisure Commission have had a number of meetings, where the interests of the leisure community is discussed, proposals and ideas agreed with same brought to the board for consideration and or implementation.

Chairperson - John Maloney  
Secretary - Helen Kerrane  
Communications - Kieran Gardiner

## OUR VISION

Our vision continues to be the best practice Commission serving the leisure membership of Cycling Ireland, which represents the largest section of the membership totalling 16,928 members.

## OUR MISSION

To promote cycling as a lifelong activity which benefits member's mental and physical health through the continued development of leisure membership of Cycling Ireland.

## OUR VISION

- To continue to serve the best interests of existing C.I. members.
- To grow the membership and retain the current members.
- To deliver value added benefits to leisure membership of C.I.
- To be an inclusive Commission working to bring meaningful benefits to leisure members of all abilities and disciplines.
- To bring a sense of community to the leisure members and working to ensure they get the best standards available when participating in events, from facilities to safety through our ESO's.
- To provide a platform where the membership on the ground can channel their concerns and issues to the Board of Cycling Ireland.
- To bring constructive well-informed proposals and motions to the AGM each year.

## WORK CARRIED OUT TO DATE

- Continued introduction of the Rate My Ride survey for all events (Leisure and Competitive). Leisure continues to respond well to this survey with the majority of participants expressing a high percentage satisfaction rate for events.
- The introduction of Leisure Event Support Officers, giving Cycling Ireland a very important ‘on the ground representation’ at events throughout the 4 provinces. To date the ESO’s attended 15 events in 2019 and this is expected to grow to 30 events in 2020. Vital to have a presence for supporting organisers and gathering feedback from participants.
- The Authorised Event Stamp was also introduced, and it is hoped this will become a compulsory part of any event advertising. The stamp is associated with quality and representing a standard expected by Cycling Ireland members.
- Research in relation to membership cards and the need to reduce the carbon footprint of producing same.
- The introduction of ‘Leisure Event of the Month’ with winners going forward for the “Best Leisure Event of the Year” as voted by the members.
- The continuous gathering of information from the membership with regard to improving all aspects of being a Cycling Ireland member and the submission of same to the Board of Cycling Ireland as motions, recommendations and proposals for consideration.
- Supporting the AXA Community Bike Rides is also a priority for the Commission.

## GENERAL SUMMARY

The leisure membership of Cycling Ireland continues to represent a very significant section of the overall membership. The number of events continues to grow with 413 events in 2019. There is a definite growth in off-road events totalling 17. The busiest months were May and June, 66 events during each month, peaking again in September with 64. Ulster leads the way with 133 events with Dublin the leading county, hosting 47 events. Audax Ireland leads the way as a promoter with 38 events. There was a great spread of clubs with 240 different clubs running leisure events during the year.

In general, some events have seen increased numbers attending with others saw a notable decrease. The Leisure Commission have identified a number of factors for this, but the Commission wish to acknowledge the incredible work done by organisers and volunteers to get these events up and running. The standards of events continue to go in the right direction and with the presence of Cycling Ireland ESO’s, members can look forward to high quality events.

Safety is a major concern for our members and in some cases, it is an obstacle to some continuing to be actively involved in cycling, resulting in some not renewing their membership.

The Leisure Commission has examined the membership fee in response to feedback and recommend that the board consider firstly a reduction or at least to not increase the fee but with a view to increasing the one-day licence fee. Some leisure cyclists are choosing to just pay the one-day licence for a number of events instead of becoming members of C.I.



## **PLANNED FOR 2020**

- ESO's to attend a minimum of 30 leisure events to include all disciplines
- Create a greater presence on the ground at events.
- Update Event Approval Stamp for 2020.
- Continue the Rate My Event survey.
- Develop a greater presence on social media to represent the membership.
- Manage the Leisure calendar.
- Promote Registration online through Cycling Ireland.
- Promote Safe Cycling by devising and implementing Initiatives.
- Continued support for AXA Community Bike Rides.
- Promoting courses to train members as ride leaders.
- Build communication with schools and promote cycling as a healthy activity for both physical and mental well-being.
- Promote cycling as an environmentally friendly activity and an alternative means of transport for short journeys.
- Build communication with local County Councils with a view to having an input regarding cycling infrastructure at the planning stage.
- Promote and grow the leisure membership of Cycling Ireland and promote membership of cycling clubs.
- Creation of a Leisure specific Safety Statement and Risk assessment documents to assist promoters.
- Create a minimum standard of training for marshals and volunteers.

**John Maloney**  
**Chairperson, Leisure Commission**



**COMMISSION REPORTS - MUNSTER COMMISSION REPORT**

# 6G

## SUMMARY

Cycling Munster once again had a strong 2019 season, with a complete calendar both in terms of racing and leisure cycling. Cyclocross continued to develop in the province over the last year, culminating in the successful hosting of the 2019 National Cyclocross Championships by De Ronde Van Cork CC. Tralee Manor West BC bookended the season with the National Hill Climb Championships. The high point of the national racing calendar is now indisputably Rás Mumhan, and Killorglin CC and the Concannon family are to be commended for maintaining and building upon the high standards that we have come to expect of the race. The Kanturk Three Day and Charleville Two Day are also crucial in preserving the provincial racing season.

Cycling Munster Youth Academy had a stellar year promoting youth cycling within the province and providing young cyclists with the opportunity to race abroad once again, also bringing a number of youth national titles back to the province.

The junior racing scene in Munster was very strong this year, with a sharp increase in the number of junior racers compared to 2018. This was evident in the Cycling Munster teams in the Junior Tours of Ireland and Wales. We would like to congratulate Tom Moriarty on finishing the season as the top ranked junior rider in the national standings.

I would like finally to mention the exceptional work that Dan Curtin puts in to ensure the development of cyclists and the sport itself in the province. This was clear for all to see in the National Road Championships as 1st and 2nd in the Senior RR, 1st in the U23 RR and 1st and 2nd in the Junior RR were all products of Dan Curtin's work.

## ACTIVITIES 2019

The following races have taken place with the support of Cycling Munster in 2019; National Cyclocross Championships 2019, National Hill Climb Championships 2019, Rás Mumhan, Kanturk 3 Day and Charleville 2 Day.

We have supported both youth and junior teams racing abroad in 2019. Cycling Munster had teams in the Junior Tour of Ireland and the Errigal International Youth Tour. Cycling Munster also hosted youth cycling training camps, and had a national youth cycling camp in Kanturk with the assistance of O'Leary Stone Kanturk

## ACHIEVEMENTS 2019

- Hosting the National Cyclocross Championships
- Hosting the National Hill Climb Championships
- The upgrading of O'Leary Stone Kanturk's track.
- Establishing a Cycling Munster Track Academy.
- The upgrading of MTB facilities in the province.
- Junior Men, U23 Men and Senior Men RR National Champions all of Munster Origin.



## COMMISSION MEMBERS AND ROLES 2019

**President:** John Broderick

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**Secretary:** Mikey Moriarty

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**Treasurer:** John Breen

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**Calendar Coordinator:** Tom Shanahan

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**Commissaires Coordinator:** Brian Jordan

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**Youth Cycling:** Seán Moriarty

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**Junior Cycling:** Dan Curtin

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**Board Member:** Kevin Hayes

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### **Reps to the board;**

**Safeguarding Officer:** Joan Curtin

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**Leisure Rep:** Kieran Gardiner

Kieran\_gardiner@hotmail.com

**Womens' Cycling Rep:** Tomás Ó Miadhacháin

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**Cyclocross:** John Dempsey

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**MTB Rep:** Chris O'Callaghan

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**John Broderick,**

**Chairperson, Munster Commission**





**COMMISSION REPORTS - OFF-ROAD COMMISSION REPORT**

# 6H



# OFF-ROAD COMMISSION REPORT

## SUMMARY

The commission welcomed some new members on-board for 2019. It was another busy year with co-ordinating and attending the various off-road disciplines (cross-country, cyclo-cross, downhill and enduro). Many thanks to all the clubs and volunteers for hosting the many events. Accessing venues is still a major concern for off-road events with some of the events and facilities being cancelled and closed (e.g. Bike Park Ireland). Also access to forests in Northern Ireland has become more difficult with the Forestry Service no longer issuing event licences directly to clubs.

There are still plenty of people out enjoying mountain biking at the various trail centres. Getting these riders to transition across to organised events and, of course, Cycling Ireland membership is an ongoing challenge. Making them aware of the existence of Cycling Ireland would be the first step. On the World scene, off-road riders continue to represent Ireland in all four off-road disciplines with great results from our enduro and downhill riders.

Many thanks to the commission members for their hard work this past year. The commission has a website [www.offroadcyclingireland.ie](http://www.offroadcyclingireland.ie) for more information.

## ACTIVITIES AND ACHIEVEMENTS FOR 2018

**Downhill** - Just 3 rounds of the Irish Downhill Mountain bike Series (IDMS) took place this year. The National Championships took place in Kilbroney, Rostrevor in July. Details can be found on [www.irishdownhillseries.com](http://www.irishdownhillseries.com). We also provided some financial support to riders to compete at the World Downhill Championships in Mont-Sainte-Anne in Canada.

**Cross-country** - The National Point Series (NPS) was held over 4 rounds (one was cancelled) with the National Championships taking place in Tracton Woods, Co. Cork in July. More details can be found on [www.irishxcnps.ie](http://www.irishxcnps.ie). We supported two junior riders to compete in the European XCO Championships in Brno, Czech Republic.

**Enduro** - Enduro attendance figures continue to grow. The National Enduro Championships took place at Ravensdale, Co. Louth. Internationally the focus this year was on the Trophy of Nations which took place in Finale Ligure Italy. We sent two teams - Under 21 men and Senior men. We didn't have enough women competing to form a women's team.

**Cyclo-Cross** - The discipline continues to flourish across Ireland. The first UCI C2 event took place in October 2018 in Belfast. The National Championships and Youth National Championships took place in Fossa in Cork in January 2019. A great event set up by De Ronde van Cork. Five riders went to the World Championships in Denmark in February 2019. Two junior riders attended a UCI training course in Switzerland in October 2019. Training days have been held at the newly opened cyclo-cross facility at the National Sports Campus.



## ACHIEVEMENTS 2019

- Financially equal support for all four disciplines
- Cross-country team sent to European Championships
- Cyclo-cross team sent to the World Championships
- Cyclo-cross training courses held at the new centre at Abbotstown
- Downhill team sent to the World Championships
- Enduro teams sent to the Trophy of Nations

## COMMISSION MEMBERS AND ROLES 2019

Role	Name	Email address
Chair	Tim O'Regan	chair@offroadcyclingireland.ie
Secretary	Martin Grimley	secretary@offroadcyclingireland.ie
Treasurer	Paddy Daly	treasurer@offroadcyclingireland.ie
Cross-country co-ordinator	Clodagh Keane	Cross.country@offroadcyclingireland.ie
Cyclo-cross co-ordinator	Vacant post	cyclocross@offroadcyclingireland.ie
Downhill co-ordinator	Elaine Buckley	downhill@offroadcyclingireland.ie
Enduro representative	Stephen McDonald	Enduro@offroadcyclingireland.ie
Women's representative	Vacant post	Women@offroadcyclingireland.ie
Youth representative	Vacant post	Youth@offroadcyclingireland.ie

To send a collective email use [commission@offroadcyclingireland.ie](mailto:commission@offroadcyclingireland.ie)

**Tim O'Regan,**  
**Chairperson, Off-Road Commission**



COMMISSION REPORTS - PARA-CYCLING COMMISSION REPORT

61



**SUMMARY**

2019 has been an exciting and challenging year with the Paralympic games coming up in 2020. We have seen some new up and coming riders make the jump up to the elite squad.

March - We started off the season in Apeldoorn for the Track Worlds where we saw some great times and collected some valuable points towards qualifying slots for the games.

We had to 3 road world cups - Canada, Italy and Belgium. Again, these were very rewarding with riders collecting high places and securing national points for Tokyo.

September - This took us to the World Championships where we took home the Gold in the TT and Silver in the Road Race with Katie George Dunlevy & Eve McCrystal. On the men's side we had some very close calls on tough courses but again we secured more points for Tokyo 2020.

A large number of the Development and the elite squad travelled to Yorkshire to take part in the Para Road Race at the Road World Championships. We had lots of podiums and again more points. For the remainder on 2019 we will turn our attention to the Track now as we prepare for the World's in January as we travel to Canada.

None of the above could not happen without the great team of volunteers who give up their time to make sure the athletes get to train and race to support their ongoing success.

I thank you all for this, year on year you make the commitment and I will look forward to seeing you all again in 2020 when we drive for Tokyo.

***Phelim Lynch***

***Para-Commission Chairperson***





# 6J

COMMISSION REPORTS - ROAD COMMISSION REPORT



## SUMMARY

The Road Commission was responsible for the National Road Series 2019 for Female and Male riders, this was a 7 race series from early March until the end of September.

This year's series had a new element with a team competition included which was very competitive, overall participation in the series has grown again this year with the final round having strong fields in both races at the end of September.

Since its reintroduction the series has gone from strength to strength. The aim is to raise the standard of domestic riders by getting the strongest riders together more regularly.

The Road Commission also sent teams of both male and female riders to an international event Kreiz Breizh in France. This stepping-stone from domestic to international competition is key to improving standards at home and developing domestic riders.

Strong performances at this event has given a number of these riders' places with international teams for 2020. The women's team committed themselves extremely well, with 2 riders competing for the race victory with both finishing in the top ten on G.C.

The NRS has given domestic riders a realistic chance to compete internationally through their participation in National Road Series Events at home.

To further improve the level of competition at home we have a proposal today that on the day of a NRS event there will not be another event open to A1 riders, we appreciate the efforts of race promoters and acknowledge that all may not agree with our proposal.

We feel that by ensuring all of our best riders are encouraged to race together once a month that the overall standard of rider and event will rise there by closing the gap between domestic and international competition.

We hope the representatives here today can see the merit in this proposal and give it their backing. We are highly concerned at the amount of race cancellations during the year and the absence of the men's Ras from the calendar and we are actively involved in finding solutions to these challenges.

A vision document on the future development of road racing will be presented by board member Ronan McLaughlin today with the support of the Road Commission.

## ACHIEVEMENTS 2019

- National Road Series - Female rider winner Kathryn Smyth
- National Road Series - Male rider winner Connor Hennebry
- National Road Series - Team competition successfully introduced.
- Men's and Women's team's participated at international level, KBE Brittany.
- This platform has allowed a number of those riders to obtain team places abroad for 2020
- Domestic road season extended until the 22nd of September, the final round of NRS.
- 2020 - continue to give opportunities for domestic riders to gain international experience with additional events being planned.

## ACHIEVEMENTS 2019

Tim Barry	<a href="mailto:timbarry74@gmail.com">timbarry74@gmail.com</a>
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Daire Mooney	<a href="mailto:info@connachtcycling.com">info@connachtcycling.com</a>
Frank Campbell	<a href="mailto:frssports@icloud.com">frssports@icloud.com</a>
Ronan McLaughlin	<a href="mailto:ronan@panachecoaching.com">ronan@panachecoaching.com</a>

***Timmy Barry,***  
***Chairperson, Road Commission***





COMMISSION REPORTS - TRACK COMMISSION REPORT

6K

# TRACK COMMISSION REPORT

## SUMMARY

2019 was another busy year with many hours of track coaching and racing from youths to seniors and masters across Ireland.

Unfortunately, numbers were down in some events and we will be looking at this going forward to see how to improve numbers both taking part in training and competing in events. We will be looking especially towards bringing in more youth riders by engaging with schools to reinvigorate our youth/juniors' section.

We are still struggling with the lack of volunteers of coaching/timing/running events and a lack of commissaires is also a concern. Again, looking forward we will be looking to recruit and train more commissaires, timekeepers and volunteers to help with the load.

In Ulster, the Orangefield track enjoyed a full season of summer activities in 2019 with weekly sessions held between April and September.

It has been pleasing to note that there has been a greater interest from non-youth riders this year in Orangefield, and it is hoped to develop this further for 2020, with the proposed inclusion of additional sessions to accommodate different age/ability categories.

Currently in Orangefield all sessions are overseen by a minimum of two volunteers, and we have started to identify additional volunteers who could help share the current and proposed additional workload next year.

On behalf of the Commission, I would like to thank all the Volunteers/Coaches/Commissaires who turn up on a regular basis and give freely of their time even on the rainy days and all the riders/parents who support Track activities around the country.

## ACTIVITIES 2019

We have been very busy in both Sundrive and Orangefield consisting of;

At Sundrive in Dublin:

- 9 Accreditations.
- 79 Training Sessions on Saturdays and Mondays.
- 14 Derney Sessions.
- 28 Track days and club days.
- 6 rounds of the Sprinters League.
- 9 rounds of the Wednesday night league.
- 9 rounds of omnium based racing including Madison.
- 7 National Championships with a full Madison championship event in both the male and female and helped to introduce the Paracycling track Championships, which although they were not a full championship event yet were an important event to build on going forward.

- Duane Delaney omnium.
- Leinster Track Championships.
- Dublin International Track GP, which was a huge success with riders from 15 countries battling it out over 2 days in Sundrive Velodrome.
- 3 day long youth training camps.
- 2 trips to Alkmaar, Holland for the youths

In Orangefield in Belfast;

- 21 sessions comprising of ;
- Accreditation sessions.
- Training sessions.
- Squad sessions.
- The Ulster track League.
- The National Youth Track Championships.
- Ulster Track Championships.
- Ulster again fielded a Youth squad in the British Cycling Inter-Regional Track Championships in what is now an annual target, which- like all regions involved, experiences peaks and troughs year on year depending on the quantity and quality of youth riders in the system.

## ACHIEVEMENTS 2019

- Lara Gillespie has acquitted herself at the junior level bringing back medals from both the Junior Europeans and the Junior Worlds.
- Rider numbers are down but National records have been broken on a regular basis.
- Nationally there has been a good showing at Youth, Junior, Senior and Master Championships, with Ulster riders (Downey, Potts, Young etc.) continuing to feature in Cycling Irelands High performance programme and we wish them well with their Olympic qualification quest

## COMMISSION MEMBERS AND ROLES 2019

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	Eammon Byrne	0861740060	<a href="mailto:eammon.byrne@gmail.com">eammon.byrne@gmail.com</a>
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**Genevieve Sheridan,**  
**Chairperson, Track Commission**



# COMMISSION REPORTS - ULSTER COMMISSION REPORT

# 6L





The Cycling Ulster Executive began the year with a full day planning meeting in January in order to identify targets for the year ahead and beyond and to see which areas of the sport needed further development. Due to this focus we have had a year which has seen great progress in many areas as well as the continued development of the sport in the identified sections.

A key priority for the year was to improve our advocacy for the sport in general and to strengthen our relationship with bodies such as local government and the PSNI so as to ensure we are seen to be representative of

the full range of our members, from youth through to master and leisure through to competitive.

Cycling Ulster has met with sporting representatives from the various councils to look at funding opportunities, to lobby for investment in infrastructure and facilities as well as greater inclusion for cycling in their plans for the

future. We are continuing to engage with councils about getting further investment in the sport which will provide benefits to members at club level.

Greater communication with the PSNI has led to funding being awarded to Cycling Ulster through several Policing and Community Safety Partnerships (PCSP) which was used to purchase recording cameras and hi-viz gilets as part of a joint project 'Be Safe Be Seen'. We are continuing to seek support for this from other PCSPs in the North and for a similar scheme in the three counties in the southern jurisdiction.

We have increased the frequency our meetings with the PSNI which includes a focus on our road racing events. Prior to the road season we had workshops with representatives of the PSNI present where we outlined new requirements for signage and clubs were able to engage with representatives from Cycling Ulster, Cycling Ireland and the PSNI.

CU has continued to attempt to improve our support for clubs in other aspects. As well as the workshops about event safety requirements, we have worked with a supplier for discounted event signage. CU also facilitated an event for clubs to raise matters concerning insurance and have queries clarified.

During the year we provided grants to clubs to run the major events in the province ranging from the stage races through to the national road championships in Derry.

The role of the Membership Development Officer has enabled clubs to have a key point of contact at provincial level, to deal with matters relating to membership queries and identifying opportunities for them to engage with local authorities as well as make applications for various funding streams.

The various discipline commissions and advocacy groups are a vital link in our work. We held an information and training day with them at the start of the year and announced their respective budgets. We are currently carrying out a review of Commissions and have sent a survey out to clubs following a Commission Review Day. This work is ongoing and further meetings with the all the commissions are planned over the coming months in order to plan for the future. Members of the Executive are assigned to each Commission to act as a liaison officer between them and the Executive.

Supporting the development of our competitive riders remains a core component of Cycling Ulster with our Commissions assigned with the task of organising teams to represent the province.

At junior and senior level on the road and off-road there has been an emphasis on providing riders with opportunities to compete in events they would likely not be able to with their clubs. This has allowed riders to compete in events in England, Wales, the Isle of Man with the Junior Tour of Ireland the only home event on the calendar.

The Cycling Ulster Youth Academy have sent representative teams to compete in the Youth Tour of Scotland, Errigal International Youth Tour and the Inter-Regional Track Championships in Britain.

Within the BMX discipline, riders have represented their clubs in Britain and Ireland at the World Championships. The Ulster BMX Commission has organised a series of FUNdamental days as well as training and coaching days at the Lisburn BMX track. We are working closely with them and local authorities to promote the discipline and lobby for more dedicated BMX Tracks in Ulster.

The Women's Commission and our Membership Development Officer developed an initiative aimed at increasing female participation in the sport, known as the 'Women on Wheels' (WOW) project. We had 10 clubs taking part in this initiative over the summer months. The WOW project is based on CI's Bike for Life programme and received great support in Ulster and from the participating clubs. The highlight for many of the newcomers to cycling was participation in Keevan CC's Charity Sportive in August. There were over 120 new female cyclists registered for the scheme and over a third of these have become members. We hope to be able to build on the success of the WOW project for 2020 and look at similar initiatives for other areas where we need to increase participation.

Increasing our branding and image has been a further point of focus over the year. Our social media, website and logistical matters in relation to kit and vehicles for our Commissions is managed by our admin officer which enables us to increase our visible presence. This has helped the Executive to attract new sponsors and partners.

This increased visibility along with the work of our volunteers at provincial level have meant we have been able to gain sponsorship for our racing kit and vehicles which have been used to support our Commissions as well as by clubs at major events being promoted in Ulster.

Good financial management is an integral part of the Executive's work and we are keenly aware that we must be proactive in this area in order to protect our members' money. The Finance Committee has worked diligently throughout the year liaising with the Commissions regarding their budget spend. With the decrease overall in membership we reviewed our possible income against expenditure at the start of the year and adjusted our annual budget accordingly prior to being sent to Cycling Ireland.

The Safeguarding of our young people and adults at risk remains a top priority for the Executive. A number of Child Protection in Sport courses have been run free of charge for our clubs and these continue to be very popular with our members. Our Safeguarding Officer processes AccessNI Vetting checks on a regular basis. Advice is always available for any club, member or commission if



they are unsure of any aspect of their safeguarding requirements, Cycling Ulster has appointed an Executive Officer to be the Commonwealth Games Liaison Officer and a number of meetings have been held with the CWG. Closer links are being established with the CWG and we hope to have an input into their new strategy. We will start making preparations for the next games taking place in Trinidad & Tobago 2021 and Birmingham 2022 in the next few months.

CU want to ensure it is delivering for all members in order to develop all aspects of the sport. Going forward in the year ahead we will be seeking to build upon many of the areas we have been working on over the past year.

This will mean trying to increase our engagement with the various stakeholders of the sport and having greater collaboration with Cycling Ireland in order to draw in further investment in the sport.

I want to thank everyone on the CU Executive, CU Commissions, volunteers, Cycling Ireland and the clubs in Ulster for their continued efforts in supporting cycling in the province.

**Tommy McCague**  
**Chairman Cycling Ulster**



COMMISSION REPORTS - WOMEN'S COMMISSION REPORT

6M



## SUMMARY

This year has been another busy and successful year for the Women's Commission.

This year we undertook several new projects including:

- Women's Leisure Rider Recruitment Initiative
- Women's Commission Team in Rás na mBan
- Women's Commission Strategy Document

In parallel, we continued our involvement in the promotion and organisation of Off-Road cycling camps, the Corkagh Park Racing Series and the Intermediate League.

For the second year running, we entered a Women's Commission Team in the Tour of Omagh, brought a large group of riders to Manchester Velodrome, sponsored riders competing in International events through our Racing Bursary scheme, and issued the National Rider Rankings.

I would like to thank the outgoing committee for all their support and work over the past year, and to wish the new and returning Commission members every success in the year ahead.

## ACTIVITIES AND ACHIEVEMENTS 2019

The Women's Intermediate League that had been introduced in 2018 was again a great success with big fields in all four provinces. The League comprised of eight races, with Junior Lucy O'Donnell (Kanturk CC) the Overall Winner. Over one hundred riders participated.

The Women's Commission Road Team built on its first outing to the Tour of Omagh by returning to the International Stage Race this year and winning a Jersey. A Team was entered in Rás na mBan for the first time in years - the riders and support team performed well with only one rider failing to finish after sustaining injuries in a crash. We intend to return to both stage races in 2020.

The Women's Track scene continues to grow. In January we brought fourteen women to Manchester Velodrome for training and racing. It was a very successful weekend culminating in the Team competing in an Omnium hosted by the ACT Track League. We will be back racing at Manchester with a Team in January 2020.

The Racing Bursary first introduced in 2018 helped many more riders achieve their International goals in all disciplines this year. Maria Larkin - CycloCross (Belgium) and an Orwell Wheelers selection in the Youth Tour of Scotland in April were some of the beneficiaries.

In Off-Road we held a Women's Downhill Skills Development Day in Rostrevor; an Enduro skills development day in Tollymore and a BMX Coaching Day for Women in Ratoath.

We also selected a Team (Junior & U16) to compete at Round 3 of the HSBC National Trophy CX at Beach Park, Irvine in October.

The Women's Commission were successful in getting a Masters Time Trial added to the National Championships. After an Application to Cycling Ireland, the Board approved the holding of a



Demonstration Masters National Time Trial for 2019, to reach full National Status in 2020.

A Leisure initiative introduced some new members to Cycling Ireland, with the riders writing popular training and event reports for our website ([www.womenscycling.ie](http://www.womenscycling.ie)).

The Corkagh Park women's Race Series ran throughout the season with many riders taking their first steps into Road Racing.

We made some adjustments to the National Rider Ranking System that had been introduced last year and the rankings were used to determine eligibility for the Intermediate League, Team Selections and the Tour of Omagh rider categories.

Our subsidised Women's Commission Cycling Clothing range has continued to prove popular with riders this year. We also invested in some larger assets, which we hope will be used for many years to come - the Perpetual Trophy for the Intermediate League and a branded Women's Commission Gazebo. Finally, we also made financial contributions to Rás na mBan, the W3 competition in the Tour of Omagh and the upcoming Youth Track Trip to Alkmaar.

The Commission drafted a Strategy Document which was revealed for member feedback at our AGM in September. The document was submitted to the Board of Cycling Ireland for approval and was largely endorsed. This document will be very useful in directing our work for next year and will help us to build upon lessons learned.

## COMMISSION MEMBERS AND ROLES 2020

Chairperson: Róisín Kennedy  
Secretary: Brendan Whelan  
Treasurer: Silvia Gallagher

Commission Members:

Brendan Whelan	- Road and Track
John Hammond	- Corkagh Park
Liz Roche	- Youth
Lorna Reilly	- Corkagh Park
Pauline Russell	- Munster
Shaun Mc Bride	- Ulster
Silvia Gallagher	- Off- Road
Teresa Finn	- Munster

***Roisin Kennedy,***  
***Chairperson, Women's Commission***



COMMISSION REPORTS - YOUTH COMMISSION REPORT

# 6N

# YOUTH COMMISSION REPORT

## SUMMARY

In February the youth commission held a national youth training camp in Kanturk Co. Cork. This was a two day event. Under 14 and Under 16 riders from each province were welcome to attend. The camp included two days of coaching and training on road and track as well as nutritional talks and coaching. It went very well.

The youth commission used a number of key races to select squads. These included PJ Logan Cup, Ras na nOg, Kanturk 3 day and Emyvale GP. Points were awarded according to Cycling Ireland guidelines and criteria for selection.

A training camp for under 16 boys was held in Kerry in July to select teams for both the Austria Youth Tour and Errigal Youth Tour. It was decided that girls would ride for their provincial squads due to lower numbers competing in the Errigal Youth Tour.

Teams were selected for the European Youth Olympics in Baku in July, The North West Youth Tour in England in August, the Errigal Youth Tour and the Austria Youth Tour in August.

## ACTIVITIES 2019

As detailed in the summary above, a national youth training camp was held. The youth commission successfully used a number of races to select squads. A further training camp was held for selection for the Austria Youth tour and the Errigal Youth Tour.

A training camp for under 16 boys was held in Kerry in July to select teams for both the Austria Youth Tour and Errigal Youth Tour. It was decided that girls would ride for their provincial squads due to lower numbers competing in the Errigal Youth Tour.

Youth Commission Officials accompanied teams in these international events and were also present at all selection events throughout the season.

The youth commission had teams compete in:

- Errigal Youth Tour (under 14 & under 16 boys)
- North West Youth Tour UK (Under 14 boys, Under 14 girls, Under 16 boys, Under 16 girls)
- European Youth Olympics (Under 16 boys, Under 16 girls)
- Austria Youth Tour (Under 16 boys)



## ACHIEVEMENTS 2019

The key achievements in 2019 include securing 8th place in the boy's road race in the European Youth Olympics equalling Ireland's best ever result in this event. All competitors finished each event also which is quite an achievement.

The Under 16 team in Austria secured third place in general classification as well as podium finishes during this highly competitive 5 day stage race.

Teams finished on the podium and with winners in Errigal Youth Tour events in the under 14 and under 16 categories. The under 16 boys team also won the team prize.

Podium placings and wins followed in the North West Youth Tour in UK series in the under 14 and under 16 categories.

There were two successful overnight training and selection camps held in February in Kanturk, Co. Cork and June in Castlegregory, Co. Kerry.

## COMMISSION MEMBERS AND ROLES 2019

<b>Name</b>	<b>Role</b>	<b>Email</b>
Daniel Curtin	Chairperson	<a href="mailto:danielacurtin1@gmail.com">danielacurtin1@gmail.com</a>
Michael Mc Kenna	Treasurer	<a href="mailto:michaeljmckenna@hotmail.com">michaeljmckenna@hotmail.com</a>
Declan Mc Kenna	Secretary	<a href="mailto:declanmckenna@yahoo.com">declanmckenna@yahoo.com</a>
Sean Moriarty	Commission Member	<a href="mailto:seaniemoriarty2@gmail.com">seaniemoriarty2@gmail.com</a>
Elizabeth Roche	Commission Member	<a href="mailto:lizrocheyc@gmail.com">lizrocheyc@gmail.com</a>
Michael Reidy	Commission Member	<a href="mailto:mickclogher@gmail.com">mickclogher@gmail.com</a>
Maurice Mc Allister	Commission Member	<a href="mailto:maurice958@gmail.com">maurice958@gmail.com</a>

**Dan Curtin,**  
**Chairperson, Youth Commission**



# EXECUTIVE REPORTS

# 7

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EXECUTIVE REPORTS -

# 7A

CHIEF EXECUTIVE OFFICER'S REPORT



From my commencement in the role of CEO in May 2019 I have been struck by the commitment and passion of the members, volunteers, board and staff of Cycling Ireland. I'd like to thank you all for efforts and hard work in 2019; and for welcoming me into the organisation, trusting its operations and future to my stewardship.

The reports contained herein detail the many achievements and challenges experienced by the organisation in 2019. It's been a busy year.

A key project in 2019 has been the development of a Strategic Plan for Cycling Ireland for 2020-2024. Thank you all for your engagement in this process; be it via the member survey, the stakeholder interviews or the provincial and commission consultation sessions. I look forward to providing a presentation to update you on the plan development within the AGM.

The universality of cycling, its many forms, disciplines and purposes offers both a significant opportunity and strategic challenge for Cycling Ireland. It's my intention the strategic plan will provide us all with a road map to call out areas of priority and focus; and align our combined efforts to achieve our future aspirations.

Thank you to the many supporters of Cycling Ireland: Sport Ireland, Sport Northern Ireland, Dept of Transport, Tourism & Sport, Healthy Ireland, the RSA, AXA, Spin II, CycleSuperstore and recently signed sponsors Scribe, See Sense and Sports Travel International. Your resources and support are vital source of fuel for the achievements of the organisation.

Lastly, a huge thank you to the volunteers and staff of the organisation - the sport wouldn't be what it is without you.

I look forward to working with you all for the future success of cycling in Ireland.

**Matt McKerrow, Chief Executive**  
**CYCLING IRELAND**



A photograph of children riding bicycles on a paved path. In the foreground, a girl with curly hair wearing a pink helmet, a light blue hoodie with the number '82' and 'CALIFORNIA SURF CLUB' on it, and colorful patterned leggings is riding a white bicycle with a pink horn. Behind her, a boy in a grey hoodie and a girl in a red hoodie are also riding. The background shows trees and a clear sky. A large green '7B' is overlaid on the right side of the image. A white diagonal banner with green text runs across the top right.

# 7B

EXECUTIVE REPORTS - COACHING & EDUCATION PROGRAMMES REPORT

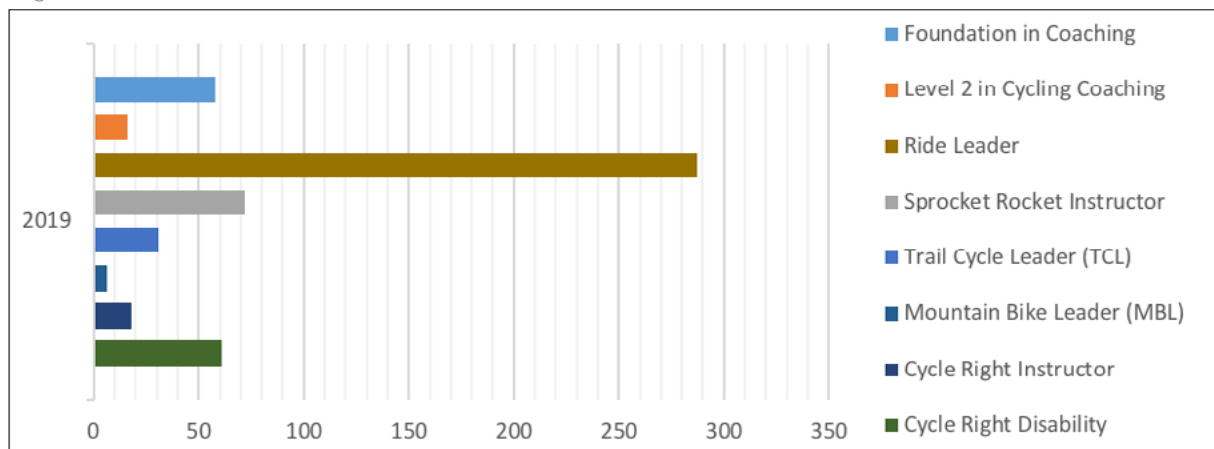




## COACHING AND EDUCATION PROGRAMMES

2019 has been another busy year for Coaching and Programmes with a lot of hard work and effort put in by the coaching and programmes staff, tutors and management. Over the course of the year we have seen an increase of Coaches, Instructors and Leaders to the tune of 549 who have attended one of 64 individual courses to date.

Figure 1.0 Number of coaches and leaders trained in 2019 as of 31st October 2019



Once again in 2019, our Ride Leader Award continues to boast hugely impressive numbers with some 287 participants having been trained up so far.



## CYCLING IRELAND PROGRAMMES

Cycling Ireland's Programmes continue to provide opportunities to participate in cycling, developing skills and knowledge for both new and experienced cyclists across a range of ages, abilities and disciplines. The suite of programmes includes:

**SPROCKET ROCKET** is a skills-based programme aimed at children aged 5 to 11 years old. Focusing on four key skills of cycling: balance, pedalling, cornering and braking in a fun environment to enhance learning. In 2019, 253 participated in the Sprocket Rocket programme across a range of clubs, schools, local sports partnerships and other community groups. The flexibility of the programme is what appeals to many as it can be adapted to suit all abilities. This year Cycling Ireland have also trained over 70 new Sprocket Rocket coaches from around the country with the skills to nurture more children into cycling in the future.



**BIKE FOR LIFE** is a "sofa to saddle" cycling programme that caters for all cyclists, from the person who has just rediscovered their bike, to the more accomplished rider who wants to take on greater challenges. 256 participants have taken part in the Bike for Life programme in 2019 which brings the cyclist on a journey of learning, where they are educated on the various skills, aspects and components of cycling in a safe, welcoming and social environment.



This year **Cycling Ireland's Bike Fest** moved around the country as part of Bike Week 22nd - 30th June. Now in its ninth year, hundreds of boys, girls and adults of all ages took part in 6 separate events and were able to access coaching, and in some venues, uplifts, to experience the enjoyment of off-road cycling and mountain biking. With the support of Biking.ie in Ticknock and Ballinastoe (3 separate events), the Gap in Dublin, Trailriders in Limerick (2 days of activity) and East Coast Adventures in Rosstrevor participants were able to access equipment to take to the bike, many for the first time in the chosen environments. In spite of some poor weather over the week, great fun was had by all and the cycling bug has bitten many.

In 2019 Cycling Ireland were successful in obtaining external funding to support cycling activity for specific groups. Utilising Cycling Ireland's current suite of programmes and linking in with a variety of clubs, coaches, local sports partnerships, community groups and other stakeholders, three significant projects include:



**Dormant Accounts** (Sport Ireland) funding supports the co-ordination and delivery of opportunities, across a suite of cycling programmes (Balance Bike and Sprocket Rocket) to people in socially, economically and educationally disadvantaged areas using a team of Activation Officers equipped with bikes, helmets and supporting equipment which are critical to its success.

The project is particularly focused on targeting 4,000 participants from DEIS schools and primary aged children from disadvantaged areas. To date 3,843 children have taken part in a 5-week Balance Bike/Sprocket Rocket programmes with a further 915 children to be completed by year end. Courses have been delivered in the following areas: Clare, Cork, Donegal, Kilkenny, Monaghan, Cavan, Wexford and Wicklow.

*"The most beneficial programme that has come into the school. The children absolutely loved it. It ran like clockwork and the coaches were fantastic. Lots of listening skills, turn taking. Learning cycling skills, such as using brakes correctly, how to use their feet, getting on and off a bike. Allowed children to 'shine', particularly those with academic difficulties." - Quote from one of the schools taking part in the programme*

**Women in Sport** (Sport Ireland). Since 2005 the Sport Ireland Women in Sport Programme has funded a wide range of initiatives delivered by NGBs to further the agenda of gender equality in sport. Sport Ireland has now renewed its commitment to women in sport through the development of a Women in Sport Policy and significant injection of funding in this area. Sport Ireland has identified four target areas for immediate attention: Coaching and Officiating, Active Participation, Leadership and Governance, Visibility.



2020 will see the introduction of ‘Bike like me’ a brand-new overarching programme that intends to directly address each of the target areas, as set out in the Sport Ireland Policy on Women in Sport. Cycling Ireland have also signed up to 20x20 charter with the Federation of Irish Sport which will feed into all the work within the area of Women in Sport.



**Keep Ireland Cycling** (Healthy Ireland) is a brand-new initiative, directly addressing a range of target action areas, as set out in the National Sports Policy 2018-2027. Through ‘Keep Ireland Cycling’ we will address an emerging gap that exists between interventions and activations and what happens after the participant has participated. Highlighting a need for our developmental programmes and activities to be interlinked with a marketing and communications framework to promote, signpost and encourage sustained participation.

**Margo Finnegan, Programmes Coordinator, Cycling Ireland**

## CYCLE RIGHT – NATIONAL CYCLE SAFETY STANDARD



Following the programme launch at the start of 2017, Cycle Right recorded participation of over 15,000 in that year, and for 2018, recorded over 20,000 participants by year end. Participation levels for 2019 are on target to reach 25,000 with schools in 25 counties accessing training throughout the year. Further increase in participation is planned for 2020 continuing the move towards establishing the programme as a fully, nationally accessible cycling road safety standard.

As the managing and training body for Cycle Right, Cycling Ireland has overseen continued growth and success of the programme, and has seen the commitment of increased substantial funding from the Department of Transport, Tourism and Sport and the Road Safety Authority, both organisations



acknowledging the benefits of the programme. Funding from An Taisce and many local authorities/ local sports partnerships is also committed to the programme in many areas, as well as continued Healthy Ireland support.

As well as co-ordinating the approval, administration and funding process for the programme, Cycling Ireland continues the oversight of the annual registration and quality assurance programme which features annual visits with trainers on site to ensure continued quality of delivery. Trainer courses continue to roll out, and with confirmed increased funding for Cycle Right in 2020, remain in demand.

Moving forward, Cycling Ireland continues to work with the Road Safety Authority on the rollout of adult training at Stages Two and Three of Cycle Right. This training focuses on the skills needed to develop cyclists who are confident and competent in the Irish road environment. In partnership with NTA Smarter Travel following the pilot programme in June 2018 to train individuals in corporate, third level and other organisations to be able to offer training to their colleagues, a further course took place in the University of Limerick in early 2019. This offered training to individuals in corporates based in the city with the aim of supporting individuals wishing to get involved as commuting cyclists. A further course in Dublin is planned for later this year and it is hoped that the training will have an impact on the commuting habits of those working in the particular organisation.

As a further development in the adult training arena, an online resource is currently in development. This will allow those taking the course to self educate in their own time. Aspects critical to competence on the road will feature and will prepare and support those intending to take practical training. Custom films highlighting particular aspects of the road environment for cyclists will feature in support of this resource.

The Cycle Right Disabilities Trainer module is being used by trainers to offer training in special schools round the country, and also to Learn to Cycle programmes promoted by the Sports Inclusion Disability Officers in various Local Sports Partnerships(LSPs). The training offering to healthcare professionals and those working with individuals with particular needs in the education sector including LSPs has been very well received with seven day-long, train-the-trainer courses delivered round the country to date in 2019.

Additional resource material to support all areas of Cycle Right has been added to [www.cycleright.ie](http://www.cycleright.ie) and is openly accessible. There is also a suite of resources around Learning with a Disability, and a guide for trainers to support individuals who may wish to use specialised equipment such as tandems or hand cycles.

***Barbara Connolly, Cycle Right Development Officer, Cycling Ireland***



## AXA COMMUNITY BIKE RIDES

In partnership with  Cycling Ireland has partnered with AXA Insurance to create AXA Community Bike Rides, an exciting new programme that inspires people all over Ireland to get out on their bikes. The programme provides free, social bike rides in local communities led by trained and vetted volunteer leaders. It is facilitated by an online platform ([www.axacommunitybikerides.com](http://www.axacommunitybikerides.com)) which advertises each bike ride and tracks all participation, rewarding members when they achieve certain milestones e.g. complete 10 bike rides, receive a branded buff.

The programme was piloted in April with 21 leaders across 10 Counties. Following this, the programme was officially launched in August and there are now over 1,000+ members on the website with over 50+ leaders volunteering across 18 Counties in the various locations displayed on the map.

All leaders are required to lead a minimum of 10 rides per year at dates and times suitable to their availability and capacity. They have the option of leading two types of rides; easy going or challenging and these are defined by the leader who decides on all aspects of their individual rides.

Members can sign up for free and take part in any bike ride, once they arrive with a roadworthy bike and helmet. Over 220+ bike rides have taken place to date thanks to our activated volunteer leaders.



AXA Insurance have committed to a three-year partnership (2018-2021) and are delighted to be supporting this initiative which is completely free for all participants and leaders, and fully insured through Cycling Ireland. For more information on taking part or becoming a volunteer leader in your area, please check out [www.axacommunitybikerides.com](http://www.axacommunitybikerides.com).

***Mary Corry, AXA Community Bike Rides Development Officer, Cycling Ireland***

## **THANKS AND ACKNOWLEDGEMENT**

Cycling Ireland would like to acknowledge the hugely valuable input into all our programmes and projects by tutors, clubs, local sport partnerships, schools, coaches, leader, activation officers, volunteers, parents who all contributed in 2019. The success of all our activities would not be possible without the dedicated support of our growing network of coaches, leaders and volunteers. "Thank You"

***Rachel Ormrod, Coach Education and Programmes Manager, Cycling Ireland***





# 7c

## EXECUTIVE REPORTS - EVENTS REPORT

## EVENTS REPORT

We had another great year of high quality events in Ireland, international races such as the Rás na mBan, Junior Tour of Ireland and the Dublin Track Cycling International flying the flag for Ireland on the international scene.

The 2019 Dublin Track Cycling International was a great success and still holds the mantle as the only UCI Class 1 event in Ireland. The event continues to grow and still has the ability to attract a very international field.

The National Road Series continues to perform and produce great racing for Ireland's elite competitors. The series promotes 7 events throughout the season, with each province hosting at least one event.

The club activities remain very strong with over 975 events being promoted nationwide across both the competitive and leisure disciplines. A huge thank you to all our volunteers for their dedication and support throughout the year.

Event Type	BMX	Leisure	Off Road	Road	Track	Grand Total
Audax		46				46
Criterium				57		57
Cross-Country			30			30
Cyclo-Cross			34			34
Down Hill			19			19
Enduro			21			21
Hill Climb				13		13
Off Road		17				17
Paracycling Road Race				1		1
Paracycling Time Trial				8		8
Paracycling Track					1	1
Race	24					24
Road		350		3		353
Road Race				266		266
Team Time Trial				4		4
Time Trial				53		53
Track Omnium					1	1
Track Race					16	16
(blank)	1		4	5	1	11
<b>Grand Total</b>	<b>25</b>	<b>413</b>	<b>108</b>	<b>410</b>	<b>19</b>	<b>975</b>

## RATE-MY-EVENT SURVEY

This year again, we surveyed of all events for the entire country. The survey was sent to promoters each week who then made the survey available to the event participants. Here are the main points.

	<b>Leisure</b>	<b>Road</b>	<b>Off Road</b>	<b>BMX</b>	<b>Track</b>	<b>Overall</b>
Number of Events with Responses	161	87	21	6	5	280
Number of Responses	3018	1056	336	115	44	4569
% of Responses that Indicate CI membership	69%	96%	86%	91%	70%	77%
<b>Responses with Excellent or Above Average</b>						
Registration	92%	85%	90%	91%	85%	90%
Information received before the event	86%	83%	85%	92%	70%	86%
Sign-on	92%	89%	89%	91%	87%	91%
Event Management	93%	91%	91%	92%	91%	93%
Safety	91%	86%	89%	94%	75%	90%
Route	93%	88%	89%	86%	68%	91%
Value for money	88%	80%	86%	92%	81%	86%
Overall Satisfaction	95%	92%	94%	94%	91%	94%
Recommend (Extremely or Very Likely)	94%	91%	93%	94%	88%	93%
Experience (>3 years)	61%	68%	67%	33%	75%	63%



## **CYCLING ULSTER/IRELAND MEMBERSHIP DEVELOPMENT OFFICER REPORT**

### **PCSP “SAFER CYCLING PROJECT”**

Over the last 12 months we have engaged with the “Police and Community Safety Partnerships” PCSPs and several local councils to obtain support and resources for cycling clubs. To date the PCSPs in the ABC, and Fermanagh and Omagh council areas have committed £10,000 in support and resources to their cycling clubs. It is hoped that the others will follow with similar support in the coming months.

### **CLUBMARK**

At present there are 13 clubs in Ulster signed up to and who have begun the process of establishing ClubMark in their clubs and include: Ards CC, Killinchy CC, Banbridge CC, Ballymena CC, Cavehill MTB, Titanic CC, Foyle CC, Dunloy CC, Harps CC, Shimna CC, Square Wheels CC, Apollo CC, and Dromara CC. Old Bleach CC were the first club to achieve Clubmark with Cycling Ireland. It is planned to roll Clubmark out to all clubs in Ireland during 2020.

### **CLUBS DEVELOPMENT BOOKLET AND CLUB SECTION OF CYCLING IRELAND WEBSITE**

A new club’s resource for all cycling clubs will be available which is the Cycling Ireland Club Development Booklet in early 2020. This new resource is currently with designers for completion and printing and will be distributed to all cycling clubs.

### **COACH EDUCATION COURSES**

Foundation Courses 2019: (31 people)  
Ride Leader Courses - Sept 2018 - Sept 2019:  
2018 (55 people)  
2019 (125 people to date)  
Sprocket Rocket Training Courses 2019 (12 people)  
Social Media Training 2019 (12 people)  
Generating Income 2019 (16 people)  
First Aid Training 2019 (22 people)

### **CLUB DEVELOPMENT COURSES**

Bike for Life Programmes 2019 (160 participants)  
Sprocket Rocket Programmes 2019 (220 Participants)

## **ENGAGE HER PROJECT 2019**

The Cycling Ulster Executive Committee and Apollo CC took part in a 10-month pilot project with “Sported NI” in the area of engaging more women and girls into the sport. The committee and club took part in “Engaging with Women and Girls Insight Training” and were provided with support to develop an Engagement Plan to help them to develop their understanding and work in this area. Through the development and review of women and girl’s engagement plans, the Apollo CC will be equipped and enabled to sustain delivery of existing women and girl’s activity and to further attract new women and girls to activities.

This training with Sported NI also resulted in the development of a new “Women on Wheels” project which was facilitated by the CU Women’s Commission and engaged 10 cycling clubs in the development of women into the sport and the running of a participation programme that concluded with a Sportive in August 2019 at Keevan CC. The WOW 2019 project was a fantastic success and all the clubs who participated increased their female membership. WOW2 will be delivered in 2020 for all interested clubs.

## **CLUB WORKFORCE PROJECT**

During 2020 an assessment of current Club Workforce in clubs in Ulster and the areas for potential development with the current and newly established cycling clubs will take place. This assessment of the current club workforce currently in Cycling Clubs in Ulster will help identify the key areas, counties, and clubs for growth in Ulster.

## **PARK CYCLE PROJECT 2020**

In partnership with the Public Health Agency and several local councils in NI, to establish a new “Park Cycle / Cycle on The Park” programme for participants and cyclists in partnership with local cycling clubs supporting the facilitation of the “Park Cycle” initiatives with opportunities for follow-on membership.

## **GREAT BELFAST BIKE RIDE 2020**

Plans are currently underway in partnership with Belfast City Council, Cycling Ireland and Cycling Ulster in the development of a “Great Belfast Bike Ride” for members and will complement the already established “Great Dublin Bike Ride”. Further information will be provided in early 2020 to all clubs on how their members can participate.

**GREAT DUBLIN BIKE RIDE**

2019 was a successful year for the Great Dublin Bike Ride, we had a drop off in numbers but our new home in the Phoenix Park was a great success and something we will build on. This year we added a family cycle and we were encouraged by the response and families interested in taking part. We acknowledge the support from Sport Ireland, Dublin City Council, Healthy Ireland and Fingal County Council, whose contribution to the event is invaluable. This event is key for all funders and enables so many government groups to engage with the cycling community on so many levels.

The event engaged with over 500 volunteers over the weekend, on the course and the food stops. The support we receive from the local community in Dublin City and North County Dublin is what makes this event a huge success. We are indebted to our volunteers who put in the long hours to ensure all cyclists are safe and fed throughout the event.

This year’s event attracted 5587 participants, which is a decrease in numbers. We are back to the drawing board to reinvigorate the event for next year.

	<b>No. of Participants</b>
2015	3082
2016	5064
2017	6001
2018	6746
2019	5587

	<b>Participants</b>	<b>Percentage</b>
Male	3905	72%
Female	1518	28%

	<b>Participants</b>	<b>Percentage</b>
CI Member	1186	22%
Non-CI Member	4372	78%

<b>CI Membership Sold</b>	40
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This inclusive and non-timed cycling event saw cyclists of all abilities take part with all 32 counties in Ireland represented on the day with participants ranging from 16-85 years old.

The Great Dublin Bike Ride as an event reaches out to new cyclists and gives them the opportunity to train and ride a mass participation event of this type in a relatively controlled environment. We hope this event will encourage the new cyclists to consider more cycling activities with the longer view of joining one of our many clubs.



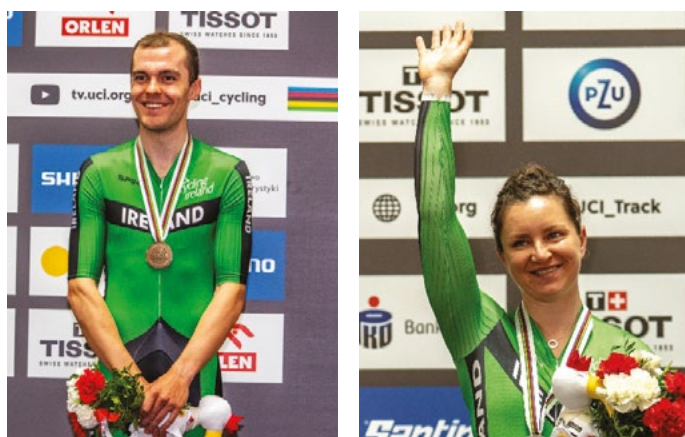


**7D**  
**EXECUTIVE REPORTS - HIGH PERFORMANCE REPORT**

# HIGH PERFORMANCE REPORT

2019 marked another hugely successful year for Cycling Ireland's High-Performance programme, securing a total of 22 medals in Class 1 international events and above across Junior, U23 and Elite Olympic and Paralympic Road and Track disciplines. 10 of these medals were at European and World Championships, and the squad has won 4 World Cup medals to date.

Lydia Boylan and Mark Downey kick-started the medal winning streak with career best performances securing a Silver and Bronze medals respectively in the UCI Elite Track Cycling World Championships in Pruszkow, Poland. Both medals came in the points race. These medals were the first for Team Ireland at the World Championships in 5 years. This competition also saw a top 10 finish and a new national record for the Women's Team Pursuit.



Mark Dowling with bronze and Lydia Boylan with their silver medals from the Track World Championships in Pruszkow, Poland this year

The Olympic track programme was not alone in their World Championships medal winning performances with Ronan Grimes stepping up to secure a Silver medal in the 1km Time Trial a week later at the UCI Para-Cycling Track World Championships in Apeldoorn.



Ronan Grimes with this silver from the 1k TT at the Para-Cycling Track World Championships in Apeldoorn, Netherlands

The month of May saw the Paralympic team travel to the UCI Para-Cycling World Cup in Ostend, Belgium with 5 out of 6 bikes securing top 10 finishes. Here, Grimes carried on his world class performances with two top-5 finishes, Declan Slevin also secured a top 5 finish. Katie George Dunlevy and Eve McCrystal continues their domination of the discipline by taking double Gold, winning both the time trial and road race. This was only the beginning of their world medal performances, with the pair securing a Gold medal in the time trial and a Silver medal in the road race at the UCI Paracycling World Road Championships in September.





Olympic, European and World champion tandem pair Katie George Dunlevy and Eve McCrystal following another World Championship win this year in the TT at the Para-Cycling World Championships



Lara Gillespie found her way back onto the podium in July at the UEC Junior European Track Championships winning three Silver medals in the scratch, points and individual pursuit. Lara carried this form into the Junior World Track Cycling Championships with a bronze medal ride in the individual pursuit.

These results saw Lara catapulted into the elite team with a top 10 performance in the UEC Elite European track championships and a national record-breaking contribution in the Team Pursuit at the track cycling World Cup in Minsk, shattering the previous record with a stonking 4:25:543.

Lara Gillespie following her silver medal winning ride in the Points race at the at the Junior European Championships

August was a successful month on the road with a 6th place finish for Sam Bennett at the European Road Racing Championships. There was also a historic performance from 19-year-old Irish rider Ben Healy in the U23 equivalent of the Tour de France. Healy rode his way to a stage win in the 5th stage of the Tour de l'Avenir, out-gunning his opponents across the 158.9 kilometres. Healy is the first Irish winner of a stage of this prestigious event since Nicholas Roche in 2006 and his father before him, Stephen Roche, in 1981.



Ben Healy celebrates a historic win of the 5th stage of the Tour de l'Avenir 2019



In the same month, the para-cycling road team travelled to the Bai-Comeau Road World Cup in Canada. This was another impressive outing for the team with Ronan Grimes clinching a bronze medal in the time trial and top 10 finishes from the remainder of the team, including Declan Slevin, the pairing of Damien Vereker and Paul Forristal on the tandem, Chris Burns, and Gary O'Reilly. September saw the UCI World Road Championships come to Harrogate. Torrential rain resulted in a wash-out for the elite men and women in the Road Race. Ben Healy finish 15th in the U23 time trial and Maeve Gallagher and Lara Gillespie were in the top 6 before a crash in the final corner just before the finish line. Both young women carried their bikes across the finish line, a gutsy and extremely encouraging performance for them both, and these strong performances boding well for the future of Irish women's professional cycling.



Maeve Gallagher's gutsy performance during the Junior Road Race at the World Championships in Yorkshire this year before being taken out in the last corner

October brought the beginning of the Elite track cycling season with things kicking off in Apeldoorn at the UEC Elite track cycling European championships. Shannon McCurley was the first to step up to the plate locking in a Silver medal in the scratch race and setting the tone for the weekend. A valiant effort from Kelly Murphy saw her break the national record in the individual pursuit slashing almost 4 seconds off the previous time and narrowly missing out on a bronze medal in the 3rd/4th place ride off.

Two weeks later saw the track team travel to Minsk, Belarus, for the first of 5-track world cup's before Christmas. Here the women's team pursuit would break the national record for a second time this year shaving nearly 4 seconds off the time set in March. The team then travelled directly from Minsk to Glasgow for the second World Cup. Here Felix English out classed his opponents on his way to a superb Gold medal in the scratch race and the women's Madison duo of Lydia Boylan and Lydia Gurley picked up a 6th place finish securing further Olympic qualifying points and solidifying their place in the Olympic rankings.



Clockwise from top left: Shann on McCurley celebrating a silver in the track World Cup in Minsk in November, Felix English punches the air following Gold at the track World Cup in Glasgow, Kelly Murphy preparing for her ride off en route to 4th in the Individual Pursuit at the European Championships, and the women's team pursuit on the way to a record breaking time in Minsk

The introduction of Martyn Irvine and Thomas Evans into the coaching team in 2019 has proved successful and has added another level of experience to the coaching team. Finally, I would like to thank the staff, many volunteers and support personnel who have played their role in delivering a successful 2019.

**Brian Nugent**  
**Technical Director**



# EXECUTIVE REPORTS - MARKETING & COMMUNICATIONS REPORT

# 7E





The development of Cycling Ireland's Marketing, Communications and Sponsorship functions was identified as a key priority in 2019. Cycling Ireland appointed Scott Graham to the role of Marketing & Communications Manager in August 2019 after a comprehensive recruitment process. Scott joined the organisation from one of Europe's leading sports marketing agencies, Teneo, where he was a Senior Consultant, with clients and governing bodies including Vhl, Aer Lingus, Canterbury, Kingspan, SPAR, IRFU, FAI, GAA, and Sport Ireland.

## SPONSORSHIP

Cycling Ireland has partnered with AXA Insurance to create **AXA Community Bike Rides**, an exciting new programme that inspires people all over the Republic of Ireland and Northern Ireland to get out on their bikes. AXA Community Bike Rides are free social leisure rides for adults of all ages and abilities.

The programme officially launched on August 27th and has been very successful to date. Cycling Ireland is working with AXA on a major digital and outdoor advertising campaign which is expected to increase visibility and participation in 2020. The partnership is a great example of the value Cycling Ireland has to offer brands.



AXA Community Bike Rides Launch by Cycling Ireland at the Sport Ireland Campus

Looking ahead to 2020, Cycling Ireland has developed a sponsorship strategy in order to identify opportunities and look to attract partners across key areas and programmes. A great deal of progress has been made over the past 2 months as we welcome **Sports Travel International** as Cycling Ireland's Official Travel Partner and **See.Sense** as Official Bike Lights & Ride Insights Supplier.

**Sports Travel International** is one of Ireland's leading sports travel companies specialising in cycling and running tours and events. The company is an official tour operator for all three Grand Tours - the Tour de France, Giro d'Italia and La Vuelta a España, as well as iconic Classics such as Paris Roubaix and the Tour of Flanders.



**See.Sense** is another great partnership for Cycling Ireland and will enhance the experience and safety of members of the cycling community and deliver exclusive benefits to Cycling Ireland members. To kick things off we sent a 30% discount code to members.





We will shortly launch an exciting new partnership with a leading Sport Nutrition company. Their support will help fuel our elite riders and raise the profile of cycling through marketing campaigns and media activity. A nutrition partnership has been a high priority since the appointment of CI's new Marketing & Communications Manager, so it is very pleasing to form a partnership with such a renowned company in a short period of time.

As well as sports nutrition, we will very soon announce a partnership with a global brand involved in the manufacture of bike trainers and bike computers. There are some exciting plans in place to develop a **Virtual National Championships**. This has potential for a big area of growth in the cycling world and shows a new, innovative side to Cycling Ireland which it is hoped will attract a new audience and offer something exciting for cyclists of all abilities.

Cycling Ireland is engaged in positive discussions with several more brands and it is hoped that further partnerships can be agreed and announced in the coming months, reflective of cycling's status as one of Ireland's largest participation sports.

## COMMUNICATIONS & MARKETING

Several new developments in the area of communications and marketing are planned for 2020. Among these is the development of a new website that will be mobile optimised, easy to navigate and provides an online experience that reflects the status and position of Cycling Ireland. The website is often the first point of contact between Cycling Ireland and our prospective members, participants, corporate sponsors and advocates and therefore needs to be overhauled to better reflect our offering.

On completion of the new strategic plan, a review of Cycling Ireland's brand identity will be undertaken. It is noted that there are some inconsistencies in how Cycling Ireland is represented and the CI brand should represent the universality of cycling across its many forms at all ages and stages.

Growing our digital reach is a key focus and some strides have been made across Cycling Ireland's social media channels to date. A series of promotional videos have been published over the past number of months including 'Cross is Coming!' - a social media campaign which promoted cyclocross events to 30,000 people and Cycling Ireland content from the European Track Cycling Championships had a reach of 248,500 people across CI social channels. These are just two recent examples of Cycling Ireland's activation of social media. We will continue to invest in the production of quality content throughout 2020 as well as in a social media marketing campaign to promote the membership offer to leisure and racing cyclists. A major challenge for the year ahead will be to halt the decline in membership over the past 2 years.



## MEDIA

Across all sports, a lack of media coverage is often cited as an issue and cycling is no different. This being said good progress has been made and positive relationships fostered between Cycling Ireland and members of the media. In what I believe is a first for Cycling Ireland, we hosted a media conference ahead of the Road World Championships in Yorkshire which was positively received by the media and succeeded in generating additional coverage for Team Ireland.

In one example of media coverage generated, Shannon McCurley's Silver medal from the Track European Championships was covered on RTE News, across all major radio stations, Irish Times, Irish Independent and all major online publications. In the days after Shannon's win, interviews were scheduled with Game On 2FM and Irish Times.

Throughout 2020 we will look to build on this approach and provide more access to riders, sharing their stories and selling the sport of cycling. 2020 presents a particularly big opportunity with the Olympic and Paralympic Games set to take place.



The BBC speaking with Sam Bennett at Cycling Ireland's UCI Road World Championships Media Event



RTE News coverage of Shannon McCurley's European Championships Silver Medal

## STAFFING

Additional capacity and resourcing are required to further professionalise the communications and marketing functions and enhance the level of service provided to members. Therefore, Cycling Ireland has applied for funding to support the recruitment of a **Communications Officer** in early 2020. If successful in our funding application, it is envisaged the position will commence in March 2020.

To help deliver best in class levels of customer service and enhance communication with members, Cycling Ireland has recruited a **Membership Administration Team Leader** to support the dedicated and hard-working team currently in place. The successful candidate will be announced shortly and is set to take up the role in mid-December.

We look forward to working with members and stakeholders to deliver upon the vision set out in the new Strategic Plan.

***Scott Graham, Marketing & Communications Manager, Cycling Ireland***



# 7F

EXECUTIVE REPORTS - MEMBERSHIP REPORT





2019 saw a slight decrease in membership numbers, but encouragingly a much smaller decrease than in previous years, with 25,005 members this year. The predicted 10% decrease of 2018 ended up being less than 5%.

Licence Type		2019	2018	2017	2016	2015	2014
Full Competition - A+	A+	11	13	11	11	10	10
Full Competition - A1	A1	216	268	307	266	190	196
Full Competition - A2	A2	391	407	398	380	270	252
Full Competition - A3	A3	1026	898	901	980	1,224	1,009
Full Competition - A4	A4	1326	1,485	1,757	1,778	1,539	1,404
Full Competition Total		2,970	3,071	3,374	3,415	3,223	2,871
<b>Youth &amp; Juniors</b>							
Youth U8	U8	439	440	602	561	504	355
Youth U10	U10	359	318	432	400	324	232
Youth U12	U12	466	519	626	599	675	450
Youth U14	U14	423	448	492	580	610	509
Youth U16	U16	291	360	362	417	441	361
Juniors with Full Comp Lic	JR	241	256	282	304	299	256
Youth & Juniors Total		2,219	2,341	2,796	2,861	2,853	2,163
Limited Competition	LC	2891	2973	3,455	3,726	3,502	3,108
Leisure	NC	16725	17,762	19,474	13,152	11,263	8,671
Introductory/new Member	IM				5,234	6,943	6,389
Cycling Supporter	CS	198	159	144	129		
Other Categories Total		24,805	21,187	23,073	22,241	21,708	18,168
<b>Membership Total</b>		<b>25,003</b>	<b>26,306</b>	<b>29,233</b>	<b>28,517</b>	<b>27,794</b>	<b>23,217</b>

Key initiatives this year include the introduction of a new license type for Leisure members. Brought in to achieve the aim of phasing out anniversary licenses, the Leisure 20 membership offered new and renewing members the option of an expiry date of the 31st December 2020 from August 2019 by adding the cost of the extra months onto the membership proportionally. There was a great take-up on this option, and it has brought a significant number of renewal dates forward.

This process will be accelerated going into 2020 with discounts offered in the earlier part of the year proportional to the month the license is taken out, and a scheme similar to the Leisure 20 membership being offered from the latter part of the year onwards. This will bring large numbers of renewal dates to the 31st of December 2021, by making an attractive offer to new members and renewing alike. It will also go some way to helping clubs with their administrative load throughout the year.

## MEMBERSHIP SYSTEM

2019 saw significant movement on revising and reshaping the membership system for 2020. The phased system implemented in 2020 will be a space that is relevant and useful to members participation in the sport. It will showcase the breadth of activities that are available and undertaken by Cycling Ireland, and develop stronger links to their cycling communities and other disciplines and educational opportunities offered by Cycling Ireland by providing a much improved user experience, mobile functionality and a straightforward, accessible and easily navigable design.

The club section of the system will be much improved. Clubs will be able to easily set up and administer their events, download forms, upload risk assessments, apply for indemnities and all other event related activities through the portal. They can send in surveys and reports from their event through the portal. They will also have a club cart through which they can pay for items such as indemnities, One Day licenses etc.

The system will handle entries for events, complying with the rules of the sport where applicable (eg. Youth, age category races, masters etc. where only the correct license types are allowed to enter). Clubs can download and upload all relevant material for the running of the event, such as risk assessments, indemnity requests, sign on sheets, one day licenses, start sheets/entry lists and upload marketing material for their event.

The calendar will be integrated within it, so members can see what events are coming up, and later in the implementation process what courses are available to them and when.

The system will engage the member with CI as an organisation and open up the possibilities of both the sport of cycling and Cycling Ireland as an NGB for the member.

It aims to be a system that is intuitive, inclusive and accessible to everyone. CI aim to be a diverse, inclusive and progressive NGB, and the membership system will have the necessary flexibility and accessibility to reflect this, for our members, staff and the hundreds of volunteers involved in running the sport.

There will be a phased implementation over the course of 2020 as we develop and test new features as the year goes on. The hope is to encourage membership by improving the members interaction with the system, and make it a relevant, useful and pleasant experience for the member.

## MEMBERSHIP BENEFITS

The following benefits and discounts are available to members of Cycling Ireland in addition to personal accident and third-party liability insurance cover.

**Cycle Superstore** - €20 voucher and 12.5% discount

**See.Sense Lights** - 30% discount

**Scribe Wheels** - 5% discount

**A1 Coaching** - 50% off lactate testing

**Bike Fit Studio** - €50 voucher

**Bikemo Insurance** - 10% discount

**Bicycle Design Centre** - 15% discount

**DLB Cycles** - 10% discount

**Easy Motion Bikes** - €200 off bikes

**Great Dublin Bike Ride** - 10% discount

**Getting in the Zone Fitness** - €100 voucher

**Humphries Cycles** - 10% discount

**Spun Cycles** - 20% off parts and accessories

**Staggs Cycles** - 12.5% off accessories, 5% off bikes

Cycling Ireland is continuously working to enhance the membership offer and deliver excellent value for money to members.

***Deborah Madden, Sports Administrator***





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DIRECTORS REPORT

The board of Cycling Ireland has had the continued financial security of the organisation as one of the key drivers of its activity during the year. The critical factor affecting this is the recruitment and retention of members. In setting the budget the board took the position that membership would decline by 10%. This was considered prudent. The board and the staff of Cycling Ireland undertook to ensure that membership should not decline to that level and a combination of targeted contact and some new programs ensured that the outcome was less than half of the worst-case prediction. The board is not satisfied that memberships should be in decline and recruitment and retention must remain at the centre of all activity in the federation.

Cycling Ireland moved its offices to National Sports Campus early in 2019, this move offered numerous opportunities for staff to be closer to other NGB's and closer to our sports partner like Sport Ireland, Sports institute and Paralympics Ireland. This left Kelly Roche House empty however the building was offered for leasing and a tenant is now in place.

Dr Tom Daly undertook to carry out the work to gather together an archive of cycling material from the earliest times to about 2007. He was very successful in this task and a substantial body of archive material is now safely stored in the archives at University College Dublin. The organisation owes a considerable debt of gratitude to Dr. Daly for his efforts.

There was considerable staff turnover in late 2018 and early 2019. John Foley filled the role of Acting CEO until May of 2019 when Matt McKerrow took on the role of CEO. Other key positions in marketing and safeguarding as well as in administration have been filled.

In sporting matters the board has approved a set of selection criteria for youth activities. Also approved were a High-Performance Appeals Panel and the principles underlying HP selection criteria. A review of HP performance and activity has proven to be a bigger task than initially predicted. The review is close to completion and will be used to inform planning for the way HP is managed in the new Strategy Plan.

Work to replace the existing Strategy Plan is underway. A presentation will be given to this Congress. The finalised document should be approved in January.

One of the most exciting developments is the development of the AXA Community bike rides. This partnership between AXA and Cycling Ireland will present Cycling Ireland and its clubs with considerable opportunities to recruit new members. The program is under the direction of Mary Corry and Rachel Ormond and the board is very grateful for the amount of work both have put into this project.

It is the intention of the board to eliminate the issuing of "anniversary licences" and to return to a system where all licenses are issued from January 1st annually from 2021. The benefits to clubs and predicting of the organisation's finances where the main motivations for the return to January 1st start date.

The board and staff of the company are moving ahead with a phased program of IT development. The office has migrated to Sage for management of its financial affairs. The board is investigating proposals to develop or to change the membership management system that is in place. The

rollout of the e-news piece weekly “Upcoming Events” has been a wonderful innovation and with an updated IT system communication with members will improve.

The Coaching Level 2 module was developed/updated simultaneously with the delivery of a Level 2 coaching course over a number of months in 2018/2019. Certification of the course participants should be in early 2020.

Safety is an area that is paramount to the organisation and its members, we have engaged with event safety officers over the last 3 seasons but the board is cognisant of safety at all events and a Safety Review is being set up to examine the planning and operation of events particularly on the road to ensure a higher level of safety.



E.G.M. - PROPOSED CONSTITUTION CHANGES & CORRECTIONS

9



Sequence	Page No.	Reference	Original Text	Revised Text	Change	Category
1	1				Remove a single quotation mark	Typo
2	2	Memo 3	The main object for which the Company is established is to encourage, develop and organise cycling on the island of Ireland including but not exclusively racing and leisure cycling".	The main object for which the Company is established is to encourage, develop and organise cycling on the island of Ireland including but not exclusively racing and leisure cycling.	Remove repeated words "is established" and remove single quotation mark at the end of the sentence	Typo
3	3	Memo 51	To act in concert or make any arrangements with any Department of State, Corporation, Conservancy, Fishery or other Board or Local Authority or Body Public or Private, now or hereafter constituted or with any residents in the neighbourhood or property of the Company with reference of the objects aforesaid.	To act in concert or make any arrangements with any Department of State, Corporation, Conservancy, Fishery or other Board or Local Authority or Body Public or Private, now or hereafter constituted or with any residents in the neighbourhood or property of the Company with reference of the objects aforesaid.	Correct the spelling of "neighbourhood" to "neighborhood"	Typo
4	5	Memo 12	Provided that the company shall not support with its funds or endeavor to impose on or procure to be observed by its members or others any regulation or restriction which if an object of the Trade Union.	Provided that the company shall not support with its funds or endeavour to impose on or procure to be observed by its members or others any regulation or restriction which if an object of the company would make it a Trade Union.	Correct the spelling of "endeavor" to "endeavour"	Typo
5	6	Definitions and Preliminaries - 7th definition	"Company" means IRISH CYCLING FEDERATION;	"Company" means IRISH CYCLING FEDERATION;	Remove extraneous full stop	Typo
7	7	Line 15	AS a member of the UCI the Company recognises its obligations to comply with the Regulations of the UCI. In the case of any conflict between these Regulations and the Regulations of the UCI the Regulations shall prevail.	As a member of the UCI the Company recognises its obligations to comply with the Regulations of the UCI. In the case of any conflict between these Articles and the Regulations of the UCI the Regulations shall prevail.	Change AS to As	Typo
8	8	Art 6	An Affiliated Club - Any club constituted to promote and develop the activity of cycling and is in accordance with the bye laws of the Company may be admitted to membership of the Company. A club wishing to be affiliated to the Company, shall pay an annual subscription determined by the Annual General Meeting from time to time.	An Affiliated Club - Any club constituted to promote and develop the activity of cycling and is in accordance with the bye laws of the Company may be admitted to membership of the Company. A club wishing to be affiliated to the Company shall pay an annual subscription determined by the Annual General Meeting from time to time.	Remove a comma	Typo

Sequence	Page No.	Reference	Original Text	Revised Text	Change	Category
8	8	Art 6	An Affiliated Club - Any club constituted to promote and develop the activity of cycling and is in accordance with the laws of the Company may be admitted to membership of the Company. A club wishing to be affiliated to the Company, shall pay an annual subscription determined by the Annual General Meeting from time to time.	An Affiliated Club - Any club constituted to promote and develop the activity of cycling and is in accordance with the bye laws of the Company may be admitted to membership of the Company. A club wishing to be affiliated to the Company shall pay an annual subscription determined by the Annual General Meeting from time to time.	Remove a comma	Typo
11	9	Art 12	An Un-Attached Member - a private individual not being a member of an Affiliated Club who, wishing to be affiliated to the Company, shall pay an annual subscription determined by the Annual General Meeting from time to time.	An Un-Attached Member - a private individual not being a member of an Affiliated Club who, wishing to be affiliated to the Company shall pay an annual subscription determined by the Annual General Meeting from time to time.	Remove a comma	Typo
13	14	Heading between Art 32 and Art 33			Remove super-script 4	Typo
14	16	Art 34 c	between 50 and 99 members shall be entitled to have 4 Delegates attend at any General Meeting of the Company;	between 50 and 99 members shall be entitled to have 4 Delegates attend at any General Meeting of the Company;	Correct the spelling of "entitled" to "entitled"	Typo
15	16	Heading above Art 37			Insert a space	Typo
22	19	Art 43	he Board shall manage the business of the Company in accordance with the powers delegated to it under Article 50 hereof.	The Board shall manage the business of the Company in accordance with the powers delegated to it under Articles 60 to 70 hereof.	Change 50 to 60 to 70	Typo
24	21	Art 59 to Art 62			Renumbering	Typo
26	26	Art 81	Each such dispute or difference shall be referred to Just Sport Ireland (JSI) for final and binding arbitration by a single arbitrator in accordance with the JSI Arbitration Rules and in accordance with the Arbitration Act 2010 as amended.	Each such dispute or difference shall be referred to Sport Ireland's dispute resolution body for final and binding arbitration by a single arbitrator in accordance with their Arbitration Rules and in accordance with the Arbitration Act 2010 as amended.	Remove the specific reference to Just Sport Ireland and replace it with a generic reference to Sport Ireland	Update



Sequence	Page No.	Reference	Original Text	Revised Text	Change	Category
6	6	13th definition	"Term" means the time between three successive Annual General Meetings.;	"Term" means the time between four successive Annual General Meetings;	Change 3 to 4 Remove extraneous full stop	Term
20	18	Art 41	Subject to the provisions of Article 42, a person appointed to the Board shall occupy that position for a Term or until he resigns or ceases to be a Board Member.	Subject to the provisions of Article 42, a person appointed to the Board shall occupy that position for a Term or until he shall resign or cease to be a Board Member. A Board Member who resigns from the Board may not seek election to the Board at the General meeting immediately following their resignation	Addition of a condition preventing a director who had resigned from standing for election at the next election	Term
23	19	Art 44	At each Annual General Meeting of the Company at least 50% of the Board Members shall retire by rotation. The persons who shall retire shall be those who have served a Term. If the appropriate number cannot be decided in this manner or some other manner the person or persons to retire shall be drawn by lots among the Board Members, . so, however, that at no Annual General Meeting shall all three holders of the Executive Posts retire. For the avoidance of doubt however, the provisions of this Article 44 shall not apply to the Appointed Directors.	At each Annual General Meeting of the Company at least two of the elected Board Members shall retire by rotation. The persons who shall retire shall be those who have served a Term. If the appropriate number cannot be decided in this manner or some other manner the person or persons to retire shall be drawn by lots among the Board Members so that at no Annual General Meeting shall all three holders of the Executive Posts retire. For the avoidance of doubt however, the provisions of this Article 44 shall not apply to the Appointed Directors.	Change 50% to 2. Add elected before board members. Remove "however and 2 commas	Term
19	18	Art 39	Persons whom it is intended putting forward for election to the executive posts of President, Federation Secretary or Treasurer shall be nominated as standing for election for each such respective post. The President, Board Secretary and Treasurer shall be elected by the Annual General Meeting to fill each of those posts respectively and the other Board Members not holding executive posts shall also be elected, for a term, from time to time by the Annual General Meeting.	Persons whom it is intended putting forward for election to the executive posts of President, Federation Secretary or Treasurer shall be nominated as standing for election for each such respective post. Persons whom it is intended putting forward for election to the post of President must previously have served at least one term as a Board Member of The Irish Cycling Federation. The President, Board Secretary and Treasurer shall be elected by the Annual General Meeting to fill each of those posts respectively and the other Board Members not holding executive posts shall also be elected, for a term, from time to time by the Annual General Meeting.	Addition of a condition to ensure a candidate for President will have served a term as a board member of CI	President

Sequence	Page No.	Reference	Original Text	Revised Text	Change	Category
21	18	Art 42	The maximum number of consecutive Terms of a Board member (and for the avoidance of doubt this includes the Appointed Directors) may serve is three. An exception which applies to this maximum number of consecutive Terms served by a Board Member, is in circumstances where there are no candidates nominated for the post of Treasurer or Federation Secretary in accordance with article 38 when they have reached their maximum number of consecutive Terms. In this case a vote shall be taken at the Annual General Meeting at which the relevant Board Member should retire to decide on whether or not to grant the Board Member in question one additional consecutive Term, if he so desires. If the relevant Board Member chooses not to serve for that additional Term then nominations for the relevant Board Member position may be sought from the delegates attending the Annual General Meeting.	The maximum number of consecutive Terms a Board member (and for the avoidance of doubt this includes the Appointed Directors) may serve is three. An exception applies to this maximum number of consecutive Terms served by a Board Member who is elected to the role of President having first served as a Board Member. Such a person may serve one additional term subject to the condition that the absolute maximum number of consecutive terms the person serves does not exceed four	Granting of an additional term to a board member becoming President. Removal of special conditions for Treasurer and Secretary	President
16	16	Art 37 b	The Board will have the power to co-opt up to four persons with specialist business skills (the Appointed Directors), such persons may be re-appointed on a recommendation of the Board and with the agreement of the next Annual General Meeting.	The Board, on the nomination of the President, will have the power to co-opt up to four persons with specialist business skills or to satisfy the requirement that the board should reflect the diversity of the membership (the Appointed Directors. The length such appointments will be from the date of the appointment by the board to the conclusion of the next Annual General Meeting of the company.	Change to the way Appointed Directors become board members	Appointed Directors
17	17	Art 37 c	Any Board Member appointed as an Appointed Director may be removed as a Board Member by a resolution to this effect passed by the Board. Any Board Member appointed under the category of Appointed Director shall not be entitled to vote on any such resolution for the removal as a Board Member of a person of that category.	Any Board Member appointed as an Appointed Director may be removed as a Board Member by a resolution to this effect passed by the Board. Any Board Member appointed under the category of Appointed Director shall not be entitled to vote on any such resolution for the removal as a Board Member of a person of that category. A co-opted director may not serve more than nine consecutive years on the board	Specific time limit for Appointed Directors	Appointed Directors

Sequence	Page No.	Reference	Original Text	Revised Text	Change	Category
18	17	Art 37d	The Board should ensure to the greatest possible extent that at all times one of the Board Members is female.	The Board should ensure to the greatest possible extent that the membership of the Board reflects the diversity of the membership of the Irish Cycling Federation.	Removes the requirement for minimum of one female director and replaces the condition with one referring to the diversity of the membership	Gender and diversity on the board
10	9	Art 11	Honorary Members shall have the right to attend and at the discretion of the chair to speak at, general meetings of the Company but shall not form part of the quorum or have the right to vote.	Honorary Members shall have the right to attend and at the discretion of the chair to speak at, general meetings of the Company but shall not form part of the quorum or have the right to vote except when they are nominated as delegates from an affiliated club.	Allow honorary members to be delegates from clubs	Honorary Members
9	9	Art 8	A Club Member is a private individual being a member of an Affiliated Club who, wishing to be affiliated to the Company shall pay an annual subscription determined by the Annual General Meeting from time to time.	A Club Member is a private individual being a member of an Affiliated Club who, has paid the annual subscription to Cycling Ireland determined by the Annual General Meeting from time to time.	Rewrite the conditions for membership	Membership
12	13	Art 27 b	any motion in the Prescribed Motion(s) form or nomination in the Prescribed Nomination(s) Form as invited pursuant to Article 27a shall be notified to the Company Secretary in writing not less than 50 Clear Days before the date for holding of the AGM (the Prescribed Time). Each such motion in the Prescribed Motion(s) Form notified to the Company Secretary within the Prescribed Time will deal with one subject only;	Any motion in the Prescribed Motion(s) form or nomination in the Prescribed Nomination(s) Form as invited pursuant to Article 27a shall be notified to the Company Secretary in writing not less than 60 Clear Days before the date for holding of the AGM (the Prescribed Time). Each such motion in the Prescribed Motion(s) Form notified to the Company Secretary within the Prescribed Time will deal with one subject only;	Change 50 to 60	Closing dates for motions and nominations
25	22	Art 62		The Board shall determine the financial awards made to all subcommittees. This does not apply to provincial fees and/or levies that are set by the members of each province	New article on finance of sub-committees	Finance of sub-committees





# APPENDICES

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c Organisation Structure	135

Registered number: 134567

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND  
ACCOUNTS 2018**

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND  
REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**COMPANY INFORMATION**

<b>Directors</b>	Micheal Concannon (appointed 10 November 2018) Noel Mulroy (appointed 10 November 2018) Jack Watson (resigned 10 November 2018) Anthony Mitchell Ciaran McKenna Carl Fullerton (resigned 10 November 2018) Michael Mannix Eugene Terence Moriarty Gillian McDarby Brendan Tallon Dave Smyth Ronan McLaughlin
<b>Company secretary</b>	Micheal Concannon
<b>Registered number</b>	134567
<b>Registered office</b>	The Clock House National Sports Campus Snugborough Road Dublin 15
<b>Independent auditors</b>	OSK Audit Limited Eastpoint Plaza Eastpoint Dublin 3
<b>Bankers</b>	Bank of Ireland 33 Aaran Quay Smithfield Dublin 7
<b>Solicitors</b>	Lemans Solicitors 8 - 34 Percy Place Dublin 2

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**DIRECTORS' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

The directors present their annual report and the audited financial statements for the year ended 31 December 2018.

**Directors' responsibilities statement**

The directors are responsible for preparing the Directors' report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare the financial statements for each financial year giving a true and fair view of the state of affairs of the company. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice in Ireland, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying Section 1A of the standard, which is issued by the Financial Reporting Council.

Under company law, the directors must not approve the financial statements unless they are satisfied they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date, of the surplus or deficit for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company's financial statements and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Principal activities**

The principal activity of the company is the organisation, development and promotion of cycling in Ireland.

**Results**

The surplus for the year, after taxation, amounted to €39,331 (2017 - €197,068).



**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**Directors and secretary's interests**

The present membership of the board is as listed below. No director has any beneficial interest in the company.

The directors who served during the year were:

Micheal Concannon (appointed 10 November 2018)  
Noel Mulroy (appointed 10 November 2018)  
Jack Watson (resigned 10 November 2018)  
Anthony Mitchell  
Ciaran McKenna  
Carl Fullerton (resigned 10 November 2018)  
Michael Mannix  
Eugene Terence Moriarty  
Gillian McDarby  
Brendan Tallon  
Dave Smyth  
Ronan McLaughlin

**Company secretary**

Micheal Concannon replaced Geoff Liffey as company secretary on 10th November 2018.

**Principal risks and uncertainties**

In common with all companies operating in Ireland in this sector, the company faces risks and uncertainties such as reduced government funding. The directors are of the opinion that the company is well positioned to manage these risks.

**Environmental matters**

The company will seek to minimise adverse impacts on the environment from its activities, whilst continuing to address health, safety and economic issues. The company has complied with all applicable legislation and regulations.

**Accounting records**

The measures taken by the directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records, are the employment of appropriately qualified accounting personnel and the maintenance of computerised accounting systems. The company's accounting records are maintained at the company's registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15.

**DIRECTORS' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**Statement on relevant audit information**

Each of the persons who are directors at the time when this Directors' report is approved has confirmed that:

- so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware, and
- the director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the company's auditors are aware of that information.

**Auditors**

The auditors, OSK Audit Limited, were appointed during the year and have expressed their willingness to continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board and signed on its behalf.



**Ciaran McKenna**  
Director

Date: 12 July 2019



**Michael Mannix**  
Director

Date: 12 July 2019

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

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**Report on the audit of the financial statements**

**Opinion**

We have audited the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland (the 'company') for the year ended 31 December 2018, which comprise the income and expenditure account, the Statement of financial position, the Statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' applying section 1A of that standard.

In our opinion, the accompanying financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2018 and of its profit for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which ISA (Ireland) 570 requires us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.



**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)**

**Other information**

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

**Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND (CONTINUED)**

**Respective responsibilities and restrictions on use**

**Responsibilities of directors for the financial statements**

As explained more fully in the Directors' responsibilities statement on page 1, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA-700-\(Ireland\)](https://www.iaasa.ie/Publications/ISA-700-(Ireland)). This description forms part of our Auditors' report.

**The purpose of our audit work and to whom we owe our responsibilities**

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

  
Brian Dignam  
for and on behalf of  
**OSK Audit Limited**  
Statutory Audit Firm  
Eastpoint Plaza  
Eastpoint  
Dublin 3

12 July 2019

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

	Note	2018 €	2017 €
Income		4,214,083	3,647,891
Administrative expenses		(4,174,752)	(3,450,823)
<b>Operating surplus</b>	3	<b>39,331</b>	<b>197,068</b>
<b>Surplus after tax</b>		<b>39,331</b>	<b>197,068</b>
Retained earnings at the beginning of the year		436,473	239,405
Surplus for the year		39,331	197,068
<b>Retained earnings at the end of the year</b>		<b>475,804</b>	<b>436,473</b>

There were no recognised gains or losses for 2018 or 2017 other than those included in the income and expenditure account.

Signed on behalf of the board:

  
Ciaran McKenna

Director

Date: 12 July 2019

  
Michael Mannix

Director

The notes on pages 10 to 17 form part of these financial statements.



**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**


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**STATEMENT OF FINANCIAL POSITION  
AS AT 31 DECEMBER 2018**

	Note	2018 €	2017 €
<b>Fixed assets</b>			
Tangible assets	6	<u>731,394</u>	<u>400,837</u>
		<b>731,394</b>	<b>400,837</b>
<b>Current assets</b>			
Stocks	7	3,800	7,920
Debtors: amounts falling due within one year	8	481,021	316,192
Cash at bank and in hand	9	<u>994,102</u>	<u>738,967</u>
		<b>1,478,923</b>	<b>1,063,079</b>
Creditors: amounts falling due within one year	10	<u>(1,139,930)</u>	<u>(745,387)</u>
<b>Net current assets</b>		<b>338,993</b>	<b>317,692</b>
<b>Total assets less current liabilities</b>		<b>1,070,387</b>	<b>718,529</b>
Creditors: amounts falling due after more than one year	11	<u>(187,388)</u>	<u>(74,861)</u>
<b>Net assets</b>		<b>882,999</b>	<b>643,668</b>
<b>Reserves</b>			
Revaluation reserve	13	407,195	207,195
Revenue reserves	13	<u>475,804</u>	<u>436,473</u>
<b>Members' funds</b>		<b>882,999</b>	<b>643,668</b>

These financial statements have been prepared in accordance with the small companies regime.

The financial statements were approved and authorised for issue by the board:

  
**Ciaran McKenna**  
Director  
Date: 12 July 2019

  
**Michael Mannix**  
Director

**IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND**

**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

	2018	2017
	€	€
<b>Cash flows from operating activities</b>		
Surplus for the financial year	39,331	197,068
<b>Adjustments for:</b>		
Amortisation of intangible assets	31,982	(61,659)
Depreciation of tangible assets	85,422	87,433
Loss on disposal of tangible assets	-	19,110
Government grants	69,204	31,562
Decrease/(increase) in stocks	4,120	(3,360)
(Increase)/decrease in debtors	(161,985)	23,727
Increase in creditors	405,883	146,246
<b>Net cash generated from operating activities</b>	<b>473,957</b>	<b>440,127</b>
<b>Cash flows from investing activities</b>		
Purchase of tangible fixed assets	(215,979)	(29,953)
<b>Net cash from investing activities</b>	<b>(215,979)</b>	<b>(29,953)</b>
<b>Net increase in cash and cash equivalents</b>	<b>257,978</b>	<b>410,174</b>
Cash and cash equivalents at beginning of year	736,124	325,950
<b>Cash and cash equivalents at the end of year</b>	<b>994,102</b>	<b>736,124</b>
<b>Cash and cash equivalents at the end of year comprise:</b>		
Cash at bank and in hand	994,102	736,124
<b>Net funds at 31st December</b>	<b>994,102</b>	<b>736,124</b>

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**1. General information**

The financial statements comprise of the income and expenditure account, the statement of financial position, cash flow statement and related notes that constitute the financial statements of Irish Cycling Federation CLG T/A Cycling Ireland for the financial year 31st December 2018.

The Irish Cycling Federation CLG T/A Cycling Ireland is a company limited by guarantee having no share capital, incorporated and registered in the Republic of Ireland (CRO number: 134567). The registered office at The Clock House, National Sports Campus, Snugborough Road, Dublin 15 which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' report.

**Statement of compliance**

The financial statements have been prepared in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (FRS 102), applying section 1A of that standard.

**2. Accounting policies**

**2.1 Basis of preparation of financial statements**

The financial statements have been prepared on the going concern basis in accordance with the historical cost convention modified to include certain items at fair value. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 The Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland issued by the Financial Reporting Council. The company qualifies as a small company for the period, as defined by section 280A of that Act, in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Act and Section 1A of FRS 102.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements:

**2.2 Foreign currency translation**

**Functional and presentation currency**

The company's functional and presentational currency is Euros.

**Transactions and balances**

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

**2.3 Income**

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the revenue can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.



**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**2. Accounting policies (continued)**

**2.4 Capital grants**

Government grants in respect of capital expenditure are treated as deferred income and are credited to the Income and Expenditure account over the estimated useful life of the assets to which they relate.

**2.5 Borrowing costs**

All borrowing costs are recognised in the Statement of income and retained earnings in the year in which they are incurred.

**2.6 Pensions**

**Defined contribution pension plan**

The company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payment obligations.

The contributions are recognised as an expense in the income and expenditure account when they fall due. Amounts not paid are shown in accruals as a liability in the statement of financial position. The assets of the plan are held separately from the company in independently administered funds.

**2.7 Government grants**

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the income and expenditure account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the income and expenditure account in the same period as the related expenditure.

OSK confirm that Sport Ireland grants received during the year were expended for the purpose for which they were intended.

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**2. Accounting policies (continued)**

**2.8 Tangible fixed assets**

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	- 2.27% on straight line basis
Motor vehicles	- 25% on a reducing balance basis
Fixtures and fittings	- 10% on a reducing balance basis
Cycling and other equipment	- 33% on a reducing balance basis
Computer equipment	- 33% on a reducing balance basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

**2.9 Stocks**

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first out basis. Work in progress and finished goods include labour and attributable overheads.

**2.10 Debtors**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**2.11 Cash and cash equivalents**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**2.12 Creditors**

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**2. Accounting policies (continued)**

**2.13 Financial instruments**

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in non-puttable ordinary shares.

**3. Surplus on ordinary activities**

The surplus is stated after charging:

	<b>2018</b>	<b>2017</b>
	<b>€</b>	<b>€</b>
Depreciation of tangible fixed assets	<b>85,422</b>	<b>87,434</b>
Exchange differences	<b>3,925</b>	<b>36,643</b>
Defined contribution pension cost	<b>7,177</b>	<b>7,014</b>
	<b>=====</b>	<b>=====</b>

**4. Employees**

The average monthly number of employees, including the directors, during the year was as follows:

No directors emoluments were paid during the year (2016 - nil).

	<b>2018</b>	<b>2017</b>
	<b>No.</b>	<b>No.</b>
Employees	<b>18</b>	<b>16</b>
	<b>=====</b>	<b>=====</b>
Number of employees whose benefits (excluding pension) are €60,000 or greater:		
€60,000	2	2
€70,000	1	0
€80,000	0	1

**5. Taxation**

The Irish Cycling Federation CLG is exempt from Corporation Tax in Ireland. The company is fully tax compliant.



**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**6. Tangible fixed assets**

	Freehold property €	Motor vehicles €	Fixtures & fittings €	Computer equipment €	Cycling & other equipment €
<b>Cost or valuation</b>					
At 1 January 2018	250,000	57,676	125,543	272,397	830,259
Additions	-	37,095	11,983	22,588	144,313
Revaluations	200,000	-	-	-	-
At 31 December 2018	<u>450,000</u>	<u>94,771</u>	<u>137,526</u>	<u>294,985</u>	<u>974,572</u>
<b>Depreciation</b>					
At 1 January 2018	34,092	55,985	87,148	215,820	741,993
Charge for the year on owned assets	5,682	9,697	5,038	26,386	38,619
At 31 December 2018	<u>39,774</u>	<u>65,682</u>	<u>92,186</u>	<u>242,206</u>	<u>780,612</u>
<b>Net book value</b>					
At 31 December 2018	<u>410,226</u>	<u>29,089</u>	<u>45,340</u>	<u>52,779</u>	<u>193,960</u>
At 31 December 2017	<u>215,908</u>	<u>1,691</u>	<u>38,395</u>	<u>56,577</u>	<u>88,266</u>
					<b>Total €</b>
<b>Cost or valuation</b>					
At 1 January 2018					1,535,875
Additions					215,979
Revaluations					200,000
At 31 December 2018					<u>1,951,854</u>
<b>Depreciation</b>					
At 1 January 2018					1,135,038
Charge for the year on owned assets					85,422
At 31 December 2018					<u>1,220,460</u>
<b>Net book value</b>					
At 31 December 2018					<u>731,394</u>
At 31 December 2017					<u>400,837</u>

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**6. Tangible fixed assets (continued)**

The Freehold Property located at 619 North Circular, Dublin 1 was revalued as at 31st December 2018 by REA Grimes, 34 Pembroke Street, Dublin 2, as set out in their report dated 1st March 2019. The valuation was commissioned by the Irish Cycling Federation. The basis of the valuation used was the current open market value of the property.

**7. Stocks**

	2018	2017
	€	€
Finished goods and goods for resale	3,800	7,920
	<u>3,800</u>	<u>7,920</u>

**8. Debtors**

	2018	2017
	€	€
Provincial executive funds	221,742	233,083
Other debtors	164,843	84,676
Prepayments and accrued income	94,436	1,276
	<u>481,021</u>	<u>319,035</u>

Provincial Executive Funds represent the cash balances held by the four Provinces at the 31st December 2018 now included in the consolidates accounts with corresponding credit balances in Creditors amounts falling due with one year

**9. Cash and cash equivalents**

	2018	2017
	€	€
Cash at bank and in hand	994,102	736,124
	<u>994,102</u>	<u>736,124</u>

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**10. Creditors: Amounts falling due within one year**

	2018 €	2017 €
Provincial executive funds	221,742	233,083
Deferred income	355,133	355,696
PAYE/PRSI	56,327	18,283
Other creditors	210,874	10,165
Accruals	295,854	128,160
	<u>1,139,930</u>	<u>745,387</u>

**11. Creditors: Amounts falling due after more than one year**

	2018 €	2017 €
Government grants received	187,388	74,861
	<u>187,388</u>	<u>74,861</u>

**12. Capital grant deferral**

	2018 €	2017 €
<b>Received and Receivable</b>		
At 1 January	782,143	750,582
Receivable during the year	144,511	31,562
<b>At 31 December</b>	<u>926,654</u>	<u>782,144</u>
<b>Amortisation</b>		
At 1 January	707,283	645,624
Credit to income and expenditure account	31,978	61,659
<b>At 31 December</b>	<u>739,261</u>	<u>707,283</u>
 Net balance at 31 December	 <u>187,393</u>	 <u>74,861</u>



**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

**13. Reserves**

**Revaluation reserve**

This represents the cumulative effect of revaluations of the freehold property.

**Revenue reserve**

The Revenue reserve represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to / from other reserves.

**14. Company status**

The company is limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding €1.27 towards the assets of the company in the event of liquidation.

**15. Pension commitments**

The company operates a defined pension contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund amounted to €7,177 (2017 - €7,014).

**16. Post balance sheet events**

There have been no significant events affecting the company since the year end.

**17. Approval of financial statements**

The board of directors approved these financial statements for issue on 12 July 2019

## IRISH CYCLING FEDERATION CLG T/A CYCLING IRELAND

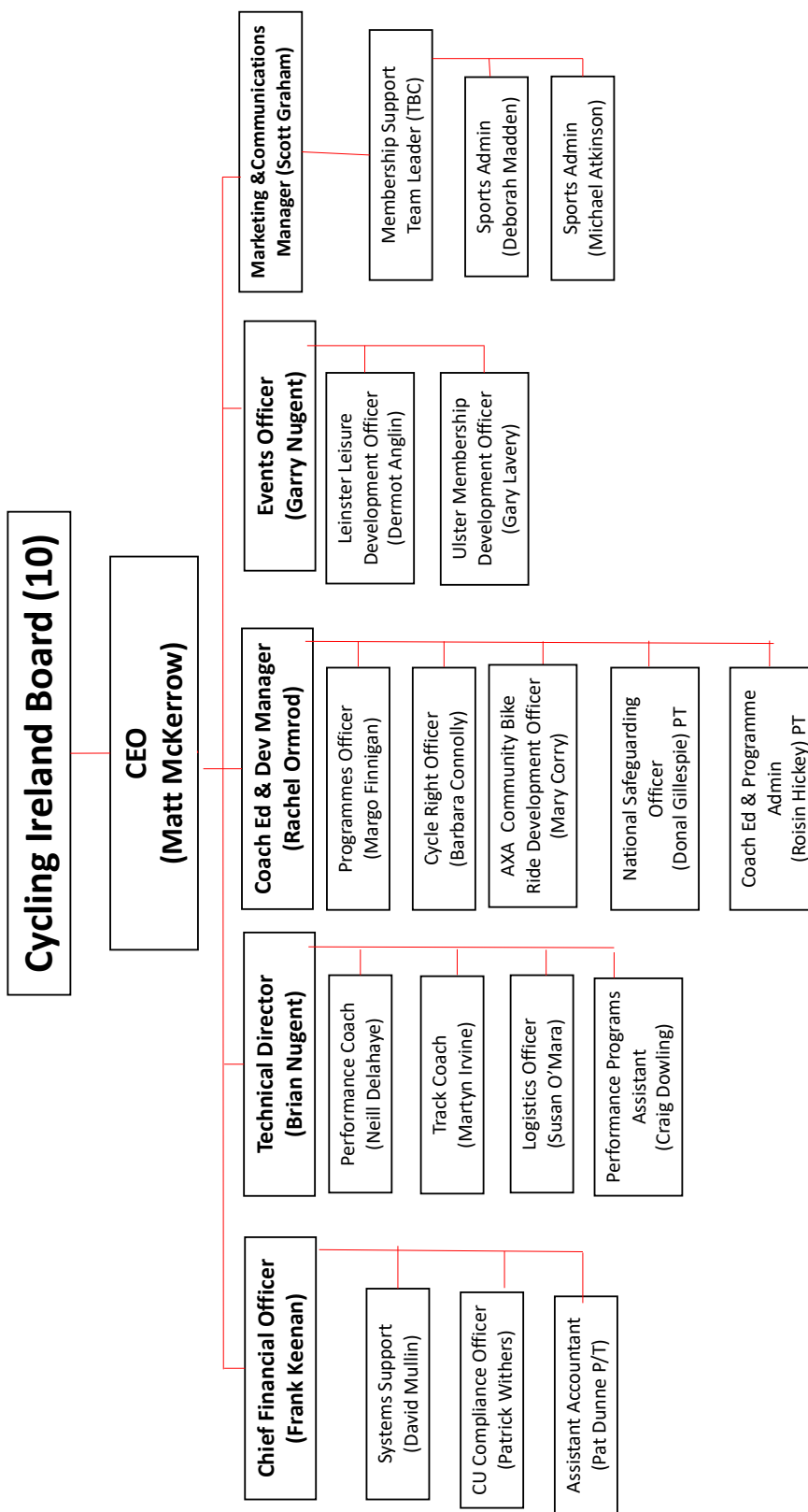
## SCHEDULE TO THE DETAILED ACCOUNTS

For year ending 31st December	2017	2018	2019
	Audited	Audited	Forecast
<b>INCOME</b>			
Licence Income	1,355,956	1,500,758	1,435,000
Other Affiliation Fees	174,447	202,066	214,242
DTTS Sport Ireland - Core Grant	305,000	305,000	340,000
DTTS Sport Ireland - Women in Sport	10,000	10,000	30,000
DTTS Sport Ireland - High Performance	325,000	430,000	503,000
DTTS Sport Ireland - HP Carding Grants	325,000	260,000	268,000
DTTS Sport Ireland - GDBR	165,915	175,000	155,000
DTTS Sport Ireland - Dormant Account	95,000	100,000	100,000
DTTS Sport Ireland - Get Ireland Cycling			45,000
DTTS RSA Cycle Right	584,836	788,580	770,000
Sponsorship incl. AXA	9,000	36,000	160,000
Other Grants (PI & OFI)	40,000	80,000	111,400
Sport NI Grants	203,059	275,556	338,056
Coaching Income & Sundry	54,679	51,123	46,517
<b>Total Income</b>	<b>3,647,891</b>	<b>4,214,083</b>	<b>4,516,214</b>
<b>EXPENDITURE</b>			
General*	303,997	392,602	327,646
Insurance	401,314	519,848	578,100
Professional Fees	54,790	107,899	119,712
Premises	22,556	31,872	44,946
PR & Marketing	95,393	84,700	93,951
Sporting & Events	216,477	322,698	270,640
GDBR Costs	64,764	108,903	110,000
Vehicles	39,163	30,037	38,500
Membership Admin	239,965	223,990	203,704
Cycle Right	542,039	731,629	725,000
Coaching Education	307,275	344,186	464,039
Commissions	155,088	180,805	204,500
Financial*	59,338	22,865	28,000
Total High Performance	1,004,930	1,085,374	1,213,264
Net Depreciation*	44,885	53,444	50,000
<b>Total Expenditure</b>	<b>3,551,974</b>	<b>4,240,850</b>	<b>4,472,002</b>
Surplus from GDBR	101,151	66,097	45,000
<b>Net Surplus/(Deficit)</b>	<b>197,068</b>	<b>39,331</b>	<b>89,212</b>

\*included under Other Admin Expenses in 2017

408,220

# ORGANISATION STRUCTURE











Registered Office

The Clockhouse  
Sport Ireland Campus  
Snugborough Road  
Blanchardstown  
Dublin 15, D15 CXC2

CRO Registration No

134567

Website

[www.cyclingireland.ie](http://www.cyclingireland.ie)

Directors

Anthony Mitchell, Brendan Tallon, Ciaran McKenna, David Smyth, Eugene Moriarty, Gillian McDarby, Mícheal Concannon, Michael Mannix, Noel Mulroy, Ronan McLaughlin

The Irish Cycling Federation Trading as Cycling Ireland, an Irish registered company limited by guarantee.

[www.cyclingireland.ie](http://www.cyclingireland.ie)